

AUSTRALIA

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Australia	New South Wales	Canberra City	Victoria	Carr	Psychologist	CBT	N/A	Telehealth only	Yes	N/A	Adults (18+)	Individual therapy	English	(02) 6195 – 0871	victoria.carr@yahoo.com.au	Unknown
Australia	New South Wales	Sydney	Kelvin	Wong	Clinical Psychologist, Lecturer/Assistant Professor	CBT, ERP	SFW Psychology, La Trobe University	In person and telehealth	Yes	N/A	Teenagers and adults	Individual therapy	English	N/A	sfwpsychology@gmail.com	Unknown
Australia	Victoria	Melbourne	Yâel	Clark	Educational & Developmental Psychologist	ACT	N/A	In person and telehealth	Australia-wide	N/A	Parents and childrens	Individual therapy	English	N/A	yael@supportingparents.com.au	www.yaelclark.com.au
Australia	Victoria	Melbourne	Naomi	Newton	Clinical Psychologist	ACT, ERP, CBT	N/A	In person and telehealth	Yes	N/A	Children, Teens, Adults	Individual therapy	English	N/A	info@newtonpsychology.com.au	www.naominewton.com
Australia	New South Wales	Kiama	David	Cooper	Clinical Psychologist	ACT, ERP, CBT	Cooper Psychology	In person and telehealth	Yes	N/A	Teenagers and adults	Individual therapy	English	(02) 4250 1080	admin@davidcooper.com.au	https://davidcooper.com.au
Australia	New South Wales	N/A	Jessica	Budge	Psychologist	ACT, ERP, CBT	The Anxiety clinic	In person and telehealth	Yes	N/A	Children, Teens, Adults	Individual and group therapy	English	(02) 9389 3339	hello@theanxietyclinic.com.au	theanxietyclinic.com.au
Australia	All states, online provider	All capital cities	Shane	Curley	Clinical Psychologist	ERP, ACT	Flexible Psychology	Telehealth only	Yes	N/A	Adults (18+)	Individual therapy	English	N/A	shane@flexiblepsychology.com	www.flexiblepsychology.com
Australia	South australia	Adelaide	Michelle	Wharton	Clinical and Forensic Psychologist	CBT, ERP	Surf Your Mind	Telehealth only	Australia-wide	N/A	Adults (18+)	Individual therapy	English	+61 430 952 472	michelle@surfyourmind.com	www.surfyourmind.co

CANADA

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ALBERTA

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Canada	Alberta	Calgary	Celine	Warawa	Registered Provisional Psychologis	N/A	Supporting Wellness	In person and telehealth	No	N/A	Teenagers; Adults	Individual therapy	English	1-888-622-8350	8989 Macleod Trail SW #409, Calgary, AB T2H 0M2	celine@supportingwellness.com	N/A
Canada	Alberta	Calgary	James	Murch	Psychologist	ERP, CBT	Grey Matter Psychology	In person and telehealth	No	N/A	Childrens; Teenagers; Adults	Individual therapy	English	587-441-5024	1207 11 Ave S.W. Suite 640 Calgary AB T3C 0M5	info@greymatterpsychology.ca or james@greymatterpsychology.ca	greymatterpsychology.ca

British Columbia

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Canada	Ontario and British Columbia	Toronto	Marlene	Taube-Schiff	Registered Psychologist	CBT, ERP, ACT	Forward Thinking Psychological Services	Telehealth	Ontario and British Columbia	N/A	Teenagers; Adults	Individual therapy	English	N/A	Practice is virtual - both Ontario and BC	Info@ftpsych.ca	www.ftpsych.ca
Canada	British Columbia	North Vancouver and Virtual	Gabriela	Ionita	Registered Psychologist	ERP, ACT	Nova Mental Health	In person / Telehealth	No	N/A	Childrens, teens, adults	Individual therapy	English and Romanian	604-721-6195	N/A	dr.gionita@novamemtalhealth.ca	https://www.novamentalhealth.ca/

Manitoba

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Canada	Manitoba	Winnipeg	Shanna	Kelly	Counselling therapist	EPR	Private practice	Telehealth and in person	depends on regional regulation	N/A	Adults	Individual therapy	French	204-333-2425	skellycounselling@gmail.com	www.shannakelly.com

Ontario

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Canada	Ontario	Toronto	Touraj	Amiri	Clinical psychologist	EPR, CBT	CBT Associates	Telehealth	No	N/A	Adults (18+)	Individual therapy	English	416-363-2644	CBT Associates, 181 University Ave, Suite 1101, Toronto, ON M5H 3M7	DrAmiri@CBTAssociates.com	N/A
Canada	Ontario	Hamilton	Deborah	Birkett	Registered Psychotherapist	ERP	Sanctuary Psychotherapy	Telehealth	No	N/A	Adults (18+)	Individual therapy	Engsih	289-382-9103	N/A	deborah@sanctuarypsychotherapy.ca	https://sanctuarypsychotherapy.ca/
Canada	Ontario	Toronto	Sarah	Houazene	Clinical psychologist Ph.D.	ERP, ACT	esse therapy	In person and Telehealth	No	N/A	Children and adults	Individual therapy	English, French	(647) 255-8196	2 St. Clair Ave W, 18th Floor, M4V 1L5, Toronto, Ontario	drhouazene@essetherapy.ca	www.essetherapy.ca
Canada	Ontario	Ottawa	Nathalie	Freyner	PhD, C.Psych (clinical psychologist)	ERP, CBT	Anxiety Ottawa	Telehealth	Yes Ontario and Québec	N/A	Adults	Individual therapy	English, French	613-981-9228	N/A	N/A	https://www.anxietyottawa.com/our-therapists
Canada	Ontario	Greater Toronto Area, Durham Region	Nathania	Lukman	Occupational Therapist - OT Reg. (Ont.), Psychotherapist	ACT, ERP, CBT	Valued Living Therapy Services	In community and Telehealth	No	N/A	Adults	Individual therapy	Engsih	(289) 806-9270	N/A	nathania.valuedlivingOT@gmail.com	www.valuedlivingtherapy.ca
Canada	Ontario	Toronto	Alannah Alexandra	Care	Registered Psychotherapist	ERP, CBT	Balanced Mind and Wellness Inc.	In person and Telehealth	No	N/A	Children (10+) and adults	Individual therapy	English	416-232-2780	N/A	alannah@balancedmindandwellness.com	www.etobicokepsychotherapy.com
Canada	Ontario	Toronto	Glenda	Carman-Gray	Registered Social Worker (RSW) and Psychotherapist	ACT, ERP, CBT	Therapy On Yonge - OCD and Anxiety Treatment	In person and Telehealth	No	N/A	Adults (18+)	Individual therapy	English	647.492.4610	N/A	glendacgray@gmail.com	glendacarmangray.com &/or therapy onyonge.ca
Canada	Ontario and British Columbia	Toronto	Marlene	Taube-Schiff	Registered Psychologist	CBT, ERP, ACT	Forward Thinking Psychological Services	Telehealth	Ontario and British Columbia	N/A	Teenagers; Adults	Individual therapy	English	N/A	Practice is virtual - both Ontario and BC	Info@ftpsych.ca	www.ftpsych.ca
Canada	Ontario	Toronto/Barrie	Emina	Hendricks	Registered Psychotherapist	CBT	CareWay Counselling	Telehealth	Maybe - depends on region's regulation re: psychotherapy	N/A	Adults	Individual therapy	English, French	416-994-4621	N/A	emina@careway.ca	www.careway.ca

Québec																	
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Canada	Québec	Longueuil	Alain	Janelle	Psychologist	Unknown	N/A	Unknown	Unknown	N/A	Teenagers; Adults	Individual therapy	French	514-757-8743	2984, boul. Taschereau Longueuil, QC, J4V 2G9	Unknown	Unknown
Canada	Québec	Sainte-Thérèse	Dominic	Julien	Psychologist	Unknown	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French; English	450-434-7531	233, rue Turgeon Bureau 202 Sainte-Thérèse, QC, J7E 3J8 #114	Unknown	Unknown
Canada	Québec	Saint-Jérôme	Vicky	Leblanc	Psychologist	Unknown	N/A	Unknown	Unknown	N/A	Childrens; Teenagers; Adults	Individual therapy	French	450-438-3838	450, boul. Mgr Dubois Suite 203 Saint-Jérôme, QC, J7Y 3L8	Unknown	Unknown
Canada	Québec	Unknown	Valérie	Leblanc	Psychologist	ERP, CBT	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French; English	418-558-1748	Unknown	v.leblanc.psy@hotmail.com	Unknown
Canada	Québec	Sainte-Foy	Éliane	Léger	Psychologist	Unknown	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French	581 300-4457	325, rue Marais, Québec_x000b_1190a, rue de Courchevel, Lévis_x000b_3700, rue du campanile, Ste-Foy	Unknown	www.cliniquepsyc hologiequebec.co m
Canada	Québec	Pointe-Lebel	Caroline	Paré	Psychologist	ERP	N/A	Unknown	Unknown	N/A	Teenagers; Adults	Individual therapy	French	819 816-1865	1225 rue Granier, Pointe- Lebel, QC, G0H 1N0	cliniqueneuromulti@gmail.c om	Unknown
Canada	Québec	Montréal	Marie-Claude	Pélissier	Psychologist	Unknown	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French; English	514-575-2644	1940, boul. Henri- Bourassa E, Bur. 322 Montréal, QC, H2B 1S1	Unknown	Unknown
Canada	Québec	Québec	Amélie	Pelletier	Psychologist	ERP, CBT	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French	418-204-4888	2905 Chemin St-Louis, Québec (QC) G1W 1P6	ameliepelletier.psy@gmail.com	Unknown
Canada	Québec	NA	Sylvie	Perron	Psychologist	ERP	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French	Unknown	Unknown	sylvieperronpsy@gmail.com	Unknown
Canada	Québec	Laval	Alisson	Poirier-Arbour	Psychologist	ACT, ERP, CBT	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French	438-777-9512	3030 Bd du Curé-Labelle, Laval, QC B4 7XG	Unknown	Unknown
Canada	Québec	Trois-Rivières	Sophie	Robillard	Psychologist	Unknown	Clinique de services en psychologie de Trois-Rivières	Unknown	Unknown	N/A	Unknown	Individual therapy	French	1 855 371-2835; 819 247-0552	4040, rue Louis-Pinard, Trois-Rivières, Qc G8Y 4L9	sophie.robillard@hotmail.co m	www.cliniquepsy.ca
Canada	Québec	Blainville	Annie	Taillon	Psychologist	CBT, ACT	Clinique RESO	In person and telehealth	No	N/A	Adults	Individual therapy	French	514-727-5395	681 Boulevard Curé- Labelle, Suite 207, Blainville	Taillon.annie@gmail.com	None

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Canada	Québec	NA	Mélanie	Tremblay	Psychologist	ERP	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French	Unknown	Unknown	tremblay.melanie.psy@gmail.com	Unknown
Canada	Québec	Montréal	Catherine	Ouellet-Courtois	Psychologist	ERP	Private Pactice	Telehealth	Québec wide	N/A	Adults	Individual therapy	French and English	N/A	N/A	catherineouelletcourtois.psy@gmail.com	N/A
Canada	Ontario	Toronto	Sarah	Houazene	Clinical psychologist Ph.D.	ERP, ACT	esse therapy	In person and Telehealth	No	N/A	Children and adults	Individual therapy	English, French	(647) 255-8196	2 St. Clair Ave W, 18th Floor, M4V 1L5, Toronto, Ontario	drhouazene@essetherapy.ca	www.essetherapy.ca

INDIA

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INDIA	TamilNadu	N/A	Abby	Muthu	Clinical Psychologist/ Therapist	ACT, ERP, CBT	N/A	Telehealth	Yes, internationally	N/A	Adults and children	Individual and group therapy	English,Tami l,Telugu	91 9342786922	Abhimuthuyk@gmail.com	https://www.ocdglobaltherapy.com/

LEBANON

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Lebanon	Beirut	Hadath	Lea Mia	Asfour	Licensed Clinical Psychologist	CBT	Private practice	In person and Telehealth (worldwide)	Yes, internationally online	Yes	Late teens and adults	Individual therapy	English,Arabi c	+961 71817051	lma@leamiaasfour.com	leamiaasfour.com

NETHERLANDS

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NETHERLANDS	Arnhem	Arnhem	Luc	Webers	Healthcare psychologist	N/A	Karakter	In person	Yes	N/A	Unknown	Individual therapy	Dutch	026 2042100	Arnhem, Delta 1, 6825 ML Arnhem	I.webers@karakter.com	http://www.camclinic.net

NEW ZEALAND

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New Zealand	Auckland	Auckland	Dr. Miriam	Larsen-Barr	Clinical Psychologist	ACT, ERP, CBT	Engage Aotearoa	In person and online (online only at the moment)	Unknown	N/A	Unknown	Individual therapy	English	274292102	Unknown	EngageAotearoa@gmail.com	www.engagenz.co.nz
New Zealand	Waikato	Hamilton	Dr Juliette	Troy	Clinical Psychologist	ACT, ERP, CBT	N/A	In person and online	New Zealand wide	N/A	Teenagers and adults	Individual therapy	English	0224580567	4, Claudelands Road, Hamilton	juliettetroy@gmail.com	www.juliettetroy.nz

SPAIN

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Spain	Valencia	Valencia	Sara	LLorens Aguilar	Psychologist	ERP, CBT	N/A	In person and telehealth	No	N/A	Adults	Individual therapy	Spanish, English, French	34 691 12 10 16	Gran Vía Ramón y Cajal nº37 pta.40 46007 Valencia (Spain)	sllorens@cop.es	None

TURKEY

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Turkey	Istanbul	Istanbul	Enis	Kayran	Psychiatrist	CBT	N/A	In person and telehealth	No	N/A	Teenagers, adults, elders	Individual therapy	Turkish	+90530110920 9	incirli cad. No: 117, Bakirkoy. Istanbul. Turkey.	iekayran@gmail.com	NA

UNITED KINGDOM

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United Kingdom	Cambridge	Cambridge	Jan van	Niekerk	Clinical psychologist	CBT	N/A	In person and telehealth	Yes	N/A	Children, teenagers, adults, elders	Individual therapy	English, Afrikaans	+44-(0)7904743374	Beechwood Centre, 41 Hills Road, Cambridge CB2 1NT, United Kingdom	camclinic@icloud.com	http://www.camclinic.net
United Kingdom	Kent	Tunbridge Wells	Erin	Caroll	Clinical Psychologist	CBT, ACT	Dr. Erin Carroll Clinical Psychologist	In person only	No	N/A	Adults 17+	Individual therapy	English	07709772518	St James Park, Tunbridge Wells, Kent, TN1 2LQ	erin@erincarrollpsychologist.co.uk	erincarrollpsychologist.co.uk
United Kingdom	Oxfordshire	Oxford	Claire	Vickers	Cognitive behavioural therapist (BACP accredited)	ERP, CBT	Private practice	In person and telehealth	Yes all U and out of UK	N/A	Adults	Individual therapy	English	N/A	N/A	clairevickerscbt@gmail.com	clairevickerscbt.co.uk/
United Kingdom	Wales	Near Cardiff and Swansea	Andrea	Prevett	Clinical Psychologist	ACT, ERP, CBT	Vale Coast Psychology	In person and telehealth	Yes	N/A	Adults	Individual therapy	English	+44 7789915114	N/A	andrea@valecoast.co.uk	www.valecoast.co.uk

ORGANISATIONS

Country	Region/state	ORGANISATION NAME	Langages	Procedure/requirements to contact this service	Phone	Adress	Website
United Kingdom	Dundee	Advanced Interventions Service	English	The AIS is part of the national health service; only accept referrals from a consultant psychiatrist in NHS boards in the UK are accepted (see https://www.advancedinterventions.org.uk/index.php/en/the-service/referral-and-assessment/referral-faq.html referral guidelines).	+44 (0)1382 496233	Area 7, Level 6 South Block Ninewells Hospital and Medical School Dundee, DD1 9SY. UK	https://www.advancedinterventions.org.uk/index.php/en/the-service/about-the-service/contact-us.html

UNITED STATES OF AMERICA – PSYPACT STATES REFERENCE LIST

The Psychology Interjurisdictional Compact (PSYPACT) is an interstate compact designed to facilitate the practice of telepsychology and the temporary in-person, face-to-face practice of psychology across state boundaries. These are the Psypact states for psychologists that indicate they participate; Alabama, Arizona, Arkansas , Colorado, Connecticut, Delaware, District of Columbia, Georgia, Idaho, Illinois, Indiana, Kansas, Kentucky, Maine, Maryland, Minnesota, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, North Carolina, Ohio, Oklahoma, Pennsylvania, South Carolina (pending changes), Tennessee, Texas, Utah, Virginia, Washington, West Virginia, Wisconsin.

PSYPACT REFERENCE LIST

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United States of America	Alabama	Fairhope	Bridget	Hannahan	Licensed Psychologist	CBT	Narrow Road Counseling	In person and Telehealth	Yes, telehealth PSYPACTS states	N/A	Children, tennagers and Adults	Individual therapy	English	251-644-6263 (Email strongly preferred)	Bridget@NarrowRoadConfidential.com	www.Galatians69.com
United States of America	Florida	State wide	Mariann e	Grace Dunn	Licensed Psychologist	ERP, ACT, CBT	N/A	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	Illinois	Chicago/ Roselle	Erin	Terada	Licensed clinical psychologist and certified eating disorder specialist (PsyD, CEDS-S)	ACT, ERP, CBT	Modern Me Psychology	In-person and Telehealth	PsyPACT passport	N/A	10 years +	Individual therapy	English	630-358-9821	dr.erin@modernmepsychology.com	www.modernmepsychology.com
United States of America	Illinois	Chicago	Lisa	Conway	Clinical psychologist	ACT, ERP, CBT	Exposure Therapy Chicago	Telehealth	Yes, PSYPACT	N/A	Adults 18+	Individual therapy	English	312/471.3910	lisa@exposuretherapychicago.com	www.exposuretherapychicago.com
United States of America	Maryland	Towson	Beth	S. Surbeck	Ph. D.	ERP	Anxiety and Stress Disorders Institute of Maryland	Telehealth	PSYPACT states	N/A	Adults 18+	Individual therapy	English	443-286-5408	bethsurbeck@anxietyandstress.com	www.anxietyandstress.com
United States of America	Maryland	Bethesda	Kelly	O'Brien	Psychologist	ACT, ERP, CBT	Summit Emotional Wellness	Telehealth	PSYPACT states	N/A	Adults	Individual therapy	English	(301) 200-2790	kobrien@summitemotionalwellness.com	www.summitemotionalwellness.com
United States of America	Maryland	Baltimore	Rachel	Lafleur	Licensed Psychologist	ACT, ERP, CBT	Stony Run	Telehealth	Also licensed in the District of Columbia and authorized to provide telehealth to all PSYPACT states	N/A	Children (as young as 2), adolescents, and adults	Individual therapy	English (fluent in ASL and Hebrew)	410-538-2814	hello@stonyrunpsych.com	www.stonyrunpsych.com

UNITED STATES OF AMERICA – PSYPACT STATES REFERENCE LIST (PART 2)

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PSYPACT REFERENCE LIST

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Language s	Phone	Email	Website
United States of America	New Jersey	Cherry Hill	Hamish	Gunn	LCP, Ph.D.	CBT, ERP	The Center for Emotional Health of Greater Philadelphia	Telehealth	Pennsylvania and PSYPACT states	N/A	Adults, Teens	Individual therapy	English	856-220-9672	gunn@thecenterforemotionalth.com	https://thecenterforemotionalth.com/staff/dr-hamish-gunn/
United States of America	New Jersey	Cranford	Craig	Springer	Licensed Psychologist, PsyPact, TEAM-CBT Level 3	ERP, CBT	Good Life Center for Mental Health	Telehealth	New York and PSYPACT states	N/A	Adults 18+	Individual therapy	English	908-956-7979	craigspringer@goodlifecenternj.com	www.goodlifecenternj.com
United States of America	New Jersey	River Vale	Mariann e	Grace Dunn	Licensed Psychologist	ERP, ACT, CBT	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	Licensed in New York and New Jersey	Physical officie River Vale, NJ	Mariann e	Grace Dunn	Licensed Psychologist	ERP, ACT, CBT	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	New York	Suffren	Rebecca	Holczer	Licensed Psychologist, PsyD	CBT	Center for Anxiety	In person and Telehealth	Psypact state	N/A	Adults	Individual therapy	English	845-533-2791	rholczer@centerforanxiety.org	www.centerforanxiety.org
United States of America	North Carolina	N/A	Pérez	Mcgowan	Licensed Psychologist (Clinical)	ERP, ACT	McGowan Psychological Services, PLLC- Owner	in person (1-day peer week) & videoconferencing	PSYPACT states	N/A	Teenagers and adults	Individual therapy	English	919-241-7972	info@mcgowanpsych.com	www.mcgowanpsych.com
United States of America	Washington	Tacoma	Quyen	B. Nguyen	Licensed Psychologist	ERP	PNW Happy Healthy, PLLC	In person and telehealth	Hawaii and PSYPACT states	N/A	Adults 18+	Individual therapy	English	(253)785-9367	admin@heydrq.com	https://www.heydrq.com
United States of	New Jersey	Princeton	Cara	Genbauffe	Psychologist	ERP, ACT, CBT	The Center for Emotional Health of Greater Philadelphia	In person in New Jersey and telehealth	New York and PSYPACT states	N/A	Teenagers and adults	Individual therapy	English	(856) 220-9672	genbauffe@thecenterforemotionalth.com	https://thecenterforemotionalth.com

UNITED STATES OF AMERICA – PSYPACT STATES REFERENCE LIST (PART 3)

The Psychology Interjurisdictional Compact (PSYPACT) is an interstate compact designed to facilitate the practice of telepsychology and the temporary in-person, face-to-face practice of psychology across state boundaries. These are the Psypact states for psychologists that indicate they participate; Alabama, Arizona, Arkansas , Colorado, Connecticut, Delaware, District of Columbia, Georgia, Idaho, Illinois, Indiana, Kansas, Kentucky, Maine, Maryland, Minnesota, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, North Carolina, Ohio, Oklahoma, Pennsylvania, South Carolina (pending changes), Tennessee, Texas, Utah, Virginia, Washington, West Virginia, Wisconsin.

PSYPACT REFERENCE LIST

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Language s	Phone	Email	Website
United States of America	New Jersey	Teaneck	Shmaya	Krinsky	Licensed Psychologist, PsyD	ERP, ACT, CBT	Anxiety and Behavioral Health Psychotherapy	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider	N/A	Adults and teenagers	Individual therapy	English	201-564-5319	skrinsky@anxietybhp.com	www.anxietybhp.com
United States of America	Missouri	St.Louis	Sarah	Kertz	Psychologist	CBT, ERP	Anxiety Specialists of St. Louis	In person and Telehealth	No	N/A	Adults	Individual and group therapy	English	314-462-2965	info@anxiety specialistsofstl.com	www.anxiety specialistsofstl.com
United States of America	Missouri	St.Louis	Sam	Kramer	Psychologist	CBT, ERP	Anxiety Specialists of St. Louis	In person and Telehealth	No	N/A	Adults	Individual therapy	English	314-462-2965	info@anxiety specialistsofstl.com	www.anxiety specialistsofstl.com
United States of America	Missouri	St.Louis	Amy	Kurz	Therapist, LCSW	CBT, ERP	Anxiety Specialists of St. Louis	In person and Telehealth	No	N/A	Adults, Teens, and kids 10+	Individual and group therapy	English	314-462-2965	info@anxiety specialistsofstl.com	www.anxiety specialistsofstl.com
United States of America	Pennsylvania	Pittsburgh	Nicholas	R. Flower	Psychologist	ACT, ERP, CBT	OCD Spectrum	In person and telehealth	Yes PSYPACT states	N/A	Children and adults	Individual and group therapy	English	412 444-8776	info@ocdpittsburgh.com	www.ocdpittsburgh.com
United States of America	Missouri	Springfield	Rachael	Herrington Roldan	Ph.D. Licensed Psychologist	ERP, CBT, EMDR	417 Psych	In person and Telehealth	PSYPACT states	No	All ages	Individual and group therapy	English	417-413-1724	dr.rachael@417psych.com	417psych.com

UNITED STATES OF AMERICA – ALPHABETICAL STATES REFERENCES

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

Please note that we cannot guarantee the availability of the psychologists mentioned below and that the current list does not represent the endorsement of any particular therapist. The information presented below is subject to change, so we cannot guarantee its accuracy at all times. We invite you to contact the professionals listed below for more information. If you are health professional providing I-CBT and wish to be added to this list, please visit the website icbt.online and send us your request through the Contact Page.

ALABAMA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Alabama	Fairhope	Bridget	Hannahan	Licensed Psychologist	CBT	Narrow Road Counseling	In person and Telehealth	Yes, telehealth PSYPACTS states	N/A	Children, tennagers and Adults	Individual therapy	English	251-644-6263 (Email strongly preferred)	Bridget@NarrowRoadConfidential.com	www.Galatians69.com

ARIZONA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Arizona	Gilbert	Tori	Morley	LAC	ERP	Innerlight Counseling	In-person (adults and kids) and Telehealth (adults only)	Unknown	N/A	Adults and kids	Individual therapy	English	480-477-3202 ex 709	tori@innerlightcounseling.org	https://innerlightcounseling.org/
United States of America	Arizona	Scottsdale	Rachel	M. Tombaugh	MA, LPC	I-CBT only	Epiphany Center for OCD and PTSD, PLLC	In person and telehealth in Arizona, virtual in New Mexico	Arizona and New Mexico	N/A	Adults 18+	Individual therapy	English	480-944-9400	Rachel@ocdandptsdtherapy.com	www.ocdandptsdtherapy.com
United States of America	Arizona	Peoria	Valerie	A Reynolds	LPC	ERP	Work in Progress Therapy and Consulting, LLC	In-person (12 +) and Telehealth (adults only)	No	N/A	Adults, Teens 16+	Individual therapy	English	602.932.2240	contact@valerieareynoldslpc.org	https://valerieareynoldslpc.wordpress.com/
United States of America	Arizona	Gilbert	Tatiana	Daughtrey Coffman	LCSW	ACT	North Star Wellness	In person and telehealth	No	N/A	Adults	Individual therapy	English	480-788-2898	address--info@northstarwellnessaz.com	northstarwellnessaz.com
United States of America	Arizona	Scottsdale	Lindsey	Benolken	LPC	ERP	CalmOCD	In person and telehealth	Minnesota, Arizona and New Mexico	N/A	Adults 18+	Individual, intensive track and weekly skills group	English	480-687-3435	inquiry@calmocd.com lindseyb@calmocd.com	www.calmocd.com
United States of America	Arizona	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Arizona	N/A	Sheri	Orr	Psychotherapist/L MHC/LPC	ERP, CBT	Integrative Psychotherapy, LLC	Telehealth	NEW YORK	No	Adults	Individual therapy	English	602-935-4445	SheriOrr@sheriorr.com	www.sheriorr.com

CALIFORNIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	San Diego (and statewide)	Diana	Robbins	Licensed Psychologist, PhD	ERP, ACT	Child Psych San Diego	Videoconferencing	California only	N/A	Children, teenagers, adults	Individual therapy	English	619.314.8833	info@childpsychsandiego.com	www.childpsychsandiego.com
United States of America	California	Mission Viejo and online	Stephanie	Davis	Licensed Psychologist	ERP, ACT	Dr. Davis Therapy	Teletherapy	California and florida (online only)	N/A	Children, teenagers and adults	Individual therapy	English	949-534-2623	stephanie@drdavistherapy.com	www.drdavistherapy.com
United States of America	California	San Luis Obispo/Statewide	Lynlee	Olivera	Licensed Marriage Family Therapist	ERP, ACT	N/A	In person and Telehealth	California only	N/A	Children, adults, families	Individual therapy	English	805-464-6360	sloneasytherapy@gmail.com	www.sloneasytherapy.com
United States of America	California	San Francisco	Kristina	Orlova	LMFT	ICBT, ERP, ACT	KOR Results OCD & Anxiety Specialist	Telehealth only	California only	N/A	Teenagers, adults, families, parents	Individual therapy	English	415-819-7365	info@korresults.com	www.korresults.com
United States of America	California, New Jersey, Vermont	Los Angeles & Statewide	Stephanie	Adams Mendez	Licensed Psychologist, PhD, NCSP	ACT, ERP	Empowered Together Psychological Services	In-person Los Angeles Area, Telehealth in California, New Jersey, Vermont	Statewide in California, New Jersey, Vermont	N/A	Children, Teenagers, Adults	Individual therapy	English	310-800-1447	drstephanie@empoweredtogetherla.com	www.empoweredtogetherla.com
United States of America	California	Bellflower	Shaquinta	Thomas-Perez	LCSW	ERP	Love and Loss Therapeutic Services	Telehealth	No	N/A	Children,, Adults	Individual therapy	English	707-979-0706	Shaquintatp@toloveandtolose.com	www.toloveandtolose.com
United States of America	California	Mountain View	Magdalene	Holtam	Licensed Psychologist/ PSY #23823	ERP, CBT	N/A	In person and telehealth	California and Florida	N/A	Adults	Individual therapy	English	650-209-0555	info@magdaleneholtamphd.com	www.mountainviewcounseling.com
United States of America	California	Mountain View	Caitlyn	Woodhouse	LPCC	CBT, ERP	Feeling Good Institute	In person and telehealth	No	N/A	Teenagers and Adults	Individual therapy	English	408-202-3918	Caitlyn@feelinggoodinstitute.com	https://feelinggoodinstitute.com/find-cbt-therapist/caitlyn-woodhouse
United States of America	California	San Francisco	Ursula	Steck	LCSW, BCD	ERP, ACT	The Full Story Therapy	Telehealth	Florida (telehealth)	N/A	Teenagers (16+) and Adults	Individual therapy	English and German	415-744-4614	ursula.steck@thefullstorytherapy.com	www.thefullstorytherapy.com
United States of America	California	Berkeley	Stephanie	Montague	Clinical Psychologist	ERP, CBT	N/A	Telehealth	Indiana	N/A	Children, teenagers, adults	Individual therapy	English, French, Hebrew	510-859-7951 Cell phone: 317-506-1666	drstephanie.montague@gmail.com	https://www.drstephaniemontague.com
United States of	California	City Fresno	Julie	Cardoza	Marriage & Family Therapist, EMDRIA Certified Therapist,	N/A	Julie Cardoza, LMFT	In person and telehealth	No	N/A	Adults	Individual therapy	English	(559) 825-1120	jcardozalmft@gmail.com	https://www.juliecardoza.com/

CALIFORNIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	San Francisco	Adam	Clark-Tan	Licensed Clinical Social Worker	ERP, CBT	New Learning Center for OCD and Anxiety	In person and telehealth	No	N/A	Adults	Individual and group therapy	English	415-763-7782	adam@clarktantherapist.com	www.clarktantherapy.com
United States of America	California	Carmel, Monterey, Salinas, statewide	Jennifer	Golden	LCSW	ACT, ERP, CBT	Jennifer Golden, LCSW	In person and telehealth	No	N/A	Teens and Adults	Individual therapy	English	831-905-7798	jennifergoldenlcsw@gmail.com	https://www.psychologytoday.com/us/therapists/jennifer-golden-carmel-by-the-sea-ca/85789
United States of America	California	Redondo Beach	Katie	Jones	LCSW	EPR	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	N/A	12 years old +	Individual therapy	English	617-383-7255	KatieJJoneslcsw@gmail.com	https://www.psychologytoday.com/us/therapists/katie-jones-redondo-beach-ca/727021
United States of America	California	N/A	Joanna	Kaye	Clinical psychologist	ACT, ERP, CBT	Anxiety, Trauma, and OCD Center of San Diego	Telehealth	No	N/A	Adults	Individual therapy	English	619-330-4010	drkaye@atocsandiego.com	atocsandiego.com
United States of America	California	Los Angeles	Mayra	Diaz	LMFT	ACT, ERP, CBT	Anxiety Center of California	In person (Glendale) and Telehealth	No	N/A	Adults	Individual therapy	English	818-473-0945	mayra@anxietycenterca.com	anxietycenterca.com
United States of America	California	Los Angeles	Allison	Lee Burgess	Family Clinical Consultant and Licensed Marriage and Family	CBT	Allison Lee Burgess, LMFT	In person and telehealth	Yes for consulting only	N/A	teens, adults, and families	Individual and Family therapy	English	(424) 265-1552	allison@allisonleeburgess.com	www.AllisonLeeBurgess.com
United States of America	California	Encinitas	Lisa	Junk MacDonald	Clinical psychologist	CBT, ERP	Coast Psychology	In person and telehealth	No	N/A	Adults	Individual therapy	English	442-306-8024	drisajunck@gmail.com	https://secure.helloalma.com/provider/s/lisa-macdonald/
United States of America	Florida, Maine, Massachusetts, California	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	ERP, ACT	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida, California	N/A	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	California	Hermosa Beach	Avery	Garrett	Associate Clinical Social Worker	ERP, ACT	Zaleski & Associates	In person and telehealth	No	N/A	Teenagers and adults	Individual and group therapy	English	(310) 341-7169	avery@therapywithavery.com	www.therapywithavery.com
United States of America	California	Los Angeles	Tamar	Levrán-Galai	Licensed Marriage and Family Therapy #141505	ACT	Tamar Lev integrative psychotherapy	In person and telehealth - Office in woodland Hills and West LA	No	N/A	Children and adults	Individual therapy	English, Hebrew	323.362.6206	Tamarlev.therapy@gmail.com	Tamarlev-therapy.com
United States of America	California	Menlo Park	Lorraine	Wong	Clinical psychologist, PhD ABPP	ACT, ERP, CBT	Dr. Lorraine Wong, ABPP	In person and telehealth	Maine	N/A	Teens and Adults	Individual therapy	English	650-382-2064	info@drlorrainewong.com	www.drlorrainewong.com
United States of America	California	N/A	Karen	Alonso	Licensed Marriage and Family Therapist	CBT, ERP	The OCD Counseling Services of Tulsa	Oklahoma (in person) California (Videoconferencing)	Oklahoma (in person) California (Videoconferencing)	N/A	Teenagers, adults	Individual therapy	English	(918) 236-0273	info@ocdtulsa.com	www.ocdtulsa.com

CALIFORNIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	Brea	Skylar	Ibarra	LCSW, PMH-C (Perinatal Mental Health Professional)	N/A	Lenarra Therapy	In person and telehealth	No	N/A	Adults and couples	Individual and couple therapy	English	714-333-0307	Skylar@lenarratherapy.com	LenarraTherapy.com
United States of America	California	Santa Monica	Sarah	Segal	LCSW	ERP, ACT	N/A	In person and telehealth	No	N/A	Adults	Individual therapy	English	310-564-6721	ssegallcsw@gmail.com	www.findingclaritywithOCD.com/
United States of America	California	Oakland	Andrea	Weicker	LMFT	ERP, CBT, ACT	Private Practice	In person and telehealth	No	No	Children, teenagers and adults	Individual and family	English	510-397-9342	andrea@andreaweicker.com	www.andreaweicker.com
United States of America	California	Los Angeles	Madeline	Moersch	LCSW	ERP, CBT, ACT	Westside OCD & Anxiety Center	In Person(West LA) or Telehealth	New York	Yes	Teenagers and adults	Individual therapy	English	(213) 461-0978	madeline@westsideocd.com	www.westsideocd.com
United States of America	California	Santa Cruz	Katrina	Tattenham	LCSW	ERP, CBT, ACT	Mindful Minds	In person and telehealth	Yes for coaching parents and providing SPACE psychoeducation	No	Children, teenagers and adults	Individual and group therapy	English	831-223-9600	katrina@mindfulmindsinc.com	www.mindfulmindsinc.com
United States of America	California	Statewide	Regina	Lazarovich	PhD (clinical psychologist)	ERP, CBT, ACT	Compass CBT	Telehealth	California and New York (statewide)	Yes	Adults	Individual therapy	English	347-735-9740	hello@CompassCBT.com	www.CompassCBT.com

COLORADO																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Colorado	Castle Rock	Kristina	Lenerich	LCSW	ACT, ERP, CBT	Between the lines counseling	In person / Telehealth	Montana (telehealth)	N/A	Childrens, teens, and adults	Individual therapy	English	720-319-7211	kristina@betweenthelinesco.com	www.betweenthelinesco.com
United States of America	Colorado	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Colorado	Fort Collins	SuEllen	May	Licensed Professional Counselor	ERP, CBT	May Counseling, LLC	In person / Telehealth	No	N/A	9 years old +	Individual and couples counseling	English	970-541-1291	suellenmaycounseling@gmail.com	www.semaycounseling.com

CONNECTICUT																	
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website	
United States of America	Connecticut	Unknownn	Katie	Marrotte	LCSW	ERP	N/A	Telehealth	Florida	N/A	Adults	Individual therapy	English	860-531-2013	katie.marrotte@gmail.com	Unknown	
United States of America	Connecticut	N/A	Constanc e	J. Salhany	Profession Clinical Psychologist	CBT, ERP, ACT	Emmaus CBT DBA of Cognitive Therapy of Staten Island	Telehealth	New York, New- Jersey, Florida	N/A	8 to 90 years old	Individual and group therapy	English	Intake coordinator Laura Mitchell (917) 818 5719 (M-F business hours)	info@cognitivetherapysi.com	www.cognitivetherapysi.com	

DELAWARE																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Delaware	N/A	Roxanne	Nowak	LPC, LMFT	ERP, ACT	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Floride, Delaware	N/A	Adults	Individual therapy	English	Please text or leave vm - 715- 255-0530	RoxanneNowak@heartfullmindscounseling.com	Htpps://heartfullmindscounseling.com

FLORIDA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida	Statewide	Stacy	Shaup	Licensed Psychologist, PhD	CBT, ERP	N/A	Telehealth	Florida only	N/A	Adults	Individual therapy	English	954-752-9353	stacyshaup@drstacyshaup.com	drstacyshaup.com
United States of America	Florida	Tampa	Lori	Aitken	LMHC	ACT, ERP, CBT	Co-Founder Anxiety Center of Tampa	In-person and Telehealth	Florida only	N/A	Adults and teenagers	Individual therapy	English	813-773-5807	laitken@anxietycentertampa.com	www.anxietycenterampa.com
United States of America	Florida, Maine, Massachusetts	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	ERP, ACT	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida	N/A	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	Florida	Tampa	Karan	Lamb	Florida Licensed Psychologist	ACT, ERP, CBT	Lamb Psychological Services	In person and Telehealth	Florida only	N/A	Adults and Children	Individual therapy	English	813 321-7800	dr lamb@lambpsychservices.com	www.lambpsychservices.com
United States of America	Florida	Lakeland	Kaleigh	Ayers	Licensed Mental Health Counselor	ACT, ERP, CBT	Cygnus Counseling, Owner	Telehealth	No	N/A	Adults	Individual therapy	English	(863) 216-8895	kaleigh@cygnuscounseling.com	https://www.cygnuscounseling.com/
United States of America	Florida	State wide	Marianne	Grace Dunn	Licensed Psychologist	ACT, ERP, CBT	N/A	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehealth Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	Florida	State wide	Ursula	Steck	LCSW, BCD	ERP, ACT	The Full Story Therapy	Telehealth	California (telehealth)	N/A	Teenagers (16+) and Adults	Individual therapy	English and German	415-744-4614	ursula.steck@thefullstorytherapy.com	www.thefullstorytherapy.com
United States of America	Florida	State wide	Stephanie	Davis	Licensed Psychologist	ERP, ACT	Dr. Davis Therapy	Teletherapy	California and florida (online only)	N/A	Children, teenagers and adults	Individual therapy	English	949-534-2623	stephanie@drdavistherapy.com	www.drdavistherapy.com
United States of America	Florida	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Florida	N/A	Katie	Jones	LCSW	EPR	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	N/A	12 years old +	Individual therapy	English	617-383-7255	KatieJJoneslcsw@gmail.com	https://www.psychologytoday.com/us/therapists/katie-jones-redondo-beach-ca/727021
United States of America	Florida	N/A	Constance	J. Salhany	Profession Clinical Psychologist	CBT, ERP, ACT	Emmaus CBT DBA of Cognitive Therapy of	Telehealth	New York, Connecticut, New Jersey	N/A	8 to 90 years old	Individual and group therapy	English	Intake coordinator Laura Mitchell (917) 818 5719 (M-F	info@cognitivetherapysystems.com	www.cognitivetherapysystems.com

FLORIDA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida	N/A	Leela	Gerhenson	LPC	ERP	Leela Gershenson Counseling	Telehealth	South Dakota, Virginia	N/A	16 years old +	Individual therapy	English	305-792-8560	leelaq@acceptancelifecounseling.com	https://www.leelaqcounseling.com
United States of America	Florida	N/A	Katie	Marrotte	LCSW	ERP	N/A	Telehealth	Connecticut	N/A	Adults	Individual therapy	English	860-531-2013	katie.marrotte@gmail.com	Unknown
United States of America	Florida	N/A	Nicole	Williams	LCSW	ERP	N/A	Telehealth	Texas	N/A	Adults	Individual therapy	English	352-631-8341	email@nicolewilliamsllcsw.com	https://www.psychologytoday.com/us/therapists/nicole-i-williams-spring-hill-fl/1050695
United States of America	Floride	N/A	Roxanne	Nowak	LPC, LMFT	ERP, ACT	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Floride, Delaware	N/A	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindscounseling.com	Https://heartfullmindscounseling.com
United States of America	Floride	N/A	Jayme	M.Valdez	LMHC	ACT, ERP, CBT	Clearview OCD Counseling, LLC	In person and telehealth	Massachussetts	N/A	All ages	Individual and group therapy	English	(917) 604-2981	info@ocd-therapy.com	www.ocd-therapy.com
United States of America	Florida	N/A	Karen	Coad	LCSW	ERP, ACT	Dr. Emma Basch and Associates	in-person (Dupont Circle) and telehealth	Washington, Florida, Virginia and Maryland	N/A	Adults	Individual therapy	English	703-672-0232	karen.coad@dremmabasch.com	https://dremmabasch.com/karen
United States of America	Florida	N/A	Cari	Whittenburg	LCSW	ERP, CBT, ACT	OCD Revolution, PLLC	Telehealth	Oklahoma and Texas	Yes	Adults	Individual and group therapy	English	844-NO-MO-OCD	hey@ocdrevolution.com	ocdrevolution.com
United States of America	Florida	N/A	Lisa	Dale	LCSW	ERP, CBT	N/A	Telehealth	Georgia and Florida	N/A	Adults 18+	Individual therapy	English	678-570-8444	ldalelcsw@bellsouth.net	www.lisadaletherapist.com

GEORGIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Georgia	Columbus	Margaret V	Mccall	LPC	ERP	Columbus OCD Clinic	Telehealth	Georgia and Florida	N/A	Unknown	Individual therapy	English	706-315-9510	columbusocdclinic@gmail.com	https://www.psychologytoday.com/us/therapists/margaret-vale-mccall-columbus-ga/372268
United States of America	Georgia (Central)	Macon	Emily	Newberry	LPC, CPCS, CCH, SPACE	ERP, ACT	Emily H. Newberry, LPC, LLC	In person/telehealth	SPACE provider outside state lines, otherwise only Georgia	N/A	Unknown	Individual therapy	English	478-787-3056	emily@ehncounseling.com	www.ehncounseling.com
United States of America	Georgia	Atlanta	J. Scott	Matthews	Licensed Professional Counselor	ERP, ACT	Private practice	In person and telehealth	No	N/A	Adults 18+	Individual therapy	English	770-747-0478	emergingselfpsychotherapy@msn.com	jscottmatthewslpc.com
United States of America	Georgia	Decatur	Kristin	Simmon-Lowman	LCSW	ERP, ACT	Anxiety and OCD Solutions, LLC	Telehealth	No	N/A	Adults, Teenagers	Individual therapy	English	678-932-1522	Ksimmonlowman@gmail.com	https://www.psychologytoday.com/us/therapists/kristin-g-simmon-lowman-decatur-ga/400492
United States of America	Georgia	Alpharetta	Lisa	Dale	LCSW	ERP, CBT	N/A	Telehealth	Georgia and Florida	N/A	Adults 18+	Individual therapy	English	678-570-8444	ldalelcsw@bellsouth.net	www.lisadaletherapist.com
United States of America	Georgia	Atlanta	Cheryl	Delaney	LPC 011362	CBT	Bit by Bit Counseling; Feeling Good Institute	Telehealth	No	N/A	Adults 18+	Individual therapy	English	404-491-7044	cheryl@bitbybitcounseling.com	bitbybitcounseling.com
United States of America	Georgia	N/A	Leigh Anne	Clark	LCSW	ERP, CBT	Oakview Therapy LLC	Telehealth	Georgia and New Jersey	No	Adults	Individual therapy	English	404-692-0414	oakviewtherapy@protonmail.com	https://www.oakviewtherapy.com/

IDAHO																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Idaho	Cœur d'Alene	Suzanne	Danner	LCSW	N/A	Peaceful Haven Counseling, PLLC	In person, can provide Telehealth	No	N/A	Adults	Individual therapy	English	208-659-0142	sdanner@peacefulhavencounseling.com	www.peacefulhavencounseling.com
United States of America	Idaho	N/A	Sarah	Hunter	LCSW	ERP, ACT	Wasatch Family Therapy	In person and Telehealth	Utah	N/A	16 years old +	Individual therapy	English	801-477-0835	SarahHunterLCSW@gmail.com	https://sarahhunterlcsw.com/ and https://wasatchfamilytherapy.com/sarah-hunter

ILLINOIS																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Illinois	Peoria	Mary	Hosbrough	LCPC	ERP, ACT	Autonomy Alliance Counseling	In person and videoconferencing	Illinois only	N/A	Adults	Individual therapy	English	309.316.6440	mary@autonomyalliancecounseling.com	www.autonomyalliancecounseling.com
United States of America	Illinois	Chicago/Roselle	Erin	Terada	Licensed clinical psychologist and certified eating disorder specialist (PsyD, CEDS-S)	ERP, ACT	Modern Me Psychology	In-person and Telehealth	PsyPACT passport	N/A	10 years +	Individual therapy	English	630-358-9821	dr.erin@modernmepsychology.com	www.modernmepsychology.com
United States of America	IL, FL, OH, IN, IO, OH, and CO (local to IL)	Chicago	Ginny	Nikiforos	LCSW, BCBA, ADHD-CCSP	ACT, DBT, ERP	Guiding Behavior Counseling, PLLC	In person and telehealth	IL, FL, OH, IN, IO, OH, and CO (local to IL)	N/A	Adults 18+	Individual therapy	English	773-726-4832	gnikiforos@guidingbehavior.com	www.guidingbehavior.com
United States of America	Illinois	Skokie	Pam	Katz	LCSW	ACT,	Pam Katz Counseling, PLLC	In person/ Telehealth	Illinois, Ohio, Massachusetts, Nebraska, Utah	N/A	Adults, teens	Individual therapy	English	773-425-3845	pkatz13@gmail.com	https://northshorementalwellness.com/
United States of America	Illinois	Chicago	Allison	Minnich	Ph.D. Licensed Psychologist	ACT, ERP, CBT	Chicago Center for Behavioral Health	In person/ Telehealth	No	N/A	Ages 14+	Individual therapy	English	224-392-2897	aminnich@chicagocbh.com	chicagocbh.com
United States of America	Illinois	Chicago/Lincolnwood/Virtual	Milana	Pehar	LPC, NBCC	ACT, ERP, CBT	Illumination Psychotherapy	In person/ Telehealth	Not for now	N/A	Children, teenagers, adults	Individual and group therapy	English	708-240-3109	milana@illuminationpsychotherapy.online	https://www.illuminationpsychotherapy.online
United States of America	Illinois	Chicago	Lisa	Conway	Clinical psychologist	ACT, ERP	Exposure Therapy Chicago	Telehealth	Yes, PSYPACT	N/A	Adults 18+	Individual therapy	English	312/471.3910	lisa@exposuretherapychicago.com	www.exposuretherapychicago.com
United States of America	Illinois	N/A	Angela	Springer	LCSW	ACT, ERP	Calm Mind CBT	In person and Telehealth	Missouri, Ohio, and Indiana	N/A	adults, teens, children	Individual therapy	English	314.669.4295	angela@calmmindcbt.com	www.calmmindcbt.com
United States of America	Illinois	Central IL by University of Illinois Champaign-Urbana	Molly	Duran	LCSW	ACT, ERP, CBT	Summit Counseling	In person and Telehealth	No	N/A	Children 9 years old +, teens, adults	Individual therapy	English	217-439-4035	mollyduran@summitcounselingcu.com	www.summitcounselingcu.com
United States of America	Illinois	Northfield	Krystal	Glassman	LCPC	ACT, ERP, CBT	In Balance 365	In person and Telehealth	No	N/A	Adults 18 to 60 years old	Individual therapy	English	312-728-8574	Krystal@inbalance365.com	www.inbalance365.com

ILLINOIS																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Illinois	Bloomington	Justin	Brown	Therapist/LCSW	N/A	Rest In You LLC	In person and videoconferencing	No	N/A	Adults/Children	Individual therapy	English	309-948-2072	Justinbrown@restinyoucounseling.com	https://www.catholictherapists.com/justin-r-brown-msw
United States of America	Illinois	Chicago/Downers Grove	Christie	Ochoa	Licensed Clinical Social Worker	CBT, DBT	Sharp Solutions Counseling	Telehealth	No	N/A	Adults	Individual therapy	English	312-509-0147	ochoa.lcsw@gmail.com	www.sharpsolutionscounseling.com
United States of America	Illinois, Oregon	State wide	Heather	Beller	LPC/LCPC	ACT, ERP, CBT	Love & Work Therapy, PLLC	Telehealth	Illinois, Oregon	N/A	Adults	Individual therapy	English	(872) 264-8220	Hello@HeatherBellerTherapy.com">Hello@HeatherBellerTherapy.com	https://heatherbellertherapy.com/
United States of America	Illinois, Oregon	Oswego	Stephanie	Samudio	Therapist/Social Worker	ACT, ERP, CBT	Samudio Counseling	In person and videoconferencing	No	N/A	Teenagers and adults	Individual therapy	English	630-647-8282	Stephanie@SamudioCounseling.com	www.SamudioCounseling.com
United States of America	Illinois	Chicago	Kelly	Dunn	Licensed Clinical Professional Counselor	ACT, ERP, CBT	Chicago Psychotherapy, PLLC	Telehealth	No	N/A	Adults	Individual therapy	English	773-697-8839 ext. 5	kdunn@chicago-psychotherapy.com	https://www.chicagopsychotherapy.com

IOWA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Iowa	Waterloo	Lisa	Heiden- Kimball	LMHC	ERP, ACT	Lisa HK Counseling	Telehealth	No	N/A	AGES 12+	Individual therapy	English	319-214-0011	N/A	https://www.lisahkcounseling.com

INDIANA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Indiana	Bloomington	Bronwyn	Shroyer	LCSW	ERP	Bronwyn Shroyer LLC	Telehealth	Indiana only	N/A	Children, teenagers, adults	Individual therapy	English	812-240-7442	bronwyn@bronwynshroyer.com	https://www.bronwynshroyer.com/
United States of America	Indiana	Granger	Angela	Henry	LCSW	ERP, ACT	N/A	In-person and Telehealth	Indiana only	N/A	Children, teenagers, young adults, adults	Individual therapy	English	574-514-7770	angelahenrylcsw@gmail.com	www.angelahenrylcsw.com
United States of America	Indiana, Kentucky	NA	Julia	Pickett	LCSW	ERP, ACT	FindWell Counseling, LLC	Telehealth	Indiana, Kentucky	N/A	Adults, Teens 16+	Individual therapy	English	502-501-3646	julia@findwellcounseling.com	www.findwellcounseling.com
United States of America	Indiana	Greenwood	Alyssa	Hoffman	PsyD, HSPP	ERP, ACT	Freely Living OCD and Anxiety Therapy, LLC	In-person and Telehealth	Indiana only	N/A	Children, teenagers (6-17)	Individual/Parent work	English	317-967-6829	drhoffman@freelylivingtherapy.com	www.freelylivingtherapy.com
United States of America	Indiana	N/A	Angela	Springer	LCSW	ERP, ACT	Calm Mind CBT	In person and Telehealth	Missouri, Illinois and Ohio	N/A	adults, teens, children	Individual therapy	English	314.669.4295	angela@calmmindcbt.com	www.calmmindcbt.com
United States of America	Indiana	N/A	Brett	Hammond	LCSW	ERP, ACT	Graven & Associates (group practice)	In person/ Telehealth	Kentucky	N/A	13 years old +	Individual therapy and couples	English	502-690-8024	bretthammondcsww@protonmail.com	www.louisvillepsycologist.com
United States of America	Indiana	Indianapolis	Amy	DiVincenzo	LCSW/Therapist	ACT, ERP, CBT	Amy DiVincenzo LCSW LLC	In person/ Telehealth	No	N/A	Children, Teens, Adults, College Students, Women	Individual and group therapy	English	317-252-3575	amy@amydlcsw.com	www.amydlcsw.com
United States of America	Indiana	Carmel	Debbie	Warman	Clinical psychologist	CBT, ERP	Central Indiana Cognitive Behavioral Therapy	In person/ Telehealth	PSYPACT states	N/A	Adults	Individual therapy	English	317-758-3569	dwarman@centralindianacbt.com	https://centralindianacbt.com/

KANSAS																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Kansas and Missouri	Unknown	Kari	Gregory	LPC, LCPC	CBT, ERP	Individual Private Practice	In-person and Telehealth	Kansas and Missouri	N/A	Unknown	Individual and group therapy	English	Unknown		kari@gregorylpc.com
United States of America	Kansas	Wichita	Shauna	Meier	LSCSW	ERP, ACT	Shauna Meier, LSCSW (Private Practice)	In person and Telehealth	Kansas and Wisconsin	N/A	Adults and Children	Individual therapy	English	316-444-0064	shaunamarie@shaunameierlscsw.com	N/A
United States of America	Kansas	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Kansas	Wichita	Krista	Reed	LSCSW	ERP, ACT	OCD And Anxiety Clinic	In person/ Telehealth	Oklahoma	N/A	Childrens 6+, teens, and adults	Individual therapy	English	316-559-3554	krista@apbwichita.com	apbwichita.com
United States of America	Kansas	Wichita	Angie	McDaniel	LSCSW (licensed specialist clinical social worker)	ERP	N/A	In person and Telehealth	No	N/A	Adults and Children	Individual therapy	English	316-285-0657	angie@wichitatherapy.net	https://www.wichitatherapy.net/angie-mcdaniel.html
United States of America	Kansas	Leawood	Kayte	Keller	Licensed Professional Counselor	CBT, DBT	Grow Psychological	In person and Telehealth	No	N/A	Teenagers (15+), Adults	Individual therapy	English	913-777-4020	kkeller@growandthrivekc.com	https://growandthrivekc.com/kayte-keller/
United States of America	Kansas	Wichita	Mary Ann	Byerly	Licensed Professional Counselor	ACT, ERP, CBT	Revive and Thrive Mental Health, LLC	In person and Telehealth	No	N/A	Ages 13+	Individual therapy	English	316-201-6294	admin@revivewichita.org	https://www.revivewichita.org/about-mb
United States of America	Kansas	Statewide	Katelyn	Aguiar	Licensed clinical psychotherapist (LCP)	None	Faith, Hope, and Therapy	Telehealth	No	No	Adults	Individual therapy	English	(316) 202-8036	katelyn@faithhopeandtherapyks.com	faithhopeandtherapyks.com

Kentucky																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Kentucky	Louisville	Brett	Hammond	LCSW	ERP, ACT	Graven & Associates (group practice)	In person/ Telehealth	Indiana	N/A	13 years old +	Individual therapy and couples	English	502-690-8024	bretthammond@protonmail.com	www.louisvillepsyc.hologist.com
United States of America	Kentucky	Bowling Green	Megan	Harden	LCSW	ERP, ACT	The Cognitive Refinery	In person/ Telehealth	No	N/A	Teenagers and adults	Individual and group therapy	English	270-266-1188	megan@cognitiverefinery.com	www.thecognitiverefinery.com
United States of America	Indiana, Kentucky	NA	Julia	Pickett	LCSW	ERP, ACT	FindWell Counseling, LLC	Telehealth	Indiana, Kentucky	N/A	Adults, Teens 16+	Individual therapy	English	502-501-3646	julia@findwellcounseling.com	www.findwellcounseling.com
United States of America	Pennsylvania (PA) and Maryland (MD)	Gettysburg, PA but can provide services anywhere in the state of PA or MD	Shannon	Grimsley	LPC, LCPC	ACT, ERP, CBT	Standpoint Counseling Services	Telehealth	Pennsylvania, Maryland, Kentucky	N/A	Teenagers 13+, Adults	Individual therapy	English	717-850-3126	info@standpointcounseling.com	www.standpointcounseling.com

LOUISIANA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Louisiana	N/A	Tracy	Koller	LCSW	ERP, CBT, ACT	N/A	In person/ Telehealth	Utah (telehealth)	N/A	Adults, teens	Individual therapy	English	(908) 540-6606	racykollerlcs@gmail.com	N/A

MAINE																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida, Maine, Massachusetts	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	ERP, ACT	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida, California	N/A	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	Maine	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	California / Maine	Menlo Park (maine)	Lorraine	Wong	Clinical psychologist, PhD ABPP	ERP, CBT, ACT	Dr. Lorraine Wong, ABPP	In person and telehealth	California and Maine	N/A	Teens and Adults	Individual therapy	English	650-382-2064	info@drlorrainewong.com	www.drlorrainewong.com

MARYLAND																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Maryland	Townson	Mike	Heady	LCPC	ACT, ERP	Co-Owner/Co-Director, Anxiety and Stress Disorders Institute	In-person and Telehealth	Mayland only	N/A	teenagers (16+) and Adults	Individual therapy	English	Unknown	MichaelHeady@AnxietyandStress.com	www.anxietyandstress.com
United States of America	Maryland	Baltimore/Towson and Westminster	Stephnie	Thomas	LCPC, NCC	ERP, CBT, ACT	Anxiety & Stress Disorders Institute and solo private practice	In person if vaccinated and Telehealth	Maryland and Pennsylvania	N/A	Children 11 years and older, teenagers, adults	Individual therapy	English	Unknown	Stephnet@stephthomas.com	www.stephthomas.com
United States of America	Maryland	Baltimore	Amy	Huberman	MD	ERP	Private practice	In person and Telehealth	Maryland only	N/A	Adults 18+	Individual therapy	English	443-761-4265	psychiatrybaltimore@gmail.com	www.amyhubermanmd.com
United States of America	Maryland	Towson	Beth	S. Surbeck	Ph. D.	ERP	Anxiety and Stress Disorders Institute of Maryland	Telehealth	PSYPACT states	N/A	Adults 18+	Individual therapy	English	443-286-5408	bethsurbeck@anxietyandstress.com	www.anxietyandstress.com
United States of America	Maryland	Bel Air	Robin	Frutchey	LCPC, LPC	ERP, CBT, ACT	SOAR Counseling Services, LLC	In person/ Telehealth	Pennsylvania	N/A	Childrens, teens, and adults	Individual therapy	English	443-219-6239	robin@soarcounselingservices.net	https://www.soarcounselingservices.net
United States of America	Maryland	Bethesda	Kelly	O'Brien	Psychologist	CBT, E/RP	Summit Emotional Wellness	Telehealth	PSYPACT states	N/A	Adults	Individual therapy	English	(301) 200-2790	kobrien@summitemotionalwellness.com	www.summitemotionalwellness.com
United States of America	Maryland	Baltimore	Victoria	Stiith	LCPC	ACT	Private Practice	Telehealth	No	N/A	Adults (21+)	Individual therapy	English	410-734-2336	victoria.stiith@gmail.com	https://victoriastiith.com/
United States of America	Maryland	Baltimore	Rachel	Lafleur	Licensed Psychologist	ERP, CBT, ACT	Stony Run	Telehealth	Also licensed in the District of Columbia and authorized to provide telehealth to all PSYPACT states	N/A	Children (as young as 2), adolescents, and adults	Individual therapy	English	410-538-2814	hello@stonyrunpsych.com	www.stonyrunpsych.com
United States of America	Maryland	Frederick/telehealth	Brittany	Goff	LCSW-C	ERP, CBT, ACT	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	Brittany@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/telehealth	Pat	Brown	LCSW-C	ERP, ACT	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/telehealth	Jasmin	Cooke	LMSW	ERP, ACT,	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/telehealth	Hannah	Seibert	LGPC	ERP, ACT	Zen Psychological Center	Telehealth	No	N/A	Adults and Children	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com

MARYLAND																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Maryland	Frederick/ telehealth	Rebecca	Lederman	LGPC	ERP, ACT	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/ telehealth	Andrea	Ellis	LCPC	ERP, ACT	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/ telehealth	Anne	Levitsky	LGPC	ERP, ACT	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/ telehealth	Bruce	Kirby	LCSW-C	ERP, ACT	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/ telehealth	Marisol	Alston	LMSM	ERP	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/ telehealth	Jenna	Line	LMSW	ERP	Zen Psychological Center	Telehealth	No	N/A	Adults and Children	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	City Camp Hill	Shannon	Weise	Profession-therapist/social worker	ERP, CBT, ACT	The Anxiety & OCD Treatment Center of Central Pennsylvania	In person and telehealth	Maryland and South Carolina	N/A	Children, Adolescents, and Adults	Individual and group therapy	English	717-461-7933	shannon@isthisocd.com	www.isthisocd.com
United States of America	Maryland	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	ERP, CBT, ACT	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia, Pennsylvania	N/A	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Maryland	Timonium	Renee	Smucker	Ph.D., Licensed Psychologist	ERP, CBT	Maryland Parent Child Clinic, LLC	In person and telehealth	New York	N/A	All ages 2 years old +	Individual and family interventions	English	410-205-4928	info@marylandpcc.com	www.marylandpcc.com
United States of America	Maryland	Towson	Megan	English	LCPC	ERP, ACT	Anxiety and Stress Disorders Institute	In person and telehealth	No	N/A	Adolescents and Adults	Individual therapy	English	443-377-3023	meganenglish@anxietyandstress.com	www.anxietyandstress.com
United States of America	Maryland	Timonium	Becca	Hammonds	Ph.D., Registered Psychological Associate	ERP, CBT	Maryland Parent Child Clinic, LLC	In person and telehealth	No	N/A	All ages (2 - Adult)	Individual and family interventions	English	410-205-4928	info@marylandpcc.com	www.marylandpcc.com
United States of America	Maryland	Hyattsville	Meghan	Meros	Licensed Clinical Professional Counselor (LCPC)	ACT	Tend Counseling and Consulting	Telehealth	Washington	N/A	Adults and teenagers	Individual therapy	English and spanish	805-203-6018	meghan@tend-counseling.com	www.tend-counseling.com

MARYLAND																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Maryland	Bethesda	Melissa	Murphy	psychotherapist/licensed clinical social worker/LCSW-C	ERP, CBT, ACT	Bethesda Therapy LLC	Telehealth	Maryland, Washington DC, Virginia	N/A	12+	Individual therapy	English	240.389.0027	Melissa@wearebethesdatherapy.com	www.wearebethesdatherapy.com
United States of America	Maryland	N/A	Samantha Ann Marie	Bauer	LCPC	ERP CBT	Cecil County Bodhi Counseling	Telehealth	No	N/A	Young adults	Individual therapy	English	443-877-4044	Samanthabauer@bodhicounseling.com	https://bodhicounseling.com/bvsd/samantha-bauer-lcpc/
United States of America	Pennsylvania (PA) and Maryland (MD)	Gettysburg, PA but can provide services anywhere in the state of PA or MD	Shannon	Grimsley	LPC, LCPC	CBT, ACT, ERP	Standpoint Counseling Services	Telehealth	Pennsylvania, Maryland, Kentucky	N/A	Teenagers 13+, Adults	Individual therapy	English	717-850-3126	info@standpointcounseling.com	www.standpointcounseling.com
United States of America	Maryland	Baltimore	Jilian	Ginsberg	LMSW	ACT, ERP	Chesapeake Behavioral Health Services	Telehealth	No	N/A	Adults	Individual therapy	English	410-343-9201	jillian@cbhtherapists.com	https://www.cbhtherapists.com
United States of America	Maryland	N/A	Karen	Coad	LCSW	ACT, ERP	Dr. Emma Basch and Associates	in-person (Dupont Circle) and telehealth	Washington, Florida, Virginia and Maryland	N/A	Adults	Individual therapy	English	703-672-0232	karen.coad@dremmabasch.com	https://dremmabasch.com/karen
United States of America	Maryland	Baltimore	Rebecca	Sinner	LCSW-C	ERP, CBT, ACT	HoneyB Wellness	In person and telehealth	exclusively virtual therapy in the state of Michigan through Pine Rest Christian Mental Health Services: https://www.pinerest.org/clinician/rebecca-sinner/	No	Children, teenager, young adults, adults	Individual therapy and Parent Support/Coaching for parents whose child has OCD	English	N/A	r.sinner@honeybwellness.com	https://honeybwellness.com/home/team/bex-sinner/
United States of America	Maryland	N/A	Jennifer	Oh	Psy.D, Licensed Psychologist	ERP, ACT	Relational-Cultural Counseling	Telehealth	Mayland and Virginia	N/A	Tennagers, adults, elderly	Individual therapy	English and Korean	678-544-2088	dr.jenn@ohpsychologist.com	ohpsychologist.com
United States of America	Maryland	Berlin	Rebecca	Lederman	LGPC, NCC	ERP, CBT, ACT	Calm Minds Healing Center	In person and telehealth	No	No	Teenagers and adults	Individual and group therapy	English	443-252-3369	info@calmmindshealingcenter.com	calmmindshealingcenter.com

MASSACHUSETTS																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Massachussets	Newburyport	Robert	Safion	LMHC	ERP, CBT	ROBERT SAFION, M.ED. LMHC	Unknownn	Unknownn	N/A	Unknownn	Individual therapy	English	978 462 1519	Unknownn	http://www.robertsafion.com
United States of America	Massachusetts	Salem	Amy	Carlson-Pallazola	LMHC, LLC	ERP, CBT, ACT	Amy Carlson-Pallazola, LMHC, LLC	Telehealth	No	N/A	Adults 18+	Individual therapy	English	978-332-1671	amy@acarlsonpallazola.com	NA
United States of America	Massachusetts	Boston	Melissa	Lile	Therapist/Licensed Clinical Social Worker	ERP, ACT	Beyond Borders CBT	Telehealth	Colorado, North Carolina, Ohio, Virginia, Tennessee	N/A	All ages 8+	Individual therapy	Englsh	None	hello@beyondborderscbt.com	https://beyondborderscbt.com/
United States of America	Massachusset	State Wide in telehealth	Ben	Eckstein	LCSW	ERP, CBT, ACT	Bull City Anxiety & OCD Treatment Center	In person and Telehealth	Yes, also licensed in North Carolina and New York	N/A	Adults	Individual therapy	English	+1(919) 808-2318	ben.eckstein@bullcityanxiety.com	www.bullcityanxiety.com
United States of America	Florida, Maine, Massachussettes	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	ERP, ACT	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida	N/A	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	Massachussets	N/A	Katie	Jones	LCSW	EPR	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	N/A	12 years old +	Individual therapy	English	617-383-7255	KatieJJoneslcsw@gmail.com	https://www.psychologytoday.com/us/therapists/katie-jones-redondo-beach-ca/727021
United States of America	Vermont	N/A	Phoebe	Manchester	Clinical Mental Health Counselor	ERP, CBT, ACT	Treadwell Counseling, PLLC	In person and telehealth	Vermont and New Hampshire	N/A	Teenagers and adults	Individual therapy	English	603-276-0721	phoebe@treadwellcounseling.com	treadwellcounseling.com
United States of America	Massachusetts	Newton	Francis (Francis preferred)	Kuehn	Licensed Independent Clinical Social Worker	ERP, CBT, ACT	Fran Kuehn LICSW, M.Ed. A-CBT	In person and telehealth	No	N/A	Children and adults	Individual and group therapy	English	(617) 564-3687	Frankuehn@gmail.com	www.frankuehn.com
United States of America	Massachussets	N/A	Blaire	Melius	LLC	CBT	Blaire Melius Counseling LLC	Telehealth	New Jersey and massachussets	N/A	Adults	Individual therapy	English	908-758-3995	blairemelius@blairemeliuscounseling.com	www.blairemeliuscounseling.com
United States of America	Massachussets	N/A	Erica	L Pardi	Licensed Mental Health Counselor (LMHC)	ERP, CBT, ACT	Meridian Psychology Practice, PLLC	In person and Telehealth	New York	N/A	Adults	Individual therapy	English	585-201-8211	ericapardilmhc@gmail.com	https://www.meridianpractice.org/staff/ericapardi
United States of America	Massachussets	Worcester	Jayme	M.Valdez	LMHC	ERP, CBT, ACT	Clearview OCD Counseling, LLC	In person and telehealth	Florida	N/A	All ages	Individual and group therapy	English	(917) 604-2981	info@ocd-therapy.com	www.ocd-therapy.com
United States of America	Massachussets	Worcester	Mary	Walters	LMHC	ERP, CBT, ACT	Clearview OCD Counseling	Telehealth	No	No	Teenagers and adults	Individual therapy	English	401-527-9975	marywalters143@gmail.com	ocd-therapy.com
United States of	Massachusetts	Boston	Nancy	Leung	Social worker-LICSW	ERP, CBT	Private practice	Telehealth	No	No	Adults 18+	Individual therapy	English and Cantonese	617-959-3499	nleung10123@gmail.com	https://www.psychologytoday.com/us/therapists/withcourage

MASSACHUSETTS																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Massachussets	Amherst	Tara	Ferrante	LMHC	ERP, CBT, ACT	Tara Ferrante	Telehealth and in person	No	No	Children, teenagers, adults	Individual and group therapy	English	413-230-2452	taraferrantelmhc@gmail.com	www.taraferrantelmhc.com

MICHIGAN																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Michigan	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Michigan	N/A	Krista	Gravatt	LMSW	ERP, ACT	Counseling with Compassion	Telehealth	No	N/A	18 years old +	Individual therapy	English	734-585-7086	info@counselingwithcompassion.com	http://www.counselingwithcompassion.com
United States of America	Michigan	N/A	Veronika	Spicer	Ph.D., Clinical psychologist	ERP, CBT, ACT	the Anxiety Treatment Center of Greater Toledo	In person (Ohio) and Telehealth (Michigan)	Telehealth in Michigan	N/A	Adults 18+	Individual therapy	English	419-931-3029	vspicer.phd@gmail.com	www.atctoledo.com
United States of America	Michigan	N/A	Rebecca	Sinner	LCSW-C	ERP, CBT, ACT	HoneyB Wellness	Telehealth	exclusively virtual therapy in the state of Michigan through Pine Rest Christian Mental Health Services: https://www.pinerest.org/clinician/rebecca-sinner/	No	Children, teenager, young adults, adults	Individual therapy and Parent Support/Coaching for parents whose child has OCD	English	N/A	r.sinner@honeybwellness.com	https://honeybwellness.com/home/teamm/bex-sinner/
United States of America	Michigan	City Ann Arbor	Laurie	Krauth	MA, LLP	CBT and ACT	Krauth, MA, PLC	In person and telehealth	No	Yes	Adults	Individual therapy	English	734-649-8357	LKrauth@comcast.net	www.LaurieKrauth.com
United States of America	Michigan	Northville	Amber	Cunnings	LMFT	CBT and ACT	Eucalyptus Counseling Services	In person and telehealth	No	No	Adults	Individual therapy	English	248 504 7406	info@ecs-mi.com	www.eucalyptuscounselingmi.com

MINNESOTA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Minnesota	Minneapolis	Lucy	Grantz	Licensed Marriage and Family Therapist	ERP	Pivot Psychotherapy	In person and telehealth	No	N/A	Teenagers 13+, Adults	Individual therapy	English	612-805-1410	Lucy@pivotpsychmn.com	N/A
United States of America	Minnesota	Minneapolis	Tracy	Lewis	Licensed Independent Clinical Social Worker	ACT, ERP	Together Anxiety and OCD Treatment	In person and telehealth	No	N/A	Children,, Adults	Individual therapy	English	612-599-3407	tracylewis@togethertreatment.com	www.togethertreatment.com
United States of America	Minnesota and South Dakota	Victoria	Cassandra	Leighton	Licensed Marriage and Family Therapist	ERP, CBT	CCL Therapy MN, PLLC	Telehealth	South Dakota	N/A	Childrens, teens, and adults	Individual therapy	English	952-334-7744	casi@ccltherapymn.com	www.ccltherapymn.com
United States of America	Minnesota	N/A	Jenny	Matthews	LMFT, LADC	ERP	State of Mind Therapy	Telehealth	South Dakota	N/A	Children, adults	Individual therapy	English	952-529-4741	jenny@stateofmindtherapy.com	stateofmindtherapy.com
United States of America	Minnesota	N/A	Lindsey	Benolken	LPCC	ERP	CalmOCD	Telehealth	Minnesota, Arizona and New Mexico	N/A	Adults 18+	Individual, intensive track and weekly skills group	English	480-687-3435	inquiry@calmocd.com lindseyb@calmocd.com	www.calmocd.com
United States of America	Minnesota	Saint Paul	Jayme	Kolbo	MA, LPCC	ERP, CBT	OCD & Anxiety Wellness Collective	In person and telehealth	No	N/A	Ages 6+	Individual therapy	English	612-234-2205	jayme@ocdanxietywellnessco.com	www.ocdanxietywellnessco.com
United States of America	Minnesota	N/A	Sierra	Claeson	LMFT	ERP, CBT	N/A	In person and telehealth	No	N/A	N/A	Individual therapy	English	N/A	sclaeson@embolden-you.com	www.embolden-you.com/sierra-claesn

Missouri																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Missouri	St. Louis	Jeremy	Shuman	PsyD, Licensed Psychologist	ERP, ACT	The Center for Mindfulness and CBT	In person if vaccinated and Telehealth	Missouri only	N/A	Adults (17+)	Individual therapy	English	Unknown	jeremyshumanpsych@gmail.com	https://mindfulstl.com/providers/jeremy-shuman-psy-d/
United States of America	Missouri	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Missouri	St. Louis	Angela	Springer	LCSW	ERP, ACT	Calm Mind CBT	In person and Telehealth	Illinois, Ohio, and Indiana	N/A	adults, teens, children	Individual therapy	English	314.669.4295	angela@calmmindcbt.com	www.calmmindcbt.com
United States of America	Missouri	St. Louis	Kara	Friedman	LPC	ERP, CBT, ACT	Private Practice	In person and Telehealth	Missouri only	N/A	Ages 12+	Individual therapy	English	N/A	Kara@karafriedmancounseling.com	www.karafriedmancounseling.com
United States of America	Missouri	St. Louis	Meredith	Beard	MSW, LMSW	ERP, CBT, ACT	The Anxiety Therapists	In person and Telehealth	Missouri only	N/A	Ages 15+	Individual therapy	English	1-314-742-8644	meredith@meredithbeard.com	www.meredithbeard.com
United States of America	Missouri	St. Louis	Andrea	Gutiérrez-Glik	LCSW	ERP	Andrea Gutiérrez-Glik, LCSW LLC	In person and Telehealth	New-York	No	Adults	Individual therapy	English	(314) 742-7330	andreaqlik@gmail.com	N/A
United States of America	Missouri	Springfield	Rachael	Herrington Roldan	Ph.D. Licensed Psychologist	ERP, CBT, EMDR	417 Psych	In person and Telehealth	PSYPACT states	No	All ages	Individual and group therapy	English	417-413-1724	dr.rachael@417psych.com	417psych.com
United States of America	Missouri	St. Louis	Allie	Wilson	Licensed Professional Counselor (LPC) MO license # 2003030551	ERP, CBT	Brave Steps Counseling, LLC	In person and Telehealth	North Carolina	No	Adults and teenagers 16+	Individual therapy	English	314-527-0846	llie@bravestepscounseling.com	bravestepscounseling.com

MONTANA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Montana	Helena	Kyrie	Russ	LCPC	ERP, CBT, ACT	Mount Helena Counseling	In-person and Telehealth	Montana only	N/A	Ages 16+	Individual therapy	English	406-438-6439	kruss@mounthelenacounseling.com	Unknown
United States of America	Montana	Great Falls	Kelli	Smith	LLC	ERP, CBT, ACT	Big Sky Counseling, LLC	In-person and Telehealth	Montana only	Yes	Ages 14 +	Individual therapy	English	406-642-0676	Ksmith@bigskycounselingllc.com	www.kellismithlcpc.com

NEBRASKA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Nebraska	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com

NEW HAMPSHIRE																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Hampshire	Portsmouth	Christina	Ennabe	Therapist	ERP, CBT, ACT	N/A	Telehealth	Maine and Flordia	N/A	Tennagers, adults	Individual therapy	English	603-824-3836	info@christinaennabe.com	www.christinaennabe.com
United States of America	New Hampshire	Hanover	Phoebe	Manchester	Clinical Mental Health Counselor	ERP, CBT, ACT	Treadwell Counseling, PLLC	In person and telehealth	Vermont and Massachusetts	N/A	Teenagers and adults	Individual therapy	English	603-276-0721	phoebe@treadwellcounseling.com	treadwellcounseling.com

New Jersey																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Jersey	Cherry Hill	Hamish	Gunn	LCP, Ph.D.	CBT, ERP	The Center for Emotional Health of Greater Philadelphia	Telehealth	Pennsylvania and PSYPACT states	N/A	Adults, Teens	Individual therapy	English	856-220-9672	gunn@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com/staff/dr-hamish-gunn/
United States of America	New Jersey	Cranford	Craig	Springer	Licensed Psychologist, PsyPact, TEAM-CBT Level 3	ERP, CBT	Good Life Center for Mental Health	Telehealth	New York and PSYPACT states	N/A	Adults 18+	Individual therapy	English	908-956-7979	craigspringer@goodlifecenternj.com	www.goodlifecenternj.com
United States of America	New Jersey	Cranford	Silvina	Falcon Levine	MSW, LCSW, TEAM-CBT Level 3	CBT, ERP	Good Life Center for Mental Health	Telehealth	New York	N/A	Adults 18+	Individual therapy	English and spanish	(908) 484 4644	Silvinalevine@goodlifecenternj.com	https://www.goodlifecenternj.com
United States of America	New Jersey	River Vale	Marianne	Grace Dunn	Licensed Psychologist	ERP, CBT, ACT	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmarianneedunn.com
United States of America	New Jersey	Morristown	Tamara	D'Alessio	LPC	ERP, ACT	Northern Counseling and Wellness	In person and Telehealth	No	N/A	Adolescents and adults	Individual therapy	English	973-913-4769	tamara@northerncounselor.com	www.northerncounselor.com
United States of America	New Jersey	N/A	Constance	J. Salhany	Profession Clinical Psychologist	ERP, CBT, ACT	Emmaus CBT DBA of Cognitive Therapy of Staten Island	Telehealth	New York, Connecticut, Florida	N/A	8 to 90 years old	Individual and group therapy	English	Intake coordinator Laura Mitchell (917) 818 5719 (M-F business hours)	info@cognitivetherapysy.com	www.cognitivetherapysy.com
United States of America	New Jersey	Princeton	Cara	Genbauffe	Psychologist	ERP, CBT, ACT	The Center for Emotional Health of Greater Philadelphia	In person in New Jersey and Telehealth	New York and PSYPACT states	N/A	Teenagers and adults	Individual therapy	English	(856) 220-9672	genbauffe@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com
United States of America	New Jersey	Teaneck	Shmaya	Krinsky	Licensed Psychologist, PsyD	ERP, CBT, ACT	Anxiety and Behavioral Health Psychotherapy	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider	N/A	Adults and teenagers	Individual therapy	English	201-564-5319	skrinsky@anxietybhp.com	www.anxietybhp.com
United States of America	New Jersey	N/A	Deborah	Rosenberg	Ph.D.	ERP, CBT	Rosenberg Psychological Services, PLLC	In person and Telehealth	New Jersey and New-York	N/A	Adults and teenagers	Individual therapy	English	516-374-1015	drosenberg@drosenbergphd.com	drosenbergphd.weebly.com
United States of America	New Jersey	N/A	Blaire	Melius	LLC	CBT	Blaire Melius Counseling LLC	Telehealth	New Jersey and massachussets	N/A	Adults	Individual therapy	English	908-758-3995	blairemelius@blairemeliuscounseling.com	www.blairemeliuscounseling.com

New Jersey																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Jersey	Lodi	Brendan	Guarino	Licensed psychologist	CBT, ERP	Keystone Psychotherapy	Telehealth	No	No	Adults, Teens	Individual therapy	English	347 674 0074	bquarino@keystonepsychotherapy.net	https://www.keystonepsychotherapy.net/
United States of America	New Jersey	N/A	Leigh Anne	Clark	LCSW	ERP, CBT, ACT	Oakview Therapy LLC	Telehealth	Georgia and New Jersey	No	Adults	Individual therapy	English	404-692-0414	oakviewtherapy@protonmail.com	https://www.oakviewtherapy.com/
United States of America	New Jersey	Clifton, Lakewood	Goldstein	Mirel	LPC	ERP, CBT	Goldstein therapy	Telehealth and in person	No	No	Children age 10+, teenagers, adults	Individual therapy	English	973-348-9384	mirel@goldsteintherapy.com	www.goldsteintherapy.co

New Mexico																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Mexico	Albuquerque	Cynthia	Keeran	Psychologist	ERP, CBT, ACT	Dr. Cynthia Keeran, Ph.D., Inc.	In person and Telehealth	No	N/A	All person 14 years old +	Individual therapy	English	505-249-1374	Drkeeran1@gmail.com	None
United States of America	New Mexico	Albuquerque	Armando	De La Garza	Licensed Professional Clinical Counselor	ERP, ACT	Arroyo Counseling, LLC	In person and Telehealth	No	N/A	Adults	Individual therapy	English	505.250.2494	armando@armandolpcc.com	https://www.psychologytoday.com/us/therapists/armando-de-la-garza-albuquerque-nm/1008247
United States of America	New Mexico	N/A	Lindsey	Benolken	LPCC	ERP	CalmOCD	Telehealth	Minnesota, Arizona and New Mexico	N/A	Adults 18+	Individual, intensive track and weekly skills group	English	480-687-3435	inquiry@calmocd.com lindseyb@calmocd.com	www.calmocd.com

New York																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New York	Katonah	Susan	Wagner	Ph.D.	ERP, CBT	N/A	In person and Telehealth	Unknown	N/A	Children (7+), Teenagers, adults	Individual therapy	English	914-760-7091	susan@wagnerphd.com	www.wagnerphd.com
United States of America	Licensed in New York and New Jersey	Physical officie River Vale, NJ	Marianne	Grace Dunn	Licensed Psychologist	ERP, CBT, ACT	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmarianne.edu.nn.com
United States of America	New York	State Wide in telehealth	Ben	Eckstein	LCSW	ERP, CBT, ACT	Bull City Anxiety & OCD Treatment Center	In person and Telehealth	Yes, also licensed in North Carolina and Massachussetts	N/A	Adults	Individual therapy	English	+1(919) 808-2318	ben.eckstein@bullcityanxiety.com	www.bullcityanxiety.com
United States of America	New York	Schenectady	Klara Natalia	Granger	LCSW	N/A	N/A	In person and Telehealth	No	N/A	Adults, emphasis on LGBTQ population	Individual therapy	English	646 780 9322	socialworkgranger@gmail.com	www.mosaicmentalhealthcenter.com
United States of America	New York	Staten Island	Constance	J. Salhany	Profession Clinical Psychologist	ERP, CBT, ACT	Emmaus CBT DBA of Cognitive Therapy of Staten Island	In person and Telehealth	New Jersey, Connecticut, Florida	N/A	8 to 90 years old	Individual and group therapy	English	Intake coordinator Laura Mitchell (917) 818 5719 (M-F business hours)	info@cognitivetherapysci.com	www.cognitivetherapysci.com
United States of America	New York	New City	Lisa	Bander	LCSW	CBT	Private Practice	Telehealth	No	N/A	Adults	Individual therapy	English	(914) 980-6655	lisabanderlcsw@gmail.com	https://www.psychologytoday.com/us/therapists/lisabander-new-city-ny/67165
United States of America	New York	NA	Renee	Smucker	Ph.D., Licensed Psychologist	ERP, CBT	Maryland Parent Child Clinic, LLC	Telehealth	Maryland	N/A	All ages 2 years old +	Individual and family interventions	English	410-205-4928	info@marylandpcc.com	www.marylandpcc.com
United States of America	New York	Suffren	Rebecca	Holczer	Licensed Psychologist, PsyD	CBT	Center for Anxiety	In person and Telehealth	Psypact state	N/A	Adults	Individual therapy	English	845-533-2791	rholczer@centerforanxiety.org	www.centerforanxiety.org
United States of America	New Jersey	Princeton	Cara	Genbauffe	Psychologist	ERP, CBT, ACT	The Center for Emotional Health of Greater Philadelphia	In person in New Jersey and Telehealth	New York and PSYPACT states	N/A	Teenagers and adults	Individual therapy	English	(856) 220-9672	genbauffe@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com
United States of America	New York	NA	Shmaya	Krinsky	Licensed Psychologist, PsyD	ERP, CBT, ACT	Anxiety and Behavioral Health Psychotherapy	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider	N/A	Adults and teenagers	Individual therapy	English	201-564-5319	skrinsky@anxietybhp.com	www.anxietybhp.com
United States of America	New York	Hewlett	Deborah	Rosenberg	Ph.D.	ERP, CBT	Rosenberg Psychological Services, PLLC	In person and Telehealth	New Jersey and New-York	N/A	Adults and teenagers	Individual therapy	English	516-374-1015	drosenberg@drosenbergphd.com	drosenbergphd.weebly.com

New York																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New York	Rochester	Erica	L Pardi	Licensed Mental Health Counselor (LMHC)	ERP, CBT, ACT	Meridian Psychology Practice, PLLC	In person and Telehealth	Massachussetts	N/A	Adults	Individual therapy	English	585-201-8211	ericapardi@lmhc.com	https://www.meridianpractice.org/staff/ericapardi
United States of America	New York	N/A	Andrea	Gutiérrez-Glik	LCSW	ERP	Andrea Gutiérrez-Glik, LCSW LLC	Telehealth	Missouri and New-York	No	Adults	Individual therapy	English	(314) 742-7330	andreaglik@gmail.com	www.wagnerphd.com
United States of America	New York	N/A	Madeline	Moersch	LCSW	ERP, CBT, ACT	Westside OCD & Anxiety Center	In Person(LA) or Telehealth	California (Los Angeles)	Yes	Teenagers and adults	Individual therapy	English	(213) 461-0978	madeline@westsideocd.com	www.westsideocd.com
United States of America	New York	N/A	Sheri	Orr	Psychotherapist /LMHC/LPC	ERP, CBT	Integrative Psychotherapy, LLC	Telehealth	Arizona	No	Adults	Individual therapy	English	602-935-4445	SheriOrr@sheriorr.com	www.sheriorr.com
United States of America	New York	Statewide	Regina	Lazarovich	PhD (clinical psychologist)	ERP, CBT, ACT	Compass CBT	Telehealth	California and New York (statewide)	Yes	Adults	Individual therapy	English	347-735-9740	hello@CompassCBT.com	www.CompassCBT.com

NORTH CAROLINA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	North Carolina	Durham	Ben	Eckstein	LCSW	ERP, CBT, ACT	Bull City Anxiety & OCD Treatment Center	In person and Telehealth	Yes, also licensed in Massachusetts and New York	N/A	Adults	Individual therapy	English	+1(919) 808-2318	ben.eckstein@bullcityanxiety.com	www.bullcityanxiety.com
United States of America	North Carolina	N/A	Katie	Jones	LCSW	EPR	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	N/A	12 years old +	Individual therapy	English	617-383-7255	KatieJJoneslcsw@gmail.com	https://www.psychologytoday.com/us/therapists/katie-jones-redondo-beach-ca/727021
United States of America	North Carolina	N/A	Pérez	Mcgowan	Licensed Psychologist (Clinical)	ERP, ACT	McGowan Psychological Services, PLLC- Owner	in person (1-day peer week) & videoconferencing	PSYPACT states	N/A	Teenagers and adults	Individual therapy	English	919-241-7972	info@mcgowanpsych.com	www.mcgowanpsych.com
United States of America	North Carolina	Greenville	Kari	Cadmus	LCMHC, LCAS, NCC	ERP, CBT	Origins Counseling & Wellness, PLLC	In person and Telehealth	No	N/A	Adults	Individual therapy	English	252-220-0420	kari@originscw.com	https://originscounselingandwellness.com/
United States of America	North Carolina	Matthews	Leah	Barnes	LCMHCS	ERP, ACT	Ridgeline Counseling and Supervision, PLLC	Telehealth	South Carolina	N/A	Late teenagers and adults	Individual therapy	English	704-776-1632	Leah@RidgelineCAS.com	https://www.ridgelinecas.com/
United States of America	North Carolina	N/A	Allie	Wilson	Licensed Professional Counselor (LPC) MO license # 2003030551	ERP, CBT	Brave Steps Counseling, LLC	Telehealth	Missouri	No	Adults and teenagers 16+	Individual therapy	English	314-527-0846	llie@bravestepscounseling.com	bravestepscounseling.com

OHIO																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Ohio	Statewide/Dublin (Columbus area) beginning September 2022	Paul	Kitzmilller	Licensed Professional Counselor	ERP, ACT	Restoring Hope Counseling	Telehealth	Unknownn	N/A	Children 9 years and older, teenagers, adults	Individual therapy	English	937-303-7198	paul@restoringhopecc.com	https://www.psychologytoday.com/us/therapists/paul-kitzmilller-cincinnati-oh/795392
United States of America	Ohio and Virginia	Cincinnati	Mandy	Schweinfest	M.Ed., MS, LPCC	ERP	Upward You Counseling	Telehealth	Virginia and Ohio	N/A	Adults, Teens 15+	Individual therapy	English	513-440-5005	MandyMedMSLPCC@gmail.com	www.upwardYouCounseling.com
United States of America	Ohio	Mayfield Village	Teresa	Rogers	PhD, IMFT-S, LPCC-S	ERP	The Relationship Center of NE Ohio	In person and Telehealth	No	N/A	Adults 18+	Individual therapy	English	330-497-2452	teresa@therelationshipcenterofneohio.com	www.therelationshipcenterofneohio.com
United States of America	Ohio	N/A	Angela	Springer	LCSW	ERP, ACT	Calm Mind CBT	In person and Telehealth	Missouri, Illinois and Indiana	N/A	adults, teens, children	Individual therapy	English	314.669.4295	angela@calmmindcbt.com	www.calmmindcbt.com
United States of America	Ohio	Cleveland	Jinger	Kinner	MFT, LPCC	ERP, ACT	The Relationship Center of Northeast Ohio	In person and Telehealth	No	N/A	Adults	Individual therapy	English	330-497-2452	jinger@therelationshipcenterofneohio.com	https://www.therelationshipcenterofneohio.com/jinger-moore
United States of America	Ohio	Columbus	Lawrence	Needleman	Ph.D., ABPP, ACT	ERP, ACT	Columbus OCD and Anxiety	In person and Telehealth	PSYPACT STATES	N/A	Adults 18+	Individual therapy	English	614-858-5502	lawrenceneedleman@columbusanxiety.com	www.columbusanxiety.com
United States of America	Ohio	Perrysburg	Veronika	Spicer	Ph.D., Clinical psychologist	ERP, CBT, ACT	the Anxiety Treatment Center of Greater Toledo	In person and Telehealth	Telehealth in Michigan	N/A	Adults 18+	Individual therapy	English	419-931-3029	vspicer.phd@gmail.com	www.atctoledo.com

OKLAHOMA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Oklahoma	Tulsa	Sheenah	M. Weber	MA, LPC	ERP	The OCD Counseling Services of Tulsa, PLLC	In-person and Telehealth	Oklahoma only	N/A	Children, teenagers, adults	Individual therapy	English	(918)-921-8972	info@ocdtulsa.com	www.ocdtulsa.com
United States of America	Oklahoma	Oklahoma City	Thai-An	Truong	LPC, LADC	ERP	Lasting Change Therapy	Telehealth	Oklahoma only	N/A	Adults	Individual therapy	English	405-237-5782	thaian@lastingchangetherapy.com	www.lastingchange-therapy.com
United States of America	Oklahoma	Oklahoma City	Eunice	Melakayil	Licensed Professional Counselor	CBT, ACT	Serenity Found LLC	Telehealth	Oklahoma only	N/A	Adults	Individual therapy	English	405-294-2648	eunice@serenityfoundtherapy.com	www.serenityfound-therapy.com
United States of America	Oklahoma	Tulsa	Karen	Alonso	Licensed Marriage and Family Therapist	CBT, ERP	The OCD Counseling Services of Tulsa	Oklahoma (in person) California (Videoconferencing)	Oklahoma (in person) California (Videoconferencing)	N/A	Teenagers, adults	Individual therapy	English	(918) 236-0273	info@ocdtulsa.com	www.ocdtulsa.com
United States of America	Oklahoma	N/A	Cari	Whittenburg	LCSW	ERP, CBT, ACT	OCD Revolution, PLLC	Telehealth	Texas and Florida	Yes	Adults	Individual and group therapy	English	844-NO-MO-OCD	hey@ocdrevolution.com	ocdrevolution.com

OREGON																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Oregon	Tigard	Jenny	Labrousse	LPC	ERP, CBT	Willamette Anxiety Clinic	In person / Telehealth	No	N/A	Ages 15+	Individual therapy	English	503-825-0234	jenney@willametteanxietyclinic.com	willametteanxietyclinic.com
United States of America	Oregon	Portland	Andrea	Millen	Licensed Psychologist	ERP, ACT	Courageous Roots Institute	Telehealth	N/A	N/A	Adults 18+	Individual and group therapy	English	503-388-3433	andrea@courageous-roots.com	www.courageous-roots.com
United States of America	Oregon	Portland	Amy	Baker	LPC, LMFT	ERP	Portland Therapy Services, LLC	Telehealth	No	N/A	Children (10+), Teens, Adults, Families	Individual and Family therapy	English	503-897-0411	portlandtherapyservices@gmail.com	www.portlandtherapyservices.com
United States of America	Oregon	Protland	Sarah	Weber	LMHC, LPC, AT-P	ERP	Say With Sarah PLLC	Telehealth	Yes, washington	N/A	12+ (adolescents, teens, adults)	Individual and group therapy	English	971-394-3433	saywithsarah@protonmail.com	https://sarah-weber.org/
United States of America	Illinois, Oregon	State wide	Heather	Beller	LPC/LCPC	N/A	Love & Work Therapy, PLLC	Telehealth	Illinois, Oregon	N/A	Adults	Individual therapy	English	(872) 264-8220	Hello@HeatherBellerTherapy.com">Hello@HeatherBellerTherapy.com	https://heatherbellertherapy.com/

PENNSYLVANIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Pennsylvania (PA) and Maryland (MD)	Gettysburg	Shannon	Grimsley	LPC, LCPC	ERP, CBT, ACT	Standpoint Counseling Services	Telehealth	Pennsylvania, Maryland, Kentucky	N/A	Teenagers 13+, Adults	Individual therapy	English	717-850-3126	info@standpointcounseling.com	www.standpointcounseling.com
United States of America	Pennsylvania	City Camp Hill	Shannon	Weise	Profession-therapist/social worker	ERP, CBT, ACT	The Anxiety & OCD Treatment Center of Central Pennsylvania	In person and telehealth	Maryland and south carolina	N/A	Children, Adolescents, and Adults	Individual and group therapy	English	717-461-7933	shannon@isthisocd.com	www.isthisocd.com
United States of America	Pennsylvania	Pittsburgh	Libreta	Turner	LPC, NCC	ERP, CBT	Heart & Mind Counseling	In person and telehealth	West Virginia	N/A	Children and adults	Individual therapy	English	724-307-8022	lpcturner@gmail.com	https://heartandmindpqh.com/
United States of America	Pennsylvania	Pittsburgh	Liz	Vecenie	LCSW	ERP, CBT	Allegheny Mental Health Associates	In person and telehealth	No	N/A	Teenagers and adults	Individual therapy	English	412-967-5660 x870	Liz.vecenie@amha.hush.com	N/A
United States of America	Pennsylvania	Pittsburgh	Nicholas	R. Flower	Psychologist	ERP, CBT, ACT	OCD Spectrum	In person and telehealth	Yes PSYPACT states	N/A	Children and adults	Individual and group therapy	English	412 444-8776	info@ocdpittsburgh.com	www.ocdpittsburgh.com
United States of America	Rhode Island and Pennsylvania	N/A	Kelly	Fallon	LMHC, LPC	ERP, ACT	Rivers and Rhodes Counseling, LLC	Telehealth	Rhode Island and Pennsylvania	N/A	Adults	Individual therapy	English	Contact by email only	kellyf@riversandrhodes.org	N/A
United States of America	Pennsylvania	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	ERP, CBT, ACT	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia, Pennsylvania	N/A	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Pennsylvania	Pittsburgh	Amy	DeMario	LCSW	ERP, CBT, ACT	Allegheny Mental Health Associates (AMHA)	In person and telehealth	No	Yes	Teenagers and adults	Individual therapy	English	412-967-5660 ext. 854	amydemario@amha.hush.com	www.amha4u.com
United States of America	Pennsylvania	Royersford	Sandra	Puckett	Licensed Professional Counselor (LPC), Licensed Behavior Specialist (LBS)	ERP, CBT, ACT	Hope Heart Momentum, LLC Therapy Services	In person and telehealth	No	No	Teenagers and adults	Individual therapy	English	484-501-4836	sandra@hopeheartmomentum.com	www.hopeheartmomentum.com
United States of America	Pennsylvania	Pittsburgh	Michael	Parker	LCSW	ERP, CBT, ACT	The Center for OCD and Anxiety	In person and telehealth	No	No	Teenagers and adults	Individual therapy	English	412-357-6150	mparker@pittsburghocdtreatment.com	https://pittsburghocdtreatment.com/

RHODE ISLAND																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Rhode Island and Pennsylvania	N/A	Kelly	Fallon	LMHC, LPC	ERP, ACT	Rivers and Rhodes Counseling, LLC	Telehealth	Rhode Island and Pennsylvania	N/A	Adults	Individual therapy	English	Contact by email only	kellyvf@riversandrhodes.org	N/A

South Carolina																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	South Carolina	Lexington	Nora	Sinclair	LPC, NCC	ERP, CBT	N/A	In-person and Telehealth	South Carolina only	N/A	Unknownn	Individual therapy	English	803-728-1168	nora@norasinclair.com	www.norasinclair.com
United States of America	South Carolina	Charleston	Kari	W. Saul	LPC	ERP, ACT	Blue Sky Counseling LLC	In person	South Carolina only	N/A	Adults 18+	Individual therapy	English	843-730-4613	kari@blueskycounselingsc.com	blueskycounselingsc.com
United States of America	South Carolina	City Camp Hill	Shannon	Weise	Profession-therapist/social worker	ERP, CBT, ACT	The Anxiety & OCD Treatment Center of Central Pennsylvania	In person and telehealth	Maryland and Pennsylvania	N/A	Children, Adolescents, and Adults	Individual and group therapy	English	717-461-7933	shannon@isthisocd.com	www.isthisocd.com
United States of America	South Carolina	Columbia	Virginia	Cooper	Clinical Psychologist, licensed psychologist, PhD	ERP, ACT	Carolina Center for Anxiety and OCD	In-person and Telehealth	South Carolina only	N/A	Ages 16+	Individual therapy	English	803-877-6151	ccanxietyocd@gmail.com	https://carolinacentranxietyocd.clientsecure.me/

SOUTH DAKOTA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	South Dakota	N/A	Jenny	Matthews	LMFT, LADC	ERP	State of Mind Therapy	Telehealth	Minnesota	N/A	Children, adults	Individual therapy	English	952-529-4741	jenny@stateofmindtherapy.com	stateofmindtherapy.com
United States of America	South Dakota	N/A	Leela	Gerhenson	LPC	ERP	Leela Gershenson Counseling	Telehealth	Florida, Virginia	N/A	16 years old +	Individual therapy	English	305-792-8560	leelag@acceptancelifecounseling.com	https://www.leelagcounseling.com

TENNESSEE																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Tennessee	Nashville	Amy	Mariaskin	Clinical Psychologist	ERP, CBT, ACT	Nashville OCD & Anxiety Treatment Cente	In person and telehealth	No	N/A	Children, Teenagers, Adults	Individual therapy	English	615-412-1155	info@ocdnashville.com	www.ocdnashville.com
United States of America	Tennessee	Nashville	Kiesa	Kelly	Psychologist	ERP, CBT, ACT	ScienceWorks Behavioral Healthcare	Telehealth	No	N/A	Adults	Individual therapy	English	931-223-1095	kiesa.kelly@scienceworkshealth.com	www.scienceworkshealth.com

TEXAS																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Texas	Lewisville	Jaycie	Osborne	LPC-Associate, Supervised by Shannon Dusza, LPC-S	ACT, ERP	Engage to Change Counseling	In person and telehealth	No	N/A	Teenagers, Adults	Individual therapy	English	469-389-1123	ihello@engagetochangecounseling.com	https://www.engagetochangecounseling.com
United States of America	Texas	Decatur	Cari	Whittenburg	Licensed Clinical Social Worker (LCSW)	ERP, ACT	Take Heart Therapy + Coaching, PLLC	In person and telehealth	No	N/A	Teenagers (16+), Adults	Individual therapy	English	(940) 539-3200	hello@letstakeheart.com	www.letstakeheart.com
United States of America	Texas	Houston	Eeva Karoliina	Edds	Licensed Professional Counselor	ERP, ACT	Houston Center for Valued Living	Telehealth	No (Finland)	N/A	All ages	Individual and group therapy	English and Finnish	713-331-5538 ext. 4	eeva@hcfvl.com	https://www.houstoncenterforvaluedliving.com/
United States of America	Texas	Flower Mound	Cyra	Crouch	M.Ed., LPC, PMH-C	CBT	Cyra Crouch Counseling & Wellness	In person and telehealth	No	N/A	Teenagers, Adults	Individual and group therapy	English	281-595-8193	cyracrouch@gmail.com	www.cyracrouch.com
United States of America	Texas	N/A	Roxanne	Nowak	LPC, LMFT	ERP, CBT, ACT	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Florida, Delaware	N/A	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindscounseling.com	https://heartfullmindscounseling.com
United States of America	Texas	N/A	Lisa	Wright	LCSW, MSW, MAT	ERP, CBT	Heart of Texas Therapy Services PLLC	Telehealth	No	N/A	Ages 12-100	Individual therapy	English	979-406-5808	Lisa@heartoftxttherapy.com	www.heartoftxttherapy.com
United States of America	Texas	San Antonio	Brittany	Hudson	PhD, LPC	ERP, ACT	Heights Family Counseling	In person and telehealth	No	No	Adults	Individual therapy	English	(210) 750-3148	brittanyhudson@heightsfamilycounseling.com	https://tinyurl.com/drbrithudson
United States of America	Texas	Denton and Flower Mound	Adam	Sandlin	LPC, BTTI and certified biblical counselor	ERP, CBT, ACT	Covenant Christian Counseling	In person and telehealth	No	No	Adults	Individual and couple therapy	English	(469) 635-2200 or (940) 268-4909	adam@covenantbiblicalcounseling.com	https://covenantbiblicalcounseling.com/
United States of America	Texas	N/A	Nicole	Williams	LCSW	ERP	N/A	Telehealth	Florida	N/A	Adults	Individual therapy	English	352-631-8341	email@nicolewilliamslicsw.com	https://www.psychologytoday.com/us/therapists/nicole-j-williams-spring-hill-fl/1050695
United States of America	Texas	N/A	Cari	Whittenburg	LCSW	ERP, CBT, ACT	OCD Revolution, PLLC	Telehealth	Oklahoma and Florida	Yes	Adults	Individual and group therapy	English	844-NO-MO-OCD	hey@ocdrevolution.com	ocdrevolution.com

UTAH																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Utah	N/A	Amanda	Gibb	LCSW	ERP, ACT	Godwin Counseling	Telehealth	Yes in Idaho, Wyoming and Utah	N/A	Adults and Children	Individual therapy	English	385-350-0171	godwincounseling1@gmail.com	godwincounseling.com
United States of America	Utah	N/A	Sarah	Hunter	LCSW	ERP, ACT	Wasatch Family Therapy	In person and Telehealth	Idaho	N/A	16 years old +	Individual therapy	English	801-477-0835	SarahHunterLCSW@gmail.com	https://sarahhunterlcsw.com/ and https://wasatchfamilytherapy.com/sarah-hunter

VERMONT																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Vermont	N/A	Phoebe	Manchester	Clinical Mental Health Counselor	ERP, CBT, ACT	Treadwell Counseling, PLLC	In person and telehealth	Massachussetts and New Hampshire	N/A	Teenagers and adults	Individual therapy	English	603-276-0721	phoebe@treadwellcounseling.com	treadwellcounseling.com
United States of America	Vermont	N/A	Roxanne	Nowak	LPC, LMFT	ERP, CBT, ACT	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Floride, Delaware	N/A	Adults	Individual therapy	English	Please text or leave vm - 715- 255-0530	RoxanneNowak@heartfullminds counseling.com	https://heartfullminds counseling.com

VIRGINIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Virginia	Charlottesville	Leela	Gerhenson	LPC	ERP	Leela Gershenson Counseling	Telehealth	South Dakota, Florida	N/A	16 years old +	Individual therapy	English	305-792-8560	leelag@acceptancelifecounseling.com	https://www.leelagcounseling.com
United States of America	Virginia	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	ERP, CBT, ACT	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia	N/A	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Virginia	Bethesda	Melissa	Murphy	psychotherapist /licensed clinical social worker/LCSW-C	ERP, CBT, ACT	Bethesda Therapy LLC	Telehealth	Maryland, Washington DC, Virginia	N/A	12+	Individual therapy	English	240.389.0027	Melissa@wearebethesdatherapy.com	www.wearebethesdatherapy.com
United States of America	Virginia	Harrisonburg	Jen	Viola	LPC	CBT	Viola Counseling LLC	Telehealth	No	N/A	Adults 18-60	Individual therapy	English	5405023681	iviolaipc@gmail.com	https://headway.co/providers/jen-viola
United States of America	Virginia	N/A	Karen	Coad	LCSW	ERP, ACT	Dr. Emma Basch and Associates	in-person (Dupont Circle) and telehealth	Washington, Florida, Virginia and Maryland	N/A	Adults	Individual therapy	English	703-672-0232	karen.coad@dremmbasch.com	https://dremmbasch.com/karen
United States of America	Virginia	N/A	Jennifer	Oh	Psy.D, Licensed Psychologist	ERP, ACT	Relational-Cultural Counseling	Telehealth	Mayland and Virginia	N/A	Tennagers, adults, elderly	Individual therapy	English and Korean	678-544-2088	dr.jenn@ohpsychologist.com	ohpsychologist.com
United States of America	Washington	District of Columbia	Maryam	Khatami	LCSW	ERP, CBT, ACT	National Anxiety and OCD Treatment Center	In-person and Telehealth	Virginia	Yes	Children, teenager, adults	Individual therapy	English	202-249-7389	mkhatami@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Virginia	Harrisonburg	Crystal	Horning	LPC	None	Crystal Horning, LPC, PLLC	In person	No	No	Adults	Individual therapy	English	540-315-1890	Crystal.lpc@crystalhorning.com	Http://Crystalhorning.com

WASHINGTON																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Washington	Unknown	Melissa	Hadfield	LICSW	ERP, ACT	N/A	Telehealth	Washington State only	N/A	Unknownn	Individual therapy	English	Unknown	melissa@hadfieldlicsw.org	www.seattleoodc.com
United States of America	Washington	Greater Seattle Area/Belle vue/Samm amish	Michele	Loewy	MS, LMFT	ERP, ACT, CBT	Eastside Modern Family Therapy	Telehealth	SPACE groups across state lines	N/A	Unknown	Individual therapy	English	425-202-5985	therapy@eastsidemodernfamily.com	www.eastsidemodernfamily.com
United States of America	Washington	Statewide	Theresa	C.	MSSW, LICSW	ERP, ACT	Olympic OCD Services	Telehealth	Washington and Pennsylvania	N/A	Adults	Individual therapy	English	360-565-6216	Theresa@OlympicOCD.com	www.OlympicOCD.com
United States of America	Washington	Seatte	Christine	Cuhacyan	MA, LMHC	ACT, CBT	Envision Counseling & Healing Place Seattle	In-person and Telehealth	Unknown	N/A	Adults (18+)	Individual therapy	English	206-858-1177 x181	christine@envisioncounseling.net	EnvisionCounseling.net and HealingPlaceSeattle.com
United States of America	Washington	Tacoma	Quyen	B. Nguyen	Licensed Psychologist	ERP	PNW Happy Healthy, PLLC	In person and telehealth	Hawaii and PSYPACT states	N/A	Adults 18+	Individual therapy	English	(253)785-9367	admin@heydrq.com	https://www.heydrq.com
United States of America	Washington and Texas	Gig Harbor, WA, Harker Heights, TX	Lauren	Spencer	Licensed Marriage and Family Therapist	ACT, ERP	Hope Rekindled Counselin	Telehealth	Washington and Texas	N/A	College age up individuals, and couples	Individual therapy	English	(206)552-9280	lauren@hoperekindledcounseling.com	https://www.hoperekindledcounseling.com/
United States of America	Washington	Spokane	Sarah	Weber	LMHC, LPC, AT-P	ERP	Say With Sarah PLLC	Telehealth	Yes, washington	N/A	12+ (adolescents, teens, adults)	Individual and group therapy	English	971-394-3433	saywithsarah@protonmail.com	https://sarah-weber.org/
United States of America	Washington	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	ERP, CBT, ACT	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia	N/A	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Washington	Bellingham	Katharine	Botelle Wolhart	Child and Family therapist	ERP, ACT	Katharine Botelle Wolhart PLLC (private practice)	In-person and Telehealth	No	N/A	Children/youth/young adults (ages 6-25 years old) and their families	Individual and family therapy	English	360-926-5647	kbwolhart@gmail.com	https://meetmonarch.com/therapist/katharine-botelle-wolhart-llc-behavioral-health-therapist-bellingham-wa
United States of America	Washington	Tacoma	Sarah	Beck	Mariage and Family therapist	ERP, ACT	Balanced Roots Therapy	In-person and Telehealth	No	N/A	Children, Teenagers and adults	Individual therapy	English	(253) 888-5617	info@balancedrootstherapy.com	https://www.balancedrootstherapy.com

WASHINGTON																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Washington	Bethesda	Melissa	Murphy	psychotherapist /licensed clinical social worker/LCSW-C	ERP, CBT, ACT	Bethesda Therapy LLC	Telehealth	Maryland, Washington DC, Virginia	N/A	12+	Individual therapy	English	240.389.0027	Melissa@wearebethesdatherapy.com	www.wearebethesdatherapy.com
United States of America	Washington	Tacoma	Jennifer	Huntting	MA, LMHCA	ERP, ACT	The Mountain Is Out Therapy PLLC	In-person and Telehealth	No	N/A	Adults	Individual therapy	English	253-265-4338	hello@themountainisouththerapy.com	www.themountainisouththerapy.com
United States of America	Washington	District of Columbia	Karen	Coad	LCSW	ERP, ACT	Dr. Emma Basch and Associates	in-person (Dupont Circle) and telehealth	Washington, Florida, Virginia and Maryland	N/A	Adults	Individual therapy	English	703-672-0232	karen.coad@dremmabasch.com	https://dremmabasch.com/karen
United States of America	Washington	District of Columbia	Maryam	Khatami	LCSW	ERP,CBT, ACT	National Anxiety and OCD Treatment Center	In-person and Telehealth	Virginia	Yes	Children, teenager, adults	Individual therapy	English	202-249-7389	mkhatami@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Washington	Washington	Hannah	Ehrenzeller	LPC, NCC	CBT	Exploring Compassion	Telehealth	No	No	Adults	Individual therapy	English	202-748-1442	h.ehrenzeller@exploringcompassion.com	https://www.psychologytoday.com/us/therapists/hannah-ehrenzeller-washington-dc/1228576
United States of America	Washington	Seattler	Brittany	King	Psychotherapist : Psy.D. LMHC	ERP, CBT	Brittany King EMDR and Counseling Services	In-person and Telehealth	No	Yes	Children, teenager, adults	Individual and group therapy	English	Na	brittanychristineking@gmail.com	https://secure.helloalma.com/account/public

West Virginia																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	West Virginia	N/A	Libreta	Turner	LPC, NCC	ERP, CBT	Heart & Mind Counseling	In person and telehealth	Pennsylvania	N/A	Children and adults	Individual therapy	English	724-307-8022	lpcturner@gmail.com	https://heartandmindpgh.com/

WISCONSIN																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Wisconsin	Pewaukee	Kelley	Steeves	LPC-IT	ERP, ACT, CBT	Lighthouse Counseling	In person and telehealth	No	N/A	Adults (18+)	Individual therapy	English	1-262-462-0848	kelly.steeves@lighthousecounselors.com	https://www.lighthousecounselors.com/
United States of America	Wisconsin	N/A	Roxanne	Nowak	LPC, LMFT	ERP, ACT, TF-CBT	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Floride, Delaware	N/A	Adults	Individual therapy	English	Please text or leave vm - 715- 255-0530	RoxanneNowak@heartfullminds counseling.com	Https://heartfullminds counseling.com

International References																
Countrys	Region/ States	Cities	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided Internationally	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United Kingdom	Oxfordshire	Oxford	Claire	Vickers	Cognitive behavioural therapist (BACP accredited)	ERP, CBT	Private practice	In person and telehealth	All europeans countries	N/A	Adults	Individual therapy	English	N/A	clairevickerscbt@gmail.com	clairevickerscbt.co.uk/
United Kingdom	Wales	Near Cardiff and Swansea	Andrea	Prevett	Clinical psychologist	ERP, CBT, ACT	Vale Coast Psychology	In person and telehealth	Yes, online only	N/A	Adults	Individual therapy	English	+44 7789915114	andrea@valecoast.co.uk	www.valecoast.co.uk
United States of America	Massachusetts	Newton	Francis (Fran preferred)	Kuehn	Licensed Independent Clinical Social Worker	ERP, CBT, ACT	Fran Kuehn LICSW, M.Ed. A-CBT	In person and telehealth	Yes, by arrangments only Canada and Israel	N/A	Children and adults	Individual and group therapy	English	(617) 564-3687	Frankuehn@gmail.com	www.frankuehn.com
INDIA	TamilNadu	N/A	Abby	Muthu	Clinical Psychologist/Therapist	ERP, CBT, ACT	N/A	Telehealth	Yes, internationally	N/A	Adults and children	Individual and group therapy	English,Tamil ,Telugu	91 9342786922	Abhimuthuyk@gmail.com	https://www.ocdglobalththerapy.com/
Lebanon	Beirut	Hadath	Lea Mia	Asfour	Licensed Clinical Psychologist	ERP	N/A	In person and Telehealth (worldwide)	Yes, internationally online	N/A	Late teens and adults	Individual therapy	English,Arabic	+961 71817051	lma@leamiaasfour.com	leamiaasfour.com
Australia	All states, online provider	All capital cities	Shane	Curley	Clinical Psychologist	ERP, ACT	Flexible Psychology	Telehealth only	Yes, all countries except USA and Canada	N/A	Adults (18+)	Individual therapy	English	N/A	shane@flexiblepsychology.com	www.flexiblepsychology.com