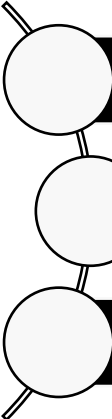


## Highlight 2.11

### Key Learning Points

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- The feared possible self in OCD is a disturbing, imagined identity created by inferential confusion, appearing plausible despite being unreal.
  - OCD's feared self reflects self-doubt, embodying qualities the individual fears but does not truly possess.
  - OCD targets vulnerable self-themes—areas of personal significance—to amplify obsessions, making certain fears feel deeply compelling and impactful.