

OCD Trick Observation Form: Unchecked and Boundless Imagination

Condensed Primary Doubt

Subcomponent One — Over-relying on Hypothetical Possibilities

1. _____
2. _____
3. _____
4. _____
5. _____

Subcomponent Two — Imaginary Visual Sequences

1. _____
2. _____
3. _____
4. _____
5. _____

Subcomponent Three: Manipulated Reasoning Pathways

1. _____
2. _____
3. _____
4. _____
5. _____