

AUSTRALIA

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Adress	Email	Website
Australia	New South Wales	Canberra City	Victoria	Carr	Psychologist	Cognitive behaviour therapy (CBT), Interpersonal Psychotherapy (IPT), Solution Focused Therapy (SFT) and Schema Therapy	N/A	Telehealth only	Yes	Adults (18+)	Individual therapy	English	(02) 6195 – 0871	Suite 2. Level 1. 88-96 Bunda Street. Canberra City. ACT 2601	victoria.carr@yahoo.com.au	Unknown
Australia	New South Wales	Sydney	Kelvin	Wong	Clinical Psychologist, Lecturer/Assistant Professor	CBT; ERP	SFW Psychology, La Trobe University	In person and telehealth	Yes	Teenagers and adults	Individual therapy	English	N/A	N/A	sfwpsychology@gmail.com	Unknown
Australia	Victoria	Melbourne	Yâel	Clark	Educational & Developmental Psychologist	ACT	N/A	In person and telehealth	Australia-wide	Parents and childrens	Individual therapy	English	N/A	N/A	yael@supportingparents.com.au	www.yaelclark.com.au
Australia	Victoria	Melbourne	Naomi	Newton	Clinical Psychologist	ACT, ERP, CBT	N/A	In person and telehealth	Yes	Children, Teens, Adults	Individual therapy	English	N/A	60 East Concourse Beaumaris VIC 3193	info@newtonpsychology.com.au	www.naominewt.com
Australia	New South Wales	Kiama	David	Cooper	Clinical Psychologist	CBT, ERP, ACT	Cooper Psychology	In person and telehealth	Yes	Teenagers and adults	Individual therapy	English	(02) 4250 1080	64A Terralong Street, Kiama, NSW 2533	admin@davidcooper.com.au	https://davidcooper.com.au
Australia	New South Wales	N/A	Jessica	Budge	Psychologist	ERP, ACT, CBT	The Anxiety clinic	In person and telehealth	Yes	Children, Teens, Adults	Individual and group therapy	English	(02) 9389 3339	N/A	hello@theanxietyclinic.com.au	theanxietyclinic.com.au

CANADA

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ALBERTA

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Canada	Alberta	Calgary	Celine	Warawa	Registered Provisional Psychologis	ComB, HRT	Supporting Wellness	In person and telehealth	No	Teenagers; Adults	Individual therapy	English	1-888-622-8350	8989 Macleod Trail SW #409, Calgary, AB T2H 0M2	celine@supportingwellness.com	N/A
Canada	Alberta	Calgary	James	Murch	Psychologist	Exposure/Response Prevention (ERP), Comprehensive Model for Behavioral Treatment (ComB), Habit Reversal Training (HRT), Acceptance and Commitment Therapy (ACT)	Grey Matter Psychology	In person and telehealth	No	Childrens; Teenagers; Adults	Individual therapy	English	587-441-5024	1207 11 Ave S.W. Suite 640 Calgary AB T3C 0M5	info@greymatterpsychology.ca or james@greymatterpsychology.ca	greymatterpsychology.ca

British Columbia

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Adress	Email	Website
Canada	Ontario and British Columbia	Toronto	Marlene	Taube-Schiff	Registered Psychologist	CBT, ERP, ACT	Forward Thinking Psychological Services	Telehealth	Ontario and British Columbia	Teenagers; Adults	Individual therapy	English	N/A	Practice is virtual - both Ontario and BC	Info@ftpsych.ca	www.ftpsych.ca
Canada	British Columbia	North Vancouver and Virtual	Gabriela	Ionita	Registered Psychologist	ERP, ACT	Nova Mental Health	In person / Telehealth	No	Childrens, teens, adults	Individual therapy	English and Romanian	604-721-6195	N/A	dr.gionita@novamentalhealth.ca	https://www.novamentalhealth.ca/

Manitoba

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Canada	Manitoba	Winnipeg	Shanna	Kelly	Counselling therapist	EPR	Private practice	Telehealth and in person	depends on regional regulation	Adults	Individual therapy	French	204-333-2425	skellycounselling@gmail.com	www.shannakelly.com

Ontario

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Canada	Ontario	Toronto	Touraj	Amiri	Clinical psychologist	EPR, CBT	CBT Associates	Telehealth	No	Adults (18+)	Individual therapy	English	416-363-2644	CBT Associates, 181 University Ave, Suite 1101, Toronto, ON M5H 3M7	DrAmiri@CBTAssociates.com	N/A
Canada	Ontario	Hamilton	Deborah	Birkett	Registered Psychotherapist	ERP	Sanctuary Psychotherapy	Telehealth	No	Adults (18+)	Individual therapy	Englsh	289-382-9103	N/A	deborah@sanctuarypsychotherapy.ca	https://sanctuarypsychotherapy.ca/
Canada	Ontario	Toronto	Sarah	Houzane	Clinical psychologist Ph.D.	ERP, ACT	esse therapy	In person and Telehealth	No	Children and adults	Individual therapy	English, French	(647) 255-8196	2 St. Clair Ave W, 18th Floor, M4V 1L5, Toronto, Ontario	drhouazene@esstherapy.ca	www.esstherapy.ca
Canada	Ontario	Ottawa	Nathalie	Freynet	PhD, C.Psych (clinical psychologist)	ERP, CBT	Anxiety Ottawa	Telehealth	Yes Ontario and Québec	Adults	Individual therapy	English, French	613-981-9228	N/A	N/A	https://www.anxietyottawa.com/our-therapists
Canada	Ontario	Greater Toronto Area, Durham Region	Nathania	Lukman	Occupational Therapist - OT Reg. (Ont.), Psychotherapist	Appraisal-based CBT, ERP, ACT, CFT, Solution-focused Therapy	Valued Living Therapy Services	In community and Telehealth	No	Adults	Individual therapy	Englsh	(289) 806-9270	N/A	nathania.valuedlivingOT@gmail.com	www.valuedlivingtherapy.ca
Canada	Ontario	Toronto	Alannah Alexandra	Care	Registered Psychotherapist	ERP, CBT, DBT, EFT, Trauma-Informed, Holistic, Client-Centred	Balanced Mind and Wellness Inc.	In person and Telehealth	No	Children (10+) and adults	Individual therapy	English	416-232-2780	N/A	alannah@balancedmindandwellness.com	Www.etobicokepsychotherapy.com
Canada	Ontario	Toronto	Glenda	Carman-Gray	Registered Social Worker (RSW) and Psychotherapist	ERP, ACT, MBCT	Therapy On Yonge - OCD and Anxiety Treatment	In person and Telehealth	No	Adults (18+)	Individual therapy	English	647.492.4610	N/A	glendacgray@gmail.com	glendacarmangray.com &/or therapyon yonge.ca
Canada	Ontario and British Columbia	Toronto	Marlene	Taube-Schiff	Registered Psychologist	CBT, ERP, ACT	Forward Thinking Psychological Services	Telehealth	Ontario and British Columbia	Teenagers; Adults	Individual therapy	English	N/A	Practice is virtual - both Ontario and BC	Info@ftpsych.ca	www.ftpsych.ca
Canada	Ontario	Toronto/Barrie	Emina	Hendricks	Registered Psychotherapist	EMDR, CPT, CBT	CareWay Counselling	Telehealth	Maybe - depends on region's regulation re: psychotherapy	Adults	Individual therapy	English, French	416-994-4621	N/A	emina@careway.ca	www.careway.ca

Québec																
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Canada	Québec	Longueuil	Alain	Janelle	Psychologist	Unknown	N/A	Unknown	Unknown	Teenagers; Adults	Individual therapy	French	514-757-8743	2984, boul. Taschereau Longueuil, QC, J4V 2G9	Unknown	Unknown
Canada	Québec	Sainte-Thérèse	Dominic	Julien	Psychologist	Unknown	N/A	Unknown	Unknown	Adults	Individual therapy	French; English	450-434-7531	233, rue Turgeon Bureau 202 Sainte-Thérèse, QC, J7E 3J8 #114	Unknown	Unknown
Canada	Québec	Saint-Jérôme	Vicky	Leblanc	Psychologist	Unknown	N/A	Unknown	Unknown	Childrens; Teenagers; Adults	Individual therapy	French	450-438-3838	450, boul. Mgr Dubois Suite 203 Saint-Jérôme, QC, J7Y 3L8	Unknown	Unknown
Canada	Québec	Unknown	Valérie	Leblanc	Psychologist	Exposure and Response Prevention Therapy; Cognitive beahvioral therapy	N/A	Unknown	Unknown	Adults	Individual therapy	French; English	418-558-1748	Unknown	v.leblanc.psy@hotmail.com	Unknown
Canada	Québec	Sainte-Foy	Éliane	Léger	Psychologist	Unknown	N/A	Unknown	Unknown	Adults	Individual therapy	French	581 300-4457	325, rue Marais, Québec_x000b_1190a, rue de Courchevel, Lévis_x000b_3700, rue du campanile, Ste-Foy	Unknown	www.cliniquepsychologiequebec.com
Canada	Québec	Pointe-Lebel	Caroline	Paré	Psychologist	Exposure and Response Prevention Therapy	N/A	Unknown	Unknown	Teenagers; Adults	Individual therapy	French	819 816-1865	1225 rue Granier, Pointe-Lebel, QC, G0H 1N0	cliniqueneuromulti@gmail.com	Unknown
Canada	Québec	Montréal	Marie-Claude	Pélissier	Psychologist	Unknown	N/A	Unknown	Unknown	Adults	Individual therapy	French; English	514-575-2644	1940, boul. Henri-Bourassa E, Bur. 322 Montréal, QC, H2B 1S1	Unknown	Unknown
Canada	Québec	Québec	Amélie	Pelletier	Psychologist	Exposure and Response Prevention Therapy; Cognitive beahvioral therapy	N/A	Unknown	Unknown	Adults	Individual therapy	French	418-204-4888	2905 Chemin St-Louis, Québec (QC) G1W 1P6	ameliepelletier.psy@gmail.com	Unknown
Canada	Québec	NA	Sylvie	Perron	Psychologist	Exposure and Response Prevention Therapy	N/A	Unknown	Unknown	Adults	Individual therapy	French	Unknown	Unknown	sylvieperronpsy@gmail.com	Unknown
Canada	Québec	Laval	Alisson	Poirier-Arbour	Psychologist	Mindfulness ; Exposure and Response Prevention Therapy; Acceptance and commitment therapy; Cognitive beahvioral therapy	N/A	Unknown	Unknown	Adults	Individual therapy	French	438-777-9512	3030 Bd du Curé-Labelle, Laval, QC B4 7XG	Unknown	Unknown
Canada	Québec	Trois-Rivières	Sophie	Robillard	Psychologist	Unknown	Clinique de services en psychologie de Trois-Rivières	Unknown	Unknown	Unknown	Individual therapy	French	1 855 371-2835; 819 247-0552	4040, rue Louis-Pinard, Trois-Rivières, Qc G8Y 4L9	sophie.robillard@hotmail.com	www.cliniquepsy.ca
Canada	Québec	Blainville	Annie	Tailon	Psychologist	CBT, ACT	Clinique RESO	In person and telehealth	No	Adults	Individual therapy	French	514-727-5395	681 Boulevard Curé-Labelle, Suite 207, Blainville	Tailon.annie@gmail.com	None

Québec

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Canada	Québec	NA	Mélanie	Tremblay	Psychologist	Exposure and Response Prevention Therapy	N/A	Unknown	Unknown	Adults	Individual therapy	French	Unknown	Unknown	tremblay.melanie.psy@gmail.com	Unknown
Canada	Québec	Montréal	Catherine	Ouellet- Courtois	Psychologist	Exposure and Response Prevention Therapy	Private Pactice	Telehealth	Québec wide	Adults	Individual therapy	French and English	N/A	N/A	catherineouelletcourtois.psy@gmail.com	N/A
Canada	Ontario	Toronto	Sarah	Houazene	Clinical psychologist Ph.D.	ERP, ACT	esse therapy	In person and Telehealth	No	Children and adults	Individual therapy	English, French	(647) 255-8196	2 St. Clair Ave W, 18th Floor, M4V 1L5, Toronto, Ontario	drhouazene@essetherapy.ca	www.essetherapy.ca

NETHERLANDS

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NETHERLANDS	Arnhem	Arnhem	Luc	Webers	Healthcare psychologist	I-CBT	Karakter	In person	Yes	Unknown	Individual therapy	Dutch	026 2042100	Arnhem, Delta 1, 6825 ML Arnhem	l.webers@karakter.com	http://www.camclinic.net

NEW ZEALAND

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New Zealand	Auckland	Auckland	Dr. Miriam	Larsen-Barr	Clinical Psychologist	ACT, Family Systems Therapy, Narrative Therapy, CBT, ERP	Engage Aotearoa	In person and online (online only at the moment)	Unknown	Unknown	Individual therapy	English	274292102	Unknown	EngageAotearoa@gmail.com	www.engagenz.co.nz
New Zealand	Waikato	Hamilton	Dr Juliette	Troy	Clinical Psychologist	CBT, ERP, ACT	N/A	In person and online	New Zealand wide	Teenagers and adults	Individual therapy	English	0224580567	4, Claudelands Road, Hamilton	juliettetroy@gmail.com	www.juliettetroy.nz

SPAIN

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Spain	Valencia	Valencia	Sara	LLorens Aguilar	Psychologist	Cognitive behavioral therapy, Exposition and prevention therapy	N/A	In person and telehealth	No	Adults	Individual therapy	Spanish, English, French	34 691 12 10 16	Gran Vía Ramón y Cajal n°37 pta.40 46007 Valencia (Spain)	sllorens@cop.es	None

TURKEY

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Turkey	Istanbul	Istanbul	Enis	Kayran	Psychiatrist	CBT, IBA	N/A	In person and telehealth	No	Teenagers, adults, elders	Individual therapy	Turkish	+905301109209	incirli cad. No: 117, Bakirkoy. Istanbul. Turkey.	iekayran@gmail.com	NA

UNITED KINGDOM

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United Kingdom	Cambridge	Cambridge	Jan van	Niekerk	Clinical psychologist	CBT	N/A	In person and telehealth	Yes	Children, teenagers, adults, elders	Individual therapy	English, Afrikaans	+44- (0)7904743374	Beechwood Centre, 41 Hills Road, Cambridge CB2 1NT, United Kingdom	camclinic@icloud.com	http://www.camclinic.net
United Kingdom	Kent	Tunbridge Wells	Erin	Caroll	Clinical Psychologist	CBT, ACT, Mindfulness, CAT	Dr. Erin Carroll Clinical Psychologist	In person only	No	Adults 17+	Individual therapy	English	07709772518	St James Park, Tunbridge Wells, Kent, TN1 2LQ	erin@erincarrollpsychologist.co.uk	erincarrollpsychologist.co.uk
United Kingdom	East Sussex	Brighton	Jeremy	Rowe	Psychologist	CBT, ERP, ACT, EMDR, Solution focused, Motivational Interviewing	Private Practice	Videoconferencing with some but limited in person appointments	Yes, worldwide	Adults	Individual therapy	English	+44 7377 064152	N/A	djrowe@icloud.com	https://www.onlinecbt.org
United Kingdom	Oxfordshire	Oxford	Claire	Vickers	Cognitive behavioural therapist (BACP accredited)	Rumination-focused ERP/TEAM-CBT	Private practice	In person and telehealth	Yes all U and out of UK	Adults	Individual therapy	English	N/A	N/A	clairevickerscbt@gmail.com	clairevickerscbt.co.uk/
United Kingdom	Wales	Near Cardiff and Swansea	Andrea	Prevelt	Clinical Psychologist	TF CBT, CBT & ERP, CBT, EMDR, Compassion Focused Therapy (CFT) and ACT	Vale Coast Psychology	In person and telehealth	Yes	Adults	Individual therapy	English	+44 7789915114	N/A	andrea@valecoast.co.uk	www.valecoast.co.uk

ORGANISATIONS

Country	Region/state	ORGANISATION NAME	Langages	Procedure/requirements to contact this service	Phone	Adress	Website
United Kingdom	Dundee	Advanced Interventions Service	English	The AIS is part of the national health service; only accept referrals from a consultant psychiatrist in NHS boards in the UK are accepted (see https://www.advancedinterventions.org.uk/index.php/en/the-service/referral-and-assessment/referral-faq.html referral guildines).	+44 (0)1382 496233	Area 7, Level 6 South Block Ninewells Hospital and Medical School Dundee, DD1 9SY. UK	https://www.advancedinterventions.org.uk/index.php/en/the-service/about-the-service/contact-us.html

UNITED STATES OF AMERICA – PSYPACT STATES REFERENCE LIST

The Psychology Interjurisdictional Compact (PSYPACT) is an interstate compact designed to facilitate the practice of telepsychology and the temporary in-person, face-to-face practice of psychology across state boundaries. These are the Psypact states for psychologists that indicate they participate; Alabama, Arizona, Arkansas , Colorado, Connecticut, Delaware, District of Columbia, Georgia, Idaho, Illinois, Indiana, Kansas, Kentucky, Maine, Maryland, Minnesota, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, North Carolina, Ohio, Oklahoma, Pennsylvania, South Carolina (pending changes), Tennessee, Texas, Utah, Virginia, Washington, West Virginia, Wisconsin.

PSYPACT REFERENCE LIST

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Alabama	Fairhope	Bridget	Hannahan	Licensed Psychologist	TEAM-CBT	Narrow Road Counseling	In person and Telehealth	Yes, telehealth PSYPACTS states	Children, tennagers and Adults	Individual therapy	English	251-644-6263 (Email strongly preferred)	Bridget@NarrowRoadConfidential.com	www.Galatians69.com
United States of America	Florida	State wide	Marianne	Grace Dunn	Licensed Psychologist	ERP, ACT, CBT	N/A	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmarriannedunn.com
United States of America	Illinois	Chicago/ Roselle	Erin	Terada	Licensed clinical psychologist and certified eating disorder specialist (PsyD, CEDS-S)	ERP, ACT, CPT/PE, CBT-e, RODBT	Modern Me Psychology	In-person and Telehealth	PsyPACT passport	10 years +	Individual therapy	English	630-358-9821	dr.erin@modernmepsychology.com	www.modernmepsychology.com
United States of America	Illinois	Chicago	Lisa	Conway	Clinical psychologist	ACT, ERP, PE, ComB, HRT	Exposure Therapy Chicago	Telehealth	Yes, PSYPACT	Adults 18+	Individual therapy	English	312/471.3910	lisa@exposuretherapychicago.com	www.exposuretherapychicago.com
United States of America	Maryland	Towson	Beth	S. Surbeck	Ph. D.	ERP	Anxiety and Stress Disorders Institute of Maryland	Telehealth	PSYPACT states	Adults 18+	Individual therapy	English	443-286-5408	bethsurbeck@anxietyandstress.com	www.anxietyandstress.com
United States of America	Maryland	Bethesda	Kelly	O'Brien	Psychologist	CBT, E/RP, Emotion Focused, Nature Informed Therapy	Summit Emotional Wellness	Telehealth	PSYPACT states	Adults	Individual therapy	English	(301) 200-2790	kobrien@summitemotionalwellness.com	www.summitemotionalwellness.com
United States of America	Maryland	Baltimore	Rachel	Lafleur	Licensed Psychologist	ACT, ERP, Habit reversal training, CBT, behavioral parent training (inclusive of PCIT as well as SPACE-informed approaches)	Stony Run	Telehealth	Also licensed in the District of Columbia and authorized to provide telehealth to all PSYPACT states	Children (as young as 2), adolescents, and adults	Individual therapy	English (staff is fluent in ASL and Hebrew, and learning I-CBT)	410-538-2814	hello@stonyrunpsych.com	www.stonyrunpsych.com

UNITED STATES OF AMERICA – PSYPACT STATES REFERENCE LIST (PART 2)

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PSYPACT REFERENCE LIST

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United States of America	New Jersey	Cherry Hill	Hamish	Gunn	LCP, Ph.D.	CBT, ERP, DBT, PE	The Center for Emotional Health of Greater Philadelphia	Telehealth	Pennsylvania and PSYPACT states	Adults, Teens	Individual therapy	English	856-220-9672	gunn@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com/staff/dr-hamish-gunn/
United States of America	New Jersey	Cranford	Craig	Springer	Licensed Psychologist, PsyPact, TEAM-CBT Level 3	ERP, TEAM-CBT	Good Life Center for Mental Health	Telehealth	New York and PSYPACT states	Adults 18+	Individual therapy	English	908-956-7979	craigspringer@goodlifecenternj.com	www.goodlifecenternj.com
United States of America	New Jersey	River Vale	Marianne	Grace Dunn	Licensed Psychologist	ERP, ACT, CBT	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	Licensed in New York and New Jersey	Physical officie River Vale, NJ	Marianne	Grace Dunn	Licensed Psychologist	ERP, ACT, CBT	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	New York	Suffren	Rebecca	Holczer	Licensed Psychologist, PsyD	CBT	Center for Anxiety	In person and Telehealth	Psypact state	Adults	Individual therapy	English	845-533-2791	rholczer@centerforanxiety.org	www.centerforanxiety.org
United States of America	North Carolina	N/A	Pérez	Mcgowan	Licensed Psychologist (Clinical)	ERP, ACT, CPT, & Attachment-Based	McGowan Psychological Services, PLLC-Owner	in person (1-day peer week) & videoconferencing	PSYPACT states	Teenagers and adults	Individual therapy	English	919-241-7972	info@mcgowanpsych.com	www.mcgowanpsych.com
United States of America	Washington	Tacoma	Quyen	B. Nguyen	Licensed Psychologist	ERP, Rumination-focused ERP, ComB, EMDR	PNW Happy Healthy, PLLC	In person and telehealth	Hawaii and PSYPACT states	Adults 18+	Individual therapy	English	(253)785-9367	admin@heydrq.com	https://www.heydrq.com
United States of America	New Jersey	Princeton	Cara	Genbauffe	Psychologist	ERP, ACT, CBT	The Center for Emotional Health of Greater Philadelphia	In person in New Jersey and Telehealth	New York and PSYPACT states	Teenagers and adults	Individual therapy	English	(856) 220-9672	genbauffe@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com

UNITED STATES OF AMERICA – ALPHABETICAL STATES REFERENCES

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

Please note that we cannot guarantee the availability of the psychologists mentioned below and that the current list does not represent the endorsement of any particular therapist. The information presented below is subject to change, so we cannot guarantee its accuracy at all times. We invite you to contact the professionals listed below for more information. If you are health professional providing I-CBT and wish to be added to this list, please visit the website icbt.online and send us your request through the Contact Page.

ALABAMA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Alabama	Fairhope	Bridget	Hannah	Licensed Psychologist	TEAM-CBT	Narrow Road Counseling	In person and Telehealth	Yes, telehealth PSYFACTS states	Children, teenagers and Adults	Individual therapy	English	251-644-6263 (Email strongly preferred)	Bridget@NarrowRoadConfidential.com	www.Galatians69.com

ARIZONA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Arizona	Gilbert	Tori	Morley	LAC	EMDR, ERP, comB, trauma trained in abuse, deprivation and neglect, MBCT, use an IFS approach	Innerlight Counseling	In-person (adults and kids) and Telehealth (adults only)	Unknown	Adults and kids	Individual therapy	English	480-477-3202 ex 709	tori@innerlightcounseling.org	https://innerlightcounseling.org/
United States of America	Arizona	Scottsdale	Rachel	M. Tombaugh	MA, LPC	I-CBT only	Epiphany Center for OCD and PTSD, PLLC	In person and telehealth in Arizona, virtual in New Mexico	Arizona and New Mexico	Adults 18+	Individual therapy	English	480-944-9400	Rachel@ocdandptsdtherapy.com	www.ocdandptsdtherapy.com
United States of America	Arizona	Peoria	Valerie	A Reynolds	LPC	ERP, ICBT, EMDR, NARM, IFS informed trauma trained in abuse, deprivation, and neglect.	Work in Progress Therapy and Consulting, LLC	In-person (12 +) and Telehealth (adults only)	No	Adults, Teens 16+	Individual therapy	English	602.932.2240	contact@valerieareynoldslpc.org	https://valerieareynoldslpc.wordpress.com/
United States of America	Arizona	Gilbert	Tatiana	Daughtrey Coffman	LCSW	ACT, EMDR	North Star Wellness	In person and telehealth	No	Adults	Individual therapy	English	480-788-2898	address--info@northstarwellnessaz.com	northstarwellnessaz.com
United States of America	Arizona	Scottsdale	Lindsey	Benolken	LPC	ERP	CalmOCD	In person and telehealth	Minnesota	Adults 18+	Individual therapy	English	480-687-3435	inquiry@calmocd.com lindseyb@calmocd.com	www.calmocd.com
United States of America	Arizona	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	All ages	Individual therapy	English	785-477-9117	AmandaLCPC@therapysecure.com	www.amandalcpc.com

CALIFORNIA															
Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	San Diego (and statewide)	Diana	Robbins	Licensed Psychologist, PhD	ERP, ACT, SPACE	Child Psych San Diego	Videoconferencing	California only	Children, teenagers, adults	Individual therapy	English	619.314.8833	info@childpsychsandiego.com	www.childpsychsandiego.com
United States of America	California	Mission Viejo and online	Stephanie	Davis	Licensed Psychologist	ERP, ACT	Dr. Davis Therapy	Teletherapy	California and florida (online only)	Children, teenagers and adults	Individual therapy	English	949-534-2623	stephanie@drdavistherapy.com	www.drdavistherapy.com
United States of America	California	San Luis Obispo/Statewide	Lynlee	Olivera	Licensed Marriage Family Therapist	ERP, ACT, Mindfulness	N/A	In person and Telehealth	California only	Children, adults, families	Individual therapy	English	805-464-6360	sloneasytherapy@gmail.com	www.sloneasytherapy.com
United States of America	California	San Francisco	Kristina	Orlova	LMFT	ICBT, ERP, ACT, SPACE, Mindfulness Training, COMB	KOR Results OCD & Anxiety Specialist	Telehealth only	California only	Teenagers, adults, families, parents	Individual therapy	English	415-819-7365	info@korresults.com	www.korresults.com
United States of America	California, New Jersey, Vermont	Los Angeles & Statewide	Stephanie	Adams Mendez	Licensed Psychologist, PhD, NCSP	ACT, ERP, Neurodiversity-affirming, Family Systems, Collaborative Assessment & Management of Suicidality (CAMS)	Empowered Together Psychological Services	In-person Los Angeles Area, Telehealth in California, New Jersey, Vermont	Statewide in California, New Jersey, Vermont	Children, Teenagers, Adults	Individual therapy	English	310-800-1447	drstephanie@empoweredtogetherla.com	www.empoweredtogetherla.com
United States of America	California	Bellflower	Shaquinta	Thomas-Perez	LCSW	ERP	Love and Loss Therapeutic Services	Telehealth	No	Children,, Adults	Individual therapy	English	707-979-0706	Shaquintatp@toloveandtolose.com	www.toloveandtolose.com
United States of America	California	Mountain View	Magdalene	Holtam	Licensed Psychologist/ PSY #23823	ERP, mindfulness, CPT, TEAM-CBT, SPACE	N/A	In person and telehealth	California and Florida	Adults	Individual therapy	English	650-209-0555	info@magdaleneholtamphd.com	www.mountainviewcounseling.com
United States of America	California	Mountain View	Caitlyn	Woodhouse	LPCC	TEAM-CBT, ERP	Feeling Good Institute	In person and telehealth	No	Teenagers and Adults	Individual therapy	English	408-202-3918	Caitlyn@feelinggoodinstitute.com	https://feelinggoodinstitute.com/find-cbt-therapist/caitlyn-woodhouse
United States of America	California	San Francisco	Ursula	Steck	LCSW, BCD	ERP, ACT, Narrative Therapy	The Full Story Therapy	Telehealth	Florida (telehealth)	Teenagers (16+) and Adults	Individual therapy	English and German	415-744-4614	ursula.steck@thefullstorytherapy.com	www.thefullstorytherapy.com
United States of America	California	Berkeley	Stephanie	Montague	Clinical Psychologist	ERP, CBT	N/A	Telehealth	Indiana	Children, teenagers, adults	Individual therapy	English, French, Hebrew	510-859-7951 Cell phone: 317-506-1666	drstephanie.montague@gmail.com	https://www.drstephaniemontague.com
United States of America	California	City Fresno	Julie	Cardoza	Marriage & Family Therapist, EMDRIA Certified Therapist, EMDRIA Approved Consultant	ICBT, EMDR	Julie Cardoza, LMFT	In person and telehealth	No	Adults	Individual therapy	English	(559) 825-1120	jcardozalmft@gmail.com	https://www.juliecardoza.com/

CALIFORNIA															
Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	San Francisco	Adam	Clark-Tan	Licensed Clinical Social Worker	ERP, Mindfulness-Based CBT	New Learning Center for OCD and Anxiety	In person and telehealth	No	Adults	Individual and group therapy	English	415-763-7782	adam@clarktantherapist.com	www.clarktantherapy.com
United States of America	California	Carmel, Monterey, Salinas, statewide	Jennifer	Golden	LCSW	ERP, ACT, CBT, EMDR, IFS	Jennifer Golden, LCSW	In person and telehealth	No	Teens and Adults	Individual therapy	English	831-905-7798	jennifergoldenlcsw@gmail.com	https://www.psychologytoday.com/us/the-rapists/jennifer-golden-carmel-by-the-sea-ca/85789
United States of America	California	Redondo Beach	Katie	Jones	LCSW	EPR	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	12 years old +	Individual therapy	English	617-383-7255	KatieJJoneslcsw@gmail.com	https://www.psychologytoday.com/us/the-rapists/katie-jones-redondo-beach-ca/727021
United States of America	California	N/A	Joanna	Kaye	Clinical psychologist	ERP, CBT, ACT, PE (trauma), CPT (trauma)	Anxiety, Trauma, and OCD Center of San Diego	Telehealth	No	Adults	Individual therapy	English	619-330-4010	drkaye@atocsandiego.com	atocsandiego.com
United States of America	California	Los Angeles	Mayra	Diaz	LMFT	ERP, CBT, ACT	Anxiety Center of California	In person (Glendale) and Telehealth	No	Adults	Individual therapy	English	818-473-0945	mayra@anxietycenterca.com	anxietycenterca.com
United States of America	California	Los Angeles	Allison	Lee Burgess	Family Clinical Consultant and Licensed Marriage and Family	CBT	Allison Lee Burgess, LMFT	In person and telehealth	Yes for consulting only	teens, adults, and families	Individual and Family therapy	English	(424) 265-1552	allison@allisonleeburgess.com	www.AllisonLeeBurgess.com
United States of America	California	Encinitas	Lisa	Junk MacDonald	Clinical psychologist	CBT, ERP	Coast Psychology	In person and telehealth	No	Adults	Individual therapy	English	442-306-8024	dlrlisajunk@gmail.com	https://secure.helloalma.com/providers/lisa-macdonald/
United States of America	Florida, Maine, Massachusetts, California	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	ERP, ACT, IFS, Narrative Therapy, rumination-Focused ERP	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida, California	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	California	Hermosa Beach	Avery	Garrett	Associate Clinical Social Worker	ERP, ACT, EMDR, IFS, psychodynamic, relational	Zaleski & Associates	In person and telehealth	No	Teenagers and adults	Individual and group therapy	English	(310) 341-7169	avery@therapywithavery.com	www.therapywithavery.com
United States of America	California	Los Angeles	Tamar	Levran-Galai	Licensed Marriage and Family Therapy #141505	ACT, integrative, Client-centred	Tamar Lev integrative psychotherapy	In person and telehealth - Office in woodland Hills and West LA	No	Children and adults	Individual therapy	English, Hebrew	323.362.6206	Tamarlev.therapy@gmail.com	Tamarlev-therapy.com
United States of America	California	Menlo Park	Lorraine	Wong	Clinical psychologist, PhD ABPP	ERP, CBT, ACT, DBT, SPACE treatment for anxiety, FBT	Dr. Lorraine Wong, ABPP	In person and telehealth	Maine	Teens and Adults	Individual therapy	English	650-382-2064	info@drlorrainewong.com	www.drlorrainewong.com
United States of America	California	N/A	Karen	Alonso	Licensed Marriage and Family Therapist	CBT, ERP, DBT	The OCD Counseling Services of Tulsa	Oklahoma (in person) California (Videoconferencing)	Oklahoma (in person) California (Videoconferencing)	Teenagers, adults	Individual therapy	English	(918) 236-0273	info@ocdtulsa.com	www.ocdtulsa.com

CALIFORNIA

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	Brea	Skylar	Ibarra	LCSW, PMH-C (Perinatal Mental Health Professional)	Neurodiversity Affirming, Trauma Resiliency Model, EMDR	Lenarra Therapy	In person and telehealth	No	Adults and couples	Individual and couple therapy	English	714-333-0307	Skylar@lenarratherapy.com	LenarraTherapy.com

COLORADO

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Colorado	Castle Rock	Kristina	Lenerich	LCSW	ERP, EMDR, TraumaPlay, AutPlay, CBT, ACT	Between the lines counseling	In person / Telehealth	Montana (telehealth)	Childrens, teens, and adults	Individual therapy	English	720-319-7211	kristina@betweenthelinesco.com	www.betweenthelinesco.com
United States of America	Colorado	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	All ages	Individual therapy	English	785-477-9117	AmandaLCPC@therapysecure.com	www.amandalcpc.com
United States of America	Colorado	Fort Collins	SuEllen	May	Licensed Professional Counselor	ICBT, ERP, CBT	May Counseling, LLC	In person / Telehealth	No	9 years old +	Individual and couples counseling	English	970-541-1291	suellenmaycounseling@gmail.com	www.semaycounseling.com

CONNECTICUT

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Connecticut	Unknownn	Katie	Marrotte	LCSW	Exposure Response, Mindfulness Based	N/A	Telehealth	Florida	Adults	Individual therapy	English	860-531-2013	katie.marrotte@gmail.com	Unknown
United States of America	Connecticut	N/A	Constance	J. Salhany	Profession Clinical Psychologist	CBT, ERP, ACT	Emmaus CBT DBA of Cognitive Therapy of Staten Island	Telehealth	New York, New-Jersey, Florida	8 to 90 years old	Individual and group therapy	English	Intake coordinator Laura Mitchell (917) 818 5719 (M-F business hours)	info@cognitivetherapysi.com	www.cognitivetherapysi.com

DELAWARE

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Delaware	N/A	Roxanne	Nowak	LPC, LMFT	ERP, HRT, ACT, TF-CBT, Completed PMD course through PSI	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Florida, Delaware	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindscounseling.com	https://heartfullmindscounseling.com

FLORIDA

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida	Statewide	Stacy	Shaup	Licensed Psychologist, PhD	CBT, ERP, ComB	N/A	Telehealth	Florida only	Adults	Individual therapy	English	954-752-9353	stacyshaup@drstacyshaup.com	drstacyshaup.com
United States of America	Florida	Tampa	Lori	Aitken	LMHC	ERP, ACT, CBT, ComB, Psychodynamic	Co-Founder Anxiety Center of Tampa	In-person and Telehealth	Florida only	Adults and teenagers	Individual therapy	English	813-773-5807	laitken@anxietycentertampa.com	www.anxietycentertampa.com
United States of America	Florida, Maine, Massachusetts	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	ERP, ACT, IFS, Narrative Therapy, rumination-Focused ERP	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	Florida	Tampa	Karan	Lamb	Florida Licensed Psychologist	ERP, ACT-informed, Compassion Focused Therapy, CBT, psychodynamic	Lamb Psychological Services	In person and Telehealth	Florida only	Adults and Children	Individual therapy	English	813 321-7800	drilamb@lambpsychservices.com	www.lambpsychservices.com
United States of America	Florida	Lakeland	Kaleigh	Ayers	Licensed Mental Health Counselor	ERP, ACT, CBT	Cygnus Counseling, Owner	Telehealth	No	Adults	Individual therapy	English	(863) 216-8895	kaleigh@cygnuscounseling.com	https://www.cygnuscounseling.com/
United States of America	Florida	State wide	Marianne	Grace Dunn	Licensed Psychologist	ERP, ACT, CBT	N/A	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehealth Provider	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmarriannedunn.com
United States of America	Florida	State wide	Ursula	Steck	LCSW, BCD	ERP, ACT, Narrative Therapy	The Full Story Therapy	Telehealth	California (telehealth)	Teenagers (16+) and Adults	Individual therapy	English and German	415-744-4614	ursula.steck@thefullstorytherapy.com	www.thefullstorytherapy.com
United States of America	Florida	State wide	Stephanie	Davis	Licensed Psychologist	ERP, ACT	Dr. Davis Therapy	Teletherapy	California and florida (online only)	Children, teenagers and adults	Individual therapy	English	949-534-2623	stephanie@drdavistherapy.com	www.drdavistherapy.com
United States of America	Florida	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	All ages	Individual therapy	English	785-477-9117	AmandaLCPC@therapysecure.com	www.amandalcpc.com
United States of America	Florida	N/A	Katie	Jones	LCSW	EPR	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	12 years old +	Individual therapy	English	617-383-7255	KatieJJoneslcsww@gmail.com	https://www.psychologytoday.com/us/the-rapists/katie-jones-redondo-beach-ca/727021
United States of America	Florida	N/A	Constance	J. Salhany	Profession Clinical Psychologist	CBT, ERP, ACT	Emmas CBT DBA of Cognitive Therapy of Staten Island	Telehealth	New York, Connecticut, New Jersey	8 to 90 years old	Individual and group therapy	English	Intake coordinator Laura Mitchell (917) 818 5719 (M-F)	info@cognitivetherapysy.com	www.cognitivetherapysy.com

FLORIDA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida	N/A	Leela	Gerhenson	LPC	ERP, HRT for BFRBs, PE for PTSD	Leela Gershenson Counseling	Telehealth	South Dakota, Virginia	16 years old +	Individual therapy	English	305-792-8560	leelaq@acceptancelifecounseling.com	https://www.leelaqco.com
United States of America	Florida	N/A	Katie	Marrotte	LCSW	Exposure Response, Mindfulness Based	N/A	Telehealth	Connecticut	Adults	Individual therapy	English	860-531-2013	katie.marrotte@gmail.com	Unknown
United States of America	Florida	N/A	Nicole	Williams	LCSW	ERP, Mindfulness-based Cognitive Therapy	N/A	Telehealth	No	Adults	Individual therapy	English	352-631-8341	email@nicolewilliamsllc.com	https://www.psychologytoday.com/us/the-rapists/nicole-j-williams-new-port-richey-fl/1050695
United States of America	Floride	N/A	Roxanne	Nowak	LPC, LMFT	ERP, HRT, ACT, TF-CBT, Completed PMD course through PSI	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Floride, Delaware	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindscounseling.com	https://heartfullmindscounseling.com

GEORGIA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Georgia	Columbus	Margaret V	Mccall	LPC	ERP Certified	Columbus OCD Clinic	Telehealth	Georgia and Florida	Unknown	Individual therapy	English	706-315-9510	columbusocdclinic@gmail.com	https://www.psychologytoday.com/us/the-rapists/margaret-vale-mccall-columbus-ga/372268
United States of America	Georgia (Central)	Macon	Emily	Newberry	LPC, CPCS, CCH, SPACE	ERP, ACT, MCT, SPACE	Emily H. Newberry, LPC, LLC	In person/telehealth	SPACE provider outside state lines, otherwise only Georgia	Unknown	Individual therapy	English	478-787-3056	emily@ehncounseling.com	www.ehncounseling.com
United States of America	Georgia	Atlanta	J. Scott	Matthews	Licensed Professional Counselor	ACT, ERP	Private practice	In person and telehealth	No	Adults 18+	Individual therapy	English	770-747-0478	emergingselfpsychotherapy@msn.com	jscottmatthewslpc.com
United States of America	Georgia	Decatur	Kristin	Simmon-Lowman	LCSW	ERP, ACT	Anxiety and OCD Solutions, LLC	Telehealth	No	Adults, Tennagers	Individual therapy	English	678-932-1522	Ksimmonlowman@gmail.com	https://www.psychologytoday.com/us/the-rapists/kristin-g-simmon-lowman-decatur-ga/400492
United States of America	Georgia	Alpharetta	Lisa	Dale	LCSW	ERP, SPACE, CBT and I-CBT	N/A	Telehealth	Georgia and Florida	Adults 18+	Individual therapy	English	678-570-8444	ldalelcsw@bellsouth.net	www.lisadaletherapist.com
United States of America	Georgia	Atlanta	Chery;	Delaney	LPC 011362	TEAM-CBT	Bit by Bit Counseling; Feeling Good Institute	Telehealth	No	Adults 18+	Individual therapy	English	404-491-7044	cheryl@bitbybitcounseling.com	bitbybitcounseling.com

IDAHO

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Idaho	Coeur d'Alene	Suzanne	Danner	LCSW	EMDR	Peaceful Haven Counseling, PLLC	In person, can provide Telehealth	No	Adults	Individual therapy	English	208-659-0142	sdanner@peacefulhavencounseling.com	www.peacefulhavencounseling.com
United States of America	Idaho	N/A	Sarah	Hunter	LCSW	ERP, ACT and EMDR if trauma is involved	Wasatch Family Therapy	In person and Telehealth	Utah	16 years old +	Individual therapy	English	801-477-0835	SarahHunterLCSW@gmail.com	https://sarahhunterlcsw.com/ and https://wasatchfamilytherapy.com/sarah-hunter

ILLINOIS

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Illinois	Peoria	Mary	Hosbrough	LCPC	ERP, ACT informed, and RF-ERP	Autonomy Alliance Counseling	In person and videoconferencing	Illinois only	Adults	Individual therapy	English	309.316.6440	mary@autonomyalliancecounseling.com	www.autonomyalliancecounseling.com
United States of America	Illinois	Chicago/ Roselle	Erin	Terada	Licensed clinical psychologist and certified eating disorder specialist (PsyD, CEDS-S)	ERP, ACT, CPT/PE, CBT-e, RODBT	Modern Me Psychology	In-person and Telehealth	PsyPACT passport	10 years +	Individual therapy	English	630-358-9821	dr.erin@modernmepsychology.com	www.modernmepsychology.com
United States of America	IL, FL, OH, IN, IO, OH, and CO (local to IL)	Chicago	Ginny	Nikiforos	LCSW, BCBA, ADHD-CCSP	ACT, DBT, ERP	Guiding Behavior Counseling, PLLC	In person and telehealth	IL, FL, OH, IN, IO, OH, and CO (local to IL)	Adults 18+	Individual therapy	English	773-726-4832	gnikiforos@guidingbehavior.com	www.guidingbehavior.com
United States of America	Illinois	Skokie	Pam	Katz	LCSW	ACT, CBIT, HRT, ComB	Pam Katz Counseling, PLLC	In person/ Telehealth	Illinois, Ohio, Massachusetts, Nebraska, Utah	Adults, teens	Individual therapy	English	773-425-3845	pkatz13@gmail.com	https://northshorementalwellness.com/
United States of America	Illinois	Chicago	Allison	Minnich	Ph.D. Licensed Psychologist	ERP, ACT, CBT, DBT, MI	Chicago Center for Behavioral Health	In person/ Telehealth	No	Ages 14+	Individual therapy	English	224-392-2897	aminnich@chicagocbh.com	chicagocbh.com
United States of America	Illinois	Chicago/ Lincolnwood /Virtual	Milana	Pehar	LPC, NBCC	ERP, ACT, MBCT, DBT	Illumination Psychotherapy	In person/ Telehealth	Not for now	Children, teenagers, adults	Individual and group therapy	English	708-240-3109	milana@illuminationpsychotherapy.online	https://www.illuminationpsychotherapy.online
United States of America	Illinois	Chicago	Lisa	Conway	Clinical psychologist	ACT, ERP, PE, ComB, HRT	Exposure Therapy Chicago	Telehealth	Yes, PSYPACT	Adults 18+	Individual therapy	English	312/471.3910	lisa@exposuretherapychicago.com	www.exposuretherapychicago.com
United States of America	Illinois	N/A	Angela	Springer	LCSW	ERP, ACT	Calm Mind CBT	In person and Telehealth	Missouri, Ohio, and Indiana	adults, teens, children	Individual therapy	English	314.669.4295	angela@calmmindcbt.com	www.calmmindcbt.com
United States of America	Illinois	Central IL by University of Illinois Champaign-Urbana	Molly	Duran	LCSW	ERP, CBT, ACT, ICBT	Summit Counseling	In person and Telehealth	No	Children 9 years old +, teens, adults	Individual therapy	English	217-439-4035	mollyduran@summitcounselingcu.com	www.summitcounselingcu.com
United States of America	Illinois	Northfield	Krystal	Glassman	LCPC	ERP, CBT, RF-CBT, IFS, ACT	In Balance 365	In person and Telehealth	No	Adults 18 to 60 years old	Individual therapy	English	312-728-8574	Krystal@inbalance365.com	www.inbalance365.com

ILLINOIS

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Illinois	Bloomington	Justin	Brown	Therapist/LCSW	EMDR	Rest In You LLC	In person and videoconferencing	No	Adults/Children	Individual therapy	English	309-948-2072	Justinbrown@restinyoucounseling.com	https://www.catholictherapists.com/justin-r-brown-msw
United States of America	Illinois	Chicago/ Downers Grove	Christie	Ochoa	Licensed Clinical Social Worker	CBT, DBT	Sharp Solutions Counseling	Telehealth	No	Adults	Individual therapy	English	312-509-0147	ochoa.lcsw@gmail.com	www.sharpsolutionscounseling.com
United States of America	Illinois, Oregon	State wide	Heather	Beller	LPC/LCPC	EMDR for trauma	Love & Work Therapy, PLLC	Telehealth	Illinois, Oregon	Adults	Individual therapy	English	(872) 264-8220	Hello@HeatherBellerTherapy.com	https://heatherbellerttherapy.com/
United States of America	Illinois, Oregon	Oswego	Stephanie	Samudio	Therapist/Social Worker	ACT, CBT, ERP, Prolonged Exposure, CBT-I (CBT for Insomnia)	Samudio Counseling	In person and videoconferencing	No	Teenagers and adults	Individual therapy	English	630-647-8282	Stephanie@SamudioCounseling.com	www.SamudioCounseling.com
United States of America	Illinois	Chicago	Kelly	Dunn	Licensed Clinical Professional Counselor	CBT, ERP, ACT	Chicago Psychotherapy, PLLC	Telehealth	No	Adults	Individual therapy	English	773-697-8839 ext. 5	kdunn@chicago-psychotherapy.com	https://www.chicagopsychotherapy.com

IOWA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Iowa	Waterloo	Lisa	Heiden-Kimball	LMHC	ERP, ACT	Lisa HK Counseling	Telehealth	No	AGES 12+	Individual therapy	English	319-214-0011	N/A	https://www.lisahkcounseling.com

INDIANA

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Indiana	Bloomington	Bronwyn	Shroyer	LCSW	ERP (learning ACT and MCBT)	Bronwyn Shroyer LLC	Telehealth	Indiana only	Children, teenagers, adults	Individual therapy	English	812-240-7442	bronwyn@bronwynshroyer.com	https://www.bronwynshroyer.com/
United States of America	Indiana	Granger	Angela	Henry	LCSW	CBIT, ERP, ACT, EMDR, MSC	N/A	In-person and Telehealth	Indiana only	Children, teenagers, young adults, adults	Individual therapy	English	574-514-7770	angelahenrylcsw@gmail.com	www.angelahenrylcsw.com
United States of America	Indiana, Kentucky	NA	Julia	Pickett	LCSW	ERP, ACT	FindWell Counseling, LLC	Telehealth	Indiana, Kentucky	Adults, Teens 16+	Individual therapy	English	502-501-3646	julia@findwellcounseling.com	www.findwellcounseling.com
United States of America	Indiana	Greenwood	Alyssa	Hoffman	PsyD, HSPP	ERP, ACT, SPACE-informed	Freely Living OCD and Anxiety Therapy, LLC	In-person and Telehealth	Indiana only	Children, teenagers (6-17)	Individual/ Parent work	English	317-967-6829	drhoffman@freelylivingtherapy.com	www.freelylivingtherapy.com
United States of America	Indiana	N/A	Angela	Springer	LCSW	ERP, ACT	Calm Mind CBT	In person and Telehealth	Missouri, Illinois and Ohio	adults, teens, children	Individual therapy	English	314.669.4295	angela@calmmindcbt.com	www.calmmindcbt.com
United States of America	Indiana	N/A	Brett	Hammond	LCSW	ERP, IPT, ACT, psychodynamic, etc.	Graven & Associates (group practice)	In person/ Telehealth	Kentucky	13 years old +	Individual therapy and couples	English	502-690-8024	bretthammondlcsw@protonmail.com	www.louisvillepsychologist.com
United States of America	Indiana	Indianapolis	Amyt	DiVincenzo	LCSW/Therapist	CBT, ERP, PE, ComB, ACT, CPT, SPACE	Amy DiVincenzo LCSW LLC	In person/ Telehealth	No	Children, Teens, Adults, College Students, Women	Individual and group therapy	English	317-252-3575	amy@amydclsw.com	www.amydclsw.com
United States of America	Indiana	Carmel	Debbie	Warman	Clinical psychologist	CBT, ERP	Central Indiana Cognitive Behavioral Therapy	In person/ Telehealth	PSYPACT states	Adults	Individual therapy	English	317-758-3569	dwarman@centralindianacbt.com	https://centralindianacbt.com/

KANSAS

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Kansas and Missouri	Unknown	Kari	Gregory	LPC, LCPC	CBT, ERP, CPT	Individual Private Practice	In-person and Telehealth	Kansas and Missouri	Unknown	Individual and group therapy	English	Unknown		karigregorylpc.com
United States of America	Kansas	Wichita	Shauna	Meier	LSCSW	ERP, ACT	Shauna Meier, LSCSW (Private Practice)	In person and Telehealth	Kansas and Wisconsin	Adults and Children	Individual therapy	English	316-444-0064	shaunamarie@shaunameierlscsw.com	N/A
United States of America	Kansas	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	All ages	Individual therapy	English	785-477-9117	AmandaLCPC@therapysecure.com	www.amandalcpc.com
United States of America	Kansas	Wichita	Krista	Reed	LSCSW	ERP, ACT, Mindfulness	OCD And Anxiety Clinic	In person/ Telehealth	Oklahoma	Childrens 6+, teens, and adults	Individual therapy	English	316-559-3554	krista@apbwichita.com	apbwichita.com
United States of America	Kansas	Wichita	Angie	McDaniel	LSCSW (licensed specialist clinical social worker)	ERP; also for trauma: PET, EMDR	N/A	In person and Telehealth	No	Adults and Children	Individual therapy	English	316-285-0657	angie@wichitatherapy.net	https://www.wichitatherapy.net/angie-mcdaniel.html
United States of America	Kansas	Leawood	Kayte	Keller	Licensed Professional Counselor	CBT, DBT, EMDR	Grow Psychological	In person and Telehealth	No	Teenagers (15+), Adults	Individual therapy	English	913-777-4020	kkeller@growandthrivekc.com	https://growandthrivekc.com/kayte-keller/
United States of America	Kansas	Wichita	Mary Ann	Byerly	Licensed Professional Counselor	EPR, CBT, TF-CBT, and ACT	Revive and Thrive Mental Health, LLC	In person and Telehealth	No	Ages 13+	Individual therapy	English	316-201-6294	admin@revivewichita.org	https://www.revivewichita.org/about-mb

KENTUCKY

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Kentucky	Louisville	Brett	Hammond	LCSW	ERP, IPT, ACT, psychodynamic, etc.	Graven & Associates (group practice)	In person/Telehealth	Indiana	13 years old +	Individual therapy and couples	English	502-690-8024	bretthammond@protonmail.com	www.louisvillepsychologist.com
United States of America	Kentucky	Bowling Green	Megan	Harden	LCSW	ERP, SPACE, PE, CPT, COMB, ACT	The Cognitive Refinery	In person/Telehealth	No	Teenagers and adults	Individual and group therapy	English	270-266-1188	megan@cognitiverefinery.com	www.thecognitiverefinery.com
United States of America	Indiana, Kentucky	NA	Julia	Pickett	LCSW	ERP, ACT	FindWell Counseling, LLC	Telehealth	Indiana, Kentucky	Adults, Teens 16+	Individual therapy	English	502-501-3646	julia@findwellcounseling.com	www.findwellcounseling.com
United States of America	Pennsylvania (PA) and Maryland (MD)	Gettysburg, PA but can provide services anywhere in the state of PA or MD	Shannon	Grimsley	LPC, LCPC	CBT, ACT, ERP	Standpoint Counseling Services	In person and telehealth	Pennsylvania, Maryland, Kentucky	Teenagers 13+, Adults	Individual therapy	English	717-850-3126	info@standpointcounseling.com	www.standpointcounseling.com

LOUISIANA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Louisiana	N/A	Tracy	Koller	LCSW	ERP, CBT, ACT	N/A	In person/Telehealth	Utah (telehealth)	Adults, teens	Individual therapy	English	(908) 540-6606	racykollerlcsw@gmail.com	N/A

MAINE

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida, Maine, Massachusetts	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	ERP, ACT, IFS, Narrative Therapy, rumination-Focused ERP	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida, California	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	Maine	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	All ages	Individual therapy	English	785-477-9117	AmandaLCPC@therapysecure.com	www.amandalcpc.com
United States of America	California/Maine	Menlo Park (maine)	Lorraine	Wong	Clinical psychologist, PhD ABPP	ERP, CBT, ACT, DBT, SPACE treatment for anxiety, FBT	Dr. Lorraine Wong, ABPP	In person and telehealth	California and Maine	Teens and Adults	Individual therapy	English	650-382-2064	info@drlorrainewong.com	www.drlorrainewong.com

MARYLAND															
Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Maryland	Towson	Mike	Heady	LCPC	ACT, ERP, MCT	Co-Owner/Co-Director, Anxiety and Stress Disorders Institute	In-person and Telehealth	Mayland only	teenagers (16+) and Adults	Individual therapy	English	Unknown	MichaelHeady@AnxietyandStress.com	www.anxietyandstress.com
United States of America	Maryland	Baltimore/Towson and Westminster	Stephnie	Thomas	LCPC, NCC	Applying I-CBT elements and principles, ACT, CBT, ERP, pastoral counseling	Anxiety & Stress Disorders Institute and solo private practice	In person if vaccinated and Telehealth	Maryland and Pennsylvania	Children 11 years and older, teenagers, adults	Individual therapy	English	Unknown	Stephnet@stephthomas.com	www.stephthomas.com
United States of America	Maryland	Baltimore	Amy	Huberman	MD	TEAM-CBT, ERP, and RF-ERP (rumination-focused ERP)	Private practice	In person and Telehealth	Maryland only	Adults 18+	Individual therapy	English	443-761-4265	psychiatrybaltimore@gmail.com	www.amyhubermanmd.com
United States of America	Maryland	Towson	Beth	S. Surbeck	Ph. D.	ERP	Anxiety and Stress Disorders Institute of Maryland	Telehealth	PSYPACT states	Adults 18+	Individual therapy	English	443-286-5408	bethsurbeck@anxietyandstress.com	www.anxietyandstress.com
United States of America	Maryland	Bel Air	Robin	Frutchey	LCPC, LPC	ERP, ACT, MI, CBT, Self-compassion, Mindfulness-based	SOAR Counseling Services, LLC	In person/Telehealth	Pennsylvania	Childrens, teens, and adults	Individual therapy	English	443-219-6239	robin@soarcounselingservices.net	https://www.soarcounselingservices.net
United States of America	Maryland	Bethesda	Kelly	O'Brien	Psychologist	CBT, E/RP, Emotion Focused, Nature Informed Therapy	Summit Emotional Wellness	Telehealth	PSYPACT states	Adults	Individual therapy	English	(301) 200-2790	kobrien@summitemotionalwellness.com	www.summitemotionalwellness.com
United States of America	Maryland	Baltimore	Victoria	Stith	LCPC	ACT, Mondfulness	Private Practice	Telehealth	No	Adults (21+)	Individual therapy	English	410-734-2336	victoria.stith@gmail.com	https://victoriastith.com/
United States of America	Maryland	Baltimore	Rachel	Lafleur	Licensed Psychologist	ACT, ERP, Habit reversal training, CBT, behavioral parent training (inclusive of PCIT as well as SPACE-informed approaches)	Stony Run	Telehealth	Also licensed in the District of Columbia and authorized to provide telehealth to all PSYPACT states	Children (as young as 2), adolescents, and adults	Individual therapy	English	410-538-2814	hello@stonyrunchpsych.com	www.stonyrunchpsych.com
United States of America	Maryland	Frederick/telehealth	Brittany	Goff	LCSW-C	ERP, ACT, Mindfulness, CBT, ComB	Zen Psychological Center	Telehealth	No	Adults	Individual and group therapy	English	(301) 246-0206	Brittany@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/telehealth	Pat	Brown	LCSW-C	ERP, ACT	Zen Psychological Center	Telehealth	No	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/telehealth	Jasmin	Cooke	LMSW	ERP, ACT, Narrative therapy	Zen Psychological Center	Telehealth	No	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/telehealth	Hannah	Seibert	LGPC	ERP, SPACE, ACT, DBT	Zen Psychological Center	Telehealth	No	Adults and Children	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com

MARYLAND

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Maryland	Frederick/telehealth	Rebecca	Lederman	LGPC	ERP, ACT	Zen Psychological Center	Telehealth	No	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/telehealth	Andrea	Ellis	LCPC	ERP, ACT	Zen Psychological Center	Telehealth	No	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/telehealth	Anne	Levitsky	LGPC	ERP, ACT	Zen Psychological Center	Telehealth	No	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/telehealth	Bruce	Kirby	LCSW-C	ERP, ACT, DBT	Zen Psychological Center	Telehealth	No	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/telehealth	Marisol	Alston	LMSM	ERP	Zen Psychological Center	Telehealth	No	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/telehealth	Jenna	Line	LMSW	ERP, SPACE	Zen Psychological Center	Telehealth	No	Adults and Children	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	City Camp Hill	Shannon	Weise	Profession-therapist/social worker	ERP, CBT, ACT, PE, CPT	The Anxiety & OCD Treatment Center of Central Pennsylvania	In person and telehealth	Maryland and South Carolina	Children, Adolescents, and Adults	Individual and group therapy	English	717-461-7933	shannon@isthisocd.com	www.isthisocd.com
United States of America	Maryland	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	ERP, CBT, ACT	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Maryland	Timonium	Renee	Smucker	Ph.D., Licensed Psychologist	ERP, CBT, PCIT, Behavioral Parent Training	Maryland Parent Child Clinic, LLC	In person and telehealth	New York	All ages 2 years old +	Individual and family interventions	English	410-205-4928	info@marylandpcc.com	www.marylandpcc.com
United States of America	Maryland	Towson	Megan	English	LCPC	ERP, ACT, SPACE	Anxiety and Stress Disorders Institute	In person and telehealth	No	Adolescents and Adults	Individual therapy	English	443-377-3023	meganenglish@anxietyandstress.com	www.anxietyandstress.com
United States of America	Maryland	Timonium	Becca	Hammonds	Ph.D., Registered Psychological Associate	ERP, CBT, PCIT, Behavioral Parent Training	Maryland Parent Child Clinic, LLC	In person and telehealth	No	All ages (2 - Adult)	Individual and family interventions	English	410-205-4928	info@marylandpcc.com	www.marylandpcc.com
United States of America	Maryland	Hyattsville	Meghan	Meros	Licensed Clinical Professional Counselor (LCPC)	ACT, Mindfulness, EMDR	Tend Counseling and Consulting	Telehealth	Washington	Adults and teenagers	Individual therapy	English and spanish	805-203-6018	meghan@tend-counseling.com	www.tend-counseling.com

MARYLAND

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Maryland	Bethesda	Melissa	Murphy	psychotherapist/licensed clinical social worker/LCSW-C	ERP, CBT, ACT	Bethesda Therapy LLC	Telehealth	Maryland, Washington DC, Virginia	12+	Individual therapy	English	240.389.0027	Melissa@wearebethesdatherapy.com	www.wearebethesdatherapy.com
United States of America	Maryland	N/A	Samantha Ann Marie	Bauer	LCPC	ERP and CBT	Cecil County Bodhi Counseling	Telehealth	No	Young adults	Individual therapy	English	443-877-4044	Samanthabauer@bodhicounseling.com	https://bodhicounseling.com/bvsd/samantha-bauer-lcpc/
United States of America	Pennsylvania (PA) and Maryland (MD)	Gettysburg, PA but can provide services anywhere in the state of PA or MD	Shannon	Grimsley	LPC, LCPC	CBT, ACT, ERP	Standpoint Counseling Services	In person and telehealth	Pennsylvania, Maryland, Kentucky	Teenagers 13+, Adults	Individual therapy	English	717-850-3126	info@standpointcounseling.com	www.standpointcounseling.com
United States of America	Maryland	Baltimore	Jilian	Ginsberg	LMSW	ACT, ERP, Narrative Therapy	Chesapeake Behavioral Health Services	Telehealth	No	Adults	Individual therapy	English	410-343-9201	jillian@cbhtherapists.com	https://www.cbhtherapists.com

MASSACHUSETTS															
Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Massachussets	Newburyport	Robert	Safion	LMHC	ERP, CBT	ROBERT SAFION, M.ED. LMHC	Unknownn	Unknownn	Unknownn	Individual therapy	English	978 462 1519	Unknownn	http://www.robertsafion.com
United States of America	Massachusetts	Salem	Amy	Carlson-Pallazola	LMHC, LLC	ACT, ERP, CBT, Solution Focused	Amy Carlson-Pallazola, LMHC, LLC	Telehealth	No	Adults 18+	Individual therapy	English	978-332-1671	amy@acarlsonpallazola.com	NA
United States of America	Massachusetts	Boston	Melissa	Lile	Therapist/Licensed Clinical Social Worker	ERP, ACT	Beyond Borders CBT	Telehealth	Colorado, North Carolina, Ohio, Virginia, Tennessee	All ages 8+	Individual therapy	Englsh	None	hello@beyondborderscbt.com	https://beyondbordercbt.com/
United States of America	Massachusset	State Wide in telehealth	Ben	Eckstein	LCSW	CBT, ERP, ACT	Bull City Anxiety & OCD Treatment Center	In person and Telehealth	Yes, also licensed in North Carolina and New York	Adults	Individual therapy	English	+1(919) 808-2318	ben.eckstein@bullcityanxiety.com	www.bullcityanxiety.com
United States of America	Florida, Maine, Massachussettes	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	ERP, ACT, IFS, Narrative Therapy, rumination-Focused ERP	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	Massachussets	N/A	Katie	Jones	LCSW	EPR	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	12 years old +	Individual therapy	English	617-383-7255	KatieJJoneslcsw@gmail.com	https://www.psychologytoday.com/us/therapists/katie-jones-redondo-beach-ca/727021
United States of America	Vermont	N/A	Phoebe	Manchester	Clinical Mental Health Counselor	CBT, ERP, ACT, SPACE	Treadwell Counseling, PLLC	In person and telehealth	Vermont and New Hampshire	Teenagers and adults	Individual therapy	English	603-276-0721	phoebe@treadwellcounseling.com	treadwellcounseling.com
United States of America	Massachusetts	Newton	Francis (Francis preferred)	Kuehn	Licensed Independent Clinical Social Worker	CBT, ERP, ACT	Fran Kuehn LICSW, M.Ed. A-CBT	In person and telehealth	No	Children and adults	Individual and group therapy	English	(617) 564-3687	Frankuehn@gmail.com	www.frankuehn.com
United States of America	Massachussets	N/A	Blaire	Melius	LLC	CBT, narrative, psychodynamic	Blaire Melius Counseling LLC	Telehealth	New Jersey and massachussets	Adults	Individual therapy	English	908-758-3995	blairemelius@blairemeliuscounseling.com	www.blairemeliuscounseling.com

MICHIGAN

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Michigan	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	All ages	Individual therapy	English	785-477-9117	AmandaLCPC@therapysecure.com	www.amandalcpc.com
United States of America	Michigan	N/A	Krista	Gravatt	LMSW	ERP, ACT	Counseling with Compassion	Telehealth	No	18 years old +	Individual therapy	English	734-585-7086	info@counselingwithcompassion.com	http://www.counselingwithcompassion.com
United States of America	Michigan	N/A	Veronika	Spicer	Ph.D., Clinical psychologist	ERP, ACT, CBT	the Anxiety Treatment Center of Greater Toledo	In person (Ohio) and Telehealth (Michigan)	Telehealth in Michigan	Adults 18+	Individual therapy	English	419-931-3029	vspicer.phd@gmail.com	www.atctoledo.com

MINNESOTA															
Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Minnesota	Minneapolis	Lucy	Grantz	Licensed Marriage and Family Therapist	Mindfulness, ERP, Psychodynamic	Pivot Psychotherapy	In person and telehealth	No	Teenagers 13+, Adults	Individual therapy	English	612-805-1410	Lucy@pivotpsychmn.com	N/A
United States of America	Minnesota	Minneapolis	Tracy	Lewis	Licensed Independent Clinical Social Worker	ACT, ERP	Together Anxiety and OCD Treatment	In person and telehealth	No	Children,, Adults	Individual therapy	English	612-599-3407	tracylewis@togethertreatment.com	www.togethertreatment.com
United States of America	Minnesota and South Dakota	Victoria	Casandra	Leighton	Licensed Marriage and Family Therapist	ERP, SPACE, CBT, ComB, Family Therapy, DBT	CCL Therapy MN, PLLC	Telehealth	South Dakota	Childrens, teens, and adults	Individual therapy	English	952-334-7744	casi@ccltherapymn.com	www.ccltherapymn.com
United States of America	Minnesota	N/A	Jenny	Matthews	LMFT, LADC	ERP	State of Mind Therapy	Telehealth	South Dakota	Children, adults	Individual therapy	English	952-529-4741	jenny@stateofmindtherapy.com	stateofmindtherapy.com
United States of America	Minnesota	N/A	Lindsey	Benolken	LPCC	ERP	CalmOCD	Telehealth	Arizona	Adults 18+	Individual therapy	English	480-687-3435	inquiry@calmocd.com lindseyb@calmocd.com	www.calmocd.com
United States of America	Minnesota	Saint Paul	Jayne	Kolbo	MA, LPCC	ERP, CBT, DBT, mindfulness	OCD & Anxiety Wellness Collective	In person and telehealth	No	Ages 6+	Individual therapy	English	612-234-2205	jayne@ocdanxietywellnessco.com	www.ocdanxietywellnessco.com

MISSOURI

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Missouri	St. Louis	Jeremy	Shuman	PsyD, Licensed Psychologist	ERP, MCT, ACT-informed	The Center for Mindfulness and CBT	In person if vaccinated and Telehealth	Missouri only	Adults (17+)	Individual therapy	English	Unknown	jeremishumanpsych@gmail.com	https://mindfulstl.com/providers/jeremy-shuman-psy-d/
United States of America	Missouri	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	All ages	Individual therapy	English	785-477-9117	AmandaLCPC@therapysecure.com	www.amandalcpc.com
United States of America	Missouri	St. Louis	Angela	Springer	LCSW	ERP, ACT	Calm Mind CBT	In person and Telehealth	Illinois, Ohio, and Indiana	adults, teens, children	Individual therapy	English	314.669.4295	angela@calmmindcbt.com	www.calmmindcbt.com
United States of America	Missouri	St. Louis	Kara	Friedman	LPC	ACT, ERP, CBT, ComB	Private Practice	In person and Telehealth	Missouri only	Ages 12+	Individual therapy	English	N/A	Kara@karafriedmancounseling.com	www.karafriedmancounseling.com

MONTANA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Montana	Helena	Kyrie	Russ	LCPC	CBT/ERP, ACT	Mount Helena Counseling	In-person and Telehealth	Montana only	Ages 16+	Individual therapy	English	406-438-6439	kruss@mounthelenacounseling.com	
United States of America	Montana	Helena	Kyrie	Russ	LCPC	CBT/ERP, ACT	Mount Helena Counseling	In-person and Telehealth	Montana only	Ages 16+	Individual therapy	English	406-438-6439	kruss@mounthelenacounseling.com	Unknown

NEBRASKA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Nebraska	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	All ages	Individual therapy	English	785-477-9117	AmandaLCPC@therapysecure.com	www.amandalcpc.com

NEW HAMPSHIRE

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Hampshire	Portsmouth	Christina	Ennabe	Therapist	ERP, ACT, CBT	N/A	Telehealth	Maine and Florida	Tennagers, adults	Individual therapy	English	603-824-3836	info@christinaennabe.com	www.christinaennabe.com
United States of America	New Hampshire	Hanover	Phoebe	Manchester	Clinical Mental Health Counselor	CBT, ERP, ACT, SPACE	Treadwell Counseling, PLLC	In person and telehealth	Vermont and Massachussets	Teenagers and adults	Individual therapy	English	603-276-0721	phoebe@treadwellcounseling.com	treadwellcounseling.com

NEW JERSEY															
Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Jersey	Cherry Hill	Hamish	Gunn	LCP, Ph.D.	CBT, ERP, DBT, PE	The Center for Emotional Health of Greater Philadelphia	Telehealth	Pennsylvania and PSYPACT states	Adults, Teens	Individual therapy	English	856-220-9672	gunn@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com/staff/dr-hamish-gunn/
United States of America	New Jersey	Cranford	Craig	Springer	Licensed Psychologist, PsyPact, TEAM-CBT Level 3	ERP, TEAM-CBT	Good Life Center for Mental Health	Telehealth	New York and PSYPACT states	Adults 18+	Individual therapy	English	908-956-7979	craigspringer@goodlifecenternj.com	www.goodlifecenternj.com
United States of America	New Jersey	Cranford	Silvina	Falcon Levine	MSW, LCSW, TEAM-CBT Level 3	CBT, ERP, TEAM-CBT	Good Life Center for Mental Health	Telehealth	New York	Adults 18+	Individual therapy	English and spanish	(908) 484 4644	Silvinalevine@goodlifecenternj.com	https://www.goodlifecenternj.com
United States of America	New Jersey	River Vale	Marianne	Grace Dunn	Licensed Psychologist	ERP, ACT, CBT	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	New Jersey	Morristown	Tamara	D'Alessio	LPC	ERP, ACT	Northern Counseling and Wellness	In person and Telehealth	No	Adolescents and adults	Individual therapy	English	973-913-4769	tamara@northerncounselor.com	www.northerncounselor.com
United States of America	New Jersey	N/A	Constance	J. Salhany	Profession Clinical Psychologist	CBT, ERP, ACT	Emmaus CBT DBA of Cognitive Therapy of Staten Island	Telehealth	New York, Connecticut, Florida	8 to 90 years old	Individual and group therapy	English	Intake coordinator Laura Mitchell (917) 818 5719 (M-F business hours)	info@cognitivetherapysi.com	www.cognitivetherapysi.com
United States of America	New Jersey	Princeton	Cara	Genbauffe	Psychologist	ERP, ACT, CBT	The Center for Emotional Health of Greater Philadelphia	In person in New Jersey and Telehealth	New York and PSYPACT states	Teenagers and adults	Individual therapy	English	(856) 220-9672	genbauffe@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com
United States of America	New Jersey	Teaneck	Shmaya	Krinsky	Licensed Psychologist, PsyD	ERP, ACT, CBT	Anxiety and Behavioral Health Psychotherapy	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider	Adults and teenagers	Individual therapy	English	201-564-5319	skrinsky@anxietybhp.com	www.anxietybhp.com
United States of America	New Jersey	N/A	Deborah	Rosenberg	Ph.D.	ERP, CBT, PE, CPT	Rosenberg Psychological Services, PLLC	In person and Telehealth	New Jersey and New-York	Adults and teenagers	Individual therapy	English	516-374-1015	drosenberg@drosenbergphd.com	drosenbergphd.weebly.com
United States of America	New Jersey	N/A	Blaire	Melius	LLC	CBT, narrative, psychodynamic	Blaire Melius Counseling LLC	Telehealth	New Jersey and massachussets	Adults	Individual therapy	English	908-758-3995	blairemelius@blairemeliuscounseling.com	www.blairemeliuscounseling.com

NEW MEXICO

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Mexico	Albuquerque	Cynthia	Keeran	Psychologist	ERP, CBT, Mindfulness, ACT, EMDR	Dr. Cynthia Keeran, Ph.D., Inc.	In person and Telehealth	No	All person 14 years old +	Individual therapy	English	505-249-1374	Drkeeran1@gmail.com	None
United States of America	New Mexico	Albuquerque	Armando	De La Garza	Licensed Professional Clinical Counselor	ERP, ACT, Prolonged Exposure	Arroyo Counseling, LLC	In person and Telehealth	No	Adults	Individual therapy	English	505.250.2494	armando@armandolpcc.com	https://www.psychologytoday.com/us/the-rapists/armando-de-la-garza-albuquerque-nm/1008247

NEW YORK

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New York	Katonah	Susan	Wagner	Ph.D.	I-CBT; CBT/ERP; DBT tools	N/A	In person and Telehealth	Unknown	Children (7+), Teenagers, adults	Individual therapy	English	914-760-7091	susan@wagnerphd.com	www.wagnerphd.com
United States of America	Licensed in New York and New Jersey	Physical office River Vale, NJ	Marianne	Grace Dunn	Licensed Psychologist	ERP, ACT, CBT	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehealth Provider	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmarianedunn.com
United States of America	New York	State Wide in telehealth	Ben	Eckstein	LCSW	CBT, ERP, ACT	Bull City Anxiety & OCD Treatment Center	In person and Telehealth	Yes, also licensed in North Carolina and Massachusetts	Adults	Individual therapy	English	+1(919) 808-2318	ben.eckstein@bullcityanxiety.com	www.bullcityanxiety.com
United States of America	New York	Schenectady	Klara Natalia	Granger	LCSW	EMDR	N/A	In person and Telehealth	No	Adults, emphasis on LGBTQ population	Individual therapy	English	646 780 9322	socialworkgranger@gmail.com	www.mosaicmentalhealthcenter.com
United States of America	New York	Staten Island	Constance	J. Salhany	Profession Clinical Psychologist	CBT, ERP, ACT	Emmaus CBT DBA of Cognitive Therapy of Staten Island	In person and Telehealth	New Jersey, Connecticut, Florida	8 to 90 years old	Individual and group therapy	English	Intake coordinator Laura Mitchell (917) 818 5719 (M-F business hours)	info@cognitivetherapysi.com	www.cognitivetherapysi.com
United States of America	New York	New City	Lisa	Bander	LCSW	CBT, TEAM-CBT	Private Practice	Telehealth	No	Adults	Individual therapy	English	(914) 980-6655	lisabanderlcsw@gmail.com	https://www.psychologytoday.com/us/the-rapists/lisa-bander-new-city-ny/67165
United States of America	New York	NA	Renee	Smucker	Ph.D., Licensed Psychologist	ERP, CBT, PCIT, Behavioral Parent Training	Maryland Parent Child Clinic, LLC	Telehealth	Maryland	All ages 2 years old +	Individual and family interventions	English	410-205-4928	info@marylandpcc.com	www.marylandpcc.com
United States of America	New York	Suffren	Rebecca	Holczer	Licensed Psychologist, PsyD	CBT	Center for Anxiety	In person and Telehealth	Psypact state	Adults	Individual therapy	English	845-533-2791	rholczer@centerforanxiety.org	www.centerforanxiety.org
United States of America	New Jersey	Princeton	Cara	Genbauffe	Psychologist	ERP, ACT, CBT	The Center for Emotional Health of Greater Philadelphia	In person in New Jersey and Telehealth	New York and PSYPACT states	Teenagers and adults	Individual therapy	English	(856) 220-9672	genbauffe@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com
United States of America	New York	NA	Shmaya	Krinsky	Licensed Psychologist, PsyD	ERP, ACT, CBT	Anxiety and Behavioral Health Psychotherapy	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider	Adults and teenagers	Individual therapy	English	201-564-5319	skrinsky@anxietybhp.com	www.anxietybhp.com
United States of America	New York	Hewlett	Deborah	Rosenberg	Ph.D.	ERP, CBT, PE, CPT	Rosenberg Psychological Services, PLLC	In person and Telehealth	New Jersey and New-York	Adults and teenagers	Individual therapy	English	516-374-1015	drosenberg@drosenbergphd.com	drosenbergphd.weebly.com

NORTH CAROLINA															
Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	North Carolina	Durham	Ben	Eckstein	LCSW	CBT, ERP, ACT	Bull City Anxiety & OCD Treatment Center	In person and Telehealth	Yes, also licensed in Massachusetts and New York	Adults	Individual therapy	English	+1(919) 808-2318	ben.eckstein@bullcityanxiety.com	www.bullcityanxiety.com
United States of America	North Carolina	N/A	Katie	Jones	LCSW	EPR	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	12 years old +	Individual therapy	English	617-383-7255	KatieJJoneslcsw@gmail.com	https://www.psychologytoday.com/us/the-rapists/katie-jones-redondo-beach-ca/727021
United States of America	North Carolina	N/A	Pérez	Mcgowan	Licensed Psychologist (Clinical)	ERP, ACT, CPT, & Attachment-Based	McGowan Psychological Services, PLLC-Owner	in person (1-day peer week) & videoconferencing	PSYPACT states	Teenagers and adults	Individual therapy	English	919-241-7972	info@mcgowanpsych.com	www.mcgowanpsych.com
United States of America	North Carolina	Greenville	Kari	Cadmus	LCMHC, LCAS, NCC	ERP, CBT, MI, EMDR	Origins Counseling & Wellness, PLLC	In person and Telehealth	No	Adults	Individual therapy	English	252-220-0420	kari@originscw.com	https://originscounselingandwellness.com/

OHIO

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Ohio	Statewide/Dublin (Columbus area) beginning September 2022	Paul	Kitzmilller	Licensed Professional Counselor	ERP, ACT, Mindfulness	Restoring Hope Counseling	Telehealth	Unknownn	Children 9 years and older, teenagers, adults	Individual therapy	English	937-303-7198	paul@restoringhopecc.com	https://www.psychologytoday.com/us/the-rapists/paul-kitzmilller-cincinnati-oh/795392
United States of America	Ohio and Virginia	Cincinnati	Mandy	Schweinfest	M.Ed., MS, LPCC	ERP	Upward You Counseling	Telehealth	Virginia and Ohio	Adults, Teens 15+	Individual therapy	English	513-440-5005	MandyMedMSLPCC@gmail.com	www.upwardYouCounseling.com
United States of America	Ohio	Mayfield Village	Teresa	Rogers	PhD, IMFT-S, LPCC-S	EMDR, ERP	The Relationship Center of NE Ohio	In person and Telehealth	No	Adults 18+	Individual therapy	English	330-497-2452	teresa@therelationshipcenterofneohio.com	www.therelationshipcenterofneohio.com
United States of America	Ohio	N/A	Angela	Springer	LCSW	ERP, ACT	Calm Mind CBT	In person and Telehealth	Missouri, Illinois and Indiana	adults, teens, children	Individual therapy	English	314.669.4295	angela@calmmindcbt.com	www.calmmindcbt.com
United States of America	Ohio	Cleveland	Jinger	Kinner	MFT, LPCC	ERP, ACT	The Relationship Center of Northeast Ohio	In person and Telehealth	No	Adults	Individual therapy	English	330-497-2452	jinger@therelationshipcenterofneohio.com	https://www.therelationshipcenterofneohio.com/jinger-moore
United States of America	Ohio	Columbus	Lawrence	Needleman	Ph.D., ABPP, ACT	ERP, ACT, Mindfulness, CPT, RTM	Columbus OCD and Anxiety	In person and Telehealth	PSYPACT STATES	Adults 18+	Individual therapy	English	614-858-5502	lawrenceneedleman@columbusanxiety.com	www.columbusanxiety.com
United States of America	Ohio	Perrysburg	Veronika	Spicer	Ph.D., Clinical psychologist	ERP, ACT, CBT	the Anxiety Treatment Center of Greater Toledo	In person and Telehealth	Telehealth in Michigan	Adults 18+	Individual therapy	English	419-931-3029	vspicer.phd@gmail.com	www.atctoledo.com

OKLAHOMA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Oklahoma	Tulsa	Sheenah	M. Weber	MA, LPC	ERP	The OCD Counseling Services of Tulsa, PLLC	In-person and Telehealth	Oklahoma only	Children, teenagers, adults	Individual therapy	English	(918)-921-8972	info@ocdtulsa.com	www.ocdtulsa.com
United States of America	Oklahoma	Oklahoma City	Thai-An	Truong	LPC, LADC	ICBT, TEAM-CBT, ERP	Lasting Change Therapy	Telehealth	Oklahoma only	Adults	Individual therapy	English	405-237-5782	thaian@lastingchangetherapy.com	www.lastingchangetherapy.com
United States of America	Oklahoma	Oklahoma City	Eunice	Melakayil	Licensed Professional Counselor	T.E.A.M.-CBT, I-CBT, IFS, WET, ACT	Serenity Found LLC	Telehealth	Oklahoma only	Adults	Individual therapy	English	405-294-2648	eunice@serenityfoundtherapy.com	www.serenityfoundtherapy.com
United States of America	Oklahoma	Tulsa	Karen	Alonso	Licensed Marriage and Family Therapist	CBT, ERP, DBT	The OCD Counseling Services of Tulsa	Oklahoma (in person) California (Videoconferencing)	Oklahoma (in person) California (Videoconferencing)	Teenagers, adults	Individual therapy	English	(918) 236-0273	info@ocdtulsa.com	www.ocdtulsa.com

OREGON

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Oregon	Tigard	Jenny	Labrousse	LPC	ERP, CPT, CBT and Restoration Therapy	Willamette Anxiety Clinic	In person / Telehealth	No	Ages 15+	Individual therapy	English	503-825-0234	jenney@willametteanxietyclinic.com	willametteanxietyclinic.com
United States of America	Oregon	Portland	Andrea	Millen	Licensed Psychologist	ERP, ACT and somatic/mind-body practices	Courageous Roots Institute	Telehealth	N/A	Adults 18+	Individual and group therapy	English	503-388-3433	andrea@courageous-roots.com	www.courageous-roots.com
United States of America	Oregon	Portland	Amy	Baker	LPC, LMFT	Family therapy, ERP, SPACE	Portland Therapy Services, LLC	Telehealth	No	Children (10+), Teens, Adults, Families	Individual and Family therapy	English	503-897-0411	portlandtherapyservices@gmail.com	www.portlandtherapyservices.com
United States of America	Oregon	Protland	Sarah	Weber	LMHC, LPC, AT-P	Art Therapy, Compassion Focused Therapy, ERP	Say With Sarah PLLC	Telehealth	Yes, washington	12+ (adolescents, teens, adults)	Individual and group therapy	English	971-394-3433	saywithsarah@protonmail.com	https://sarah-weber.org/
United States of America	Illinois, Oregon	State wide	Heather	Beller	LPC/LCPC	EMDR for trauma	Love & Work Therapy, PLLC	Telehealth	Illinois, Oregon	Adults	Individual therapy	English	(872) 264-8220	Hello@HeatherBellerTherapy.com	https://heatherbellerttherapy.com/

PENNSYLVANIA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Pennsylvania (PA) and Maryland (MD)	Gettysburg, PA but can provide services anywhere in the state of PA or MD	Shannon	Grimsley	LPC, LCPC	CBT, ACT, ERP	Standpoint Counseling Services	In person and telehealth	Pennsylvania, Maryland, Kentucky	Teenagers 13+, Adults	Individual therapy	English	717-850-3126	info@standpointcounseling.com	www.standpointcounseling.com
United States of America	Pennsylvania	City Camp Hill	Shannon	Weise	Professional-therapist/social worker	ERP, CBT, ACT, PE, CPT	The Anxiety & OCD Treatment Center of Central Pennsylvania	In person and telehealth	Maryland and south carolina	Children, Adolescents, and Adults	Individual and group therapy	English	717-461-7933	shannon@jsthisocd.com	www.isthisocd.com
United States of America	Pennsylvania	Pittsburgh	Libreta	Turner	LPC, NCC	ERP, CBT, MBCBT	Heart & Mind Counseling	In person and telehealth	West Virginia	Children and adults	Individual therapy	English	724-307-8022	lpcturner@gmail.com	https://heartandmindpgh.com/
United States of America	Pennsylvania	Pittsburgh	Liz	Vecenie	LCSW	CBT, ERP, DBT, I-CBT	Allegheny Mental Health Associates	In person and telehealth	No	Teenagers and adults	Individual therapy	English	412-967-5660 x870	Liz.vecenie@amha.hush.com	N/A
United States of America	Pennsylvania	Pittsburgh	Nicholas	R. Flower	Psychologist	ERP, CBT, SPACE therapy, ACT, DBT	OCD Spectrum	In person and telehealth	Yes PSYPACT states	Children and adults	Individual and group therapy	English	412 444-8776	info@ocdpittsburgh.com	www.ocdpittsburgh.com
United States of America	Rhode Island and Pennsylvania	N/A	Kelly	Fallon	LMHC, LPC	ERP, ACT	Rivers and Rhodes Counseling, LLC	Telehealth	Rhode Island and Pennsylvania	Adults	Individual therapy	English	Contact by email only	kellyf@riversandrhodes.org	N/A

RHODE ISLAND

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Rhode Island and Pennsylvania	N/A	Kelly	Fallon	LMHC, LPC	ERP, ACT	Rivers and Rhodes Counseling, LLC	Telehealth	Rhode Island and Pennsylvania	Adults	Individual therapy	English	Contact by email only	kellyf@riversandrhodes.org	N/A

SOUTH CAROLINA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	South Carolina	Lexington	Nora	Sinclair	LPC, NCC	ERP, REBT/CBT	N/A	In-person and Telehealth	South Carolina only	Unknownn	Individual therapy	English	803-728-1168	nora@norasinclair.com	www.norasinclair.com
United States of America	South Carolina	Charleston	Kari	W. Saul	LPC	ERP, ACT-informed	Blue Sky Counseling LLC	In person	South Carolina only	Adults 18+	Individual therapy	English	843-730-4613	kari@blueskycounselingsc.com	blueskycounselingsc.com
United States of America	South Carolina	City Camp Hill	Shannon	Weise	Profession-therapist/social worker	ERP, CBT, ACT, PE, CPT	The Anxiety & OCD Treatment Center of Central Pennsylvania	In person and telehealth	Maryland and Pennsylvania	Children, Adolescents, and Adults	Individual and group therapy	English	717-461-7933	shannon@isthisocd.com	www.isthisocd.com

SOUTH DAKOTA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	South Dakota	N/A	Jenny	Matthews	LMFT, LADC	ERP	State of Mind Therapy	Telehealth	Minnesota	Children, adults	Individual therapy	English	952-529-4741	jenny@stateofmindtherapy.com	stateofmindtherapy.com
United States of America	South Dakota	N/A	Leela	Gerhenson	LPC	ERP, HRT for BFRBs, PE for PTSD	Leela Gershenson Counseling	Telehealth	Florida, Virginia	16 years old +	Individual therapy	English	305-792-8560	leelag@acceptancelifecounseling.com	https://www.leelagcounseling.com

TENNESSEE

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Tennessee	Nashville	Amy	Mariaskin	Clinical Psychologist	General CBT, ERP, ACT	Nashville OCD & Anxiety Treatment Cente	In person and telehealth	No	Children, Teenagers, Adults	Individual therapy	English	615-412-1155	info@ocdnashville.com	www.ocdnashville.com
United States of America	Tennessee	Nashville	Kiesa	Kelly	Psychologist	ACT, ERP, CBT, mindfulness	ScienceWorks Behavioral Healthcare	Telehealth	No	Adults	Individual therapy	English	931-223-1095	kiesa.kelly@scienceworkshealth.com	www.scienceworkshealth.com

TEXAS

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Texas	Lewisville	Jaycie	Osborne	LPC-Associate, Supervised by Shannon Dusza, LPC-S	ACT, Exposure and Response Prevention	Engage to Change Counseling	In person and telehealth	No	Teenagers, Adults	Individual therapy	English	469-389-1123	ihello@engagetochangecounseling.com	https://www.engagetochangecounseling.com
United States of America	Texas	Decatur	Cari	Whittenburg	Licensed Clinical Social Worker (LCSW)	ERP, ACT, Schema Therapy, and Accelerated Resolution Therapy (ART)	Take Heart Therapy + Coaching, PLLC	In person and telehealth	No	Teenagers (16+), Adults	Individual therapy	English	(940) 539-3200	hello@letstakeheart.com	www.letstakeheart.com
United States of America	Texas	Houston	Eeva Karoliina	Edds	Licensed Professional Counselor	ERP, ACT	Houston Center for Valued Living	Telehealth	No (Finland)	All ages	Individual and group therapy	English and Finnish	713-331-5538 ext. 4	eeva@hcfvl.com	https://www.houstoncenterforvaluedliving.com/
United States of America	Texas	Flower Mound	Cyra	Crouch	M.Ed., LPC, PMH-C	CBT, mindfulness, positive psychology, Brainspotting	Cyra Crouch Counseling & Wellness	In person and telehealth	No	Teenagers, Adults	Individual and group therapy	English	281-595-8193	cyracrouch@gmail.com	www.cyracrouch.com
United States of America	Texas	N/A	Roxanne	Nowak	LPC, LMFT	ERP, HRT, ACT, TF-CBT, Completed PMD course through PSI	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Florida, Delaware	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindsocounseling.com	https://heartfullmindsocounseling.com

UTAH

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Utah	N/A	Amanda	Gibb	LCSW	ERP, ACT	Godwin Counseling	Telehealth	Yes in Idaho, Wyoming and Utah	Adults and Children	Individual therapy	English	385-350-0171	godwincounseling1@gmail.com	godwincounseling.com
United States of America	Utah	N/A	Sarah	Hunter	LCSW	ERP, ACT and EMDR if trauma is involved	Wasatch Family Therapy	In person and Telehealth	Idaho	16 years old +	Individual therapy	English	801-477-0835	SarahHunterLCSW@gmail.com	https://sarahhunterlcsw.com/ and https://wasatchfamilytherapy.com/sarah-hunter

VERMONT

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Vermont	N/A	Phoebe	Manchester	Clinical Mental Health Counselor	CBT, ERP, ACT, SPACE	Treadwell Counseling, PLLC	In person and telehealth	Massachussets and New Hampshire	Teenagers and adults	Individual therapy	English	603-276-0721	phoebe@treadwellcounseling.com	treadwellcounseling.com
United States of America	Vermont	N/A	Roxanne	Nowak	LPC, LMFT	ERP, HRT, ACT, TF-CBT, Completed PMD course through PSI	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Floride, Delaware	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindscounseling.com	https://heartfullmindscounseling.com

VIRGINIA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Virginia	Charlottesville	Leela	Gerhenson	LPC	ERP, HRT for BFRBs, PE for PTSD	Leela Gershenson Counseling	Telehealth	South Dakota, Florida	16 years old +	Individual therapy	English	305-792-8560	leelaq@acceptancelifecounseling.com	https://www.leelaqcounseling.com
United States of America	Virginia	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	ERP, CBT, ACT	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Virginia	Bethesda	Melissa	Murphy	psychotherapist/licensed clinical social worker/LCSW-C	ERP, CBT, ACT	Bethesda Therapy LLC	Telehealth	Maryland, Washington DC, Virginia	12+	Individual therapy	English	240.389.0027	Melissa@wearebethsdatherapy.com	www.wearebethsdatherapy.com

WASHINGTON

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Washington	Unknown	Melissa	Hadfield	LICSW	ERP, ACT and MCT	N/A	Telehealth	Washington State only	Unknownn	Individual therapy	English	Unknown	melissa@hadfieldlicsw.org	www.seattleocd.com
United States of America	Washington	Greater Seattle Area/Bellevue/Sammamish	Michele	Loewy	MS, LMFT	ERP, ACT, CBT, SPACE	Eastside Modern Family Therapy	Telehealth	SPACE groups across state lines	Unknown	Individual therapy	English	425-202-5985	therapy@eastsidemodernfamily.com	www.eastsidemodernfamily.com
United States of America	Washington	Statewide	Theresa	C.	MSSW, LICSW	ERP, MCT, ACT-informed, SPACE	Olympic OCD Services	Telehealth	Washington and Pennsylvania	Adults	Individual therapy	English	360-565-6216	Theresa@OlympicOCD.com	www.OlympicOCD.com
United States of America	Washington	Seattle	Christine	Cuhaciyen	MA, LMHC	CPT, ACT, CBT, DBT	Envision Counseling & Healing Place Seattle	In-person and Telehealth	Unknown	Adults (18+)	Individual therapy	English	206-858-1177 x181	christine@envisioncounseling.net	EnvisionCounseling.net and HealingPlaceSeattle.com
United States of America	Washington	Tacoma	Quyen	B. Nguyen	Licensed Psychologist	ERP, Rumination-focused ERP, ComB, EMDR	PNW Happy Healthy, PLLC	In person and telehealth	Hawaii and PSYPACT states	Adults 18+	Individual therapy	English	(253)785-9367	admin@heydrq.com	https://www.heydrq.com
United States of America	Washington and Texas	Gig Harbor, WA, Harker Heights, TX	Lauren	Spencer	Licensed Marriage and Family Therapist	ACT and ERP	Hope Rekindled Counselin	Telehealth	Washington and Texas	College age up individuals, and couples	Individual therapy	English	(206)552-9280	lauren@hoperekindledcounseling.com	https://www.hoperekindledcounseling.com/
United States of America	Washington	Spokane	Sarah	Weber	LMHC, LPC, ATP	Art Therapy, Compassion Focused Therapy, ERP	Say With Sarah PLLC	Telehealth	Yes, washington	12+ (adolescents, teens, adults)	Individual and group therapy	English	971-394-3433	saywithsarah@protonmail.com	https://sarah-weber.org/
United States of America	Washington	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	ERP, CBT, ACT	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Washington	Bellingham	Katharine	Botelle Wolhart	Child and Family therapist	ERP, SPACE, ACT, CoMB (management of BFRB) and CBIT (management of tics)	Katharine Botelle Wolhart PLLC (private practice)	In-person and Telehealth	No	Children/youth/young adults (ages 6-25 years old) and their families	Individual and family therapy	English	360-926-5647	kbwolhart@gmail.com	https://meetmonarch.com/therapist/katharine-botelle-wolhart-llc-behavioral-health-therapist-bellingham-wa
United States of America	Washington	Tacoma	Sarah	Beck	Marriage and Family therapist	ACT, ERP	Balanced Roots Therapy	In-person and Telehealth	No	Children, Teenagers and adults	Individual therapy	English	(253) 888-5617	info@balancedrootstherapy.com	https://www.balance-rootstherapy.com
United States of America	Washington	N/A	Meghan	Meros	Licensed Clinical Professional Counselor (LCPC)	ACT, Mindfulness, EMDR	Tend Counseling and Consulting	Telehealth	Maryland	Adults and teenagers	Individual therapy	English and spanish	805-203-6018	meghan@tend-counseling.com	www.tend-counseling.com

WASHINGTON

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Washington	Bethesda	Melissa	Murphy	psychotherapist/licensed clinical social worker/LCSW-C	ERP, CBT, ACT	Bethesda Therapy LLC	Telehealth	Maryland, Washington DC, Virginia	12+	Individual therapy	English	240.389.0027	Melissa@wearebethsdatherapy.com	www.wearebethsdatherapy.com

WEST VIRGINIA

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	West Virginia	N/A	Libreta	Turner	LPC, NCC	ERP, CBT, MBCBT	Heart & Mind Counseling	In person and telehealth	Pennsylvania	Children and adults	Individual therapy	English	724-307-8022	lpcturner@gmail.com	https://heartandmindpgh.com/

WISCONSIN

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Wisconsin	Pewaukee	Kelley	Steeves	LPC-IT	ERP, ACT, CBT, DBT-informed, Schema Therapy (ST)	Lighthouse Counseling	In person and telehealth	No	Adults (18+)	Individual therapy	English	1-262-462-0848	kelley.steeves@lighthousecounselors.com	https://www.lighthousecounselors.com/
United States of America	Wisconsin	N/A	Roxanne	Nowak	LPC, LMFT	ERP, HRT, ACT, TF-CBT, Completed PMD course through PSI	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Florida, Delaware	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindscounseling.com	https://heartfullmindscounseling.com

INTERNATIONAL REFERENCES															
Countrys	Region/ States	Cities	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided Internationally	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United Kingdom	East Sussex	Brighton	Jeremy	Rowe	Psychologist	CBT, ERP, ACT, EMDR, Solution focused, Motivational Interviewin	Private Practice	Videoconferencing with some but limited in person appointments	Yes, worldwide	Adults	Individual therapy	English	+44 7377 064152	djrowe@icloud.com	https://www.onlinecibt.org
United Kingdom	Oxfordshire	Oxford	Claire	Vickers	Cognitive behavioural therapist (BACP accredited)	Rumination-focused ERP/TEAM-CBT	Private practice	In person and telehealth	All europeans countries	Adults	Individual therapy	English	N/A	clairevickerscibt@gmail.com	clairevickerscibt.co.uk/
United Kingdom	Wales	Near Cardiff and Swansea	Andrea	Prevett	Clinical psychologist	TF CBT, CBT & ERP, CBT, EMDR, Compassion Focused Therapy (CFT) and ACT	Vale Coast Psychology	In person and telehealth	Yes, online only	Adults	Individual therapy	English	+44 7789915114	andrea@valecoast.co.uk	www.valecoast.co.uk
United States of America	Massachusetts	Newton	Francis (Fran preferred)	Kuehn	Licensed Independent Clinical Social Worker	CBT, ERP, ACT	Fran Kuehn LICSW, M.Ed. A-CBT	In person and telehealth	Yes, by arrangments only Canada and Israel	Children and adults	Individual and group therapy	English	(617) 564-3687	Frankuehn@gmail.com	www.frankuehn.com