

OCD Trick Observation Form: Misapplied Reality and Artificial Relevance

Condensed Primary Doubt

---

**Subcomponent One — Selective Use of Facts and Authorities**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**Subcomponent Two — False Equivalencies and Associations**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_

**Subcomponent Three: Misapplied Experience, Beliefs and Values**

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_