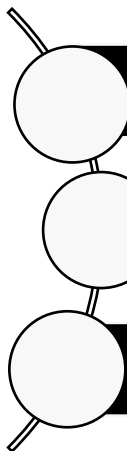


Highlight 3.4
Key Learning Points

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- Emotional reactions and compulsions follow from the obsessional doubt and its imagined consequences.
 - Emotional reactions can take many different forms depending on the content of the doubt and its feared consequences.
 - Without the obsessional doubt, there would be no feelings of uncertainty, distress, or urge to engage in compulsions.

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