

Diagram 9.1

Examples of Reliance on Outer Sense Information in Everyday Situations

Situation/Activity

Taking Out The Dishes

- **Hearing** the beep and **seeing** the display tells me the washing cycle has ended.
- If I **see** or **feel** that any dishes that are still wet, I use a dishtowel to dry them.
- If I **notice** any dishes that still have food stains on them, then I clean them by hand.
- If I **see** and **feel** they are dry and clean I put them away.
- When I **see** the dishwasher is empty, I know I have properly completed the task.

Situation/Activity

Feeding the Dog

- **Noticing** my dog and **seeing** the time, tells me it's time to feed the dog.
- If I **see** it has not yet expired, I open up a can of dog food.
- If I **smell** that the food inside is fresh, I put it in the dog bowl..
- If I **see** the dog being fussy, I'll add some meat to the mix.
- When I **see** her eating with excitement, I know I have completed the task.

Situation/Activity

Mailing a Cheque

- **Seeing** everything filled out on the cheque tells me it's ready to be mailed.
- I **see** myself putting the cheque inside an envelope, then I know it is inside.
- If I seal the envelope and **feel** it sticks, I know it's closed.
- If I **see** it is not sticking, I use some tape instead.
- When I **see** the envelope fall down into the mail slot, I know I have completed the task.