

Table 1.4

Obsessions About Contamination

Fears about acquiring germs or viruses through common interactions, such as shaking hands, touching doorknobs, or handling surfaces in public spaces, fear potential contamination from animals and insects, including bats, lice, ticks, birds, worms, dogs, spiders, flies, and cats, apprehension about asbestos, radon exposure or other hazardous substances, fear of coming into contact with animal products like eggs or feces, fearing transmission of diseases or parasites, fear of coming into contact with animal products like eggs or feces, fearing transmission of diseases or parasites, fear of bodily fluids such as urine, feces, semen, or vaginal secretions, fear of sticky substances or objects that could trap contaminants, contracting specific diseases like HEP C, HIV, MERS, SARS, E-Coli, Botulism, or Meningitis due to contamination, fear of ingesting certain foods perceived as contaminated, fear of being exposed to chemicals such as lead, pesticides, mold, or toxic substances in cleaning products.

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