

AUSTRALIA

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

Please note that we cannot guarantee the availability of the psychologists mentioned below and that the current list does not represent the endorsement of any particular therapist. The information presented below is subject to change, so we cannot guarantee its accuracy at all times. We invite you to contact the professionals listed below for more information. If you are health professional providing I-CBT and wish to be added to this list, please visit the website icbt.online and send us your request through the Contact Page.

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Australia	New South Wales	Canberra City	Victoria	Carr	Psychologist	CBT	N/A	Telehealth only	Yes	N/A	Adults (18+)	Individual therapy	English	(02) 6195 – 0871	victoria.carr@yahoo.com.au	Unknown
Australia	New South Wales	Sydney	Kelvin	Wong	Clinical Psychologist, Lecturer/Assistant Professor	CBT; ERP	SFW Psychology, La Trobe University	In person and telehealth	Yes	N/A	Teenagers and adults	Individual therapy	English	N/A	sfwpsychology@gmail.com	Unknown
Australia	Victoria	Melbourne	Yael	Clark	Educational & Developmental Psychologist	ACT	N/A	In person and telehealth	Australia-wide	N/A	Parents and childrens	Individual therapy	English	N/A	yael@supportingparents.com.au	www.yaelclark.com.au
Australia	Victoria	Melbourne	Naomi	Newton	Clinical Psychologist	ACT, ERP, CBT	N/A	In person and telehealth	Yes	N/A	Children, Teens, Adults	Individual therapy	English	N/A	info@newtonpsychology.com.au	www.naominewton.com
Australia	New South Wales	Kiama	David	Cooper	Clinical Psychologist	ACT, ERP, CBT	Cooper Psychology	In person and telehealth	Yes	N/A	Teenagers and adults	Individual therapy	English	(02) 4250 1080	admin@davidcooper.com.au	https://davidcooper.com.au
Australia	New South Wales	N/A	Jessica	Budge	Psychologist	ACT, ERP, CBT	The Anxiety clinic	In person and telehealth	Yes	N/A	Children, Teens, Adults	Individual and group therapy	English	(02) 9389 3339	hello@theanxietyclinic.com.au	theanxietyclinic.com.au
Australia	All states, online provider	All capital cities	Shane	Curley	Clinical Psychologist	ERP, ACT	Flexible Psychology	Telehealth only	Yes	N/A	Adults (18+)	Individual therapy	English	N/A	shane@flexiblepsychology.com	www.flexiblepsychology.com
Australia	South australia	Adelaide	Michelle	Wharton	Clinical and Forensic Psychologist	CBT, ERP	Surf Your Mind	Telehealth only	Australia-wide	N/A	Adults (18+)	Individual therapy	English	61 430 952 472	michelle@surfyourmind.com	www.surfyourmind.co
Australia	South australia	Adelaide	Cassie	Lavell	Clinical Psychologist	ERP, CBT	Centre for Anxiety and OCD	Telehealth only	Yes	Yes	Teenagers and adults	Individual therapy	English	07 5681 0775	cassie@caogoldcoast.com	www.caogoldcoast.com

CANADA

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ALBERTA

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Adress	Email	Website
Canada	Alberta	Calgary	Celine	Warawa	Registered Provisional Psychologis	N/A	Supporting Wellness	In person and telehealth	No	N/A	Teenagers; Adults	Individual therapy	English	1-888-622-8350	8989 Macleod Trail SW #409, Calgary, AB T2H 0M2	celine@supportingwellness.com	N/A
Canada	Alberta	Calgary	James	Murch	Psychologist	ERP, CBT	Grey Matter Psychology	In person and telehealth	No	N/A	Childrens; Teenagers; Adults	Individual therapy	English	587-441-5024	1207 11 Ave S.W. Suite 640 Calgary AB T3C 0M5	info@greymatterpsychology.ca or james@greymatterpsychology.ca	greymatterpsychology.ca

British Columbia

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Canada	Ontario and British Columbia	Toronto	Marlene	Taube-Schiff	Registered Psychologist	CBT, ERP, ACT	Forward Thinking Psychological Services	Telehealth	Ontario and British Columbia	N/A	Teenagers; Adults	Individual therapy	English	N/A	Info@ftpsych.ca	www.ftpsych.ca
Canada	British Columbia	North Vancouver and Virtual	Gabriela	Ionita	Registered Psychologist	ERP, ACT	Nova Mental Health	In person / Telehealth	No	N/A	Childrens, teens, adults	Individual therapy	English and Romanian	604-721-6195	dr.gionita@novamentalhealth.ca	https://www.novamentalhealth.ca/
Canada	British Columbia	N/A	Karmen	Tuivai	LCSW	ERP, ACT	Magnolia Tree Counseling	Telehealth	No	No	Adults	Individual therapy	English	801 319 9156	karmen@magnoliatreecounseling.com	www.magnoliatreecounseling.com

Manitoba

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Canada	Manitoba	Winnipeg	Sharna	Kelly	Counselling therapist	EPR	Private practice	Telehealth and in person	depends on regional regulation	N/A	Adults	Individual therapy	French	204-333-2425	skellycounselling@gmail.com	www.sharnakelly.com

NEW BRUNSWICK

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Canada	New Brunswick	NA	Anna	Scetinina	MACP, RP	ACT, ERP, CBT	Turning Point Psychological Services	Telehealthw	Quebec, New Brunswick, Nova Scotia, Nunavut	Yes	Children, teenagers, adults	Individual therapy	Russian, English	(647) 444 6030	N/A	inquiries@turningpointpsychology.ca
Canada	New Brunswick	NA	Mandy	Taylor	MA, C.Psych, Psychologist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	New Brunswick	NA	Bevlyn	Hetz	MACP, Registered Psychotherapist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	New Brunswick	NA	Sarah	Yakubov	MACP, Registered Psychotherapist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	New Brunswick	NA	Anna	Scetinina	MACP, Registered Psychotherapist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/

Nova Scotia

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Canada	Nova Scotia	NA	Anna	Scetinina	MACP, RP	ACT, ERP, CBT	Turning Point Psychological Services	Telehealthw	Quebec, New Brunswick, Nova Scotia, Nunavut	Yes	Children, teenagers, adults	Individual therapy	Russian, English	(647) 444 6030	N/A	inquiries@turningpointpsychology.ca
Canada	Nova Scotia	NA	Mandy	Taylor	MA, C.Psych, Psychologist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Nova Scotia	NA	Bevlyn	Hetz	MACP, Registered Psychotherapist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Nova Scotia	NA	Sarah	Yakubov	MACP, Registered Psychotherapist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Nova Scotia	NA	Anna	Scetinina	MACP, Registered Psychotherapist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/

NUNAVUT

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Canada	Nonavut	NA	Anna	Scetinina	MACP, RP	ACT, ERP, CBT	Turning Point Psychological Services	Telehealthw	Quebec, New Brunswick, Nova Scotia, Nunavut	Yes	Children, teenagers, adults	Individual therapy	Russian, English	(647) 444 6030	N/A	inquiries@turningpointpsychology.ca

Ontario

Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Adress	Email	Website
Canada	Ontario	Toronto	Touraj	Amiri	Clinical psychologist	EPR, CBT	CBT Associates	Telehealth	No	N/A	Adults (18+)	Individual therapy	English	416-363-2644	CBT Associates, 181 University Ave, Suite 1101, Toronto, ON M5H 3M7	DrAmiri@CBTAssociates.com	N/A
Canada	Ontario	Hamilton	Deborah	Birkett	Registered Psychotherapist	ERP	Sanctuary Psychotherapy	Telehealth	No	N/A	Adults (18+)	Individual therapy	Engsih	289-382-9103	N/A	deborah@sanctuarypsychotherapy.ca	https://sanctuarypsychotherapy.ca/
Canada	Ontario	Toronto	Sarah	Houazene	Clinical psychologist Ph.D.	ERP, ACT	esse therapy	In person and Telehealth	No	N/A	Children and adults	Individual therapy	English, French	(647) 255-8196	2 St. Clair Ave W, 18th Floor, M4V 1L5, Toronto, Ontario	drhouazene@esstherapy.ca	www.esstherapy.ca
Canada	Ontario	Ottawa	Nathalie	Freyner	PhD, C.Psych (clinical psychologist)	ERP, CBT	Anxiety Ottawa	Telehealth	Yes Ontario and Québec	N/A	Adults	Individual therapy	English, French	613-981-9228	N/A	N/A	https://www.anxietyottawa.com/our-therapists
Canada	Ontario	Greater Toronto Area, Durham Region	Nathania	Lukman	Occupational Therapist - OT Reg. (Ont.), Psychotherapist	ACT, ERP, CBT	Valued Living Therapy Services	In community and Telehealth	No	N/A	Adults	Individual therapy	Engsih	(289) 806-9270	N/A	nathania.valuedlivingOT@gmail.com	www.valuedlivingtherapy.ca
Canada	Ontario	Toronto	Alannah Alexandra	Care	Registered Psychotherapist	ERP, CBT	Balanced Mind and Wellness Inc.	In person and Telehealth	No	N/A	Children (10+) and adults	Individual therapy	English	416-232-2780	N/A	alannah@balancedmindandwellness.com	www.etobicokepsychotherapy.com
Canada	Ontario	Toronto	Glenda	Carman-Gray	Registered Social Worker (RSW) and Psychotherapist	ACT, ERP, CBT	Therapy On Yonge - OCD and Anxiety Treatment	In person and Telehealth	No	N/A	Adults (18+)	Individual therapy	English	647.492.4610	N/A	glendacgray@gmail.com	glendacarmangray.com &/or therapy onyonge.ca
Canada	Ontario and British Columbia	Toronto	Marlene	Taube-Schiff	Registered Psychologist	ACT, ERP, CBT	Forward Thinking Psychological Services	Telehealth	Ontario and British Columbia	N/A	Teenagers; Adults	Individual therapy	English	N/A	Practice is virtual - both Ontario and BC	Info@ftpsych.ca	www.ftpsych.ca
Canada	Ontario	Toronto/Barrie	Emina	Hendricks	Registered Psychotherapist	CBT	CareWay Counselling	Telehealth	Maybe - depends on region's regulation re: psychotherapy	N/A	Adults	Individual therapy	English, French	416-994-4621	N/A	emina@careway.ca	www.careway.ca
Canada	Ontario	Toronto	Anna	Soetinina	MACP, RP	ACT, ERP, CBT	Turning Point Psychological Services	Telehealthw	Quebec, New Brunswick, Nova Scotia, Nunavut	Yes	Children, teenagers, adults	Individual therapy	Russian, English	(647) 444 6030	N/A	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca https://www.annasoetinina.com

Ontario

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Canada	Ontario	Toronto	Rixi	Abrahamsohn	Ph.D., C.Psych., Psychologist	EPR, CBT, ACT	The Therapy Centre	In person/ Telehealth	No	No	Adults (18+)	Individual therapy	English	289-291-0205	info@thetherapycentre.ca dr.abrahamsohn@thetherapycentre.ca	https://thetherapycentre.ca/toronto-clinicians/
Canada	Ontario	NA	Mandy	Taylor	MA, C.Psych, Psychologist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Ontario	NA	Bevlyn	Hetz	MACP, Registered Psychotherapist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Ontario	NA	Sarah	Yakubov	MACP, Registered Psychotherapist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Ontario	NA	Anna	Scetinina	MACP, Registered Psychotherapist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/

Québec																
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Canada	Québec	Longueuil	Alain	Janelle	Psychologist	Unknown	N/A	Unknown	Unknown	N/A	Teenagers; Adults	Individual therapy	French	514-757-8743	Unknown	Unknown
Canada	Québec	Sainte-Thérèse	Dominic	Julien	Psychologist	Unknown	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French; English	450-434-7531	Unknown	Unknown
Canada	Québec	Saint-Jérôme	Vicky	Leblanc	Psychologist	Unknown	N/A	Unknown	Unknown	N/A	Childrens; Teenagers; Adults	Individual therapy	French	450-438-3838	Unknown	Unknown
Canada	Québec	Unknown	Valérie	Leblanc	Psychologist	ERP, CBT	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French; English	418-558-1748	v.leblanc.psy@hotmail.com	Unknown
Canada	Québec	Sainte-Foy	Éliane	Léger	Psychologist	Unknown	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French	581 300-4457	Unknown	www.cliniquepsycho logiequebec.com
Canada	Québec	Pointe-Lebel	Caroline	Paré	Psychologist	ERP	N/A	Unknown	Unknown	N/A	Teenagers; Adults	Individual therapy	French	819 816-1865	cliniqueneuromulti@gmail.com	Unknown
Canada	Québec	Montréal	Marie-Claude	Pélissier	Psychologist	Unknown	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French; English	514-575-2644	Unknown	Unknown
Canada	Québec	Québec	Amélie	Pelletier	Psychologist	ERP, CBT	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French	418-204-4888	ameliepelletier.psy@gmail.com	Unknown
Canada	Québec	NA	Sylvie	Perron	Psychologist	ERP	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French	Unknown	sylvieperronpsy@gmail.com	Unknown
Canada	Québec	Laval	Alisson	Poirier-Arbour	Psychologist	ACT, ERP, CBT	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French	438-777-9512	Unknown	Unknown
Canada	Québec	Trois-Rivières	Sophie	Robillard	Psychologist	Unknown	Clinique de services en psychologie de Trois-Rivières	Unknown	Unknown	N/A	Unknown	Individual therapy	French	1 855 371-2835; 819 247-0552	sophie.robillard@hotmail.com	www.cliniquepsy.ca
Canada	Québec	Blainville	Annie	Taillon	Psychologist	CBT, ACT	Clinique RESO	In person and telehealth	No	N/A	Adults	Individual therapy	French	514-727-5395	Taillon.annie@gmail.com	None

Québec																
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Canada	Québec	NA	Mélanie	Tremblay	Psychologist	ERP	N/A	Unknown	Unknown	N/A	Adults	Individual therapy	French	Unknown	tremblay.melanie.psy@gmail.com	Unknown
Canada	Québec	Montréal	Catherine	Ouellet-Courtois	Psychologist	ERP	Private Pactice	Telehealth	Québec wide	N/A	Adults	Individual therapy	French and English	N/A	catherineouelletcourtois.psy@gmail.com	N/A
Canada	Ontario	Toronto	Sarah	Houazene	Clinical psychologist Ph.D.	ERP, ACT	esse therapy	In person and Telehealth	Québec et Ontario	N/A	Children and adults	Individual therapy	English, French	(647) 255-8196	drhouazene@essetherapy.ca	www.essetherapy.ca
Canada	Québec	NA	André	Morin	Psychologist	ERP, CBT, ACT	N/A	In person and Telehealth	Québec wide	Yes	Adults	Individual therapy	French	4189573180	andrie.morin.psy@gmail.com	N/A
Canada	Québec	NA	Anna	Scetinina	MACP, RP	ACT, ERP, CBT	Turning Point Psychological Services	Telehealthw	Quebec, New Brunswick, Nova Scotia, Nunavut	Yes	Children, teenagers, adults	Individual therapy	Russian, English	(647) 444 6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca https://www.annascetinina.com
Canada	Québec	NA	Mandy	Taylor	MA, C.Psych, Psychologist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Québec	NA	Bevlyn	Hetz	MACP, Registered Psychotherapist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Québec	NA	Sarah	Yakubov	MACP, Registered Psychotherapist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Québec	NA	Anna	Scetinina	MACP, Registered Psychotherapist	CBT, ERP, ACT	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/

CHINA

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China	Shaan'x	Xi'an	Tang	Pei	LPC	ACT, ERP, CBT	N/A	In person and Telehealth	Yes	No	Tennagers and adults	Individual therapy	English, Mandarin	(+86) 131-5212- 1986	varonictang@gmail.com	N/A

INDIA

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INDIA	TamilNadu	N/A	Abby	Muthu	Clinical Psychologist/ Therapist	ACT, ERP, CBT	N/A	Telehealth	Yes, internationally	N/A	Adults and children	Individual and group therapy	English, Tami l, Telugu	91 9342786922	Abhimuthuyk@gmail.com	https://www.ocdglobaltherapy.com/
India	Karnataka	Mysore	BS	Sindhu	MS and PsyD from USA, Rehabilitation Council of India registration.	ACT, ERP, CBT	Aware Mental Health	Telehealth	Yes	Yes	Teenagers and adults	Individual and group therapy	English, Kannada, Hindi	918660388394	awarementalhealth@gmail.com	www.awaremh.com

ISRAEL

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Israel	N/A	Afula	Ofra	Satat	MSW, Cognitive behavioral psychotherapist	ERP, CBT	N/A	Telehealth and in person	No	No	Teenagers, adults	Individual therapy	Hebrew	972+506650731	ofrasatat@gmail.com	https://www.betipulnet.co.il/profile/%D7%A2%D7%A4%D7%A8%D7%94-%D7%A1%D7%AA%D7%AA
Israel	N/A	Jerusalem	Tzippi (Laurie)	Moss	Psychotherapist. Masters in Counseling Psychology	No	Tzippi Moss	Telehealth and in person	No	No	Adults	Individual therapy	Hebrew and english	+972-52-563- 8988	inneralchemists@gmail.com	https://www.inner-chemist.com

LEBANON

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Lebanon	Beirut	Hadath	Lea Mia	Asfour	Licensed Clinical Psychologist	CBT	Private practice	In person and Telehealth (worldwide)	Yes, internationally online	Yes	Late teens and adults	Individual therapy	English,Arabi c	+961 71817051	lma@leamiaasfour.com	leamiaasfour.com

MEXICO

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Colorado	N/A	Amanda	Steed	LCSW, LICSW	CBT , ACT	Unfolding Collective - Therapy & Consulting, PLLC	Telehealth	Texas, Colorado, Washington	No	Adults	Individual and group therapy	English	214-444-3025	amanda@amandasteed.com	amandasteed.com

NETHERLANDS

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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NETHERLANDS	Arnhem	Arnhem	Luc	Webers	Healthcare psychologist	N/A	Karakter	In person	Yes	N/A	Unknown	Individual therapy	Dutch	026 2042100	Amhem, Delta 1, 6825 ML Arnhem	l.webers@karakter.com	http://www.camclinic.net

NEW ZEALAND

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Address	Email	Website
New Zealand	Auckland	Auckland	Dr. Miriam	Larsen-Barr	Clinical Psychologist	ACT, ERP, CBT	Engage Aotearoa	In person and online (online only at the moment)	Unknown	N/A	Unknown	Individual therapy	English	274292102	Unknown	EngageAotearoa@gmail.com	www.engagenz.co.nz
New Zealand	Waikato	Hamilton	Dr Juliette	Troy	Clinical Psychologist	ACT, ERP, CBT	N/A	In person and online	New Zealand wide	N/A	Teenagers and adults	Individual therapy	English	0224580567	4, Claudelands Road, Hamilton	juliettetroy@gmail.com	www.juliettetroy.nz

PERU

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Peru	N/A	N/A	Gabriela	Huber	LPC	ACT, ERP, CBT	Healthy Minds Therapy	Telehealth	No	Yes	Children, teenagers, adults	Individual therapy	English and spanish	520-6836745	gabrielahlp@healthymindstherapy.net	www.healthymindstherapy.net

SPAIN

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Adress	Email	Website
Spain	Valencia	Valencia	Sara	LLorens Aguilar	Psychologist	ERP, CBT	N/A	In person and telehealth	No	N/A	Adults	Individual therapy	Spanish, English, French	34 691 12 10 16	Gran Vía Ramón y Cajal nº37 pta.40 46007 Valencia (Spain)	sllorens@cop.es	None

TURKEY

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Adress	Email	Website
Turkey	Istanbul	Istanbul	Enis	Kayran	Psychiatrist	CBT	N/A	In person and telehealth	No	N/A	Teenagers, adults, elders	Individual therapy	Turkish	+90530110920 9	incirli cad. No: 117, Bakirkoy. Istanbul. Turkey.	iekayran@gmail.com	NA

UNITED KINGDOM

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United Kingdom	Cambridge	Cambridge	Jan van	Niekerk	Clinical psychologist	CBT	N/A	In person and telehealth	Yes	N/A	Children, teenagers, adults, elders	Individual therapy	English, Afrikaans	+44-(0)7904743374	camclinic@icloud.com	http://www.camclinic.net
United Kingdom	Oxfordshire	Oxford	Claire	Vickers	Cognitive behavioural therapist (BACP accredited)	ERP, CBT	Private practice	In person and telehealth	Yes all UK and out of UK	N/A	Adults	Individual therapy	English	N/A	clairevickerscbt@gmail.com	clairevickerscbt.co.uk/
United Kingdom	Wales	Near Cardiff and Swansea	Andrea	Prevett	Clinical Psychologist	ACT, ERP, CBT	Vale Coast Psychology	In person and telehealth	Yes	N/A	Adults	Individual therapy	English	+44 7789915114	andrea@valecoast.co.uk	www.valecoast.co.uk
United Kingdom	London (east) & Essex	London & Colchester	Vickie	Norris	Psychologist & psychotherapist	ERP, CBT	All within the mind	In person and telehealth	No	N/A	Adults	Individual and group therapy	English	07554 312118	vickie@allwithinthemind.co.uk	www.allwithinthemind.co.uk
United Kingdom	Southwest	Bristol	Sarah	Ensoll	Clinical Psychologist registered with HCPC PYL26291	ERP, CBT	N/A	In person and telehealth	Yes all UK	N/A	Ages 16+	Individual therapy	English	N/A	Connectandchange@outlook.com	www.connectandchange@therapy.com

ORGANISATIONS

Country	Region/state	ORGANISATION NAME	Langages	Procedure/requirements to contact this service	Phone	Adress	Website
United Kingdom	Dundee	Advanced Interventions Service	English	The AIS is part of the national health service; only accept referrals from a consultant psychiatrist in NHS boards in the UK are accepted (see https://www.advancedinterventions.org.uk/index.php/en/the-service/referral-and-assessment/referral-faq.html referral guidelines).	+44 (0)1382 496233	Area 7, Level 6 South Block Ninewells Hospital and Medical School Dundee, DD1 9SY. UK	https://www.advancedinterventions.org.uk/index.php/en/the-service/about-the-service/contact-us.html

UNITED STATES OF AMERICA – PSYPACT STATES REFERENCE LIST

The Psychology Interjurisdictional Compact (PSYPACT) is an interstate compact designed to facilitate the practice of telepsychology and the temporary in-person, face-to-face practice of psychology across state boundaries. These are the Psypact states for psychologists that indicate they participate; Alabama, Arizona, Arkansas , Colorado, Connecticut, Delaware, District of Columbia, Georgia, Idaho, Illinois, Indiana, Kansas, Kentucky, Maine, Maryland, Minnesota, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, North Carolina, Ohio, Oklahoma, Pennsylvania, South Carolina (pending changes), Tennessee, Texas, Utah, Virginia, Washington, West Virginia, Wisconsin.

PSYPACT REFERENCE LIST

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Language s	Phone	Email	Website
United States of America	Alabama	Fairhope	Bridget	Hannahan	Licensed Psychologist	CBT	Narrow Road Counseling	In person and Telehealth	Yes, telehealth PSYPACTS states	N/A	Children, tennagers and Adults	Individual therapy	English	251-644-6263 (Email strongly preferred)	Bridget@NarrowRoadConfidential.com	www.Galatians69.com
United States of America	Florida	State wide	Mariann e	Grace Dunn	Licensed Psychologist	ERP, ACT, CBT	N/A	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	Illinois	Chicago/ Roselle	Erin	Terada	Licensed clinical psychologist and certified eating disorder specialist (PsyD, CEDS-S)	ACT, ERP, CBT	Modern Me Psychology	In-person and Telehealth	PsyPACT passport	N/A	10 years +	Individual therapy	English	630-358-9821	dr.erin@modernmepsychology.com	www.modernmepsychology.com
United States of America	Illinois	Chicago	Lisa	Conway	Clinical psychologist	ACT, ERP, CBT	Exposure Therapy Chicago	Telehealth	Yes, PSYPACT	N/A	Adults 18+	Individual therapy	English	312/471.3910	lisa@exposuretherapychicago.com	www.exposuretherapychicago.com
United States of America	Maryland	Towson	Beth	S. Surbeck	Ph. D.	ERP	Anxiety and Stress Disorders Institute of Maryland	Telehealth	PSYPACT states	N/A	Adults 18+	Individual therapy	English	443-286-5408	bethsurbeck@anxietyandstress.com	www.anxietyandstress.com
United States of America	Maryland	Bethesda	Kelly	O'Brien	Psychologist	ACT, ERP, CBT	Summit Emotional Wellness	Telehealth	PSYPACT states	N/A	Adults	Individual therapy	English	(301) 200-2790	kobrien@summitemotionalwellness.com	www.summitemotionalwellness.com
United States of America	Maryland	Baltimore	Rachel	Lafleur	Licensed Psychologist	ACT, ERP, CBT	Stony Run	Telehealth	Also licensed in the District of Columbia and authorized to provide telehealth to all PSYPACT states	N/A	Children (as young as 2), adolescents, and adults	Individual therapy	English (fluent in ASL and Hebrew)	410-538-2814	hello@stonyrunpsych.com	www.stonyrunpsych.com

UNITED STATES OF AMERICA – PSYPACT STATES REFERENCE LIST (PART 2)

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PSYPACT REFERENCE LIST

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Language s	Phone	Email	Website
United States of America	New Jersey	Cherry Hill	Hamish	Gunn	LCP, Ph.D.	CBT, ERP	The Center for Emotional Health of Greater Philadelphia	Telehealth	Pennsylvania and PSYPACT states	N/A	Adults, Teens	Individual therapy	English	856-220-9672	gunn@thecenterforemotionalth.com	https://thecenterforemotionalth.com/staff/dr-hamish-gunn/
United States of America	New Jersey	Cranford	Craig	Springer	Licensed Psychologist, PsyPact, TEAM-CBT Level 3	ERP, CBT	Good Life Center for Mental Health	Telehealth	New York and PSYPACT states	N/A	Adults 18+	Individual therapy	English	908-956-7979	craigspringer@goodlifecenternj.com	www.goodlifecenternj.com
United States of America	New Jersey	River Vale	Mariann e	Grace Dunn	Licensed Psychologist	ERP, ACT, CBT	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	Licensed in New York and New Jersey	Physical officie River Vale, NJ	Mariann e	Grace Dunn	Licensed Psychologist	ERP, ACT, CBT	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	New York	Suffren	Rebecca	Holczer	Licensed Psychologist, PsyD	CBT	Center for Anxiety	In person and Telehealth	Psypact state	N/A	Adults	Individual therapy	English	845-533-2791	rholczer@centerforanxiety.org	www.centerforanxiety.org
United States of America	North Carolina	N/A	Pérez	Mcgowan	Licensed Psychologist (Clinical)	ERP, ACT	McGowan Psychological Services, PLLC- Owner	in person (1-day peer week) & videoconferencing	PSYPACT states	N/A	Teenagers and adults	Individual therapy	English	919-241-7972	info@mcgowanpsych.com	www.mcgowanpsych.com
United States of America	Washingt on	Tacoma	Quyen	B. Nguyen	Licensed Psychologist	ERP	PNW Happy Healthy, PLLC	In person and telehealth	Hawaii and PSYPACT states	N/A	Adults 18+	Individual therapy	English	(253)785-9367	admin@heydrq.com	https://www.heydrq.com
United States of	New	Princeton	Cara	Genbauffe	Psychologist	ERP, ACT, CBT	The Center for Emotional Health of Greater Philadelphia	In person in New Jersev and telehealth	New York and PSYPACT states	N/A	Teenagers	Individual	English	(856) 220-9672	genbauffe@thecenterforemotions.com	https://thecenterforemotionalth.com

UNITED STATES OF AMERICA – PSYPACT STATES REFERENCE LIST (PART 3)

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PSYPACT REFERENCE LIST

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Language s	Phone	Email	Website
United States of America	New Jersey	Teaneck	Shmaya	Krinsky	Licensed Psychologist, PsyD	ERP, ACT, CBT	Anxiety and Behavioral Health Psychotherapy	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider	N/A	Adults and teenagers	Individual therapy	English	201-564-5319	skrinky@anxietybhp.com	www.anxietybhp.com
United States of America	Missouri	St.Louis	Sarah	Kertz	Psychologist	CBT, ERP	Anxiety Specialists of St. Louis	In person and Telehealth	No	N/A	Adults	Individual and group therapy	English	314-462-2965	info@anxiety specialistsofstl.com	www.anxiety specialistsofstl.com
United States of America	Missouri	St.Louis	Sam	Kramer	Psychologist	CBT, ERP	Anxiety Specialists of St. Louis	In person and Telehealth	No	N/A	Adults	Individual therapy	English	314-462-2965	info@anxiety specialistsofstl.com	www.anxiety specialistsofstl.com
United States of America	Missouri	St.Louis	Amy	Kurz	Therapist, LCSW	CBT, ERP	Anxiety Specialists of St. Louis	In person and Telehealth	No	N/A	Adults, Teens, and kids 10+	Individual and group therapy	English	314-462-2965	info@anxiety specialistsofstl.com	www.anxiety specialistsofstl.com
United States of America	Pennsylvania	Pittsburgh	Nicholas	R. Flower	Psychologist	ACT, ERP, CBT	OCD Spectrum	In person and telehealth	Yes PSYPACT states	N/A	Children and adults	Individual and group therapy	English	412 444-8776	info@ocdpittsburgh.com	www.ocdpittsburgh.com
United States of America	Missouri	Springfield	Rachael	Herrington Roldan	Ph.D. Licensed Psychologist	ERP, CBT, EMDR	417 Psych	In person and Telehealth	PSYPACT states	No	All ages	Individual and group therapy	English	417-413-1724	dr.rachael@417psych.com	417psych.com
United States of America	Florida	Rosemary Beach	Lauren	Neaman	Psy.D., A-CBT	ERP, CBT, ACT	Modern Anxiety Solutions	Telehealth	Illinois	No	Adults 18+	Individual therapy	English	872-228-6734	lauren@modernanxiety solutions.com	www.modernanxiety solutions.com
United States of America	Florida	Weston	Ryan	Strosser	Licensed Clinical Psychologist, PY11739	ERP, CBT	Weston Family Psychology	In person and telehealth	PSYPACT E.Passport, APIT Number: 15442	No	Children, adolescents, adults, older adults	Individual and group therapy	English	(954) 384-1117	intake-coordinator@westonfamily psychology.com	https://www.westonfamily psychology.com
United States of America	Florida	Weston	Evan	Mehlman	Licensed Clinical Psychologist, PY7206	CBT, ERP, ACT	Weston Family Psychology	In person and telehealth	PSYPACT E.Passport, APIT Number: 18665	No	Children, adolescents, adults, older adults	Individual and group therapy	English	(954) 384-1117	intake-coordinator@westonfamily psychology.com	https://www.westonfamily psychology.com

UNITED STATES OF AMERICA – PSYPACT STATES REFERENCE LIST (PART 4)

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PSYPACT REFERENCE LIST

Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Language s	Phone	Email	Website
United States of America	Maryland	Odenton (Annapolis)	Magda	Rodriguez	LCP	ERP, CBT	The Annapolis Center for Cognitive Behavioral Therapy (Annapolis CBT)	In person and telehealth	PSYPACT states and Maryland	No	Teenagers and adults	Individual and group therapy	English and spanish	1-410-216-4992	info@annapoliscbt.com	Annapoliscbt.com
United States of America	Maine	Portland	Lauren	Datilo	Licensed Psychologist #PS2003	CBT, ACT	Maine Therapy Collective	In person and telehealth	PSYPACT	No	Adults	Individual therapy	English	(207) 220-1194	ldatilo@mainetherapycollective.com	www.mainetherapycollective.com
United States of America	Texas	Austin	Alina	Khomenko	Psychologist, PsyD	ERP, ACT, CBT	Empowered Minds OCD and Anxiety Care, PLLC	In person and telehealth	PSYPACT and Texas	No	Ages 18+	Individual therapy	English	512-222-8737	DrK@EmpoweredMindsATX.com	https://www.empoweredmindsatx.com/
United States of America	Missouri	St-Louis	Sarah	Kertz	Licensed Clinical Psychologist, PhD	None	Anxiety Specialists of ST. Louis	Telehealth	PSYPAT states	No	Adults	Group therapy	English	314-462-2965	sarahkertz@anxietyspecialistsofstl.com	https://anxietyspecialistsofstl.com/2025-ocd-services/
United States of America	Colorado	Louisville	Andrea	Lockhart	Licensed Psychologist CO PSY.0004922; CA PSY17555	ACT, ERP, CBT	Andrea Lockhart Psychotherapy	Telehealth	Colorado, California and PSYPACT state	No	Adults	Individual therapy	English	720-808-0931	andrea@andrealockhartphd.com	www.andrealockhartphd.com

UNITED STATES OF AMERICA – ALPHABETICAL STATES REFERENCES

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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ALABAMA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Alabama	Fairhope	Bridget	Hannahan	Licensed Psychologist	CBT	Narrow Road Counseling	In person and Telehealth	Yes, telehealth PSYPACTS states	N/A	Children, tennagers and Adults	Individual therapy	English	251-644-6263 (Email strongly preferred)	Bridget@NarrowRoadConfidential.com	www.Galatians69.com

ARIZONA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Arizona	Gilbert	Tori	Morley	LAC	ERP	Innerlight Counseling	In-person (adults and kids) and Telehealth (adults only)	Unknown	N/A	Adults and kids	Individual therapy	English	480-477-3202 ex 709	tori@innertightcounseling.org	https://innertightcounseling.org/
United States of America	Arizona	Scottsdale	Rachel	M. Tombaugh	MA, LPC	I-CBT only	Epiphany Center for OCD and PTSD, PLLC	In person and telehealth in Arizona, virtual in New Mexico	Arizona and New Mexico	N/A	Adults 18+	Individual therapy	English	480-944-9400	Rachel@ocdandptsdtherapy.com	www.ocdandptsdtherapy.com
United States of America	Arizona	Peoria	Valerie	A Reynolds	LPC	ERP	Work in Progress Therapy and Consulting, LLC	In-person (12 +) and Telehealth (adults only)	No	N/A	Adults, Teens 16+	Individual therapy	English	602.932.2240	contact@valerieareynoldslpc.org	https://valerieareynoldslpc.wordpress.com/
United States of America	Arizona	Gilbert	Tatiana	Daughtrey Coffman	LCSW	ACT	North Star Wellness	In person and telehealth	No	N/A	Adults	Individual therapy	English	480-788-2898	address-info@northstarwellnessaz.com	northstarwellnessaz.com
United States of America	Arizona	Scottsdale	Lindsey	Bendken	LPC	ERP	The Gateway Institute	In person and telehealth	Minnesota, Arizona and New Mexico	N/A	Adults 18+	Individual, IOP and weekly skills group	English	833-432-5623	Lindsey@gatewayocd.com	https://www.gatewayocd.com/lindsey-bendken/
United States of America	Arizona	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalpc.com	www.amandalpc.com
United States of America	Arizona	N/A	Sheri	Orr	Psychotherapist/L MHC/LPC	ERP, CBT	Integrative Psychotherapy, LLC	Telehealth	NEW YORK	No	Adults	Individual therapy	English	602-935-4445	SheriOrr@sheriorr.com	www.sheriorr.com
United States of America	Arizona	N/A	Rich	Gallagher	LMFT	ACT, ERP	Private practice	Telehealth	Arizona, New York, Colorado, Florida	N/A	Adults, Teens 16+	Individual therapy	English	607-227-2252	rsgassoc@gmail.com	www.anxietycamp.com
United States of America	Arizona	Scottsdale	Meghan	Ringler	LCSW	EPR, CBT, ACT	CalmOCD	In person (AZ), Telehealth (AZ, IL)	Illinois and Arizona	Yes	Children, teenagers and adults	Individual therapy	English	480-687-3435	meghant@calmocd.com	https://www.calmocd.com/therapist/meghan-ringler
United States of America	Arizona	Tucson	Gabriela	Huber	LPC	EPR, CBT, ACT	Healthy Minds Therapy LLC	In person and telehealth	Arizona, Florida, Maryland	Yes	Ages 10+	Individual and family therapy	English and spanish	5206830031	hello@healthymindstherapy.net	www.healthymindstherapy.net
United States of America	Arizona	Tucson	Gabriela	Huber	LPC	ACT, ERP, CBT	Healthy Minds Therapy	In person in Tucson, AZ. Other locations via telehealth	Florida, Maryland and Arizona	Yes	Children, teenagers, adults	Individual therapy	English and spanish	520-6836745	gabrielahlp@healthymindstherapy.net	www.healthymindstherapy.net

ARIZONA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Arizona	Gilbert	Lindsey	Bendken	LPC/LPCC	ERP, ACT, CBT	Breaking OCD	In-person and Telehealth	Arizona, Minnesota, New Mexico, Florida	No	Adults and teenagers	Individual and group therapy	English	602-342-9616	Lindsey@breakingood.com	www.breakingood.com

CALIFORNIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	San Diego (and statewide)	Diana	Robbins	Licensed Psychologist, PhD	ERP, ACT	Child Psych San Diego	Videconferencing	California only	N/A	Children, teenagers, adults	Individual therapy	English	619.314.8833	info@childpsychsandiego.com	www.childpsychsandiego.com
United States of America	California	Mission Viejo and online	Stephanie	Davis	Licensed Psychologist	ERP, ACT	Dr. Davis Therapy	Teletherapy	California and florida (online only)	N/A	Children, teenagers and adults	Individual therapy	English	949-534-2623	stephanie@drdavistherapy.com	www.drdavistherapy.com
United States of America	California	San Luis Obispo/Statewide	Lynlee	Olivera	Licensed Marriage Family Therapist	ERP, ACT	N/A	In person and Telehealth	California only	N/A	Children, adults, families	Individual therapy	English	805-464-6360	sloneytherapy@gmail.com	www.sloneytherapy.com
United States of America	California	San Francisco	Kristina	Orlova	LMFT	ICBT, ERP, ACT	KOR Results OCD & Anxiety Specialist	Telehealth only	California only	N/A	Teenagers, adults, families, parents	Individual therapy	English	415-819-7365	info@korresults.com	www.korresults.com
United States of America	California , New Jersey, Vermont	Los Angeles & Statewide	Stephanie	Adams Mendez	Licensed Psychologist, PhD, NCSP	ACT, ERP	Empowered Together Psychological Services	In-person Los Angeles Area, Telehealth in California, New Jersey, Vermont	Statewide in California, New Jersey, Vermont	N/A	Children, Teenagers, Adults	Individual therapy	English	310-800-1447	drstephanie@empoweredtogetherla.com	www.empoweredtogetherla.com
United States of America	California	Bellflower	Shaquinta	Thomas-Perez	LCSW	ERP	Love and Loss Therapeutic Services	Telehealth	No	N/A	Children,, Adults	Individual therapy	English	707-979-0706	Shaquintatp@toloveandtolose.com	www.toloveandtolose.com
United States of America	California	Mountain View	Magdalene	Holtam	Licensed Psychologist/ PSY #23823	ERP, CBT	N/A	In person and telehealth	California and Florida	N/A	Adults	Individual therapy	English	650-209-0555	info@magdaleneholtamphd.com	www.mountainviewcounseling.com
United States of America	California	Mountain View	Caitlyn	Woodhouse	LPCC	CBT, ERP	Feeling Good Institute	In person and telehealth	No	N/A	Teenagers and Adults	Individual therapy	English	408-202-3918	Caitlyn@feelinggoodinstitute.com	https://feelinggoodinstitute.com/find-cbt-therapist/caitlyn-woodhouse
United States of America	California	San Francisco	Ursula	Steck	LCSW, BCD	ERP, ACT	The Full Story Therapy	Telehealth	Florida (telehealth)	N/A	Teenagers (16+) and Adults	Individual therapy	English and German	415-744-4614	ursula.steck@thefullstorytherapy.com	www.thefullstorytherapy.com
United States of America	California	Berkeley	Stephanie	Montague	Clinical Psychologist	ERP, CBT	N/A	Telehealth	Indiana	N/A	Children, teenagers, adults	Individual therapy	English, French, Hebrew	510-859-7951 Cell phone: 317-506-1666	drstephanie.montague@gmail.com	https://www.drstephaniemontague.com
United States of	California	City Fresno	Julie	Cardoza	Marriage & Family Therapist, EMDRIA Certified Therapist,	N/A	Julie Cardoza, LMFT	In person and telehealth	No	N/A	Adults	Individual therapy	English	(559) 825-1120	jcardoza1mft@gmail.com	https://www.juliecardoza.com/

CALIFORNIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	San Francisco	Adam	Clark-Tan	Licensed Clinical Social Worker	ERP, CBT	New Learning Center for OCD and Anxiety	In person and telehealth	No	N/A	Adults	Individual and group therapy	English	415-763-7782	adam@clarktantherapist.com	www.clarktantherapy.com
United States of America	California	Carmel, Monterey, Salinas, statewide	Jennifer	Golden	LCSW	ACT, ERP, CBT	Jennifer Golden, LCSW	In person and telehealth	No	N/A	Teens and Adults	Individual therapy	English	831-905-7798	jennifergdnenlcsw@gmail.com	https://www.psychologytoday.com/us/therapists/jennifer-golden-carmel-by-the-sea-ca/85789
United States of America	California	Redondo Beach	Katie	Jones	LCSW	EPR	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	N/A	12 years old +	Individual therapy	English	617-383-7255	Katie.JJoneslcsw@gmail.com	https://www.psychologytoday.com/us/therapists/katie-jones-redondo-beach-ca/727021
United States of America	California	N/A	Joanna	Kaye	Clinical psychologist	ACT, ERP, CBT	Anxiety, Trauma, and OCD Center of San Diego	Telehealth	No	N/A	Adults	Individual therapy	English	619-330-4010	drkaye@atocsandiego.com	atocsandiego.com
United States of America	California	Los Angeles	Mayra	Diaz	LMFT	ACT, ERP, CBT	Anxiety Center of California	In person (Glendale) and Telehealth	No	N/A	Adults	Individual therapy	English	818-473-0945	mayra@anxietycenterca.com	anxietycenterca.com
United States of America	California	Los Angeles	Allison	Lee Burgess	Family Clinical Consultant and Licensed Marriage and Family	CBT	Allison Lee Burgess, LMFT	In person and telehealth	Yes for consulting only	N/A	teens, adults, and families	Individual and Family therapy	English	(424) 265-1552	allison@allisonleeburgess.com	www.AllisonLeeBurgess.com
United States of America	California	San Diego	Lisa	Junk MacDonald	Clinical psychologist	CBT, ERP	Lisa Junk MacDonald, PsyD	In person and telehealth	Florida and California	N/A	Adults	Individual therapy	English	760-278-1585	lisa@drisamacdonald.com	www.drisamacdonald.com
United States of America	Florida, Maine, Massachusetts, California	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	ERP, ACT	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida, California	N/A	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	California	Hermosa Beach	Avery	Garrett	Associate Clinical Social Worker	ERP, ACT	Zaleski & Associates	In person and telehealth	No	N/A	Teenagers and adults	Individual and group therapy	English	(310) 341-7169	avery@therapywithavery.com	www.therapywithavery.com
United States of America	California	Los Angeles	Tamar	Levrn-Galai	Licensed Marriage and Family Therapy #141505	ACT	Tamar Lev integrative psychotherapy	In person and telehealth - Office in woodland Hills and West LA	No	N/A	Children and adults	Individual therapy	English, Hebrew	323.362.6206	Tamarlev.therapy@gmail.com	Tamarlev-therapy.com
United States of America	California	Menlo Park	Lorraine	Wong	Clinical psychologist, PhD ABPP	ACT, ERP, CBT	Dr. Lorraine Wong, ABPP	In person and telehealth	Maine	N/A	Teens and Adults	Individual therapy	English	650-382-2064	info@drlorrainewong.com	www.drlorrainewong.com
United States of America	California	N/A	Karen	Alonso	Licensed Marriage and Family Therapist	CBT, ERP	The OCD Counseling Services of Tulsa	Oklahoma (in person) California (Videconferencing)	Oklahoma (in person) California (Videconferencing)	N/A	Teenagers, adults	Individual therapy	English	(918) 236-0273	info@ocdtulsa.com	www.ocdtulsa.com

CALIFORNIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	Brea	Skylar	Ibarra	LCSW, PMH-C (Perinatal Mental Health Professional)	N/A	Lenarra Therapy	In person and telehealth	No	N/A	Adults and couples	Individual and couple therapy	English	714-333-0307	Skylar@lenarratherapy.com	LenarraTherapy.com
United States of America	California	Santa Monica	Sarah	Segal	LCSW	ERP, ACT	N/A	In person and telehealth	No	N/A	Adults	Individual therapy	English	310-564-6721	ssegalcsw@gmail.com	www.findingclaritywithOCD.com/
United States of America	California	Oakland	Andrea	Weicker	LMFT	ERP, CBT, ACT	Private Practice	In person and telehealth	No	No	Children, teenagers and adults	Individual and family	English	510-397-9342	andrea@andreaweicker.com	www.andreaweicker.com
United States of America	California	Los Angeles	Madeline	Moersch	LCSW	ERP, CBT, ACT	Westside OCD & Anxiety Center	In Person(West LA) or Telehealth	New York	Yes	Teenagers and adults	Individual therapy	English	(213) 461-0978	madeline@westsideocd.com	www.westsideocd.com
United States of America	California	Santa Cruz	Katrina	Tattenham	LCSW	ERP, CBT, ACT	Mindful Minds	In person and telehealth	Yes for coaching parents and providing SPACE psychoeducation	No	Children, teenagers and adults	Individual and group therapy	English	831-223-9600	katrina@mindfulmindsinc.com	www.mindfulmindsinc.com
United States of America	California	Statewide	Regina	Lazarovich	PhD (clinical psychologist)	ERP, CBT, ACT	Compass CBT	Telehealth	California and New York (statewide)	Yes	Adults	Individual therapy	English	347-735-9740	hello@CompassCBT.com	www.CompassCBT.com
United States of America	California	Los Angeles	Katie	Strang	Clinical Psychologist, PsyD	ERP, CBT	Katie Strang, PsyD	In person (Los Angeles) and virtual (Indiana)	Indiana	No	Teenagers (14+), Adults	Individual therapy	English	530-349-0035	info@drkatiestrang.com	www.drkatiestrang.com
United States of America	California	N/A	Janna	Price-Zangger	LCSW	ERP, ACT	N/A	Telehealth	No	Yes	Children 10+, Adolescents, Young Adults, Adults, Couples and Families (mostly adolescents and young adults)	Individual and group therapy	English	714 248 6242	safespacewithjanna@gmail.com	www.safespacewithjanna.com
United States of America	California	N/A	Aimee	Horn	Mental Health Therapist, LMHC, LCPC, LPCC, NCC	CBT	Aimee Horn Counseling & Consultation, PLLC	In-person and Telehealth	Washington, Montana	Yes	Late teens tp adults	Individual therapy	English	425-341-3618	aimee@aimeehorncounselingandconsultation.com	www.aimeehorncounselingandconsultation.com
United States of America	California	N/A	Tamara	D'Alessio	LPC	ERP, ACT	Northern Counseling and Wellness	In person and Telehealth	New Jersey	N/A	Adolescents and adults	Individual therapy	English	973-913-4769	tamara@northerncounselor.com	www.northerncounselor.com
United States of America	California	Sacramento	Maria	Estante	LMFT, LPCC	ERP, ACT	Exposure Therapy Designs	In person and telehealth	California (in person), Telehealth : Hawaii, Indiana, Massachusetts, Nevada, Virginia	No	Adults	Individual and group therapy	English	323-332-1655	rheba@exposuretherapydesigns.com	www.exposuretherapydesigns.com
United States of America	California	Statewide	Michelle	Gomez-Salazar	LCSW	ERP, CBT, ACT	N/A	Telehealth	California and New York	No	Adults	Individual therapy	English, Spanish	(949) 779-5029	hello@michellegomezsalazar.com	www.michellegomezsalazar.com

CALIFORNIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	Palo Alto	Sarah	Newman	LMFT #148694	ERP, ACT, CBT	Sarah Newman Therapy	In person and telehealth	No	Yes	Children, Tennagers, Adults	Individual therapy	English	415-999-7185	sarah@sarahnewmantherapy.com	www.sarahnewmantherapy.com
United States of America	California	San Diego	Sue	Chudy	LCSW	ERP, ACT, CBT	Chudy Counseling Services	In person and telehealth	California (in person and telehealth), Illinois (Telehealth)	Yes	Adults	Individual and also host a free monthly support group for adults with OCD	English	(630)631-8486	suechudy@csdsw@gmail.com	www.chudycounselingservices.com
United States of America	California	N/A	Allison	Ramsey	LMFT	ERP, ACT, CBT	Allison Ramsey Therapy	Telehealth (california), in person (Washington)	California and Washington	No	Children (3-12) and adults	Individual therapy	English	(323) 739-8984	allie@allisonramseytherapy.com	allisonramseytherapy.com
United States of America	California	N/A	Andrea	Lockhart	Licensed Psychologist CO PSY.0004922; CA PSY17555	ACT, ERP, CBT	Andrea Lockhart Psychotherapy	Telehealth	Colorado, California and PSYPACT state	No	Adults	Individual therapy	English	720-808-0931	andrea@andrealockhartphd.com	www.andrealockhartphd.com
United States of America	California	N/A	Seanna	Crosbie	LCSW	ERP, ACT, CBT	Seanna Crosbie Counseling, PLLC	In person and telehealth	Texas and California	No	Ages 7+	Individual and group therapy	English	512.762.2550	Therapy@SeannaCrosbie.com	www.SeannaCrosbie.com
United States of America	California	Santa Barbara	Kattya	Manning	LMFT	ERP, ACT, CBT	Kattya Manning, LMFT PC	In person and telehealth	California and Florida	No	Adults	Individual therapy	English & Spanish	805-617-0204	kattya@manningtherapysb.com	www.manningtherapysb.com
United States of America	California	San Francisco	Ryan	Vidrine	MD (psychiatrist)	ERP, ACT, CBT *Provides mainly assessment and medication management services for OCD	Ryan Vidrine, MD	In person and telehealth	No	Yes	Ages 16+	None	English	415-364-8419	info@ryanvmd.com	www.ryanvmd.com
United States of America	California	N/A	Gladys	Aguilar	LCSW	ERP	N/A	In person and telehealth	No	No	Adults	Individual therapy	English	(805) 246-7290	info@gladysaguilarlcsdsw.com	www.gladysaguilarlcsdsw.com

COLORADO																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Colorado	Castle Rock	Kristina	Lenerich	LCSW	ACT, ERP, CBT	Between the lines counseling	In person / Telehealth	Montana (telehealth)	N/A	Childrens, teens, and adults	Individual therapy	English	720-319-7211	kristina@betweenthelinesco.com	www.betweenthelinesco.com
United States of America	Colorado	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Colorado	Fort Collins	SuEllen	May	Licensed Professional Counselor	ERP, CBT	May Counseling, LLC	In person / Telehealth	No	N/A	9 years old +	Individual and couples counseling	English	970-541-1291	suellenmaycounseling@gmail.com	www.semaycounseling.com
United States of America	Colorado	Statewide	Laura	Forcella Spiering	LCSW	CBT, ACT	N/A	Telehealth	Florida, Colorado, Nebraska, South Carolina, Idaho, Wyoming	N/A	Adults (18+)	Individual therapy	English	307-272-5856	laura@lcsw1.net	https://laura-forcellaspiering.lcsw1.net/
United States of America	Colorado	N/A	Rich	Gallagher	LMFT	ACT, ERP	Private practice	Telehealth	Arizona, New York, Colorado, Florida	N/A	Adults, Teens 16+	Individual therapy	English	607-227-2252	rsgassoc@gmail.com	www.anxietycamp.com
United States of America	Colorado	N/A	Amanda	Steed	LCSW, LICSW	CBT, ACT	Unfolding Collective - Therapy & Consulting, PLLC	Telehealth	Texas, Colorado, Washington	No	Adults	Individual and group therapy	English	214-444-3025	amanda@amandasteed.com	amandasteed.com
United States of America	Colorado	N/A	Jane	Fuller	LPC license number 2124	None	Fuller Mind Counseling, LLC	In person, Telehealth	Colorado (virtually) and Missouri (in person and telehealth)	No	Teenagers, adults	Individual therapy	English	769.300.1888	jane.fullermindcounseling@gmail.com	https://www.psychologytoday.com/us/therapists/jane-fuller-ridgeland-ms/712127
United States of America	Colorado	Louisville	Andrea	Lockhart	Licensed Psychologist CO PSY.0004922; CA PSY17555	ACT, ERP, CBT	Andrea Lockhart Psychotherapy	Telehealth	Colorado, California and PSYPACT state	No	Adults	Individual therapy	English	720-808-0931	andrea@andrealockhartphd.com	www.andrealockhartphd.com

CONNECTICUT																	
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website	
United States of America	Connecticut	Unknowm	Katie	Marrotte	LCSW	ERP	N/A	Telehealth	Florida, Massachusetts and Connecticut	N/A	Adults	Individual therapy	English	860-531-2013	katie.marrotte@gmail.com	Unknown	
United States of America	Connecticut	N/A	Constance	J. Salhany	Profession Clinical Psychologist	CBT, ERP, ACT	Emmaus CBT DBA of Cognitive Therapy of Staten Island	Telehealth	New York, New-Jersey, Florida	N/A	8 to 90 years old	Individual and group therapy	English	Intake coordinator Laura Mitchell (917) 818 5719 (M-F business hours)	info@cognitivetherapysi.com	www.cognitivetherapysi.com	
United States of America	Connecticut	Hamden	Elana	Raphael-Tomkins	LCSW/private practice	CBT, ERP, ACT	Elana Raphael-Tomkins	Telehealth	Florida and connecticut	N/A	Ages 15-80 years old	Individual therapy	English	203-623-7306	elana1.raaphael@protonmail.com	https://iocdf.org/providers/raphael-tomkins-elana/	
United States of America	Connecticut	N/A	Suzanne	Kaphan	MA, LCSW	ERP, CBT, ACT	Private practice	In person and Telehealth	Connecticut (telehealth only) and New York	No	Adults	Individual therapy	English	203-312-7632	info@suzannekaphan.com	www.suzannekaphan.com	
United States of America	Connecticut	N/A	Alexandra	Libstag	LICSW	ERP, CBT, ACT	Jaye Therapeutic Alliance	In-person (Newton, Massachusetts), Telehealth (Massachusetts, Maine and Connecticut)	Massachusetts, Maine and Connecticut	No	Ages 16+	Individual therapy	English	508-492-5445	connect@heyjaye.com	www.heyjaye.com	

DELAWARE																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Delaware	N/A	Roxanne	Nowak	LPC, LMFT	ERP, ACT	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Florida, Delaware	N/A	Adults	Individual therapy	English	Please text or leave vm - 715- 255-0530	RoxanneNowak@heartfullmindscounseling.com	https://heartfullmindscounseling.com
United States of America	Delaware	N/A	Samantha Ann Marie	Bauer	LCPC	ERP CBT	Cecil County Bodhi Counseling	Telehealth	Delaware and Maryland	N/A	Young adults	Individual therapy	English	443-877-4044	Samanthabauer@bodhicounseling.com	https://bodhicounseling.com/bvsd/samantha-bauer-lcpc/

FLORIDA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida	Statewide	Stacy	Shaup	Licensed Psychologist, PhD	CBT, ERP	N/A	Telehealth	Florida only	N/A	Adults	Individual therapy	English	954-752-9353	stacyshaup@drstacyshaup.com	drstacyshaup.com
United States of America	Florida	Tampa	Lori	Aitken	LMHC	ACT, ERP, CBT	Co-Founder Anxiety Center of Tampa	In-person and Telehealth	Florida only	N/A	Adults and teenagers	Individual therapy	English	813-773-5807	laiken@anxietycentertampa.com	www.anxietycenterampa.com
United States of America	Florida, Maine, Massachusetts	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	ERP, ACT	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida	N/A	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	Florida	Tampa	Karan	Lamb	Florida Licensed Psychologist	ACT, ERP, CBT	Lamb Psychological Services	In person and Telehealth	Florida only	N/A	Adults and Children	Individual therapy	English	813 321-7800	dr lamb@lambpsychservices.com	www.lambpsychservices.com
United States of America	Florida	Lakeland	Kaleigh	Ayers	Licensed Mental Health Counselor	ACT, ERP, CBT	Cygnus Counseling, Owner	Telehealth	No	N/A	Adults	Individual therapy	English	(863) 216-8895	kaleigh@cygnuscounseling.com	https://www.cygnuscounseling.com/
United States of America	Florida	State wide	Marianne	Grace Dunn	Licensed Psychologist	ACT, ERP, CBT	N/A	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	Florida	State wide	Ursula	Steck	LCSW, BCD	ERP, ACT	The Full Story Therapy	Telehealth	California (telehealth)	N/A	Teenagers (16+) and Adults	Individual therapy	English and German	415-744-4614	ursula.steck@thefullstorytherapy.com	www.thefullstorytherapy.com
United States of America	Florida	State wide	Stephanie	Davis	Licensed Psychologist	ERP, ACT	Dr. Davis Therapy	Teletherapy	Califomia and florida (online only)	N/A	Children, teenagers and adults	Individual therapy	English	949-534-2623	stephanie@drdavistherapy.com	www.drdavistherapy.com
United States of America	Florida	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Florida	N/A	Katie	Jones	LCSW	EPR	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	N/A	12 years old +	Individual therapy	English	617-383-7255	Katie.Joneslcsw@gmail.com	https://www.psychologytoday.com/us/therapists/katie-jones-redondo-beach-ca/727021
United States of America	Florida	N/A	Constance	J. Salhany	Profession Clinical Psychologist	CBT, ERP, ACT	Emmas CBT DBA of Cognitive Therapy of	Telehealth	New York, Connecticut, New Jersey	N/A	8 to 90 years old	Individual and group therapy	English	Intake coordinator Laura Mitchell (917) 818 5719 (M-F)	info@cognitivetherapysy.com	www.cognitivetherapysy.com

FLORIDA																
Country	Region / State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida	N/A	Leela	Gerhenson	LPC	ERP	Leela Gershenson Counseling	Telehealth	South Dakota, Virginia	N/A	16 years old +	Individual therapy	English	305-792-8560	leelag@acceptancelifecounseling.com	https://www.leelagcounseling.com
United States of America	Florida	N/A	Katie	Marrotte	LCSW	ERP	N/A	Telehealth	Florida, Massachusetts and Connecticut	N/A	Adults	Individual therapy	English	860-531-2013	katie.marrotte@gmail.com	Unknown
United States of America	Florida	N/A	Nicole	Williams	LCSW	ERP	N/A	Telehealth	Texas	N/A	Adults	Individual therapy	English	352-631-8341	email@nicolewilliamslcsw.com	https://www.psychologytoday.com/us/therapists/nicole-j-williams-spring-hill-fl/1050695
United States of America	Floride	N/A	Roxanne	Nowak	LPC, LMFT	ERP, ACT	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Floride, Delaware	N/A	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindscounseling.com	Https://heartfullmindscounseling.com
United States of America	Floride	N/A	Jayne	M.Valdez	LMHC	ACT, ERP, CBT	Clearview OCD Counseling, LLC	In person and telehealth	Massachussetts	N/A	All ages	Individual and group therapy	English	(917) 604-2981	info@ocd-therapy.com	www.ocd-therapy.com
United States of America	Florida	N/A	Cari	Whittenburg	LCSW	ERP, CBT, ACT	OCD Revolution, PLLC	Telehealth	Oklahoma and Texas	Yes	Adults	Individual and group therapy	English	844-NO-MO-OCD	hey@ocdrevolution.com	ocdrevolution.com
United States of America	Florida	N/A	Lisa	Dale	LCSW	ERP, CBT	N/A	Telehealth	Georgia and Florida	N/A	Adults 18+	Individual therapy	English	678-570-8444	ldalelcsw@bellsouth.net	www.lisadaletherapist.com
United States of America	Florida	St. Augustine	Amanda	Arciero	LCSW	ERP, CBT, ACT	Serene Seas Psychotherapy	Telehealth	New Jersey and Vermont	Yes	Teenagers and adults	Individual therapy	English	201-389-8596	amandaarcierolcsw@gmail.com	www.sereneseaspsych.com
United States of America	Florida	Casselberry	Katherine	Buntin	LCSW	ERP, CBT, ACT	Fringe Counseling Collective	In person and telehealth	No	Yes	Adults 18+	Individual therapy	English	321-246-4581	katie@fringecc.com	www.fringecc.com
United States of America	Florida	Rosemary Beach	Lauren	Neaman	Psy.D., A-CBT	ERP, CBT, ACT	Modern Anxiety Solutions	Telehealth	Illinois	No	Adults 18+	Individual therapy	English	872-228-6734	lauren@modernanxietsolutions.com	www.modernanxietsolutions.com
United States of America	Florida	N/A	Lauren	Johnson	LPC	ERP, ACT	Neuroqueering Counseling Services, LLC	Telehealth	South Carolina, Florida, Virginia	No	16 years old +	Individual therapy	English	434.515.0695	Lauren@NeuroqueeringCounseling.com	www.NeuroqueeringCounseling.com
United States of America	Florida	N/A	Helen	Turano	LICSW	ERP	Helen Turano LICSW	Telehealth	Massachussetts	N/A	Children, teenagers, adults	Individual therapy	English	508-735-4468	hturano@securemail.com	www.cognitivetherapyworcester.com

FLORIDA																
Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida	N/A	Elana	Raphael-Tomkins	LCSW/private practice	CBT, ERP, ACT	Elana Raphael-Tomkins	Telehealth	Florida and connecticut	N/A	Ages 15-80 years old	Individual therapy	English	203-623-7306	elana1.raaphael@protonmail.com	https://iocdf.org/providers/raphael-tomkins-elana/
United States of America	Florida	N/A	Rich	Gallagher	LMFT	ACT, ERP	Private practice	Telehealth	Arizona, New York, Colorado, Florida	N/A	Adults, Teens 16+	Individual therapy	English	607-227-2252	rsgassoc@gmail.com	www.anxietycamp.com
United States of America	Florida	N/A	Sierra	Claeson	LMFT	ERP, CBT	Out of the Woods Counseling	In person and telehealth	Wisconsin, Florida, Minnesota	N/A	Ages 13+	Individual therapy	English	507-312-9455	sclaeson@outofthewoodscounselingservices.com	www.outofthewoodscounselingservices.com
United States of America	Florida	Fort Lauderdale	Debra	Bichachi	LCSW	CBT, ERP, ACT	Debra Bichachi, LCSW	Telehealth	No	No	Adults	Individual therapy	English	310 625 2652	debrabichachi.lcsw@gmail.com	https://secure.helloalma.com/provider/s/debra-bichachi/
United States of America	Florida	Weston	Ryan	Strosser	Licensed Clinical Psychologist, PY11739	ERP, CBT	Weston Family Psychology	In person and telehealth	PSYPACT E.Passport, APIT Number: 15442	No	Children, adolescents, adults, older adults	Individual and group therapy	English	(954) 384-1117	intake-coordinator@westonfamilypsychology.com	https://www.westonfamilypsychology.com
United States of America	Florida	Weston	Evan	Mehlman	Licensed Clinical Psychologist, PY7206	CBT, ERP, ACT	Weston Family Psychology	In person and telehealth	PSYPACT E.Passport, APIT Number: 18665	No	Children, adolescents, adults, older adults	Individual and group therapy	English	(954) 384-1117	intake-coordinator@westonfamilypsychology.com	https://www.westonfamilypsychology.com
United States of America	Florida	N/A	Erica	Smith	Clinical Professional Counselor Nevada, Licensed Mental Health Counselor Florida and Washington	ERP, CBT, ACT	Erica Smith Counseling	Telehealth	Florida, Washington, Las Vegas	No	Teenagers, adults	Individual therapy	English	702-522-1671	Erica.smith@youranxietycounselor.com	youranxietycounselor.com
United States of America	Florida	N/A	Gabriela	Huber	LPC	EPR, CBT, ACT	Healthy Minds Therapy LLC	In person and telehealth	Arizona, Florida, Maryland	Yes	Ages 10+	Individual and family therapy	English and spanish	5206830031	hello@healthymindstherapy.net	www.healthymindstherapy.net
United States of America	Florida	Mary Esther/Fort Walton Beach	Jessica	Alea	LMHC, MS, EdD	EPR, CBT, ACT	Invictus Counseling LLC	In person and telehealth	No	No	Late teenagers and adults	Individual therapy	English	850-970-7222	clientcare@invictus-counseling.com	www.invictus-counseling.com
United States of America	Florida	Statewide	Laura	Forcella Spiering	LCSW	CBT, ACT	N/A	Telehealth	Florida, Colorado, Nebraska, South Carolina, Idaho, Wyoming	N/A	Adults (18+)	Individual therapy	English	307-272-5856	laura@lcsw1.net	https://laura-forcellaspiering.lcsww1.net/
United States of America	Florida	N/A	Lacy	Allen Watkins	LMHC, PMH-C, CAP	EPR, CBT, ACT	Lacy Allen Watkins Counseling Services	Telehealth	No	No	Teenagers, adults	Individual therapy	English	321-432-5119	lacestellar@hushmail.com	https://lacy-allen-watkins.clientsecure.me
United States of America	Florida	Atlanta	J. Scott	Matthews	Licensed Professional Counselor	ERP, ACT	Private practice	In person and telehealth	Florida, South Carolina, Texas and Georgia	N/A	Adults 18+	Individual therapy	English	770-747-0478	emergingselfpsychotherapy@msn.com	jscottmatthewslpc.com

FLORIDA																
Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida	N/A	Lisa	Junck MacDonald	Clinical psychologist	CBT, ERP	Lisa Junck MacDonald, PsyD	In person (California) and telehealth (Florida and California)	Florida and California	N/A	Adults	Individual therapy	English	760-278-1585	lisa@driisamacdonald.com	www.driisamacdonald.com
United States of America	Florida	N/A	Jackie	Ward	LMSW	ERP, ACT	The And Way Therapy, PLLC	Telehealth	Texas and Florida	No	Adults	Individual therapy	English	806-607-0037	jackiewardlmsw@gmail.com	https://www.psychologytoday.com/us/therapists/jackie-ward-tyler-tx/1242484
United States of America	Florida	N/A	Kattya	Manning	LMFT	ERP, ACT, CBT	Kattya Manning, LMFT PC	In person and telehealth	California and Florida	No	Adults	Individual therapy	English & Spanish	805-617-0204	kattya@mannintherapysb.com	www.manningtherapysb.com
United States of America	Florida	N/A	Gabriela	Huber	LPC	ACT, ERP, CBT	Healthy Minds Therapy	In person in Tucson, AZ. Other locations via telehealth	Florida, Maryland and Arizona	Yes	Children, teenagers, adults	Individual therapy	English and spanish	520-6836745	gabrielahlpc@healthymindstherapy.net	www.healthymindstherapy.net
United States of America	Florida	N/A	Lindsey	Benlken	LPC/LPCC	ERP, ACT, CBT	Breaking OCD	Telehealth	Arizona, Minnesota, New Mexico, Florida	No	Adults and teenagers	Individual and group therapy	English	602-342-9616	Lindsey@breakingocd.com	www.breakingocd.com

GEORGIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Georgia	Columbus	Margaret V	Mccall	LPC	ERP	Columbus OCD Clinic	Telehealth	Georgia and Florida	N/A	Unknown	Individual therapy	English	706-315-9510	columbusocdclinic@gmail.com	https://www.psychologytoday.com/us/therapists/margaret-vale-mccall-columbus-ga/372268
United States of America	Georgia (Central)	Macon	Emily	Newberry	LPC, CPCS, CCH, SPACE	ERP, ACT	Emily H. Newberry, LPC, LLC	In person/telehealth	SPACE provider outside state lines, otherwise only Georgia	N/A	Unknown	Individual therapy	English	478-787-3056	emily@ehncounseling.com	www.ehncounseling.com
United States of America	Georgia	Atlanta	J. Scott	Matthews	Licensed Professional Counselor	ERP, ACT	Private practice	In person and telehealth	Florida, South Carolina, Texas and Georgia	N/A	Adults 18+	Individual therapy	English	770-747-0478	emergingselfpsychotherapy@msn.com	jscottmatthewslpc.com
United States of America	Georgia	Decatur	Kristin	Simmon-Lowman	LCSW	ERP, ACT	Anxiety and OCD Solutions, LLC	Telehealth	No	N/A	Adults, Teenagers	Individual therapy	English	678-932-1522	Ksimmonlowman@gmail.com	https://www.psychologytoday.com/us/therapists/kristin-g-simmon-lowman-decatur-ga/400492
United States of America	Georgia	Alpharetta	Lisa	Dale	LCSW	ERP, CBT	N/A	Telehealth	Georgia and Florida	N/A	Adults 18+	Individual therapy	English	678-570-8444	ldalelcsw@bellsouth.net	www.lisadaletherapyist.com
United States of America	Georgia	Atlanta	Cheryl	Delaney	LPC 011362	CBT	Bit by Bit Counseling; Feeling Good Institute	Telehealth	No	N/A	Adults 18+	Individual therapy	English	404-491-7044	cheryl@bitbybitcounseling.com	bitbybitcounseling.com
United States of America	Georgia	N/A	Leigh Anne	Clark	LCSW	ERP, CBT	Oakview Therapy LLC	Telehealth	Georgia, New Jersey, Pennsylvania	No	Adults	Individual therapy	English	404-692-0414	oakviewtherapy@protonmail.com	https://www.oakviewtherapy.com/
United States of America	Georgia	Atlanta	Lindsey	Cope	LCSW	ERP, CBT	: Pace Yourself Counseling	In person and telehealth	No	Yes	Adults, Teenagers	Individual therapy	English	706-768-1052	indsey@paceyourselfcc.com	https://www.paceyourselfcc.com/

HAWAII																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Hawaiï	NA	Maria	Estante	LMFT, LPCC	ERP, ACT	Exposure Therapy Designs	In person and telehealth	California (in person), Telehealth : Hawaii, Indiana, Massachusetts, Nevada, Virginia	No	Adults	Individual and group therapy	English	323-332-1655	rheba@exposuretherapydesigns.com	www.exposuretherapydesigns.com

IDAHO																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Idaho	Cœur d'Alene	Suzanne	Danner	LCSW	N/A	Peaceful Haven Counseling, PLLC	In person, can provide Telehealth	No	N/A	Adults	Individual therapy	English	208-659-0142	sdanner@peacefulhavencounseling.com	www.peacefulhavencounseling.com
United States of America	Idaho	N/A	Sarah	Hunter	LCSW	ERP, ACT	Wasatch Family Therapy	In person and Telehealth	Utah	N/A	16 years old +	Individual therapy	English	801-477-0835	SarahHunterLCSW@gmail.com	https://sarahhunterlcsw.com/ and http s://wasatchfamilytherapy.com/sarah-hunter
United States of America	Idaho	N/A	Camille	Richards	LCSW	ERP, CBT, ACT	Strive to Thrive Therapy LLC	Telehealth	Utah	Yes	Teenagers and adults	Individual and group therapy	English	435-255-3050	Camille@strive2thrivetherapy.com	Strive2thrivetherapy.com
United States of America	Idaho	Statewide	Laura	Forcella Spiering	LCSW	CBT, ACT	N/A	Telehealth	Florida, Colorado., Nebraska, South Carolina, Idaho, Wyoming	N/A	Adults (18+)	Individual therapy	English	307-272-5856	laura@lcsw1.net	https://laura-forcellaspiering.lcsw1.net/

ILLINOIS																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Illinois	Peoria	Mary	Hosbrough	LCPC	ERP, ACT	Autonomy Alliance Counseling	In person and videoconferencing	Illinois only	N/A	Adults	Individual therapy	English	309.316.6440	mary@autonomyalliancecounseling.com	www.autonomyalliancecounseling.com
United States of America	Illinois	Chicago/ Roselle	Erin	Terada	Licensed clinical psychologist and certified eating disorder specialist (PsyD, CEDS-S)	ERP, ACT	Modern Me Psychology	In-person and Telehealth	PsyPACT passport	N/A	10 years +	Individual therapy	English	630-358-9821	dr.erin@modernmepsychology.com	www.modernmepsychology.com
United States of America	IL, FL, OH, IN, IO, OH, and CO (local to IL)	Chicago	Ginny	Nikiforos	LCSW, BCBA, ADHD-CCSP	ACT, DBT, ERP	Guiding Behavior Counseling, PLLC	In person and telehealth	IL, FL, OH, IN, IO, OH, and CO (local to IL)	N/A	Adults 18+	Individual therapy	English	773-726-4832	gnikiforos@guidingbehavior.com	www.guidingbehavior.com
United States of America	Illinois	Skokie	Pam	Katz	LCSW	ACT,	Pam Katz Counseling, PLLC	In person/ Telehealth	Illinois, Ohio, Massachusetts, Nebraska, Utah	N/A	Adults, teens	Individual therapy	English	773-425-3845	pkatz13@gmail.com	https://northshorementalwellness.com/
United States of America	Illinois	Chicago	Allison	Minnich	Ph.D. Licensed Psychologist	ACT, ERP, CBT	Chicago Center for Behavioral Health	In person/ Telehealth	No	N/A	Ages 14+	Individual therapy	English	224-392-2897	aminnich@chicagocbh.com	chicagocbh.com
United States of America	Illinois	Chicago/ Lincolnwood/Virtual	Milana	Pehar	LPC, NBCC	ACT, ERP, CBT	Illumination Psychotherapy	In person/ Telehealth	Not for now	N/A	Children, teenagers, adults	Individual and group therapy	English	708-240-3109	milana@illuminationpsychotherapy.online	https://www.illuminationpsychotherapy.online
United States of America	Illinois	Chicago	Lisa	Conway	Clinical psychologist	ACT, ERP	Exposure Therapy Chicago	Telehealth	Yes, PSYPACT	N/A	Adults 18+	Individual therapy	English	312/471.3910	lisa@exposuretherapychicago.com	www.exposuretherapychicago.com
United States of America	Illinois	N/A	Angela	Springer	LCSW	ACT, ERP	Calm Mind CBT	In person and Telehealth	Missouri, Ohio, and Indiana	N/A	adults, teens, children	Individual therapy	English	314.669.4295	angela@calmmindcbt.com	www.calmmindcbt.com
United States of America	Illinois	Central IL by University of Illinois Champaign-Urbana	Molly	Duran	LCSW	ACT, ERP, CBT	Summit Counseling	In person and Telehealth	No	N/A	Children 9 years old +, teens, adults	Individual therapy	English	217-439-4035	mollyduran@summitcounselingcu.com	www.summitcounselingcu.com
United States of America	Illinois	Northfield	Krystal	Glassman	LCPC	ACT, ERP, CBT	In Balance 365	In person and Telehealth	No	N/A	Adults 18 to 60 years old	Individual therapy	English	312-728-8574	Krystal@inbalance365.com	www.inbalance365.com

ILLINOIS																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Illinois	Bloomington	Justin	Brown	Therapist/LCSW	N/A	Rest In You LLC	In person and videoconferencing	No	N/A	Adults/Children	Individual therapy	English	309-948-2072	Justinbrown@restinyoucounseling.com	https://www.catholictherapists.com/justin-r-brown-msw
United States of America	Illinois	Chicago/Downers Grove	Christie	Ochoa	Licensed Clinical Social Worker	CBT, DBT	Sharp Solutions Counseling	Telehealth	No	N/A	Adults	Individual therapy	English	312-509-0147	ochoa.lcsw@gmail.com	www.sharpsolutionscounseling.com
United States of America	Illinois, Oregon	State wide	Heather	Beller	LPC/LCPC	ERP, CBT, ACT	Love & Work Therapy, PLLC	Telehealth	Illinois, Oregon	N/A	Adults	Individual therapy	English	(872) 264-8220	Hello@HeatherBellerTherapy.com	https://heatherbellertherapy.com/
United States of America	Illinois, Oregon	Oswego	Stephanie	Samudio	Therapist/Social Worker	ERP, CBT, ACT	Samudio Counseling	In person and videoconferencing	No	N/A	Teenagers and adults	Individual therapy	English	630-647-8282	Stephanie@SamudioCounseling.com	www.SamudioCounseling.com
United States of America	Illinois	Chicago	Kelly	Dunn	Licensed Clinical Professional Counselor	ERP, CBT, ACT	Chicago Psychotherapy, PLLC	Telehealth	No	N/A	Adults	Individual therapy	English	773-697-8839 ext. 5	kdunn@chicago-psychotherapy.com	https://www.chicagopsychotherapy.com
United States of America	Illinois	Chicago	Lauren	Neaman	Psy.D., A-CBT	ERP, CBT, ACT	Modern Anxiety Solutions	Telehealth	Florida	No	Adults 18+	Individual therapy	English	872-228-6734	lauren@modernanxietyolutions.com	www.modernanxietyolutions.com
United States of America	Illinois	Chicago	Madison	Di Silvio	MA, NCC	ERP, CBT, ACT	Chicago Counseling Center	In person and videoconferencing	No	O	Adults 18+	Individual therapy	English	7739329597 Ex 702	Madison@chicagocounselingcenter.com	Chicagocounselingcenter.com
United States of America	Illinois	N/A	Meghan	Ringler	LCSW	EPR, CBT, ACT	CalmOCD	In person (AZ), Telehealth (AZ, IL)	Illinois and Arizona	Yes	Children, teenagers and adults	Individual therapy	English	480-687-3435	meghant@calmocd.com	https://www.calmocd.com/therapist/meghan-ringler
United States of America	Illinois	N/A	Sue	Chudy	LCSW	ERP, ACT, CBT	Chudy Counseling Services	In person and telehealth	California (in person and telehealth), Illinois (Telehealth)	Yes	Adults	Individual and also host a free monthly support group for adults with OCD	English	(630)631-8486	suechudy@lcsww@gmail.com	www.chudycounselingservices.com
United States of America	Illinois	Chicago	Eleanor	Nolan	LCSW	ERP, ACT	Best Therapies	In person and telehealth	No	No	Tennagers and adults	Individual therapy	English	N/A	eleanor@besttherapies.org	https://besttherapies.org/staff/eleanor-or-nolan/

IOWA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Iowa	Waterloo	Lisa	Heiden- Kimball	LMHC	ERP, ACT	Lisa HK Counseling	Telehealth	No	N/A	AGES 12+	Individual therapy	English	319-214-0011	N/A	https://www.lisahkcounseling.com

INDIANA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Indiana	Bloomington	Bronwyn	Shroyer	LCSW	ERP	Bronwyn Shroyer LLC	Telehealth	No	N/A	Children, teenagers, adults	Individual therapy	English	812-240-7442	bronwyn@bronwynshroyer.com	https://www.bronwynshroyer.com/
United States of America	Indiana	Granger	Angela	Henry	LCSW	ERP, ACT	N/A	In-person and Telehealth	No	Yes	Children, teenagers, young adults, adults	Individual therapy	English	574-514-7770	angelahenrylcsw@gmail.com	www.angelahenrylcsw.com
United States of America	Indiana, Kentucky	NA	Julia	Pickett	LCSW	ERP, ACT	FindWell Counseling, LLC	Telehealth	Kentucky	N/A	Adults, Teens 16+	Individual therapy	English	502-501-3646	julia@findwellcounseling.com	www.findwellcounseling.com
United States of America	Indiana	Greenwood	Alyssa	Hoffman	PsyD, HSPP	ERP, ACT	Freely Living OCD and Anxiety Therapy, LLC	In-person and Telehealth	No	N/A	Children, teenagers (6-17)	Individual/Parent work	English	317-967-6829	drhoffman@freelylivingtherapy.com	www.freelylivingtherapy.com
United States of America	Indiana	N/A	Angela	Springer	LCSW	ERP, ACT	Calm Mind CBT	In person and Telehealth	Missouri, Illinois and Ohio	N/A	adults, teens, children	Individual therapy	English	314.669.4295	angela@calmmindcbt.com	www.calmmindcbt.com
United States of America	Indiana	N/A	Brett	Hammond	LCSW	ERP, ACT	Graven & Associates (group practice)	In person/ Telehealth	Kentucky	N/A	13 years old +	Individual therapy and couples	English	502-690-8024	bretthammondcsww@protonmail.com	www.louisvillepsychologist.com
United States of America	Indiana	Indianapolis	Amy	DiVincenzo	LCSW/Therapist	ACT, ERP, CBT	Amy DiVincenzo LCSW LLC	In person/ Telehealth	No	N/A	Children, Teens, Adults, College Students, Women	Individual and group therapy	English	317-252-3575	amy@amydlcsww.com	www.amydlcsww.com
United States of America	Indiana	Carmel	Debbie	Warman	Clinical psychologist	CBT, ERP	Central Indiana Cognitive Behavioral Therapy	In person/ Telehealth	PSYPACT states	N/A	Adults	Individual therapy	English	317-758-3569	dwarman@centralindianacbt.com	https://centralindianacbt.com/
United States of America	Indiana	Statewide	Katie	Strang	Clinical Psychologist, PsyD	ERP, CBT	Katie Strang. PsyD	In person (Los Angeles) and virtual (Indiana)	California	No	Teenagers (14+), Adults	Individual therapy	English	530-349-0035	info@drkatiestrang.com	www.drkatiestrang.com
United States of America	Indiana	NA	Maria	Estante	LMFT, LPCC	ERP, ACT	Exposure Therapy Designs	In person and telehealth	California (in person), Telehealth : Hawaii, Indiana, Massachusetts, Nevada, Virginia	No	Adults	Individual and group therapy	English	323-332-1655	rheba@exposuretherapydesigns.com	www.exposuretherapydesigns.com
United States of America	Indiana	Indianapolis	Kelsey	Hug	LCSW	CBT, ACT	Transformations Counseling Services	In person and telehealth	No	No	Tennagers, adults	Individual therapy	English	317-851-0512	kelsey@kmhug.com	www.transformationcounseling.services
United States of America	Indiana	N/A	Kenley	Breckenridge	Licensed Professional Counselor (LPC) and Licensed Mental Health Counselor (LMHC)	ERP, ACT	Wellness Studio	Telehealth	Missouri, Indiana	No	Adults (18+)	Individual therapy	English	708-730-2954	westudio@wellnessstudiotherapy.com	https://www.psychologytoday.com/us/therapists/kenley-breckenridge-chesterfield-mo/1273393

INDIANA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Indiana	Indianapolis	Lindsey	Goergen	LMHC, NCC	CBT, ACT	Northside Mental Health	In person and telehealth	No	Yes	Older teenagers and adults	Individual therapy	English	317-253-0568	lindsey@northsidementalhealth.com	www.northsidementalhealth.com

KANSAS																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Kansas and Missouri	Unknown	Kari	Gregory	LPC, LCPC	CBT, ERP	Individual Private Practice	In-person and Telehealth	Kansas and Missouri	N/A	Unknown	Individual and group therapy	English	Unknown		karigregorylpc.com
United States of America	Kansas	Wichita	Shauna	Meier	LSCSW	ERP, ACT	Shauna Meier, LSCSW (Private Practice)	In person and Telehealth	Kansas and Wisconsin	N/A	Adults and Children	Individual therapy	English	316-444-0064	shaunamaria@shaunameierlscsw.com	N/A
United States of America	Kansas	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Kansas	Wichita	Krista	Reed	LSCSW	ERP, ACT	OCD And Anxiety Clinic	In person/ Telehealth	Oklahoma	N/A	Childrens 6+, teens, and adults	Individual therapy	English	316-559-3554	krista@apbwichita.com	apbwichita.com
United States of America	Kansas	Wichita	Angie	McDaniel	LSCSW (licensed specialist clinical social worker)	ERP	N/A	In person and Telehealth	No	N/A	Adults and Children	Individual therapy	English	316-285-0657	angie@wichitatherapy.net	https://www.wichitatherapy.net/angie-mcdaniel.html
United States of America	Kansas	Leawood	Kayte	Keller	Licensed Professional Counselor	CBT, DBT	Grow Psychological	In person and Telehealth	No	N/A	Teenagers (15+), Adults	Individual therapy	English	913-777-4020	kkeller@growandthrivekc.com	https://growandthrivekc.com/kayte-keller/
United States of America	Kansas	Wichita	Mary Ann	Byerly	Licensed Professional Counselor	ACT, ERP, CBT	Revive and Thrive Mental Health, LLC	In person and Telehealth	No	N/A	Ages 13+	Individual therapy	English	316-201-6294	admin@revivewichita.org	https://www.revivewichita.org/about-mb
United States of America	Kansas	Statewide	Katelyn	Aguir	Licensed clinical psychotherapist (LCP)	None	Faith, Hope, and Therapy	Telehealth	No	No	Adults	Individual therapy	English	(316) 202-8036	katelyn@faithhopeandtherapyks.com	faithhopeandtherapyks.com
United States of America	Kansas	N/A	Darlene	Weldon	LPC (Missouri), LCPC (Kansas)	ERP, CBT, ACT	Oasis Counseling and Enrichment, LLC	Telehealth	Kansas and Missouri	No	Children, Tennagers and adults	Individual and group therapy	English	(816) 651-1868	dweldon@oasiscounseling.co	www.oecdandaustin.com
United States of America	Kansas	Wichita	Adelita	Aldava	LSCSW (Licensed Specialist Clinical Social Worker)	ERP, CBT, ACT	Aldava Counseling, LLC.	In person and Telehealth	No	Yes	Children age 4+, teens, adults	Individual and group therapy	Spanish and English	316-202-0277	adelita@aldavacounseling.com	www.aldavacounseling.org
United States of America	Kansas	Wichita	Krista	Reed	LSCSW	ERP, CBT	OCD and Anxiety Clinic	In person/ Telehealth	Oklahoma	Yes	Ages 6+	Individual therapy	English	316-559-3554	krista@apbwichita.com	apbwichita.com

Kentucky																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Kentucky	Louisville	Brett	Hammond	LCSW	ERP, ACT	Graven & Associates (group practice)	In person/ Telehealth	Indiana	N/A	13 years old +	Individual therapy and couples	English	502-690-8024	bretthammondcs@gmail.com	www.louisvillepsychologist.com
United States of America	Kentucky	Bowling Green	Megan	Harden	LCSW	ERP, ACT	The Cognitive Refinery	In person/ Telehealth	No	N/A	Teenagers and adults	Individual and group therapy	English	270-266-1188	megan@cognitiverefinery.com	www.thecognitiverefinery.com
United States of America	Indiana, Kentucky	NA	Julia	Pickett	LCSW	ERP, ACT	FindWell Counseling, LLC	Telehealth	Indiana, Kentucky	N/A	Adults, Teens 16+	Individual therapy	English	502-501-3646	julia@findwellcounseling.com	www.findwellcounseling.com
United States of America	Pennsylvania (PA) and Maryland (MD)	Gettysburg, PA but can provide services anywhere in the state of PA or MD	Shamon	Grimsley	LPC, LCPC	ACT, ERP, CBT	Standpoint Counseling Services	Telehealth	Pennsylvania, Maryland, Kentucky	N/A	Teenagers 13+, Adults	Individual therapy	English	717-467-3687	info@standpointcounseling.com	www.standpointcounseling.com

LOUISIANA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Louisiana	N/A	Tracy	Koller	LCSW	ERP, CBT, ACT	N/A	In person/ Telehealth	Utah (telehealth)	N/A	Adults, teens	Individual therapy	English	(908) 540-6606	racykollerlcsw@gmail.com	N/A

MAINE																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida, Maine, Massachusetts	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	ERP, ACT	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida, California	N/A	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	Maine	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	California / Maine	Menlo Park (maine)	Lorraine	Wong	Clinical psychologist, PhD ABPP	ERP, CBT, ACT	Dr. Lorraine Wong, ABPP	In person and telehealth	California and Maine	N/A	Teens and Adults	Individual therapy	English	650-382-2064	info@drlorrainewong.com	www.drlorrainewong.com
United States of America	Maine	Portland	Lauren	Datilo	Licensed Psychologist #PS2003	CBT, ACT	Maine Therapy Collective	In person and telehealth	PSYPACT	No	Adults	Individual therapy	English	(207) 220-1194	ldatilo@mainetherapycollective.com	www.mainetherapycollective.com
United States of America	Maine	N/A	Alexandra	Libstag	LICSW	ERP, CBT, ACT	Jaye Therapeutic Alliance	In-person (Newton, Massachusetts), Telehealth (Massachusetts, Maine and Connecticut)	Massachusetts, Maine and Connecticut	No	Ages 16+	Individual therapy	English	508-492-5445	connect@heyjaye.com	www.heyjaye.com

MARYLAND																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Maryland	Townson	Mike	Heady	LCPC	ACT, ERP	Co-Owner/Co-Director, Anxiety and Stress Disorders Institute	In-person and Telehealth	Mayland only	N/A	teenagers (16+) and Adults	Individual therapy	English	Unknown	MichaelHeady@AnxietyandStress.com	www.anxietyandstress.com
United States of America	Maryland	Baltimore/Towson and Westminster	Stephnie	Thomas	LCPC, NCC	ERP, CBT, ACT	Anxiety & Stress Disorders Institute and solo private practice	In person if vaccinated and Telehealth	Maryland and Pennsylvania	N/A	Children 11 years and older, teenagers, adults	Individual therapy	English	Unknown	Stephniet@stephthomas.com	www.stephthomas.com
United States of America	Maryland	Baltimore	Amy	Huberman	MD	ERP	Private practice	In person and Telehealth	Maryland only	N/A	Adults 18+	Individual therapy	English	443-761-4265	psychiatrybaltimore@gmail.com	www.amyhubermanmd.com
United States of America	Maryland	Towson	Beth	S. Surbeck	Ph. D.	ERP	Anxiety and Stress Disorders Institute of Maryland	Telehealth	PSYPACT states	N/A	Adults 18+	Individual therapy	English	443-286-5408	bethsurbeck@anxietyandstress.com	www.anxietyandstress.com
United States of America	Maryland	Bel Air	Robin	Frutchey	LCPC, LPC	ERP, CBT, ACT	SOAR Counseling Services, LLC	In person/ Telehealth	Pennsylvania	N/A	Childrens, teens, and adults	Individual therapy	English	443-219-6239	robin@soarcounselingservices.net	https://www.soarcounselingservices.net
United States of America	Maryland	Bethesda	Kelly	O'Brien	Psychologist	CBT, E/RP	Summit Emotional Wellness	Telehealth	PSYPACT states	N/A	Adults	Individual therapy	English	(301) 200-2790	kobrien@summitemotionalwellness.com	www.summitemotionalwellness.com
United States of America	Maryland	Baltimore	Victoria	Stith	LCPC	ACT	Private Practice	Telehealth	No	N/A	Adults (21+)	Individual therapy	English	410-734-2336	victoria.stith@gmail.com	https://victoriastith.com/
United States of America	Maryland	Baltimore	Rachel	Lafleur	Licensed Psychologist	ERP, CBT, ACT	Stony Run	Telehealth	Also licensed in the District of Columbia and authorized to provide telehealth to all PSYPACT states	N/A	Children (as young as 2), adolescents, and adults	Individual therapy	English	410-538-2814	hello@stonyrunpsych.com	www.stonyrunpsych.com
United States of America	Maryland	Frederick/telehealth	Pat	Brown	LCSW-C	ERP, ACT	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/telehealth	Jasmin	Cooke	LMSW	ERP, ACT,	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/telehealth	Hannah	Seibert	LGPC	ERP, ACT	Zen Psychological Center	Telehealth	No	N/A	Adults and Children	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	N/A	Gabriela	Huber	LPC	ACT, ERP, CBT	Healthy Minds Therapy	In person in Tucson, AZ. Other locations via telehealth	Florida, Maryland and Arizona	Yes	Children, teenagers, adults	Individual therapy	English and spanish	520-6836745	gabrielahlp@healthymindstherapy.net	www.healthymindstherapy.net

MARYLAND																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Maryland	Frederick/ telehealth	Rebecca	Lederman	LGPC	ERP, ACT	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/ telehealth	Andrea	Ellis	LCPC	ERP, ACT	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/ telehealth	Anne	Levitsky	LGPC	ERP, ACT	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/ telehealth	Bruce	Kirby	LCSW-C	ERP, ACT	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	Frederick/ telehealth	Marisol	Alston	LMSM	ERP	Zen Psychological Center	Telehealth	No	N/A	Adults	Individual and group therapy	English	(301) 246-0206	info@ZenPsychologicalCenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	College Park	Jenna	Stone	LMSW	ERP, CBT' ACT	Zen Psychological Center	In person and Telehealth	No	N/A	Ages 12+	Individual and group therapy	English	(301) 246-0206	jenna@zenpsychologicalcenter.com	www.ZenPsychologicalCenter.com
United States of America	Maryland	City Camp Hill	Shannon	Weise	Profession-therapist/ social worker	ERP, CBT, ACT	The Anxiety & OCD Treatment Center of Central Pennsylvania	In person and telehealth	Maryland and South Carolina	N/A	Children, Adolescents, and Adults	Individual and group therapy	English	717-461-7933	shannon@isthisocd.com	www.isthisocd.com
United States of America	Maryland	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	ERP, CBT, ACT	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia, Pennsylvania	N/A	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Maryland	Timonium	Renee	Smucker	Ph.D., Licensed Psychologist	ERP, CBT	Maryland Parent Child Clinic, LLC	In person and telehealth	New York	N/A	All ages 2 years old +	Individual and family interventions	English	410-205-4928	info@marylandpcc.com	www.marylandpcc.com
United States of America	Maryland	Towson	Megan	English	LCPC	ERP, ACT	Anxiety and Stress Disorders Institute	In person and telehealth	No	N/A	Adolescents and Adults	Individual therapy	English	443-377-3023	meganenglish@anxietyandstress.com	www.anxietyandstress.com
United States of America	Maryland	Timonium	Becca	Hammonds	Ph.D., Registered Psychological Associate	ERP, CBT	Maryland Parent Child Clinic, LLC	In person and telehealth	No	N/A	All ages (2 - Adult)	Individual and family interventions	English	410-205-4928	info@marylandpcc.com	www.marylandpcc.com
United States of America	Maryland	Hyattsville	Meghan	Meros	Licensed Clinical Professional Counselor (LCPC)	ACT	Tend Counseling and Consulting	Telehealth	Washington	N/A	Adults and teenagers	Individual therapy	English and spanish	805-203-6018	meghan@tend-counseling.com	www.tend-counseling.com

MARYLAND																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Maryland	Bethesda	Melissa	Murphy	psychotherapist/licensed clinical social worker/LCSW-C	ERP, CBT, ACT	Bethesda Therapy LLC	Telehealth	Maryland, Washington DC, Virginia	N/A	12+	Individual therapy	English	240.389.0027	Melissa@wearebethesdathrapy.com	www.wearebethesdathrapy.com
United States of America	Maryland	N/A	Samantha Ann Marie	Bauer	LCPC	ERP CBT	Cecil County Bodhi Counseling	Telehealth	Delaware and Maryland	N/A	Young adults	Individual therapy	English	443-877-4044	Samanthabauer@bodhicounseling.com	https://bodhicounseling.com/bvsd/samantha-bauer-lcpc/
United States of America	Pennsylvania (PA) and Maryland (MD)	Gettysburg, PA but can provide services anywhere in the state of PA or MD	Shamon	Grimsley	LPC, LCPC	CBT, ACT, ERP	Standpoint Counseling Services	Telehealth	Pennsylvania, Maryland, Kentucky	N/A	Teenagers 13+, Adults	Individual therapy	English	717-467-3687	info@standpointcounseling.com	www.standpointcounseling.com
United States of America	Maryland	Baltimore	Jilian	Ginsberg	LMSW	ACT, ERP	Chesapeake Behavioral Health Services	Telehealth	No	N/A	Adults	Individual therapy	English	410-343-9201	jillian@cbhtherapists.com	https://www.cbhtherapists.com
United States of America	Maryland	Baltimore	Rebecca	Sinner	LCSW-C	ERP, CBT, ACT	HoneyB Wellness	In person and telehealth	exclusively virtual therapy in the state of Michigan through Pine Rest Christian Mental Health Services: https://www.pinerest.org/clinician/rebecca-sinner/	No	Children, teenager, young adults, adults	Individual therapy and Parent Support/Coaching for parents whose child has OCD	English	N/A	r.sinner@honeybwellness.com	https://honeybwellness.com/home/team/bex-sinner/
United States of America	Maryland	N/A	Jennifer	Oh	Psy.D, Licensed Psychologist	ERP, ACT	Relational-Cultural Counseling	Telehealth	Mayland and Virginia	N/A	Tennagers, adults, elderly	Individual therapy	English and Korean	678-544-2088	dr.jenn@chpsychologist.com	chpsychologist.com
United States of America	Maryland	Berlin	Rebecca	Lederman	LGPC, NCC	ERP, CBT, ACT	Calm Minds Healing Center	In person and telehealth	No	No	Teenagers and adults	Individual and group therapy	English	443-252-3369	info@calmmindshealingcenter.com	calmmindshealingcenter.com
United States of America	Maryland	Bethesda	Ruby	Snyder	LCPC	ERP, CBT, ACT	Ruby Snyder Counseling	In person and telehealth	No	No	Teenagers 14+ and adults 18+	Individual therapy	English	240-547-9916	ruby@rubysnydercounseling.com	https://www.rubysnydercounseling.com/
United States of America	Maryland	N/A	Gabriela	Huber	LPC	EPR, CBT, ACT	Healthy Minds Therapy LLC	In person and telehealth	Arizona, Florida, Maryland	Yes	Ages 10+	Individual and family therapy	English and spanish	5206830031	hello@healthymindstherapy.net	www.healthymindstherapy.net
United States of America	Maryland	Odenton (Annapolis)	Magda	Rodriguez	LCP	ERP, CBT	The Annapolis Center for Cognitive Behavioral Therapy (Annapolis CBT)	In person and telehealth	PSYPACT states	No	Teenagers and adults	Individual and group therapy	English and spanish	1-410-216-4992	info@annapoliscbt.com	Annapoliscbt.com

MASSACHUSETTS																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Massachussets	Newburyport	Robert	Safion	LMHC	ERP, CBT	ROBERT SAFION, M.ED. LMHC	Unknownn	Unknownn	N/A	Unknownn	Individual therapy	English	978 462 1519	Unknownn	http://www.robertsafion.com
United States of America	Massachusetts	Salem	Amy	Carlson-Pallazola	LMHC, LLC	ERP, CBT, ACT	Amy Carlson-Pallazola, LMHC, LLC	Telehealth	No	N/A	Adults 18+	Individual therapy	English	978-332-1671	amy@acarlsonpallazola.com	NA
United States of America	Massachusetts	Boston	Melissa	Lile	Therapist/Licensed Clinical Social Worker	ERP, ACT	Beyond Borders CBT	Telehealth	Colorado, North Carolina, Ohio, Virginia, Tennessee	N/A	All ages 8+	Individual therapy	Englsh	None	hello@beyondborderscbt.com	https://beyondborderscbt.com/
United States of America	Massachusset	State Wide in telehealth	Ben	Eckstein	LCSW	ERP, CBT, ACT	Bull City Anxiety & OCD Treatment Center	In person and Telehealth	Yes, also licensed in North Carolina and New York	N/A	Adults	Individual therapy	English	+1(919) 808-2318	ben.eckstein@bullcityanxiety.com	www.bullcityanxiety.com
United States of America	Florida, Maine, Massachusetts	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	ERP, ACT	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida	N/A	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	Massachussets	N/A	Katie	Jones	LCSW	EPR	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	N/A	12 years old +	Individual therapy	English	617-383-7255	Katie.Joneslcsw@gmail.com	https://www.psychologytoday.com/us/therapists/katie-jones-redondo-beach-ca/727021
United States of America	Vermont	N/A	Phoebe	Manchester	Clinical Mental Health Counselor	ERP, CBT, ACT	Treadwell Counseling, PLLC	In person and telehealth	Vermont and New Hampshire	N/A	Teenagers and adults	Individual therapy	English	603-276-0721	phoebe@treadwellcounseling.com	treadwellcounseling.com
United States of America	Massachusetts	Newton	Francis (Frank preferred)	Kuehn	Licensed Independent Clinical Social Worker	ERP, CBT, ACT	Fran Kuehn LICSW, M.Ed. A-CBT	In person and telehealth	No	N/A	Children and adults	Individual and group therapy	English	(617) 564-3687	Frankuehn@gmail.com	www.frankuehn.com
United States of America	Massachussets	N/A	Blaire	Melius	LLC	CBT	Blaire Melius Counseling LLC	Telehealth	New Jersey and massachussets	N/A	Adults	Individual therapy	English	908-758-3995	blairemelius@blairemeliuscounseling.com	www.blairemeliuscounseling.com
United States of America	Massachusetts	N/A	Erica	L Pardi	Licensed Mental Health Counselor (LMHC)	ERP, CBT, ACT	Meridian Psychology Practice, PLLC	In person and Telehealth	New York	N/A	Adults	Individual therapy	English	585-201-8211	ericapardilmhc@gmail.com	https://www.meridianpractice.org/staff/ericapardi
United States of America	Massachussets	Worcester	Jayme	M.Valdez	LMHC	ERP, CBT, ACT	Clearview OCD Counseling, LLC	In person and telehealth	Florida	N/A	All ages	Individual and group therapy	English	(917) 604-2981	info@ocd-therapy.com	www.ocd-therapy.com
United States of America	Massachussets	Worcester	Mary	Walters	LMHC	ERP, CBT, ACT	Clearview OCD Counseling	Telehealth	No	No	Teenagers and adults	Individual therapy	English	401-527-9975	marywalters143@gmail.com	ocd-therapy.com
United States of America	Massachusetts	Boston	Nancy	Nelson	Social worker-LICSW	ERP, CBT	Private practice	Telehealth	No	No	Adults 18+	Individual therapy	English and Spanish	1-857-597-7509	nancynelsonlcsw@gmail.com	https://www.psychologytoday.com/us/therapists/withcour

MASSACHUSETTS																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Massachussets	Amherst	Tara	Ferrante	LMHC	ERP, CBT, ACT	Tara Ferrante	Telehealth and in person	No	No	Children, teenagers, adults	Individual and group therapy	English	413-230-2452	taraferrantelmhc@gmail.com	www.taraferrantelmhc.com
United States of America	Massachussets	NA	Maria	Estante	LMFT, LPCC	ERP, ACT	Exposure Therapy Designs	In person and telehealth	California (in person), Telehealth : Hawaii, Indiana, Massachusetts, Nevada, Virginia	No	Adults	Individual and group therapy	English	323-332-1655	rheba@exposuretherapydesigns.com	www.exposuretherapydesigns.com
United States of America	Massachussets	Worcester	Helen	Turano	LICSW	ERP	Helen Turano LICSW	Telehealth	Florida	N/A	Children, teenagers, adults	Individual therapy	English	508-735-4468	hturano@tsecuremail.com	www.cognitivetherapyworcester.com
United States of America	Massachussets	N/A	Kenzi	DeFaria	Licensed Independent Clinical Social Worker (LICSW)	ERP, ACT	Golden Hour Therapy	In person and telehealth	Rhode Island and Massachusetts	N/A	Tennagers and adults	Individual therapy	English	4015857968	kenzi@goldenhourtherapist.com	www.goldenhourtherapist.com
United States of America	Massachussets	Boston	M	Joyce-Anderson	LICSW	CBT, ACT	Prism Therapy Collective	Telehealth	No	No	All ages	Individual therapy	English	508.257.1662	hello@prismtherapy.com	www.prismtherapy.com
United States of America	Massachussets	N/A	Katie	Marrotte	LCSW	ERP	N/A	Telehealth	Florida, Massachusetts and Connecticut	N/A	Adults	Individual therapy	English	860-531-2013	katie.marrotte@gmail.com	Unknown
United States of America	Massachussets	Newton	Alexandra	Libstag	LICSW	ERP, CBT, ACT	Jaye Therapeutic Alliance	In-person (Newton, Massachusetts), Telehealth (Massachusetts, Maine and Connecticut)	Massachusetts, Maine and Connecticut	No	Ages 16+	Individual therapy	English	508-492-5445	connect@heyjaye.com	www.heyjaye.com

MICHIGAN																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Michigan	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Michigan	N/A	Krista	Gravatt	LMSW	ERP, ACT	Counseling with Compassion	Telehealth	No	N/A	18 years old +	Individual therapy	English	734-585-7086	info@counselingwithcompassion.com	http://www.counselingwithcompassion.com
United States of America	Michigan	N/A	Veronika	Spicer	Ph.D., Clinical psychologist	ERP, CBT, ACT	the Anxiety Treatment Center of Greater Toledo	In person (Ohio) and Telehealth (Michigan)	Telehealth in Michigan	N/A	Adults 18+	Individual therapy	English	419-931-3029	vspicer.phd@gmail.com	www.atc.toledo.co
United States of America	Michigan	N/A	Rebecca	Sinner	LCSW-C	ERP, CBT, ACT	HoneyB Wellness	Telehealth	exclusively virtual therapy in the state of Michigan through Pine Rest Christian Mental Health Services: https://www.pinerest.org/clinician/rebecca-sinner/	No	Children, teenager, young adults, adults	Individual therapy and Parent Support/Coaching for parents whose child has OCD	English	N/A	r.sinner@honeybwellness.com	https://honeybwellness.com/home/team/bex-sinner/
United States of America	Michigan	City Ann Arbor	Laurie	Krauth	MA, LLP	CBT and ACT	Krauth, MA, PLC	In person and telehealth	No	Yes	Adults	Individual therapy	English	734-649-8357	LKrauth@comcast.net	www.LaurieKrauth.com
United States of America	Michigan	Northville	Amber	Cunnings	LMFT	CBT and ACT	Eucalyptus Counseling Services	In person and telehealth	No	No	Adults	Individual therapy	English	248 504 7406	info@ecs-mi.com	www.eucalyptuscounselingmi.com
United States of America	Michigan	Traverse city	Kristen	Ryder	Therapist/Certified School Psychologist and Limited License Clinical Social Worker/SSP and LLMSW-C	CBT and ACT	Stillness and Strength Therapeutics, PLLC	In person	No	No	Young adults, adults	Individual therapy	English	N/A	kristen@sstherapeutics.com	www.stillnessandstrengthyoga.com
United States of America	Michigan	Grand Rapids	Nikole	Krueger	LMSW, ADHD-CCSP	N/A	ADHD Center of West Michigan	In person and telehealth	No	No	Children, teenagers, adults	Individual therapy	English	N/A	nikole@miadhd.com	https://adhdcenterofwestmichigan.com/

MINNESOTA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Minnesota	Minneapolis	Lucy	Grantz	Licensed Marriage and Family Therapist	ERP	Pivot Psychotherapy	In person and telehealth	No	N/A	Teenagers 13+, Adults	Individual therapy	English	612-805-1410	Lucy@pivotpsychmn.com	N/A
United States of America	Minnesota	Minneapolis	Tracy	Lewis	Licensed Independent Clinical Social Worker	ACT, ERP	Together Anxiety and OCD Treatment	In person and telehealth	No	N/A	Children,, Adults	Individual therapy	English	612-599-3407	tracylewis@togethertreatment.com	www.togethertreatment.com
United States of America	Minnesota and South Dakota	Victoria	Cassandra	Leighton	Licensed Marriage and Family Therapist	ERP, CBT	CCL Therapy MN, PLLC	Telehealth	South Dakota	N/A	Childrens, teens, and adults	Individual therapy	English	952-334-7744	casi@cdtherapymn.com	www.cdtherapymn.com
United States of America	Minnesota	N/A	Jenny	Matthews	LMFT, LADC	ERP	State of Mind Therapy	Telehealth	South Dakota	N/A	Children, adults	Individual therapy	English	952-529-4741	jenny@stateofmindtherapy.com	stateofmindtherapy.com
United States of America	Minnesota	N/A	Lindsey	Bendken	LPC	ERP	The Gateway Institute	In person and telehealth	Minnesota, Arizona and New Mexico	N/A	Adults 18+	Individual, IOP and weekly skills group	English	833-432-5623	Lindsey@gatewayocd.com	https://www.gatewayocd.com/lindsey-bendken/
United States of America	Minnesota	Saint Paul	Jayme	Kolbo	MA, LPCC	ERP, CBT	OCD & Anxiety Wellness Collective	In person and telehealth	No	N/A	Ages 6+	Individual therapy	English	612-234-2205	jayme@ocdanxietywellnessco.com	www.ocdanxietywellnessco.com
United States of America	Minnesota	N/A	Sierra	Claeson	LMFT	ERP, CBT	Out of the Woods Counseling	In person and telehealth	Wisconsin, Florida, Minnesota	N/A	Ages 13+	Individual therapy	English	507-312-9455	sclaeson@outofthewoodscounselingservices.com	www.outofthewoodscounselingservices.com
United States of America	Minnesota	Minneapolis	Mitchell	Kujak	LAMFT	ERP, ACT	Mind Matters Collective	Telehealth	No	N/A	Adults 18+	Individual therapy	English	(763) 249-5031	m.kujak@mindmatterscollective.com	mindmatterscollective.com
United States of America	Minnesota	Edina	Alex	McLaughlin	LICSW	ERP	Neuron and Rose	In person and telehealth	No	N/A	Ages 6 to 45 years old	Individual therapy	English	N/A	alex@neuronandrosepsychology.com	https://www.neuronandrosepsychology.com
United States of America	Minnesota	Minneapolis	Courtney	Sellberg	LPCC	ERP, CBT, ACT	Mind Matters Collective	Telehealth	Wisconsin	No	Ages 13+	Individual therapy	English	763-249-5031	c.sellberg@mindmatterscollective.com	https://www.mindmatterscollective.com/
United States of America	Minnesota	N/A	Lindsey	Bendken	LPC/LPCC	ERP, ACT, CBT	Breaking OCD	Telehealth	Arizona, Minnesota, New Mexico, Florida	No	Adults and teenagers	Individual and group therapy	English	602-342-9616	Lindsey@breakingood.com	www.breakingood.com

Mississippi																
Country	Region/State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Mississippi	Ridgeland	Jane	Fuller	LPC license number 2124	None	Fuller Mind Counseling, LLC	In person, Telehealth	Colorado (virtually) and Mississippi	No	Teenagers, adults	Individual therapy	English	769.300.1888	jane.fullermindcounseling@gmail.com	https://www.psychologytoday.com/us/therapists/jane-fuller-ridgeland-ms/712127

Missouri																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Missouri	St. Louis	Jeremy	Shuman	PsyD, Licensed Psychologist	ERP, ACT	The Center for Mindfulness and CBT	In person if vaccinated and Telehealth	Missouri only	N/A	Adults (17+)	Individual therapy	English	Unknown	jeremyshumanpsych@gmail.com	https://mindfulstl.com/providers/jeremy-shuman-psy-d/
United States of America	Missouri	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Missouri	St. Louis	Angela	Springer	LCSW	ERP, ACT	Calm Mind CBT	In person and Telehealth	Illinois, Ohio, and Indiana	N/A	adults, teens, children	Individual therapy	English	314.669.4295	angela@calmmindcbt.com	www.calmmindcbt.com
United States of America	Missouri	St. Louis	Kara	Friedman	LPC	ERP, CBT, ACT	Private Practice	In person and Telehealth	Missouri only	N/A	Ages 12+	Individual therapy	English	N/A	Kara@karafriedmancounseling.com	www.karafriedmancounseling.com
United States of America	Missouri	St. Louis	Meredith	Beard	MSW, LMSW	ERP, CBT, ACT	The Anxiety Therapists	In person and Telehealth	Missouri only	N/A	Ages 15+	Individual therapy	English	1-314-742-8644	meredith@meredithbeard.com	www.meredithbeard.com
United States of America	Missouri	St. Louis	Andrea	Gutiérrez-Glik	LCSW	ERP	Andrea Gutiérrez-Glik, LCSW LLC	In person and Telehealth	New-York	No	Adults	Individual therapy	English	(314) 742-7330	andreaglik@gmail.com	www.andreaglik.com
United States of America	Missouri	Springfield	Rachael	Herrington Roldan	Ph.D. Licensed Psychologist	ERP, CBT	417 Psych	In person and Telehealth	PSYPACT states	No	All ages	Individual and group therapy	English	417-413-1724	dr.rachael@417psych.com	417psych.com
United States of America	Missouri	St. Louis	Allie	Wilson	Licensed Professional Counselor (LPC) MO	ERP, CBT	Brave Steps Counseling, LLC	In person and Telehealth	North Carolina	No	Adults and teenagers 16+	Individual therapy	English	314-527-0846	llie@bravestepscounseling.com	bravestepscounseling.com
United States of America	Missouri	N/A	Darlene	Weldon	LPC (Missouri), LCPC (Kansas)	ERP, CBT, ACT	Oasis Counseling and Enrichment, LLC	Telehealth	Kansas and Missouri	No	Children, Tennagers and adults	Individual and group therapy	English	(816) 651-1868	dweldon@oasiscounseling.co	www.ocdandaui-sm.com
United States of America	Missouri	Albuquerque	Armando	De La Garza	Licensed Professional Clinical Counselor	ERP, ACT	Arroyo Counseling, LLC	In person and Telehealth	Missouri and New Mexico	N/A	Adults	Individual therapy	English	505.250.2494	armando@armandolpcc.com	https://www.psychologytoday.com/us/therapists/armando-de-la-garza-albuquerque-nm/1008247
United States of America	Missouri	St. Louis	Caroline	Schmidt	LCSW	ERP, CBT, ACT	N/A	In person and Telehealth	No	Yes	Ages 18+	Individual therapy	English	(662) 763-1108	carolineschmidtcsww@gmail.com	https://www.psychologytoday.com/us/therapists/caroline-schmidt-richmond-heights-mo/1225000

Missouri																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Missouri	N/A	Kenley	Breckenridge	Licensed Professional Counselor (LPC) and Licensed Mental Health Counselor (LMHC)	ERP , ACT	Wellness Studio	Telehealth	Missouri, Indiana	No	Adults (18+)	Individual therapy	English	708-730-2954	wstudio@wellnessstudiotherapy.com	https://www.psychologytoday.com/us/therapists/kenley-breckenridge-chesterfield-mo/1273393
United States of America	Missouri	St-Louis	Sarah	Kertz	Licensed Clinical Psychologist, PhD	None	Anxiety Specialists of ST. Louis	Telehealth	PSYPAT states	No	Adults	Group therapy	English	314-462-2965	sarahkertz@anxiety-specialistsofstl.com	https://anxiety-specialistsofstl.com/2025-ood-services/

MONTANA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Montana	Helena	Kyrie	Russ	LCPC	ERP, CBT, ACT	Mount Helena Counseling	In-person and Telehealth	Montana only	N/A	Ages 16+	Individual therapy	English	406-438-6439	kruss@mounthelenacounseling.com	Unknown
United States of America	Montana	Great Falls	Kelli	Smith	LLC	ERP, CBT, ACT	Big Sky Counseling, LLC	In-person and Telehealth	Montana only	Yes	Ages 14 +	Individual therapy	English	406-642-0676	Ksmith@bigskycounselingllc.com	www.kellismithlcpc.com
United States of America	Montana	N/A	Aimee	Horn	Mental Health Therapist, LMHC, LCPC, LPCC, NCC	CBT	Aimee Horn Counseling & Consultation, PLLC	In-person and Telehealth	Washington, California	Yes	Late teens tp adults	Individual therapy	English	425-341-3618	aimee@aimeehorncounselingandconsultation.com	www.aimeehorncounselingandconsultation.com
United States of America	Montana	N/A	Samantha	White	licensed psychologist (PsyD)	ERP, CBT, ACT	Resolve Psychotherapy	Telehealth	Washington, Montana	No	Adults 18+	Individual therapy	English	406-551-6385	resolvepsychotherapypllc@gmail.com	https://www.samwhitetherapy.com

NEBRASKA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Nebraska	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	ERP, ACT	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Nebraska	Statewide	Laura	Forcella Spiering	LCSW	CBT, ACT	N/A	Telehealth	Florida, Colorado., Nebraska, South Carolina, Idaho, Wyoming	N/A	Adults (18+)	Individual therapy	English	307-272-5856	laura@lcsw1.net	<a href="https://laura-forcellaspiering.lcs
w1.net/">https://laura- forcellaspiering.lcs w1.net/

NEW HAMPSHIRE																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Hampshire	Portsmouth	Christina	Ennabe	Therapist	ERP, CBT, ACT	N/A	Telehealth	Maine and Flordia	N/A	Tennagers, adults	Individual therapy	English	603-824-3836	info@christinaennabe.com	www.christinaennabe.com
United States of America	New Hampshire	Hanover	Phoebe	Manchester	Clinical Mental Health Counselor	ERP, CBT, ACT	Treadwell Counseling, PLLC	In person and telehealth	Vermont and Massachusetts	N/A	Teenagers and adults	Individual therapy	English	603-276-0721	phoebe@treadwellcounseling.com	treadwellcounseling.com

New Jersey																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Jersey	Cherry Hill	Hamish	Gunn	LCP, Ph.D.	CBT, ERP	The Center for Emotional Health of Greater Philadelphia	Telehealth	Pennsylvania and PSYPACT states	N/A	Adults, Teens	Individual therapy	English	856-220-9672	gunn@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com/staff/dr-hamish-gunn/
United States of America	New Jersey	Cranford	Craig	Springer	Licensed Psychologist, PsyPact, TEAM-CBT Level 3	ERP, CBT	Good Life Center for Mental Health	Telehealth	New York and PSYPACT states	N/A	Adults 18+	Individual therapy	English	908-956-7979	craigspringer@goodlifecenternj.com	www.goodlifecenternj.com
United States of America	New Jersey	Cranford	Silvina	Falcon Levine	MSW, LCSW, TEAM-CBT Level 3	CBT, ERP	Good Life Center for Mental Health	Telehealth	New York	N/A	Adults 18+	Individual therapy	English and spanish	(908) 484 4644	Silvinalevine@goodlifecenternj.com	https://www.goodlifecenternj.com
United States of America	New Jersey	River Vale	Marianne	Grace Dunn	Licensed Psychologist	ERP, CBT, ACT	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	New Jersey	Morristown	Tamara	D'Alessio	LPC	ERP, ACT	Northern Counseling and Wellness	In person and Telehealth	No	N/A	Adolescents and adults	Individual therapy	English	973-913-4769	tamara@northerncounselor.com	www.northerncounselor.com
United States of America	New Jersey	N/A	Constance	J. Salhany	Profession Clinical Psychologist	ERP, CBT, ACT	Emmaus CBT DBA of Cognitive Therapy of Staten Island	Telehealth	New York, Connecticut, Florida	N/A	8 to 90 years old	Individual and group therapy	English	Intake coordinator Laura Mitchell (917) 818 5719 (M-F business hours)	info@cognitivetherapysync.com	www.cognitivetherapysync.com
United States of America	New Jersey	Princeton	Cara	Genbauffe	Psychologist	ERP, CBT, ACT	The Center for Emotional Health of Greater Philadelphia	In person in New Jersey and Telehealth	New York and PSYPACT states	N/A	Teenagers and adults	Individual therapy	English	(856) 220-9672	genbauffe@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com
United States of America	New Jersey	Teaneck	Shmaya	Krinsky	Licensed Psychologist, PsyD	ERP, CBT, ACT	Anxiety and Behavioral Health Psychotherapy	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider	N/A	Adults and teenagers	Individual therapy	English	201-564-5319	skrinsky@anxietybhp.com	www.anxietybhp.com
United States of America	New Jersey	N/A	Deborah	Rosenberg	Ph.D.	ERP, CBT	Rosenberg Psychological Services, PLLC	In person and Telehealth	New Jersey and New-York	N/A	Adults and teenagers	Individual therapy	English	516-374-1015	drosenberg@drosenbergphd.com	drosenbergphd.weebly.com
United States of America	New Jersey	N/A	Blaire	Melius	LLC	CBT	Blaire Melius Counseling LLC	Telehealth	New Jersey and massachussets	N/A	Adults	Individual therapy	English	908-758-3995	blairemelius@blairemeliuscounseling.com	www.blairemeliuscounseling.com

New Jersey																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Jersey	Lodi	Brendan	Guarino	Licensed psychologist	CBT, ERP	Keystone Psychotherapy	Telehealth	No	No	Adults, Teens	Individual therapy	English	347 674 0074	bguarino@keystonepsychotherapy.net	https://www.keystonepsychotherapy.net/
United States of America	New Jersey	N/A	Leigh Anne	Clark	LCSW	ERP, CBT, ACT	Oakview Therapy LLC	Telehealth	Georgia and New Jersey	No	Adults	Individual therapy	English	404-692-0414	oakviewtherapy@protonmail.com	https://www.oakviewtherapy.com/
United States of America	New Jersey	Clifton, Lakewood	Goldstein	Mirel	LPC	ERP, CBT	Goldstein therapy	Telehealth and in person	No	No	Children age 10+, teenagers, adults	Individual therapy	English	973-348-9384	mirel@goldsteintherapy.com	www.goldsteintherapy.com

New Mexico																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Mexico	Albuquerque	Cynthia	Keeran	Psychologist	ERP, CBT, ACT	Dr. Cynthia Keeran, Ph.D., Inc.	In person and Telehealth	No	N/A	All person 14 years old +	Individual therapy	English	505-249-1374	Drkeeran1@gmail.com	None
United States of America	New Mexico	Albuquerque	Armando	De La Garza	Licensed Professional Clinical Counselor	ERP, ACT	Arroyo Counseling, LLC	In person and Telehealth	Missouri and New Mexico	N/A	Adults	Individual therapy	English	505.250.2494	armando@armandolpcc.com	https://www.psychologytoday.com/us/therapists/armando-de-la-garza-albuquerque-nm/1008247
United States of America	New Mexico	N/A	Lindsey	Bendken	LPC	ERP	The Gateway Institute	In person and telehealth	Minnesota, Arizona and New Mexico	N/A	Adults 18+	Individual, IOP and weekly skills group	English	833-432-5623	Lindsey@gatewayocd.com	https://www.gatewayocd.com/lindsey-bendken/
United States of America	New Mexico	N/A	Lindsey	Bendken	LPC/LPCC	ERP, ACT, CBT	Breaking OCD	Telehealth	Arizona, Minnesota, New Mexico, Florida	No	Adults and teenagers	Individual and group therapy	English	602-342-9616	Lindsey@breakingood.com	www.breakingood.com

New York																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New York	Katonah	Susan	Wagner	Ph.D.	ERP, CBT	N/A	In person and Telehealth	Unknown	N/A	Children (7+), Teenagers, adults	Individual therapy	English	914-760-7091	susan@wagnerphd.com	www.wagnerphd.com
United States of America	Licensed in New York and New Jersey	Physical officie River Vale, NJ	Marianne	Grace Dunn	Licensed Psychologist	ERP, CBT, ACT	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	New York	State Wide in telehealth	Ben	Eckstein	LCSW	ERP, CBT, ACT	Bull City Anxiety & OCD Treatment Center	In person and Telehealth	Yes, also licensed in North Carolina and Massachusetts	N/A	Adults	Individual therapy	English	+1(919) 808-2318	ben.eckstein@bullcityanxiety.com	www.bullcityanxiety.com
United States of America	New York	Schenectady	Klara Natalia	Granger	LCSW	N/A	N/A	In person and Telehealth	No	N/A	Adults, emphasis on LGBTQ population	Individual therapy	English	646 780 9322	socialworkgranger@gmail.com	www.mosaicmentalhealthcenter.com
United States of America	New York	Staten Island	Constance	J. Salhany	Profession Clinical Psychologist	ERP, CBT, ACT	Emmaus CBT DBA of Cognitive Therapy of Staten Island	In person and Telehealth	New Jersey, Connecticut, Florida	N/A	8 to 90 years old	Individual and group therapy	English	Intake coordinator Laura Mitchell (917) 818 5719 (M-F business hours)	info@cognitivetherapysci.com	www.cognitivetherapysci.com
United States of America	New York	New City	Lisa	Bander	LCSW	CBT	Private Practice	Telehealth	No	N/A	Adults	Individual therapy	English	(914) 980-6655	lisabanderlcswh@gmail.com	https://www.psychologytoday.com/us/therapists/lisabander-new-city-ny/67165
United States of America	New York	NA	Renee	Smucker	Ph.D., Licensed Psychologist	ERP, CBT	Maryland Parent Child Clinic, LLC	Telehealth	Maryland	N/A	All ages 2 years old +	Individual and family interventions	English	410-205-4928	info@marylandpcc.com	www.marylandpcc.com
United States of America	New York	Suffren	Rebecca	Holczer	Licensed Psychologist, PsyD	CBT	Center for Anxiety	In person and Telehealth	Psypact state	N/A	Adults	Individual therapy	English	845-533-2791	rholczer@centerforanxiety.org	www.centerforanxiety.org
United States of America	New Jersey	Princeton	Cara	Genbauffe	Psychologist	ERP, CBT, ACT	The Center for Emotional Health of Greater Philadelphia	In person in New Jersey and Telehealth	New York and PSYPACT states	N/A	Teenagers and adults	Individual therapy	English	(856) 220-9672	genbauffe@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com
United States of America	New York	NA	Shmaya	Krinsky	Licensed Psychologist, PsyD	ERP, CBT, ACT	Anxiety and Behavioral Health Psychotherapy	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider	N/A	Adults and teenagers	Individual therapy	English	201-564-5319	skrinsky@anxietybhp.com	www.anxietybhp.com
United States of America	New York	Hewlett	Deborah	Rosenberg	Ph.D.	ERP, CBT	Rosenberg Psychological Services, PLLC	In person and Telehealth	New Jersey and New-York	N/A	Adults and teenagers	Individual therapy	English	516-374-1015	drosenberg@drosenbergphd.com	drosenbergphd.weebly.com

New York																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New York	Rochester	Erica	L Pardi	Licensed Mental Health Counselor (LMHC)	ERP, CBT, ACT	Meridian Psychology Practice, PLLC	In person and Telehealth	Massachussetts	N/A	Adults	Individual therapy	English	585-201-8211	ericapardilmhc@gmail.com	https://www.meridianpractice.org/staff/ericapardi/
United States of America	New York	N/A	Andrea	Gutiérrez-Glik	LCSW	ERP	Andrea Gutiérrez-Glik, LCSW LLC	Telehealth	Missouri and New-York	No	Adults	Individual therapy	English	(314) 742-7330	andreaglik@gmail.com	www.andreaglik.com
United States of America	New York	N/A	Madeline	Moersch	LCSW	ERP, CBT, ACT	Westside OCD & Anxiety Center	In Person(LA) or Telehealth	Califomia (Los Angeles)	Yes	Teenagers and adults	Individual therapy	English	(213) 461-0978	madeline@westsideocd.com	www.westsideocd.com
United States of America	New York	N/A	Sheri	Orr	Psychotherapist /LMHC/LPC	ERP, CBT	Integrative Psychotherapy, LLC	Telehealth	Arizona	No	Adults	Individual therapy	English	602-935-4445	SheriOrr@sheriorr.com	www.sheriorr.com
United States of America	New York	Statewide	Regina	Lazarovich	PhD (clinical psychologist)	ERP, CBT, ACT	Compass CBT	Telehealth	California and New York (statewide)	Yes	Adults	Individual therapy	English	347-735-9740	hello@CompassCBT.com	www.CompassCBT.com
United States of America	New York	Morristown	Tamara	D'Alessio	LPC	ERP, ACT	Northern Counseling and Wellness	In person and Telehealth	No	N/A	Adolescents and adults	Individual therapy	English	973-913-4769	tamara@northerncounselor.com	www.northerncounselor.com
United States of America	New York	N/A	Rich	Gallagher	LMFT	ACT, ERP	Private practice	Telehealth	Arizona, New York, Colorado, Florida	N/A	Adults, Teens 16+	Individual therapy	English	607-227-2252	rsgassoc@gmail.com	www.anxietycamp.com
United States of America	New York	Statewide	Michelle	Gomez-Salazar	LCSW	ERP, CBT, ACT	N/A	Telehealth	California and New York	No	Adults	Individual therapy	English, Spanish	(949) 779-5029	hello@michellegomezsalazar.com	www.michellegomezsalazar.com
United States of America	New York	N/A	Silvina	Falcon Levine	MSW, LCSW, TEAM-CBT Level 3	CBT, ERP	Good Life Center for Mental Health	Telehealth	New Jersey	N/A	Adults 18+	Individual therapy	English and spanish	(908) 484 4644	Silvinalevine@goodlifecenter.nj.com	https://www.goodlifecenternj.com
United States of America	New York	Armonk	Suzanne	Kaphan	MA, LCSW	ERP, CBT, ACT	Private practice	In person and Telehealth	Connecticut (telehealth only) and New York	No	Adults	Individual therapy	English	203-312-7632	info@suzannekaphan.com	www.suzannekaphan.com
United States of America	New York	N/A	Lynette	Miller-Volel	LCSW, therapist	CBT, ERP	Path of Compassion Therapy	Telehealth	No	No	Adults	Individual therapy	English	N/A	Lynette@pathofcompassiontherapy.com	https://www.pathofcompassiontherapy.com/

NEVADA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Nevada	NA	Maria	Estante	LMFT, LPCC	ERP, ACT	Exposure Therapy Designs	In person and telehealth	Califomia (in person), Telehealth : Hawaii, Indiana, Massachusetts, Nevada, Virginia	No	Adults	Individual and group therapy	English	323-332-1655	rheba@exposuretherapydesigns.com	www.exposuretherapydesigns.com
United States of America	Nevada	Las Vegas, Henderson	Lourdes	Viado	PhD, LMFT	CBT, ACT	N/A	In person and telehealth	No	No	Adults	Indivudal therapy	English	702-941-1790	admin@lourdesviado.com	https://lourdesviado.com/
United States of America	Nevada	Las Vegas	Erica	Smith	Clinical Professional Counselor Nevada, Licensed Mental Health Counselor Florida and Washington	ERP, CBT, ACT	Erica Smith Counseling	Telehealth	Florida, Washington, Las Vegas	No	Tennagers, adults	Individual therapy	English	702-522-1671	Erica.smith@youranxietycounselor.com	youranxietycounselor.com

North Carolina																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	North Carolina	Durham	Ben	Eckstein	LCSW	ERP, CBT, ACT	Bull City Anxiety & OCD Treatment Center	In person and Telehealth	Yes, also licensed in Massachusetts and New York	N/A	Adults	Individual therapy	English	+1(919) 808-2318	ben.eckstein@bullcityanxiety.com	www.bullcityanxiety.com
United States of America	North Carolina	N/A	Katie	Jones	LCSW	EPR	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	N/A	12 years old +	Individual therapy	English	617-383-7255	Katie.J.Joneslcsw@gmail.com	https://www.psychologytoday.com/us/therapists/katie-jones-redondo-beach-ca/727021
United States of America	North Carolina	N/A	Pérez	Mcgowan	Licensed Psychologist (Clinical)	ERP, ACT	McGowan Psychological Services, PLLC- Owner	in person (1-day peer week) & videoconferencing	PSYPACT states	N/A	Teenagers and adults	Individual therapy	English	919-241-7972	info@mcgowanpsych.com	www.mcgowanpsych.com
United States of America	North Carolina	Greenville	Kari	Cadmus	LCMHC, LCAS, NCC	ERP, CBT	Origins Counseling & Wellness, PLLC	In person and Telehealth	No	N/A	Adults	Individual therapy	English	252-220-0420	kari@originscw.com	https://originscounselingandwellness.com/
United States of America	North Carolina	Matthews	Leah	Barnes	LCMHCS	ERP, ACT	Ridgeline Counseling and Supervision, PLLC	Telehealth	South Carolina	N/A	Late teenagers and adults	Individual therapy	English	704-776-1632	Leah@RidgelineCAS.com	https://www.ridgelinecas.com/
United States of America	North Carolina	N/A	Allie	Wilson	Licensed Professional Counselor (LPC) MO	ERP, CBT	Brave Steps Counseling, LLC	Telehealth	Missouri	No	Adults and teenagers 16+	Individual therapy	English	314-527-0846	llie@bravestepscounseling.com	bravestepscounseling.com
United States of America	North Carolina	Winston-Salem	Leslie	Dempsey	LCMHC, LCAS	ERP, CBT, ACT	Salem Counseling and Consulting	Telehealth	Vermont and South Carolina	No	Adults (18 to 65 years old)	Individual therapy	English	336-290-5005	leslie@salemcounselingandconsulting.com	www.salemcounselingandconsulting.com
United States of America	North Carolina	Raleigh	Megan	Lanier	LCMHCA	ERP, CBT, ACT	Aspire Counseling Group	In person and Telehealth	No	No	Ages 15+	Individual therapy	English	919-864-2114	megan@aspiregroupnc.com	https://www.psychologytoday.com/us/therapists/megan-lanier-raleigh-nc/1227187

OHIO																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Ohio	Statewide/Dublin (Columbus area) beginning September 2022	Paul	Kitzmilller	Licensed Professional Counselor	ERP, ACT	Restoring Hope Counseling	Telehealth	Unknown	N/A	Children 9 years and older, teenagers, adults	Individual therapy	English	937-303-7198	paul@restoringhopecc.com	https://www.psychologytoday.com/us/therapists/paul-kitzmilller-cincinnati-oh/795392
United States of America	Ohio and Virginia	Cincinnati	Mandy	Schweinfest	M.Ed., MS, LPCC	ERP	Upward You Counseling	Telehealth	Virginia and Ohio	N/A	Adults, Teens 15+	Individual therapy	English	513-440-5005	MandyMedMSLPCC@gmail.com	www.upwardYouCounseling.com
United States of America	Ohio	Mayfield Village	Teresa	Rogers	PhD, IMFT-S, LPCC-S	ERP	The Relationship Center of NE Ohio	In person and Telehealth	No	N/A	Adults 18+	Individual therapy	English	330-497-2452	teresa@therelationshipcenterofneohio.com	www.therelationshipcenterofneohio.com
United States of America	Ohio	N/A	Angela	Springer	LCSW	ERP, ACT	Calm Mind CBT	In person and Telehealth	Missouri, Illinois and Indiana	N/A	adults, teens, children	Individual therapy	English	314.669.4295	angela@calmmindcbt.com	www.calmmindcbt.com
United States of America	Ohio	Cleveland	Jinger	Kinner	MFT, LPCC	ERP, ACT	The Relationship Center of Northeast Ohio	In person and Telehealth	No	N/A	Adults	Individual therapy	English	330-497-2452	jinger@therelationshipcenterofneohio.com	https://www.therelationshipcenterofneohio.com/jinger-moore
United States of America	Ohio	Columbus	Lawrence	Needleman	Ph.D., ABPP, ACT	ERP, ACT	Columbus OCD and Anxiety	In person and Telehealth	PSYPACT STATES	N/A	Adults 18+	Individual therapy	English	614-858-5502	lawrenceneedleman@columbusanxiety.com	www.columbusanxiety.com
United States of America	Ohio	Perrysburg	Veronika	Spicer	Ph.D., Clinical psychologist	ERP, CBT, ACT	the Anxiety Treatment Center of Greater Toledo	In person and Telehealth	Telehealth in Michigan	N/A	Adults 18+	Individual therapy	English	419-931-3029	vspicer.phd@gmail.com	www.atctoledo.com

OKLAHOMA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Oklahoma	Tulsa	Sheenah	M. Weber	MA, LPC	ERP	The OCD Counseling Services of Tulsa, PLLC	In-person and Telehealth	Oklahoma only	N/A	Children, teenagers , adults	Individual therapy	English	(918)-921-8972	info@ocdtulsa.com	www.ocdtulsa.com
United States of America	Oklahoma	Oklahoma City	Thai-An	Truong	LPC, LADC	ERP	Lasting Change Therapy	Telehealth	Oklahoma only	N/A	Adults	Individual therapy	English	405-237-5782	thaian@lastingchangetherapy.com	www.lastingchangetherapy.com
United States of America	Oklahoma	Oklahoma City	Eunice	Melakayil	Licensed Professional Counselor	CBT , ACT	Serenity Found LLC	Telehealth	Oklahoma only	N/A	Adults	Individual therapy	English	405-294-2648	eunice@serenityfoundtherapy.com	www.serenityfoundtherapy.com
United States of America	Oklahoma	Tulsa	Karen	Alonso	Licensed Marriage and Family Therapist	CBT , ERP	The OCD Counseling Services of Tulsa	Oklahoma (in person) California (Videconferencing)	Oklahoma (in person) California (Videconferencing)	N/A	Teenagers , adults	Individual therapy	English	(918) 236-0273	info@ocdtulsa.com	www.ocdtulsa.com
United States of America	Oklahoma	N/A	Cari	Whittenburg	LCSW	ERP, CBT , ACT	OCD Revdution, PLLC	Telehealth	Texas and Florida	Yes	Adults	Individual and group therapy	English	844-NO-MO-OCD	hey@ocdrevolution.com	ocdrevolution.com
United States of America	Oklahoma	N/A	Krista	Reed	LSCSW	ERP, CBT	OCD and Anxiety Clinic	In person/ Telehealth	Oklahoma	Yes	Ages 6+	Individual therapy	English	316-559-3554	krista@apbwichita.com	apbwichita.com

OREGON																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Oregon	Tigard	Jenny	Labrousse	LPC	ERP, CBT	Willamette Anxiety Clinic	In person / Telehealth	No	N/A	Ages 15+	Individual therapy	English	503-825-0234	enny@willametteanxietyclinic.com	willametteanxietyclinic.com
United States of America	Oregon	Portland	Andrea	Millen	Licensed Psychologist	ERP, ACT	Courageous Roots Institute	Telehealth	N/A	N/A	Adults 18+	Individual and group therapy	English	503-388-3433	andrea@courageous-roots.com	www.courageous-roots.com
United States of America	Oregon	Portland	Amy	Baker	LPC, LMFT	ERP	Portland Therapy Services, LLC	Telehealth	No	N/A	Children (10+), Teens, Adults, Families	Individual and Family therapy	English	503-897-0411	portlandtherapyservices@gmail.com	www.portlandtherapyservices.com
United States of America	Oregon	Portland	Sarah	Weber	LMHC, LPC, AT-P	ERP	Say With Sarah PLLC	Telehealth	Yes, washington	N/A	12+ (adolescents, teens, adults)	Individual and group therapy	English	971-394-3433	saywithsarah@protonmail.com	https://sarah-weber.org/
United States of America	Illinois, Oregon	State wide	Heather	Beller	LPC/LCPC	N/A	Love & Work Therapy, PLLC	Telehealth	Illinois, Oregon	N/A	Adults	Individual therapy	English	(872) 264-8220	Hello@HeatherBellerTherapy.com">Hello@HeatherBellerTherapy.com	https://heatherbellertherapy.com/
United States of America	Oregon	Salem	Heather	Chase	LPC	ERP, CBT, ACT	Salem Trauma Therapy	Telehealth	Oregon and Washington	No	Adults	Individual therapy	English	N/A	info@salemtraumatherapy.com	www.salemtraumatherapy.com

PENNSYLVANIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Pennsylvania (PA) and Maryland (MD)	Gettysburg	Shannon	Grimsley	LPC, LCPC	ERP, CBT, ACT	Standpoint Counseling Services	Telehealth	Pennsylvania, Maryland, Kentucky	N/A	Teenagers 13+, Adults	Individual therapy	English	717-467-3687	info@standpointcounseling.com	www.standpointcounseling.com
United States of America	Pennsylvania	City Camp Hill	Shannon	Weise	Profession-therapist/social worker	ERP, CBT, ACT	The Anxiety & OCD Treatment Center of Central Pennsylvania	In person and telehealth	Maryland and south carolina	N/A	Children, Adolescents, and Adults	Individual and group therapy	English	717-461-7933	shannon@isthisocd.com	www.isthisocd.com
United States of America	Pennsylvania	Pittsburgh	Libreta	Turner	LPC, NCC	ERP, CBT	Heart & Mind Counseling	In person and telehealth	West Virginia	N/A	Children and adults	Individual therapy	English	724-307-8022	lpctumer@gmail.com	https://heartandmindpgh.com/
United States of America	Pennsylvania	Pittsburgh	Liz	Vecenie	LCSW	ERP, CBT	Allegheny Mental Health Associates	In person and telehealth	No	N/A	Teenagers and adults	Individual therapy	English	412-967-5660 x870	Liz.vecenie@amha.hush.com	N/A
United States of America	Pennsylvania	Pittsburgh	Nicholas	R. Flower	Psychologist	ERP, CBT, ACT	OCD Spectrum	In person and telehealth	Yes PSYPACT states	N/A	Children and adults	Individual and group therapy	English	412 444-8776	info@oodpittsburgh.com	www.ocdpittsburgh.com
United States of America	Rhode Island and Pennsylvania	N/A	Kelly	Fallon	LMHC, LPC	ERP, ACT	Rivers and Rhodes Counseling, LLC	Telehealth	Rhode Island and Pennsylvania	N/A	Adults	Individual therapy	English	Contact by email only	kellyfi@riversandrhodes.org	N/A
United States of America	Pennsylvania	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	ERP, CBT, ACT	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia, Pennsylvania	N/A	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Pennsylvania	Pittsburgh	Amy	DeMario	LCSW	ERP, CBT, ACT	Allegheny Mental Health Associates (AMHA)	In person and telehealth	No	Yes	Teenagers and adults	Individual therapy	English	412-967-5660 ext. 854	amydemario@amha.hush.com	www.amha4u.com
United States of America	Pennsylvania	Royersford	Sandra	Puckett	Licensed Professional Counselor (LPC), Licensed Behavior Specialist (LBS)	ERP, CBT, ACT	Hope Heart Momentum, LLC Therapy Services	In person and telehealth	No	No	Teenagers and adults	Individual therapy	English	484-501-4836	sandra@hopeheartmomentum.com	www.hopeheartmomentum.com
United States of America	Pennsylvania	Pittsburgh	Michael	Parker	LCSW	ERP, CBT, ACT	Mike Parker, LCSW, LLC Henry	In person and telehealth	No	No	Teenagers and adults	Individual therapy	English	412-775-1085	mike@pittsburghtherapyocd.com	https://pittsburghtherapyocd.com
United States of America	Pennsylvania	N/A	Leigh Anne	Clark	LCSW	ERP, CBT	Oakview Therapy LLC	Telehealth	Georgia, New Jersey, Pennsylvania	No	Adults	Individual therapy	English	404-692-0414	oakviewtherapy@protonmail.com	https://www.oakviewtherapy.com/

PENNSYLVANIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Pennsylvania	Bala Cynwyd	Margaret (Peggy)	Latsios	LCSW	ERP, CBT, ACT	Anxiety and Agoraphobia Treatment Center	In person and Telehealth	No	Yes	Ages 11+	Individual therapy	English	(610) 667-6490 ext 16	platsios@aatcphila.com	aatcphila.com
United States of America	Pennsylvania	Ardmore	Melissa	Rogel	LMFT	ACT	Cooperative Path	In person and Telehealth	Pennsylvania and Vermont	N/A	Adults	Individual therapy	English	1-610-465-1375	info@cooperativepath.com	http://www.cooperativepath.com

RHODE ISLAND																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Rhode Island and Pennsylvania	N/A	Kelly	Fallon	LMHC, LPC	ERP, ACT	Rivers and Rhodes Counseling, LLC	Telehealth	Rhode Island and Pennsylvania	N/A	Adults	Individual therapy	English	Contact by email only	kellyf@riversandrhodes.org	N/A
United States of America	Rhode Island	N/A	Kenzi	DeFaria	Licensed Independent Clinical Social Worker (LICSW)	ERP, ACT	Golden Hour Therapy	In person and telehealth	Rhode Island and Massachusetts	N/A	Tennagers and adults	Individual therapy	English	4015857968	kenzi@goldenhourtherapist.com	www.goldenhourtherapist.com

SOUTH CAROLINA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	South Carolina	Lexington	Nora	Sindair	LPC, NCC	ERP, CBT	N/A	In-person and Telehealth	South Carolina only	N/A	Unknown	Individual therapy	English	803-728-1168	nora@norasindair.com	www.norasindair.com
United States of America	South Carolina	Charleston	Kari	W. Saul	LPC	ERP, ACT	Blue Sky Counseling LLC	In person	South Carolina only	N/A	Adults 18+	Individual therapy	English	843-730-4613	kari@blueskycounselingsc.com	blueskycounselingsc.com
United States of America	South Carolina	City Camp Hill	Shannon	Weise	Profession-therapist/social worker	ERP, CBT, ACT	The Anxiety & OCD Treatment Center of Central Pennsylvania	In person and telehealth	Maryland and Pennsylvania	N/A	Children, Adolescents, and Adults	Individual and group therapy	English	717-461-7933	shannon@isthisood.com	www.isthisood.com
United States of America	South Carolina	Columbia	Virginia	Cooper	Clinical Psychologist, licensed psychologist, PhD	ERP, ACT	Carolina Center for Anxiety and OCD	In-person and Telehealth	South Carolina only	N/A	Ages 16+	Individual therapy	English	803-877-6151	ccanxietyocd@gmail.com	https://cardinacentranxietyocd.clientsecure.me/
United States of America	South Carolina	Statewide	Laura	Forcella Spiering	LCSW	CBT, ACT	N/A	Telehealth	Florida, Colorado, Nebraska, South Carolina, Idaho, Wyoming	N/A	Adults (18+)	Individual therapy	English	307-272-5856	laura@lcsw1.net	https://laura-forcellaspiering.lcsw1.net/
United States of America	South Carolina	N/A	Lauren	Johnson	LPC	ERP, ACT	Neuroqueering Counseling Services, LLC	Telehealth	South Carolina, Florida, Virginia, Vermont	No	16 years old +	Individual therapy	English	434.515.0695	Lauren@NeuroqueeringCounseling.com	www.NeuroqueeringCounseling.com
United States of America	South Carolina	Atlanta	J. Scott	Matthews	Licensed Professional Counselor	ERP, ACT	Private practice	In person and telehealth	Florida, South Carolina, Texas and Georgia	N/A	Adults 18+	Individual therapy	English	770-747-0478	emergingselfpsychotherapy@msn.com	jscottmatthewslpc.com

SOUTH DAKOTA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	South Dakota	N/A	Jenny	Matthews	LMFT, LADC	ERP	State of Mind Therapy	Telehealth	Minnesota	N/A	Children, adults	Individual therapy	English	952-529-4741	jenny@stateofmindtherapy.com	stateofmindtherapy.com
United States of America	South Dakota	N/A	Leela	Gerhenson	LPC	ERP	Leela Gershenson Counseling	Telehealth	Florida, Virginia	N/A	16 years old +	Individual therapy	English	305-792-8560	leelag@acceptancelifecounseling.com	https://www.leelagcounseling.com

TENNESSEE																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Tennessee	Nashville	Amy	Mariaskin	Clinical Psychologist	ERP, CBT, ACT	Nashville OCD & Anxiety Treatment Cente	In person and telehealth	No	N/A	Children, Teenagers, Adults	Individual therapy	English	615-412-1155	info@ocdnashville.com	www.ocdnashville.com
United States of America	Tennessee	Nashville	Kiesa	Kelly	Psychologist	ERP, CBT, ACT	ScienceWorks Behavioral Healthcare	Telehealth	No	N/A	Adults	Individual therapy	English	931-223-1095	kiesa.kelly@scienceworkshealth.com	www.scienceworkshealth.com
United States of America	Tennessee	Smyrna	Carrie	Bock	LPC-MHSP	CBT, ACT	By The Well Counseling	In person and telehealth	No	No	Teenagers, Adults	Individual and group therapy	English	615-933-8232	bythewellcounseling@gmail.com	www.bythewellcounseling.com
United States of America	Tennessee	Memphis	Sonia	Torrey	LPC-MHSP	ERP, CBT, ACT	Limitless Living, LLC	In person and telehealth	No	Yes	Ages 16+	Individual therapy	English	404-913-4786	soniatorreylpcmhsp@gmail.com	https://www.psychologytoday.com/us/therapists/sonia-torrey-cordova-tr/1103814
United States of America	Tennessee	Knoxville	Laura	Eddlemon	LCSW	ERP, CBT, ACT	Laura Eddlemon LCSW	In person and telehealth	No	Yes	Ages 16+	Individual therapy	English	8652063623	lauraeddlemonlcsw@hushmail.com	https://www.psychologytoday.com/us/therapists/laura-catherine-eddlemon-knoxville-tn/281496

TEXAS																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Texas	Lewisville	Jaycie	Osborne	LPC-Associate, Supervised by Shannon Dusza, LPC-S	ACT, ERP	Engage to Change Counseling	In person and telehealth	No	N/A	Teenagers, Adults	Individual therapy	English	469-389-1123	ihello@engagetochangecounseling.com	https://www.engagetochangecounseling.com
United States of America	Texas	Decatur	Cari	Whittenburg	Licensed Clinical Social Worker (LCSW)	ERP, ACT	Take Heart Therapy + Coaching, PLLC	In person and telehealth	No	N/A	Teenagers (16+), Adults	Individual therapy	English	(940) 539-3200	hello@letstakeheart.com	www.letstakeheart.com
United States of America	Texas	Houston	Eeva Karliina	Edds	Licensed Professional Counselor	ERP, ACT	Houston Center for Valued Living	Telehealth	No (Finland)	N/A	All ages	Individual and group therapy	English and Finnish	713-331-5538 ext. 4	eeva@hcfvl.com	https://www.houstoncenterforvaluedliving.com/
United States of America	Texas	Flower Mound	Cyra	Crouch	M.Ed., LPC, PMH-C	CBT	Cyra Crouch Counseling & Wellness	In person and telehealth	No	N/A	Teenagers, Adults	Individual and group therapy	English	281-595-8193	cyracrouch@gmail.com	www.cyracrouch.com
United States of America	Texas	N/A	Roxanne	Nowak	LPC, LMFT	ERP, CBT, ACT	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Floride, Delaware	N/A	Adults	Individual therapy	English	Please text or leave vm - 715- 255-0530	RoxanneNowak@heartfullmindscounseling.com	https://heartfullmindscounseling.com
United States of America	Texas	N/A	Lisa	Wright	LCSW, MSW, MAT	ERP, CBT	Heart of Texas Therapy Services PLLC	Telehealth	No	N/A	Ages 12-100	Individual therapy	English	979-406-5808	Lisa@heartoftxtherapy.com	www.heartoftxtherapy.com
United States of America	Texas	San Antonio	Brittany	Hudson	PhD, LPC	ERP, ACT	Levity Counseling	In person and telehealth	No	No	Adults	Individual and group therapy	English	N/A	hello@levitycounseling.com	https://www.levitycounseling.com
United States of America	Texas	Denton and Flower Mound	Adam	Sandlin	LPC, BTTI and certified biblical counselor	ERP, CBT, ACT	Covenant Christian Counseling	In person and telehealth	No	No	Adults	Individual and couple therapy	English	(469) 635-2200 or (940) 268-4909	adam@covenantbiblicalcounseling.com	https://covenantbiblicalcounseling.com/
United States of America	Texas	N/A	Nicole	Williams	LCSW	ERP	N/A	Telehealth	Florida	N/A	Adults	Individual therapy	English	352-631-8341	email@nicolewilliamslcsw.com	https://www.psychologytoday.com/us/therapists/nicole-j-williams-spring-hill-fl/1050695
United States of America	Texas	N/A	Cari	Whittenburg	LCSW	ERP, CBT, ACT	OCD Revdution, PLLC	Telehealth	Oklahoma and Florida	Yes	Adults	Individual and group therapy	English	844-NO-MO-OCD	hey@ocdrevolution.com	ocdrevolution.com
United States of America	Texas	Lewisville	Kallie	Norred	LPC	ERP, CBT, ACT	Kallie Norred Counseling, PLLC	In person and telehealth	No	N/A	Ages 16+	Individual therapy	English	469-702-1342	kallie@kallienorredcounseling.com	www.kallienorredcounseling.com
United States of America	Texas	Dallas	Amanda	Steed	LCSW, LICSW	CBT, ACT	Unfolding Collective - Therapy & Consulting, PLLC	Telehealth	Texas, Colorado, Washington	No	Adults	Individual and group therapy	English	214-444-3025	amanda@amandasteed.com	amandasteed.com
United States of America	Texas	Atlanta	J. Scott	Matthews	Licensed Professional Counselor	ERP, ACT	Private practice	In person and telehealth	Florida, South Carolina, Texas and Georgia	N/A	Adults 18+	Individual therapy	English	770-747-0478	emergingselfpsychotherapy@msn.com	jscottmatthewsplc.com

TEXAS																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Texas	N/A	Jackie	Ward	LMSW	ERP, ACT	The And Way Therapy, PLLC	Telehealth	Texas and Florida	No	Adults	Individual therapy	English	806-607-0037	jackiewardlmsw@gmail.com	https://www.psychologytoday.com/us/therapists/jackie-ward-tyler-tx/1242484
United States of America	Texas	Austin	Alina	Khomenko	Psychologist, PsyD	ERP, ACT, CBT	Empowered Minds OCD and Anxiety Care, PLLC	In person and telehealth	PSYPACT and Texas	No	Ages 18+	Individual therapy	English	512-222-8737	DrK@EmpoweredMindsATX.com	https://www.empoweredmindsatx.com/
United States of America	Texas	Austin	Seanna	Crosbie	LCSW	ERP, ACT, CBT	Seanna Crosbie Counseling, PLLC	In person and telehealth	Texas and California	No	Ages 7+	Individual and group therapy	English	512.762.2550	Therapy@SeannaCrosbie.com	www.SeannaCrosbie.com
United States of America	Texas	Lewisville	Renee	Osborne	LPC-S	ERP, ACT, CBT	DFW Christian Counseling	In person and telehealth	Texas and Virginia	Yes	Adults	Individual and group therapy	English	972-571-0000	info@dfwchristiancounseling.com	https://dfwchristiancounseling.com

UTAH																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Utah	N/A	Amanda	Gibb	LCSW	ERP, ACT	Godwin Counseling	Telehealth	Yes in Idaho, Wyoming and Utah	N/A	Adults and Children	Individual therapy	English	385-350-0171	godwincounseling1@gmail.com	godwincounseling.com
United States of America	Utah	N/A	Sarah	Hunter	LCSW	ERP, ACT	Wasatch Family Therapy	In person and Telehealth	Idaho	N/A	16 years old +	Individual therapy	English	801-477-0835	SarahHunterLCSW@gmail.com	https://sarahhunterlcsw.com/ and https://wasatchfamilytherapy.com/sarah-hunter
United States of America	Utah	Provo	Daniel	Barnes	Psychologist	ERP, ACT	New Beginnings Counseling Group	In person and Telehealth	No	N/A	16 years old +	Individual therapy	English	801-477-6750	daniel.nbcutah@gmail.com	https://nbcgutah.com/
United States of America	Utah	Centerville	Kathryn	Meiners	LCSW, CFLE	ERP, ACT. ACT	Bright Paths Therapy	In person and Telehealth	New York and Utah	No	Teenagers and adults	Individual therapy	English	801-923-4049	office@brightpathstherapy.com	https://www.brightpathstherapy.com/
United States of America	Utah	Provo	Karmen	Tuivai	LCSW	ERP, ACT. ACT	Magnolia Tree Counseling	In person and Telehealth	No	No	Adults	Individual therapy	English	801 319 9156	karmen@magnoliatreecounseling.com	www.magnoliatreecounseling.com
United States of America	Utah	N/A	Camille	Richards	LCSW	ERP, CBT, ACT	Strive to Thrive Therapy LLC	Telehealth	Idaho	Yes	Teenagers and adults	Individual and group therapy	English	435-255-3050	Camille@strive2thrivetherapy.com	Strive2thrivetherapy.com

VERMONT																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Vermont	N/A	Phoebe	Manchester	Clinical Mental Health Counselor	ERP, CBT, ACT	Treadwell Counseling, PLLC	In person and telehealth	Massachusetts and New Hampshire	N/A	Teenagers and adults	Individual therapy	English	603-276-0721	phoebe@treadwellcounseling.com	treadwellcounseling.com
United States of America	Vermont	N/A	Roxanne	Nowak	LPC, LMFT	ERP, CBT, ACT	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Floride, Delaware	N/A	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindscounseling.com	https://heartfullmindscounseling.com
United States of America	Vermont	N/A	Lauren	Johnson	LPC	ERP, ACT	Neuroqueering Counseling Services, LLC	Telehealth	South Carolina, Florida, Virginia, Vermont	No	16 years old +	Individual therapy	English	434.515.0695	Lauren@NeuroqueeringCounseling.com	www.NeuroqueeringCounseling.com
United States of America	Vermont	N/A	Melissa	Rogel	LMFT	ACT	Cooperative Path	In person and Telehealth	Pennsylvania and Vermont	N/A	Adults	Individual therapy	English	1-610-465-1375	info@cooperativepath.com	http://www.cooperativepath.com

VIRGINIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Virginia	Charlottes ville	Leela	Gerhenson	LPC	ERP	Leela Gershenson Counseling	Telehealth	South Dakota, Florida	N/A	16 years old +	Individual therapy	English	305-792-8560	leelag@acceptancelifecounseling.com	https://www.leelagcounseling.com
United States of America	Virginia	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	ERP, CBT, ACT	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia	N/A	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Virginia	Bethesda	Melissa	Murphy	psychotherapist /licensed clinical social worker/LCSW-C	ERP, CBT, ACT	Bethesda Therapy LLC	Telehealth	Maryland, Washington DC, Virginia	N/A	12+	Individual therapy	English	240.389.0027	Melissa@wearebethesdatherapy.com	www.wearebethesdatherapy.com
United States of America	Virginia	Harrisonburg	Jen	Viola	LPC	CBT	Viola Counseling LLC	Telehealth	No	N/A	Adults 18-60	Individual therapy	English	5405023681	jviolalpc@gmail.com	https://headway.co/providers/jen-viola
United States of America	Virginia	N/A	Jennifer	Oh	Psy.D, Licensed Psychologist	ERP, ACT	Relational-Cultural Counseling	Telehealth	Mayland and Virginia	N/A	Tennagers, adults, elderly	Individual therapy	English and Korean	678-544-2088	dr.jenn@chpsychologist.com	chpsychologist.com
United States of America	Virginia	Harrisonburg	Crystal	Horning	LPC	None	Crystal Horning, LPC, PLLC	In person	No	No	Adults	Individual therapy	English	540-315-1890	Crystal.lpc@crystalhoming.com	Http://Crystalhoming.com
United States of America	Virginia	NA	Maria	Estante	LMFT, LPCC	ERP, ACT	Exposure Therapy Designs	In person and telehealth	California (in person), Telehealth : Hawaii, Indiana, Massachusetts, Nevada, Virginia	No	Adults	Individual and group therapy	English	323-332-1655	rheba@exposuretherapydesigns.com	www.exposuretherapydesigns.com

VIRGINIA																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Virginia	Lynchburg	Lauren	Johnson	LPC	ERP, ACT	Neuroqueering Counseling Services, LLC	Telehealth	South Carolina, Florida, Virginia	No	16 years old +	Individual therapy	English	434.515.0695	Lauren@NeuroqueeringCounseling.com	www.NeuroqueeringCounseling.com
United States of America	Virginia	N/A	Renee	Osborne	LPC-S	ERP, ACT, CBT	DFW Christian Counseling	In person and telehealth	Texas and Virginia	Yes	Adults	Individual and group therapy	English	972-571-0000	info@dfwchristiancounseling.com	https://dfwchristiancounseling.com

WASHINGTON																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Washington	Unknown	Melissa	Hadfield	LICSW	ERP, ACT	N/A	Telehealth	Washington State only	N/A	Unknown	Individual therapy	English	Unknown	melissa@hadfieldlicsw.org	www.seattleocd.com
United States of America	Washington	Greater Seattle Area/Belle vue/Sammamish	Michele	Loewy	MS, LMFT	ERP, ACT, CBT	Eastside Modern Family Therapy	Telehealth	SPACE groups across state lines	N/A	Unknown	Individual therapy	English	425-202-5985	therapy@eastsidemodernfamily.com	www.eastsidemodernfamily.com
United States of America	Washington	Statewide	Theresa	C.	MSSW, LICSW	ERP, ACT	Olympic OCD Services	Telehealth	Washington and Pennsylvania	N/A	Adults	Individual therapy	English	360-565-6216	Theresa@OlympicOCD.com	www.OlympicOCD.com
United States of America	Washington	Seatte	Christine	Cuhacyan	MA, LMHC	ACT, CBT	Envision Counseling & Healing Place Seattle	In-person and Telehealth	Unknown	N/A	Adults (18+)	Individual therapy	English	206-858-1177 x181	christine@envisioncounseling.net	EnvisionCounseling.net and HealingPlaceSeattle.com
United States of America	Washington	Tacoma	Quyen	B. Nguyen	Licensed Psychologist	ERP	PNW Happy Healthy, PLLC	In person and telehealth	Hawaii and PSYPACT states	N/A	Adults 18+	Individual therapy	English	(253)785-9367	admin@heydrq.com	https://www.heydrq.com
United States of America	Washington and Texas	Gig Harbor, WA, Harker Heights, TX	Lauren	Spencer	Licensed Marriage and Family Therapist	ACT, ERP	Hope Rekindled Counselin	Telehealth	Washington and Texas	N/A	College age up individuals, and couples	Individual therapy	English	(206)552-9280	lauren@hoperekindledcounseling.com	https://www.hoperekindledcounseling.com/
United States of America	Washington	Spokane	Sarah	Weber	LMHC, LPC, AT-P	ERP	Say With Sarah PLLC	Telehealth	Yes, washington	N/A	12+ (adolescents, teens, adults)	Individual and group therapy	English	971-394-3433	saywithsarah@protonmail.com	https://sarah-weber.org/
United States of America	Washington	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	ERP, CBT, ACT	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia	N/A	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Washington	Bellingham	Katharine	Botelle Wolhart	Child and Family therapist	ERP, ACT	Katharine Botelle Wolhart PLLC (private practice)	In-person and Telehealth	No	N/A	Children/youth/young adults (ages 6-25 years old) and their families	Individual and family therapy	English	360-926-5647	kbw@hart@gmail.com	https://meetmonarch.com/therapist/katharine-botelle-wolhart-llc-behavioral-health-therapist-bellingham-wa
United States of America	Winthrop	Tacoma	Sarah	Beck	Marriage and Family therapist	ERP, ACT	Balanced Roots Therapy	In-person and Telehealth	No	N/A	Children, Teenagers and adults	Individual, family and group	English	(253) 888-5617	info@balancedrootstherapy.com	https://www.balancedrootstherapy.com

WASHINGTON																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Washington	Bethesda	Melissa	Murphy	psychotherapist /licensed clinical social worker/LCSW-C	ERP, CBT, ACT	Bethesda Therapy LLC	Telehealth	Maryland, Washington DC, Virginia	N/A	12+	Individual therapy	English	240.389.0027	Melissa@wearebethesdathrapy.com	www.wearebethesdathrapy.com
United States of America	Washington	Tacoma	Jennifer	Hunting	MA, LMHCA	ERP, ACT	The Mountain Is Out Therapy PLLC	In-person and Telehealth	No	N/A	Adults	Individual therapy	English	253-265-4338	hello@themountainisouthrapy.com	www.themountainisouthrapy.com
United States of America	Washington	Washington	Hannah	Ehrenzeller	LPC, NCC	CBT	Exploring Compassion	Telehealth	No	No	Adults	Individual therapy	English	202-748-1442	h.ehrenzeller@exploringcompassion.com	https://www.psychologytoday.com/us/therapists/hannah-ehrenzeller-washington-dc/1228576
United States of America	Washington	Seattle	Brittany	King	Psychotherapist : Psy.D. LMHC	ERP, CBT	Brittany King EMDR and Counseling Services	In-person and Telehealth	No	Yes	Children, teenager, adults	Individual and group therapy	English	Na	brittanychristineking@gmail.com	https://secure.helloalma.com/account/public
United States of America	Washington	Seattle	Aimee	Horn	Mental Health Therapist, LMHC, LCPC, LPCC, NCC	CBT	Aimee Horn Counseling & Consultation, PLLC	In-person and Telehealth	Califomia, Montana	Yes	Late teens to adults	Individual therapy	English	425-341-3618	aimee@aimeehorncounselingandconsultation.com	www.aimeehorncounselingandconsultation.com
United States of America	Washington	Mercer Island	Aude	Geltzer	MA, LMHC (Licenced Mental Health Counseling)	ERP, CBT, ACT	Aude Geltzer Therapy	Telehealth	No	No	Adults	Individual therapy	French and English	206-612-1719	Audegeltzer@therapyemail.com	www.Audegeltzertherapy.com
United States of America	Washington	Kirkland	Kristi	Content	Licensed Mental Health Counselor Associate	ERP, CBT, ACT	Content Counseling Services	In-person and Telehealth	No	Yes	Children, teenager, adults	Individual therapy	English	425-954-6702	kristi@contentcounselingservices.com	www.contentcounselingservices.com
United States of America	Washington	N/A	Samantha	White	licensed psychologist (PsyD)	ERP, CBT, ACT	Resolve Psychotherapy	Telehealth	Washington, Montana	No	Adults 18+	Individual therapy	English	406-551-6385	resolvepsychotherapypllc@gmail.com	https://www.samwhitetherapy.com
United States of America	Washington	Seattle	Brandi	Carey	Licensed Mental Health Counselor (LMHC)	CBT, ACT	Brandi Carey Therapy	Telehealth	No	Yes	Ages 13+	Individual, and supplemental family therapy requested	English	1-253-245-1382	bcarey@bcareytherapy.org	https://www.psychologytoday.com/us/therapists/brandi-carey-seattle-wa/1115142
United States of America	Washington	N/A	Erica	Smith	Clinical Professional Counselor Nevada, Licensed Mental Health Counselor Florida and Washington	ERP, CBT, ACT	Erica Smith Counseling	Telehealth	Florida, Washington, Las Vegas	No	Tennagers, adults	Individual therapy	English	702-522-1671	Erica.smith@youranxietycounselor.com	youranxietycounselor.com

WASHINGTON																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Washington	N/A	Amanda	Steed	LCSW, LICSW	CBT, ACT	Unfolding Collective - Therapy & Consulting, PLLC	Telehealth	Texas, Colorado, Washington	No	Adults	Individual and group therapy	English	214-444-3025	amanda@amandasteed.com	amandasteed.com
United States of America	Washington	Poulsbo	Allison	Ramsey	LMFT	ERP, ACT, CBT	Allison Ramsey Therapy	Telehealth (california), in person (Washington)	California and Washington	No	Children (3-12) and adults	Individual therapy	English	(323) 739-8984	allie@allisonramseytherapy.com	allisonramseytherapy.com
United States of America	Washington	N/A	Heather	Chase	LPC	ERP, CBT, ACT	Salem Trauma Therapy	Telehealth	Oregon and Washington	No	Adults	Individual therapy	English	N/A	info@salemtraumatherapy.com	www.salemtraumatherapy.com

West Virginia																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	West Virginia	N/A	Libreta	Turner	LPC, NCC	ERP, CBT	Heart & Mind Counseling	In person and telehealth	Pennsylvania	N/A	Children and adults	Individual therapy	English	724-307-8022	lpctumer@gmail.com	https://heartandmindpgh.com/

WISCONSIN																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Wisconsin	Pewaukee	Kelley	Steeves	LPC-IT	ERP, ACT, CBT	Lighthouse Counseling	In person and telehealth	No	N/A	Adults (18+)	Individual therapy	English	1-262-462-0848	kelley.steeves@lighthousecounselors.com	https://www.lighthousecounselors.com/
United States of America	Wisconsin	N/A	Roxanne	Nowak	LPC, LMFT	ERP, ACT, TF-CBT	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Floride, Delaware	N/A	Adults	Individual therapy	English	Please text or leave vm - 715- 255-0530	RoxanneNowak@heartfullmindscounseling.com	https://heartfullmindscounseling.com
United States of America	Wisconsin	N/A	Sierra	Claeson	LMFT	ERP, CBT	Out of the Woods Counseling	In person and telehealth	Wisconsin, Florida, Minnesota	N/A	Ages 13+	Individual therapy	English	507-312-9455	sclaeson@outofthewoodscounselingservices.com	www.outofthewoodscounselingservices.com
United States of America	Wisconsin	Milwaukee	Carrie	Torres	MS, LPC	ERP, ACT, CBT	Inside Out Counseling LLC	Telehealth	No	Yes	Teenagers and adults	Individual therapy	English	414/-01-3315	ctorres@iocounseling.com	iocounseling.com

WYOMING																
Country	Region/ State	City	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Wyoming	Statewide	Laura	Forcella Spiering	LCSW	CBT, ACT	N/A	Telehealth	Florida, Colorado, Nebraska, South Carolina, Idaho, Wyoming	N/A	Adults (18+)	Individual therapy	English	307-272-5856	laura@lcsw1.net	https://laura- forcellaspiering.lcs w1.net/

International References																
Countrys	Region/ States	Cities	First Name	Last Name	Profession	Other treatments than ICBT provided	Organization Name	Delivery: in person/ teleconferencing	Treatment provided Internationally	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United Kingdom	Oxfordshire	Oxford	Claire	Vickers	Cognitive behavioural therapist (BACP accredited)	ERP, CBT	Private practice	In person and telehealth	All europeans countries	N/A	Adults	Individual therapy	English	N/A	clairevickerscbt@gmail.com	clairevickerscbt.co.uk/
United Kingdom	Wales	Near Cardiff and Swansea	Andrea	Prevett	Clinical psychologist	ERP, CBT, ACT	Vale Coast Psychology	In person and telehealth	Yes, online only	N/A	Adults	Individual therapy	English	+44 7789915114	andrea@valecoast.co.uk	www.valecoast.co.uk
United States of America	Massachusetts	Newton	Francis (Fran preferred)	Kuehn	Licensed Independent Clinical Social Worker	ERP, CBT, ACT	Fran Kuehn LICSW, M.Ed. A-CBT	In person and telehealth	Yes, by arrangments only Canada and Israel	N/A	Children and adults	Individual and group therapy	English	(617) 564-3687	Frankuehn@gmail.com	www.frankuehn.com
INDIA	TamilNadu	N/A	Abby	Muthu	Clinical Psychologist/Therapist	ERP, CBT, ACT	N/A	Telehealth	Yes, internationally	N/A	Adults and children	Individual and group therapy	English,Tamil ,Telugu	91 9342786922	Abhimuthuyk@gmail.com	https://www.ocdglobaltherapy.com/
Lebanon	Beirut	Hadath	Lea Mia	Asfour	Licensed Clinical Psychologist	ERP	N/A	In person and Telehealth (worldwide)	Yes, internationally online	N/A	Late teens and adults	Individual therapy	English,Arabic	+961 71817051	lma@leamiaasfour.com	leamiaasfour.com
Australia	All states, online provider	All capital cities	Shane	Curley	Clinical Psychologist	ERP, ACT	Flexible Psychology	Telehealth only	Yes, all countries except USA and Canada	N/A	Adults (18+)	Individual therapy	English	N/A	shane@flexiblepsychology.com	www.flexiblepsychology.com
United States of America	Utah	Provo	Karmen	Tuivai	LCSW	ERP, ACT, ACT	Magnolia Tree Counseling	In person and Telehealth	Yes Canada British Columbia	No	Adults	Individual therapy	English	801 319 9156	karmen@magnoliatreecounseling.com	www.magnoliatreecounseling.com