AUSTRALIA

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Australia	All states, online provider	All capital cities	Shane	Curley	Clinical Psychologist	Yes	Flexible Psychology	Telehealth only	Yes	N/A	Adults (18+)	Individual therapy	English	+61425408538	shane@flexiblepsychology.com	www.flexiblepsychology.com
Australia	South australia	Adelaide	Michelle	Wharton	Clinical and Forensic Psychologist	No	Surf Your Mind	Telehealth only	Australia-wide	N/A	Adults (18+)	Individual therapy	English	61 430 952 472	michelle@surfyourmind.co	www.surfyourmind.co
Australia	South australia	Adelaide	Cassie	Lavell	Clinical Psychologist	Yes	Centre for Anxiety and OCD	Telehealth only	Yes	Yes	Teenagers and adults	Individual therapy	English	07 5681 0775	cassie@caogoldcoast.com	www.caogoldcoast.com
Australia	Western Australia	Perth	Lisa	Unwin	Psychologist	Yes	Flexible Thinking - OCD & Anxiety Clinic	In person and Telehealth	Can offer treatment Australia-wide but cannot offer rebate/subsidised treatment outside of Australia.	No	All ages	Individual therapy	English	08 9334 5696	lisa@flexiblethinkingclinic.com.au	www.flexiblethinkingclinic.com.au
Australia	Victoria	Greater Geelong	Beth	McConnell	Counselor	Yes	Geelong OCD Counselling	In person and Telehealth	Yes	No	Ages (16+)	Individual therapy	English	61 408 918 074	beth@geelongocdcounselling.com.au	www.geelongocdcounselling.com.au
Australia	New South Wales	Lismore	Lucy	Wise	Registered Psychologist	Yes	Ritual Psychology	In person and Telehealth	Australia-wide	No	Adults	Individual therapy	English	N/A	hello@ritualpsychology.com.au	https://ritualpsychology.com.au
Australia	New South Wales	Sydney	Kelvin	Wong	Clinical Psychologist, Lecturer/Assistant Professor	Yes	SFW Psychology, La Trobe University	In person and telehealth	Yes	N/A	Teenagers and adults	Individual therapy	English	N/A	sfwpsychology@gmail.com	Unknown
Australia	New South Wales	Kiama	David	Cooper	Clinical Psychologist	Yes	Cooper Psychology	In person and telehealth	Yes	N/A	Teenagers and adults	Individual therapy	English	(02) 4250 1080	admin@davidcooper.com.au	https://davidcooper.com.au

CANADA

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Alberta

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Canada	Alberta	Calgary	Rod	Mitchell	Registered Psychologist	No	Emotions Therapy Calgary	In person and telehealth	No	Yes	Teenagers; Adults	Individual therapy	English	587-577-4982	rod@emotionstherapycalgary.ca	https://www.emotionstherapycalgary.ca/cognitive-behavioral-therapy-calgary

British Columbia

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Canada	Ontario and British Columbia	Toronto	Marlene	Taube-Schiff	Registered Psychologist	No	Forward Thinking Psychological Services	Telehealth	Ontario and British Columbia	N/A	Teenagers; Adults	Individual therapy	English	N/A	Info@ftpsych.ca	Canada
Canada	British Columbia	Vancouver	Masha	Rademakers	Registered Clinical Counsellor / RCC / Master's of Arts.	No	North Shore CBT Centre	In person / Telehealth	Yes	Yes	Childrens, teens, adults	Individual therapy	English	N/A	masha@northshorecbt.com	Canada
Canada	British Columbia	N/A	Nathania	Lukman	Occupational Therapist, Psychotherapist	Yes	Valued Living Therapy Services	In person and Telehealth	British Columbia, Manitoba, Prince Edward Island, Newfoundland and Labrador, and Nova Scotia	No	Adults (18+)	Individual therapy	Englsih	289-432-8811	nathania@valuedlivingtherapy.ca	www.valuedlivingtherapy.ca

LABRADOR

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Canada	Labrador	N/A	Nathania	Lukman	Occupational Therapist, Psychotherapist	Yes	Valued Living Therapy Services	In person and Telehealth	British Columbia, Manitoba, Prince Edward Island, Newfoundland and Labrador, and Nova Scotia	No	Adults (18+)	Individual therapy	Englsih	289-432-8811	nathania@valuedlivingtherapy.ca	www.valuedlivingtherapy.ca

Manitoba

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Canada	Manitoba	Winnipeg	Shanna	Kelly	Counselling therapist	Yes	Private practice	Telehealth and in person	depends on regional regulation	N/A	Adults	Individual therapy	ENGLISH	204-333-2425	skellycounselling@gmail.com	www.shannakelly.com
Canada	Manitoba	N/A	Nathania	Lukman	Occupational Therapist, Psychotherapist	Yes	Valued Living Therapy Services	In person and Telehealth	British Columbia, Manitoba, Prince Edward Island, Newfoundland and Labrador, and Nova Scotia	No	Adults (18+)	Individual therapy	Englsih	289-432-8811	nathania@valuedlivingtherapy.ca	www.valuedlivingtherapy.ca

NEW BRUNSWICK

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Canada	New Brunswick	NA	Anna	Scetinina	MACP, RP	No	Turning Point Psychological Services	Telehealthw	Quebec, New Brunswick, Nova Scotia, Nunavut	Yes	Children, teenagers, adults	Individual therapy	Russian, English	(647) 444 6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	New Brunswick	NA	Mandy	Taylor	MA, C.Psych, Psychologist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	New Brunswick	NA	Bevlyn	Hetz	MACP, Registered Psychotherapist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	New Brunswick	NA	Sarah	Yakubov	MACP, Registered Psychotherapist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	New Brunswick	NA	Anna	Scetinina	MACP, Registered Psychotherapist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/

Nova Scotia

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Canada	Nova Scotia	NA	Anna	Scetinina	MACP, RP	No	Turning Point Psychological Services	Telehealthw	Quebec, New Brunswick, Nova Scotia, Nunavut	Yes	Children, teenagers, adults	Individual therapy	Russian, English	(647) 444 6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Nova Scotia	NA	Mandy	Taylor	MA, C.Psych, Psychologist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Nova Scotia	NA	Bevlyn	Hetz	MACP, Registered Psychotherapist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Nova Scotia	NA	Sarah	Yakubov	MACP, Registered Psychotherapist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Nova Scotia	NA	Anna	Scetinina	MACP, Registered Psychotherapist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Nova Scotia	N/A	Nathania	Lukman	Occupational Therapist, Psychotherapist	Yes	Valued Living Therapy Services	In person and Telehealth	British Columbia, Manitoba, Prince Edward Island, Newfoundland and Labrador, and Nova Scotia	No	Adults (18+)	Individual therapy	Englsih	289-432-8811	nathania@valuedlivingtherapy.ca	www.valuedlivingtherapy.ca

NUNAVUT

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Canada	Nunavut	NA	Anna	Scetinina	MACP, RP	No	Turning Point Psychological Services	Telehealthw	Quebec, New Brunswick, Nova Scotia, Nunavut	Yes	Children, teenagers, adults	Individual therapy	Russian, English	(647) 444 6030	inquiries@turningpointpsychology.ca	N/A

NEW FOUNDLAND

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Canada	New Foundland	N/A	Nathania	Lukman	Occupational Therapist, Psychotherapist	Yes	Valued Living Therapy Services	In person and Telehealth	British Columbia, Manitoba, Prince Edward Island, Newfoundland and Labrador, and Nova Scotia	No	Adults (18+)	Individual therapy	Englsih	289-432-8811	nathania@valuedlivingtherapy.ca	www.valuedlivingtherapy.ca

Ontario

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Canada	Ontario	Hamilton	Deborah	Birkett	Registered Psychothérapist	Yes	Sanctuary Psychotherapy	Telehealth	Yes	No	Adults (18+)	Individual therapy	Englsih	289-382-9103	deborah@sanctuarypsychotherapy.ca	https://sanctuarypsychotherapy.ca/
Canada	Ontario	Toronto	Alannah Alexandra	Care	Registered Psychotherapist	No	Balanced Mind and Wellness Inc.	In person and Telehealth	No	N/A	Children (10+) and adults	Individual therapy	English	416-232-2780	alannah@balancedmindandwellness.com	Www.etobicokepsychotherapy.com
Canada	Ontario	Toronto	Glenda	Carman-Gray	Registered Social Worker (RSW) and Psychotherapist	Yes	Therapy On Yonge - OCD and Anxiety Treatment	In person and Telehealth	No	N/A	Adults (18+)	Individual therapy	English	647.492.4610	glendacgray@gmail.com	glendacarmangray.com &/or therapyonyonge.ca
Canada	Ontario and British Columbia	Toronto	Marlene	Taube-Schiff	Registered Psychologist	No	Forward Thinking Psychological Services	Telehealth	Ontario and British Columbia	N/A	Teenagers; Adults	Individual therapy	English	N/A	Info@ftpsych.ca	www.ftpsych.ca
Canada	Ontario	Toronto/ Barrie	Emina	Hendricks	Registered Psychotherapist	Yes	CareWay Counselling	Telehealth	Maybe - depends on region's regulation re: psychotherapy	N/A	Adults	Individual therapy	English	416-994-4621	emina@careway.ca	www.careway.ca
Canada	Ontario	Toronto	Anna	Scetinina	MACP, RP	No	Turning Point Psychological Services	Telehealth	Quebec, New Brunswick, Nova Scotia, Nunavut	Yes	Children, teenagers, adults	Individual therapy	Russian, English	(647) 444 6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca https://www.annascetinina.com
Canada	Ontario	New Market	Kristen	Marszalek	Registered Psychotherapist (Qualifying), College of Registered Psychotherapists of Ontario (reg #13650)	Yes	Kristen Marszalek Psychotherapist	In person and Telehealth	No	No	Teenagers; Adults	Individual therapy	English	289-307-0029	psychotherapist.kristen@gmail.com	https://www.psychologytoday.com/ca/therapists/kristen-marszalek-newmarket-on/1233600
Canada	Ontario	Toronto	Nathania	Lukman	Occupational Therapist, Psychotherapist	Yes	Valued Living Therapy Services	In person and Telehealth	British Columbia, Manitoba, Prince Edward Island, Newfoundland and Labrador, and Nova Scotia	No	Adults (18+)	Individual therapy	Englsih	289-432-8811	nathania@valuedlivingtherapy.ca	www.valuedlivingtherapy.ca

Ontario

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Canada	Ontario	Toronto	Rixi	Abrahamsohn	Ph.D., C.Psych., Psychologist	Yes	The Therapy Centre	In person/ Telehealth	No	No	Adults (18+)	Individual therapy	English	289-291-0205	info@thetherapycentre.ca dr.abrahamsohn@thetherapycentre.ca	https://thetherapycentre.ca/toronto-clinicians/
Canada	Ontario	NA	Mandy	Taylor	MA, C.Psych, Psychologist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Ontario	NA	Bevlyn	Hetz	MACP, Registered Psychotherapist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Ontario	NA	Sarah	Yakubov	MACP, Registered Psychotherapist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Ontario	NA	Anna	Scetinina	MACP, Registered Psychotherapist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Ontario	Ottawa	Nathalie	Freynet	PhD, C.Psych (clinical psychologist)	No	Anxiety Ottawa	Telehealth	Ontario, Québec	No	Adults (18+)	Individual therapy	English, Français	613-981-9228	drnathaliefreynet@gmail.com	https://www.anxietyottawa.com/our-therapists

PRINCE EDWARD ISLAND

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Canada	PRINCE EDWARD ISLAND	N/A	Nathania	Lukman	Occupational Therapist, Psychotherapist	Yes	Valued Living Therapy Services	In person and Telehealth	British Columbia, Manitoba, Prince Edward Island, Newfoundland and Labrador, and Nova Scotia	No	Adults (18+)	Individual therapy	Englsih	289-432-8811	nathania@valuedlivingtherapy.ca	www.valuedlivingtherapy.ca

Québec

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Canada	Québec	Montréal	Catherine	Ouellet-Courtois	Psychologist	Yes	Private Pactice	Telehealth	Québec wide	N/A	Adults	Individual therapy	French and English	N/A	catherineouelletcourtois.psy@gmail.com	N/A
Canada	Québec	NA	Anna	Scetinina	MACP, RP	Yes	Turning Point Psychological Services	Telehealthw	Quebec, New Brunswick, Nova Scotia, Nunavut	Yes	Children, teenagers, adults	Individual therapy	Russian, English	(647) 444 6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca https://www.annascetinina.com
Canada	Québec	NA	Mandy	Taylor	MA, C.Psych, Psychologist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Québec	NA	Bevlyn	Hetz	MACP, Registered Psychotherapist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Québec	NA	Sarah	Yakubov	MACP, Registered Psychotherapist	No	Turning Point Psychological Services	Telehealth	Ontario, Québec, New Brunswick, Nova Scotia	Yes	Childrens, teens, adults	Individual therapy	English and Russian	647-444-6030	inquiries@turningpointpsychology.ca	https://www.turningpointpsychology.ca/
Canada	Québec	Laval	Alisson	Poirier-Arbour	Psychologist	No	Private practice	In person and Telehealth	Québec	N/A	Adults	Individual therapy	French	438-777-9512	aparbour@gmail.com	N/A
Canada	Québec	NA	Nathalie	Freynet	PhD, C.Psych (clinical psychologist)	No	Anxiety Ottawa	Telehealth	Ontario, Québec	No	Adults (18+)	Individual therapy	English, Français	613-981-9228	drnathaliefreynet@gmail.com	https://www.anxietyottawa.com/our-therapists
Canada	Québec	Montréal	Kelly Ann	Cartwright	PsyD.	No	Private practice	In person and Telehealth	No	No	Adults	Individual therapy	English, Français	N/A	info@lakeshorepsychology.ca	www.lakeshorepsychology.ca

Québec

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Canada	Québec	Montréal	Didier	Havé	Psychologist	No	Private practice	In-person and Telehealth	Québec	No	Adults	Individual and group therapy	French	514-431-5598	info@didier-have.com	www.didier-have.com https://www.youtube.com/channel/UCFBw9YgiCMixWuUP5gVB0DQ
Canada	Québec	City saint-laurent (Montréal)	Sara	Labbé	Psychologist	No	Private practice	In-person and Telehealth	Québec	No	Adults	Individual therapy	French, English	514-516-8193	saralabbepsy@gmail.com	https://slpsy.ca

CHINA

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China	Shaan'x	Xi'an	Tang	Pei	LPC	Yes	N/A	In person and Telehealth	Yes	No	Tennagers and adults	Individual therapy	English, Mandarin	(+86) 131-5212-1986	varonicatang@gmail.com	N/A

FINLAND

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Finland	North Carelia	Joensuu	Susi	Meritammi	LPC	No	Kohden Oy	In person and Telehealth	Yes	No	Adults	Individual therapy	Finnish, Swedish, English	+358457838767 3	susi@kohden.f	www.kohden.fi

FRANCE

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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France	Paris	Paris	Rahma	Tribak	Clinical psychologist	Yes	N/A	Telehealth	Yes	No	Teenagers, Adults	Individual therapy	French, Arabic (Moroccan Dialect)	+33 7 67 37 66 39	rahmatribak@hotmail.com	N/A

INDIA

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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India	Karnataka	Mysore	BS	Sindhu	MS and PsyD from USA, Rehabilitation Council of India registration.	No	Aware Mental Health	Telehealth	Yes	Yes	Teenagers and adults	Individual and group therapy	English, Kannada, Hindi	918660388394	awarementalhealth@gmail.com	www.awaremh.com

ISRAEL

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Israel	N/A	Jerusalem	Tzippi (Laurie)	Moss	Psychotherapist. Masters in Counseling Psychology	No	Tzippi Moss	Telehealth and in person	No	No	Adults	Individual therapy	Hebrew and english	+972-52-563-8988	inneralchemists@gmail.com	https://www.inner-alchemist.com

LEBANON

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Lebanon	Beirut	Hadath	Lea Mia	Asfour	Licensed Clinical Psychologist	Yes	Private practice	In person and Telehealth (worldwide)	Yes, internationally online	Yes	Late teens and adults	Individual therapy	English,Arabic	+961 71817051	lma@leamiaasfour.com	leamiaasfour.com

NETHERLANDS

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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Netherlands	Noord Holland	Amsterdam	Hester	Hoette	Psychologist MSc NIP / IBA / I-CBT-therapist / ACT therapist	No	Hester Hoette	Telehealth	Yes	No	Adults	Individual therapy	Dutch	N/A	hester.hoette@gmail.com	N/A

NEW ZEALAND

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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New Zealand	Auckland	Auckland	Dr. Miriam	Larsen-Barr	Clinical Psychologist	Yes	Engage Aotearoa	In person and online (online only at the moment)	Unknown	N/A	Unknown	Individual therapy	English	274292102	Unknown	EngageAotearoa@gmail.com	www.engagenz.co.nz
New Zealand	Waikato	Hamilton	Dr Juliette	Troy	Clinical Psychologist	Yes	N/A	In person and online	New Zealand wide	N/A	Teenagers and adults	Individual therapy	English	0224580567	4, Claudelands Road, Hamilton	juliettetroy@gmail.com	www.juliettetroy.nz

PERU

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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Peru	N/A	N/A	Gabriela	Huber	LPC	Yes	Healthy Minds Therapy	Telehealth	No	Yes	Children, teenagers, adults	Individual therapy	English and spanish	520-6836745	gabrielahlpc@healthymindstherapy.net	www.healthymindstherapy.net

SINGAPORE

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Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
Singapore	N/A	N/A	Isabelle	Gaffney	Clinical Mental Health Counselor/LCMHC /Ph.D.	No	A Heapful of Hope	Telehealth	No	Yes	Children, teenagers and adults	Individual and group therapy	English and Mandarin	+65 8080-5170	isabelle@aheapfulofhope.com	https://aheapfulofhope.com

SPAIN

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Spain	Valencia	Valencia	Sara	LLorens Aguilar	Psychologist	Yes	N/A	In person and telehealth	No	N/A	Adults	Individual therapy	Spanish, English, French	34 691 12 10 16	Gran Vía Ramón y Cajal n°37 pta.40 46007 Valencia (Spain)	sllorens@cop.es	None

UNITED KINGDOM

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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ORGANISATIONS

Country	Region/state	ORGANISATION NAME	Langages	Procedure/requirements to contact this service	Phone	Adress	Website
United Kingdom	Dundee	Advanced Interventions Service	English	The AIS is part of the national health service; only accept referrals from a consultant psychiatrist in NHS boards in the UK are accepted (see https://www.advancedinterventions.org.uk/index.php/en/the-service/referral-and-assessment/referral-faq.html referal guildines).	+44 (0)1382 496233	Area 7, Level 6 South Block Ninewells Hospital and Medical School Dundee, DD1 9SY. UK	https://www.advancedinterventions.org.uk/index.php/en/the-service/about-the-service/contact-us.html

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United Kingdom	Oxfordshire	Oxford	Claire	Vickers	Cognitive behavioural therapist (BACP, BABCP accredited)	Yes	Private practice	In person and telehealth	Yes all UK and out of UK	Yes	Adults	Individual therapy	English	N/A	clairevickerscbt@gmail.com	clairevickerscbt.co.uk/
United Kingdom	Wales	Near Cardiff and Swansea	Andrea	Prevett	Clinical Psychologist	Yes	Vale Coast Psychology	In person and telehealth	Yes	N/A	Adults	Individual therapy	English	+44 7789915114	andrea@valecoast.co.uk	www.valecoast.co.uk
United Kingdom	Southwest	Bristol	Sarah	Ensoll	Clinical Psychologist registered with HCPC PYL26291	Yes	N/A	In person and telehealth	Yes all UK	N/A	Ages 16+	Individual therapy	English	N/A	Connectandchangetherapy@outlook.com	www.connectandchangetherapy.com
United Kingdom	City of Bristol	Bristol	Andy	Persson	FDA Counselling, MBACP	No	Private practice	In person and telehealth	Yes	No	Adults	Individual therapy	English	+44 7828660855	andypersonscounselling@gmail.com	www.talkandwalk.co.uk
United Kingdom	North Wales	Menai Bridge and Llandudno	Agi	Sikorska GMBPSs	Accredited CBT Therapist, Integrative Psychotherapist, Schema Therapist, EMDR Therapist. Member of BABCP, BACP and BPS	Yes	Food For Thought Therapy	In person and telehealth	Yes all UK	Yes	Teenagers and adults	Individual and group therapy	English	07918558297	agi@foodforthoughttherapy.co.uk	foodforthoughttherapy.co.uk
United Kingdom	Southwest	Bristol	Joanne	Weston	Clinical Psychologist (HCPC registered PYL26669)	No	Bristol Psychology Clinic Ltd	Telehealth	Yes all UK	No	Adults	Individual therapy	English	07871863827	mail@bristolpsychologyclinic.com	www.bristolpsychologyclinic.com

UNITED KINGDOM

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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United Kingdom	Scottland	Elgin	Audrey	Henderson	Clinical psychologist	Yes	Moray Psychology Services	In person and telehealth	Yes all UK	No	Adults	Individual	English	N/A	audrey@moraypsychologyservices.com	https://www.moraypsychologyservices.com/
United Kingdom	Merseyside & Cheshire	City Wirral	Victoria	Lacey	Psychotherapist	No	GetCBT Ltd	In person and telehealth	Yes all UK	No	Ages 17+	Individual	English	(+44) 0151 4533877	victorialacey@getcbt.co.uk	www.getcbt.co.uk
United Kingdom	South East	London & Essex	Vickie	Norris	Cognitive Behavioural Therapist (BABCP accredited) & Psychotherapist	No	All Within The Mind	In person and telehealth	Yes all UK	No	Adults, teenagers	Individual	English	07554 312118	vickie@allwithinthemind.co.uk	www.allwithinthemind.co.uk
United Kingdom	South East	London	Christopher	Jones	Counsellor	No	Chris Jones Counselling	In person and telehealth	Yes all Europe	Yes	Adults	Individual	English	07540436171	Chrisjonescounselling@gmail.com	www.chrisjonescounselling.co.uk
United Kingdom	Kent	N/A	Anna	Keen	Counsellor	No	Integrative Counselling	In person and telehealth	Yes	No	Adults	Individual	English	+44 7738 197739	annakeen18@gmail.com	www.integrativecounselling.co.uk

UNITED STATES OF AMERICA – PSYPACT STATES REFERENCE LIST

The Psychology Interjurisdictional Compact (PSYPACT) is an interstate compact designed to facilitate the practice of telepsychology and the temporary in-person, face-to-face practice of psychology across state boundaries. These are the Psypact states for psychologists that indicate they participate; Alabama, Arizona, Arkansas , Colorado, Connecticut, Delaware, District of Columbia, Georgia, Idaho, Illinois, Indiana, Kansas, Kentucky, Maine, Maryland, Minnesota, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, North Carolina, Ohio, Oklahoma, Pennsylvania, South Carolina (pending changes), Tennessee, Texas, Utah, Virginia, Washington, West Virginia, Wisconsin.

PSYPACT REFERENCE LIST

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Alabama	Fairhope	Bridget	Hannahan	Licensed Psychologist	Yes	Narrow Road Counseling	In person and Telehealth	Yes, telehealth PSYPACTS states	N/A	Children, tennagers and Adults	Individual therapy	English	251-644-6263 (Email strongly preferred)	Bridget@NarrowRoadConfidential.com	www.Galatians69.com
United States of America	Florida	State wide	Marianne	Grace Dunn	Licensed Psychologist	No	N/A	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	Illinois	Chicago	Erin	Terada	Licensed Clinical Psychologist	No	Kokoro Psychological & Consultation Services, PLLC	Telehealth	PsyPACT passport	Yes	Teenagers and adults	Individual therapy	English	847-579-9355	Drerin@kokoropsychservices.com	www.kokoropsychservices.com
United States of America	Illinois	Chicago	Lisa	Conway	Clinical psychologist	Yes	Exposure Therapy Chicago	Telehealth	Yes, PSYPACT	No	Adults 18+	Individual therapy	English	312/471.3910	lisa@exposuretherapychicago.com	www.exposuretherapychicago.com
United States of America	Maryland	Towson	Beth	S. Surbeck	Ph. D.	No	Anxiety and Stress Disorders Institute of Maryland	Telehealth	PSYPACT states	N/A	Adults 18+	Individual therapy	English	443-286-5408	bethsurbeck@anxietyandstress.com	www.anxietyandstress.com
United States of America	New Jersey	Cherry Hill	Hamish	Gunn	LCP, Ph.D.	Yes	The Center for Emotional Health of Greater Philadelphia	Telehealth	Pennsylvania and PSYPACT states	No	Adults, Teens	Individual therapy	English	856-220-9672	gunn@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com/staff/dr-hamish-gunn/
United States of America	New Jersey	Cranford	Craig	Springer	Licensed Psychologist, PsyPact, TEAM-CBT Level 3	Yes	Good Life Center for Mental Health	Telehealth	New York and PSYPACT states	N/A	Adults 18+	Individual therapy	English	908-956-7979	craigspringer@goodlifecenternj.com	www.goodlifecenternj.com
United States of America	New York	Suffren	Rebecca	Holczer	Licensed Psychologist, PsyD	No	Center for Anxiety	In person and Telehealth	Psypact state	N/A	Adults	Individual therapy	English	845-533-2791	rholczer@centerforanxiety.org	www.centerforanxiety.org

UNITED STATES OF AMERICA – PSYPACT STATES REFERENCE LIST (PART 2)

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PSYPACT REFERENCE LIST

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Washington	Tacoma	Quyen	B. Nguyen	Licensed Psychologist	Yes	PNW Happy Healthy, PLLC	In person and telehealth	Hawaii and PSYPACT states	N/A	Adults 18+	Individual therapy	English	(253)785-9367	admin@heydrq.com	https://www.heydrq.com
United States of America	New Jersey	Princeton	Cara	Genbauffe	Psychologist	Yes	The Center for Emotional Health of Greater Philadelphia	In person in New Jersey and Telehealth	New York and PSYPACT states	N/A	Teenagers and adults	Individual therapy	English	(856) 220-9672	genbauffe@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com
United States of America	New Jersey	Teaneck	Shmaya	Krinsky	Licensed Psychologist, PsyD	No	Anxiety and Behavioral Health Psychotherapy	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider	N/A	Adults and teenagers	Individual therapy	English	201-564-5319	skrinsky@anxietybhp.com	www.anxietybhp.com
United States of America	Missouri	St.Louis	Sarah	Kertz	Psychologist	No	Anxiety Specialists of St. Louis	In person and Telehealth	No	N/A	Adults	Individual and group therapy	English	314-462-2965	info@anxietyspecialistsofstl.com	www.anxietyspecialistsofstl.com
United States of America	Missouri	St.Louis	Sam	Kramer	Psychologist	No	Anxiety Specialists of St. Louis	In person and Telehealth	No	N/A	Adults	Individual therapy	English	314-462-2965	info@anxietyspecialistsofstl.com	www.anxietyspecialistsofstl.com
United States of America	Missouri	St.Louis	Amy	Kurz	Therapist, LCSW	No	Anxiety Specialists of St. Louis	In person and Telehealth	No	N/A	Adults, Teens, and kids 10+	Individual and group therapy	English	314-462-2965	info@anxietyspecialistsofstl.com	www.anxietyspecialistsofstl.com
United States of America	Pennsylvania	Pittsburgh	Nicholas	R. Flower	Psychologist	No	OCD Spectrum	In person and telehealth	Yes PSYPACT states	N/A	Children and adults	Individual and group therapy	English	412 444-8776	info@ocdpittsburgh.com	www.ocdpittsburgh.com
United States of America	Florida	Rosemary Beach	Lauren	Neaman	Psy.D., A-CBT	No	Modern Anxiety Solutions	Telehealth	Illinois	No	Adults 18+	Individual therapy	English	872-228-6734	lauren@modernanxietysolutions.com	www.modernanxietysolutions.com

UNITED STATES OF AMERICA – PSYPACT STATES REFERENCE LIST (PART 3)

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PSYPACT REFERENCE LIST

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Maine	Portland	Lauren	Dattilo	Licensed Psychologist #PS2003	Yes	Evergreen Psychology	In person and telehealth	PSYPACT	No	Adults	Individual therapy	English	N/A	hello@maineevergreenpsychology.com	www.maineevergreenpsychology.com
United States of America	Texas	Austin	Alina	Khomenko	Psychologist, PsyD	Yes	Empowered Minds OCD and Anxiety Care, PLLC	In person and telehealth	PSYPACT and Texas	No	Ages 18+	Individual therapy	English	512-222-8737	DrK@EmpoweredMindsATX.com	https://www.empoweredmindsatx.com/
United States of America	Missouri	St-Louis	Sarah	Kertz	Licensed Clinical Psychologist, PhD	Yes	Anxiety Specialists of ST. Louis	Telehealth	PSYPAT states	No	Adults	Group therapy	English	314-462-2965	sarahkertz@anxietyspecialistsofstl.com	https://anxietyspecialistsofstl.com/2025_ocd-services/
United States of America	Rhode Island	Providence	Rachel	Simmons	PhD	No	N/A	In person and telehealth	PSYPACT states, Rhode Island, Iowa, Massachussetts, New York, Florida	Yes	Ages 16+	Individual therapy	English	401-903-0449	Dr.Simmons@NenePsychology.com	www.nenepsychology.com
United States of America	Kentucky	Louisville	Amber	Penn	Psychologist KY Licensure #263092, PSYPACT Authorized Psychologist (APIT #14892); Doctor of Psychology in Clinical Psychology (PsyD) and Certified Perinatal Mental Health Provider (PMH-C)	Yes	Penn Psychology and Consultation Services, PLLC	Telehealth	PSYPACT states	No	Adults	Individual therapy	English	502-625-5571	apenn@pennpsychology.com	www.pennpsychology.com
United States of America	Tennessee	Nashville	Kiesa	Kelly	Psychologist	Yes	ScienceWorks Behavioral Healthcare	Telehealth	Yes	No	Teenagers, Adults	Individual therapy	English	931-223-1095	kiesa.kelly@scienceworkshealth.com	www.scienceworkshealth.com

UNITED STATES OF AMERICA – PSYPACT STATES REFERENCE LIST (PART 4)

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PSYPACT REFERENCE LIST

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Missouri	Springfield	Rachael	Herrington Roldan	Clinical Psychologist	Yes	417 Psych	In person and telehealth	Missouri & PSYPACT	No	Children, teenagers, adults	Individual therapy	English	417-413-1724	dr.rachael@417psych.com	www.417psych.com
United States of America	Maryland & New York	N/A	Karina	Tuohy	Clinical Psychologist (PsyD)	No	Orchid Psychological Services, LLC	Telehealth	PSYPACT, Maryland, New York	Yes	Teenagers and adults	Individual therapy	English	(240) 801-7307	karinatuohy@orchidpsychservices.com	https://www.psychologytoday.com/profile/1465961
United States of America	Illinois	Chicago	Anna	Martinez-Snyder	Licensed Clinical Psychologist	Yes	Dr. Anna Therapy	In person and telehealth	PSYPACT	No	Children, teenagers, adults	Individual therapy	English	(773) 694 - 4910	drannamartinezsnyder@gmail.com	https://www.drannatherapy.com/
United States of America	Washington D.C.	Washington	Nadia	Alsamadi	Clinical Psychologist	No	Beyond the Binary Psychotherapy and Consulting, PLLC	Telehealth	PSYPACT states	No	Adults	Individual therapy	English	703-495-3045	dr.nadia@beyondthebinarypsych.com	https://www.beyondthebinarypsych.com/
United States of America	Florida	Weston	Ryan	Strosser	Licensed Clinical Psychologist	Yes	Weston Family Psychology	In person and telehealth	Florida, PSYPACT states	No	Children, teenagers, adults	Individual therapy	English	(954) 384-1117	ryan.strosser@westonfamilypsychology.com intake-coordinator@westonfamilypsychology.com	https://www.westonfamilypsychology.com
United States of America	Florida	Weston	Evan	Mehlman	Licensed Clinical Psychologist	No	Weston Family Psychology	In person and telehealth	Florida, PSYPACT states	No	Children, teenagers, adults	Individual therapy	English	(954) 384-1117	evan.mehlman@westonfamilypsychology.com, intake-coordinator@westonfamilypsychology.com	https://www.westonfamilypsychology.com
United States of America	Pennsylvania	King of Prussia	Anna	Sheedy	Psychologist	No	Center for Valued Change, PLLC	In person and telehealth	PSYPACT states	No	Ages 14+	Individual therapy	English	215-823-9155	dr.sheedy@cfvchange.com	https://centerforvaluedchange.com/

UNITED STATES OF AMERICA – ALPHABETICAL STATES REFERENCES

REFERENCE LIST - MENTAL HEALTH PROFESSIONALS FOR OBSESSIVE-COMPULSIVE DISORDER (OCD)

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ALABAMA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Alabama	Fairhope	Bridget	Hannahan	Licensed Psychologist	Yes	Narrow Road Counseling	In person and Telehealth	Yes, telehealth PSYPACTS states	N/A	Children, tennagers and Adults	Individual therapy	English	251-644-6263 (Email strongly preferred)	Bridget@NarrowRoadConfidential.com	www.Galatians69.com

ARIZONA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Arizona	Gilbert	Tori	Morley	LPC	Yes	Innerlight Counseling	In-person	Unknown	N/A	Adults and kids (ages 14+)	Individual therapy	English	480-477-3202 ex 709	tori@innerlightcounseling.org	https://innerlightcounseling.org/
United States of America	Arizona	Scottsdale	Rachel	M. Tombaugh	MA, LPC	No	Epiphany Center for OCD and PTSD, PLLC	In person and telehealth in Arizona, virtual in New Mexico	Arizona and New Mexico	N/A	Adults 18+	Individual therapy	English	480-944-9400	Rachel@ocdandptsdtherapy.com	www.ocdandptsdtherapy.com
United States of America	Arizona	Peoria	Valerie	A Reynolds	LPC	No	Work in Progress Therapy and Consulting, LLC	In-person (12 +) and Telehealth (adults only)	No	N/A	Adults, Teens 16+	Individual therapy	English	602.932.2240	contact@valeriereynoldslpc.org	https://valeriereynoldslpc.wordpress.com/
United States of America	Arizona	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	Yes	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Arizona	N/A	Sheri	Orr	Psychotherapist/LMHC/LPC	Yes	Integrative Psychotherapy, LLC	Telehealth	NEW YORK	No	Adults	Individual therapy	English	602-935-4445	SheriOrr@sheriorr.com	www.sheriorr.com
United States of America	Arizona	N/A	Rich	Gallagher	LMFT	Yes	Private practice	Telehealth	Arizona, New York, Colorado, Florida	N/A	Adults, Teens 16+	Individual therapy	English	607-227-2252	rsgassoc@gmail.com	www.anxietycamp.com
United States of America	Arizona	Tucson	Gabriela	Huber	LPC	Yes	Healthy Minds Therapy	In person in Tucson, AZ. Other locations via telehealth	Florida, Maryland and Arizona	Yes	Children, teenagers, adults	Individual therapy	English and spanish	520-6836745	gabrielahlpc@healthymindstherapy.net	www.healthymindstherapy.net
United States of America	Arizona	Gilbert	Lindsey	Benolken	LPC/LPCC	Yes	Breaking OCD	In-person and Telehealth	Arizona, Minnesota, New Mexico, Florida	No	Adults and teenagers	Individual and group therapy	English	602-342-9616	Lindsey@breakingocd.com	www.breakingocd.com
United States of America	Arizona	Phoenix	Sarah	Henderson	Licensed Clinical Social Worker (LCSW) Psychotherapist and Grief Counselor	Yes	The Encounter Psychotherapy and Grief Counseling	In-person and Telehealth	Arizona and Florida	No	Adults	Individual therapy	English	602-560-4913	sarah@encountersarah.com	www.encountersarah.com
United States of America	Arizona	Goodyear	Allyson	Dennen	LAC	Yes	Elysian Renewal Counseling and Wellness	In-person and Telehealth	No	No	Children, teenagers, adults	Individual therapy	English	623-226-8062	office@elysianrenewal.com	elysianrenewal.com

ARIZONA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Arizona	Phoenix	Misty	Andersen-Pitcher	LPC	No	Perspectives Counseling	In-person and telehealth	No	No	Adults	Individual and group therapy	English	(602) 805-4908	misty@perspectivescounselingllc.com	https://www.psychologytoday.com/us/therapists/misty-andersen-pitcher-phoenix-az/827185
United States of America	Arizona	N/A	Maggie	Duret	LPCC (Licensed Professional Clinical Counselor)	Yes	Maggie Duret | OCD and Anxiety Therapy	Telehealth	Arizona, Indiana, Minnesota	Yes	Teenagers 16+, adults	Individual and group therapy	English	(651) 243-1010	maggie@maggieduret.com	maggieduret.com
United States of America	Arizona	N/A	Sarah	Hunter	LCSW	Yes	Wasatch Family Therapy	In person and Telehealth	Utah, Idaho, Arizona, Washington	N/A	16 years old +	Individual therapy	English	801-477-0835	SarahHunterLCSW@gmail.com	https://sarahhunterlcsw.com/ and https://wasatchfamilytherapy.com/sarah-hunter

CALIFORNIA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	San Diego (and statewide)	Diana	Robbins	Licensed Psychologist, PhD	Yes	Child Psych San Diego	In person and Telehealth	No	Yes	Children, teenagers, adults	Individual therapy	English	619.314.8833	info@childpsychsandiego.com	www.childpsychsandiego.com
United States of America	California	Mission Viejo and online	Stephanie	Davis	Licensed Psychologist	Yes	Dr. Davis Therapy	Limited in person and Telehealth	California and florida (online only)	N/A	Children, teenagers and adults	Individual therapy	English	949-534-2623	stephanie@drdavistherapy.com	www.drdavistherapy.com
United States of America	California	San Francisco	Kristina	Orlova	LMFT	Yes	KOR Results OCD & Anxiety Specialist	Telehealth only	California only	N/A	Teenagers, adults, families, parents	Individual therapy	English	415-819-7365	info@korresults.com	www.korresults.com
United States of America	California, New Jersey, Vermont	Los Angeles & Statewide	Stephanie	Adams Mendez	Licensed Psychologist, PhD, NCSP	Yes	Empowered Together Psychological Services	In-person Los Angeles Area, Telehealth in California, New Jersey, Vermont	Statewide in California, New Jersey, Vermont	N/A	Children, Teenagers, Adults	Individual therapy	English	310-800-1447	drstephanie@empoweredtogetherla.com	www.empoweredtogetherla.com
United States of America	California	Bellflower	Shaquinta	Thomas-Perez	LCSW	No	Love and Loss Therapeutic Services	Telehealth	No	N/A	Children,, Adults	Individual therapy	English	707-979-0706	Shaquintatp@toloveandtolose.com	www.toloveandtolose.com
United States of America	California	Mountain View	Magdalene	Holtam	Licensed Psychologist/ PSY #23823	Yes	N/A	In person and telehealth	California and Florida	N/A	Adults	Individual therapy	English	650-209-0555	info@magdaleneholtamphd.com	www.mountainviewcounseling.com
United States of America	California	San Francisco	Ursula	Steck	LCSW, BCD	No	The Full Story Therapy	Telehealth	Florida (telehealth)	N/A	Teenagers (16+) and Adults	Individual therapy	English and German	415-744-4614	ursula.steck@thefullstorytherapy.com	www.thefullstorytherapy.com
United States of America	California	Carmel, Monterey, Salinas, statewide	Jennifer	Golden	LCSW	Yes	Jennifer Golden, LCSW	In person and telehealth	No	N/A	Teens and Adults	Individual therapy	English	831-905-7798	jennifergoldenlcsw@gmail.com	https://www.psychologytoday.com/us/therapists/jennifer-golden-carmel-by-the-sea-ca/85789
United States of America	California	Redondo Beach	Katie	Jones	LCSW	Yes	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	N/A	12 years old +	Individual therapy	English	617-383-7255	KatieJJoneslcsw@gmail.com	https://www.psychologytoday.com/us/therapists/katie-jones-redondo-beach-ca/727021
United States of America	California	N/A	Joanna	Kaye	Clinical psychologist	Yes	Anxiety, Trauma, and OCD Center of San Diego	Telehealth	No	N/A	Adults	Individual therapy	English	619-330-4010	drkaye@atocsandiego.com	atocsandiego.com
United States of America	California	Los Feliz	Mayra	Diaz	LMFT	Yes	Anxiety Center of California	In person (Los Feliz) and Telehealth	No	N/A	Adults	Individual therapy	English	818-473-0945	mayra@anxietycenterca.com	anxietycenterca.com

CALIFORNIA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	San Diego	Sue	Chudy	LCSW	No	Chudy Counseling Services	In person and telehealth	California (in person and telehealth), Illinois (Telehealth)	Yes	Adults	Individual and also host a free monthly support group for adults with OCD	English	(630)631-8486	suechudylcsw@gmail.com	www.chudycounselingservices.com
United States of America	California	N/A	Allison	Ramsey	LMFT	No	Allison Ramsey Therapy	Telehealth (california), in person (Washington)	California and Washington	No	Adults	Individual therapy	English	(323) 739-8984	allie@allisonramseytherapy.com	allisonramseytherapy.com
United States of America	California	N/A	Andrea	Lockhart	Licensed Psychologist CO PSY.0004922; CA PSY17555	Yes	Andrea Lockhart Psychotherapy	Telehealth	Colorado, California	No	Adults	Individual therapy	English	720-808-0931	andrea@andrealockhartphd.com	www.andrealockhartphd.com
United States of America	California	N/A	Seanna	Crosbie	LCSW	Yes	Seanna Crosbie Counseling, PLLC	In person and telehealth	Texas and California	No	Ages 7+	Individual and group therapy	English	512.762.2550	Therapy@SeannaCrosbie.com	www.SeannaCrosbie.com
United States of America	California	San Francisco	Ryan	Vidrine	MD (psychiatrist)	No	Ryan Vidrine, MD	In person and telehealth	No	Yes	Ages 16+	None	English	415-364-8419	info@ryanvmd.com	www.ryanvmd.com
United States of America	California	N/A	Gladys	Aguilar	LCSW	No	Gladys Aguilar, LCSW	In person and telehealth	No	No	Adults	Individual therapy	English, Spanish	(805) 246-7290	info@gladysaguilarlcsw.com	www.gladysaguilarlcsw.com
United States of America	California	N/A	Claire	Breedlove	LCSW	No	Mountain Home Center for Religious and Moral OCD	Telehealth	California, Idaho, Utah, Texas and Louisiana	No	Children, teenagers, adults	Individual therapy	English	801-503-8560	claire@mountainhomeocd.com	www.mountainhomeocd.com
United States of America	California	N/A	Ann	Miller	LMHC, LPCC. LCP, LCPC	Yes	Ann Miller Therapy	In person and telehealth	Maine, New Jersey, New York, Washington, California	Yes	Adults	Individual therapy	English	N/A	ann@annmillertherapy.com	annmillertherapy.com
United States of America	California	Statewide	Caitlyn	Woodhouse	Licensed Professional Counselor CA and NH	No	N/A	Telehealth	California & New Hampshire	No	Adults	Individual therapy	English	408-202-3918	Porell13@gmail.com	N/A
United States of America	California	San Diego	Stacy	Bonds	Licensed Psychologist / PhD	Yes	Grounded Therapy	Telehealth	No	No	Adults	Individual therapy	English	858-367-7274	Stacy.Bonds@GroundedTherapy.org	groundedtherapy.org
United States of America	California	N/A	Samantha	White	licensed psychologist (PsyD)	No	Resolve Psychotherapy	Telehealth	California, Montana	No	Adults 18+	Individual therapy	English	406-551-6385	resolvepsychotherapypllc@gmail.com	https://www.samwhitetherapy.com
United States of America	California	San Diego	Rachael	Hatton	Marriage and Family Therapist	Yes	RHattontherapy	Telehealth	No	Yes	Teenagers, adults	Individual therapy	English	858-703-7620	rachael.hatton@rhattontherapy.com	http://rhattontherapy.com

CALIFORNIA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	Brea	Skylar	Ibarra	LCSW, PMH-C (Perinatal Mental Health Professional)	Yes	Lenarra Therapy	In person and telehealth	No	N/A	Adults and couples	Individual and couple therapy	English	714-333-0307	Skylar@lenarratherapy.com	LenarraTherapy.com
United States of America	California	Santa Monica	Sarah	Segal	LCSW	Yes	N/A	In person and telehealth	No	N/A	Adults	Individual therapy	English	310-564-6721	ssegallcsw@gmail.com	www.findingclaritywithOCD.com/
United States of America	California	Los Angeles	Madeline	Moersch	LCSW	Yes	Westside OCD & Anxiety Center	In Person(West LA) or Telehealth	New York	Yes	Teenagers and adults	Individual therapy	English	(213) 461-0978	madeline@westsideocd.com	www.westsideocd.com
United States of America	California	Santa Cruz	Katrina	Tattenham	LCSW	No	Mindful Minds	In person and telehealth	Yes for coaching parents and providing SPACE psychoeducation	No	Children, teenagers and adults	Individual and group therapy	English	831-223-9600	katrina@mindfulmindsinc.com	www.mindfulmindsinc.com
United States of America	California	N/A	Tamara	D'Alessio	LPC	Yes	Northern Counseling and Wellness	In person and Telehealth	New Jersey	N/A	Adolescents and adults	Individual therapy	English	973-913-4769	tamara@northerncounselor.com	www.northerncounselor.com
United States of America	California	Statewide	Michelle	Gomez-Salazar	LCSW	No	N/A	Telehealth	California and New York	No	Adults	Individual therapy	English, Spanish	(949) 779-5029	hello@michellegomezsalazar.com	www.michellegomezsalazar.com
United States of America	California	San Diego	Lisa	Junck MacDonald	Clinical psychologist	No	Lisa Junck MacDonald, PsyD	In person and telehealth	Florida and California	N/A	Adults	Individual therapy	English	760-278-1585	lisa@drlisamacdonald.com	www.drlisamacdonald.com
United States of America	Florida, Maine, Massachussettes, California	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	Yes	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida, California	N/A	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	California	Menlo Park	Lorraine	Wong	Clinical psychologist, PhD ABPP	Yes	Dr. Lorraine Wong, ABPP	In person and telehealth	Maine	N/A	Teens and Adults	Individual therapy	English	650-382-2064	info@drlorrainewong.com	www.drlorrainewong.com
United States of America	California	Ventura	Cynthia	Radnitz	PhD (Psychologist)	No	CBT specialists	In person and telehealth	California, New Jersey and New York	Yes	Ages 11+	Individual therapy	English	805-393-7608	cynthia.radintz@cbt-specialists.com	http://cbt-specialists.com
United States of America	California	N/A	Aimee	Horn	Licensed Mental Health Counselor	Yes	Aimee Horn Counseling and Consultation, PLLC	Telehealth	California, Montana, Washington	No	Adults	Individual therapy	English	425-341-3618	aimeehornlmhc@gmail.com	www.aimeehorntherapy.com
United States of America	California	N/A	Molly	Duran	Licensed Clinical Social Worker (LCSW)	No	Molly Duran Counseling, PLLC	Illinois (in person and Telehealth) and California (telehealth)	No	N/A	Children 9 years old +, teens, adults	Individual therapy	English	224-241-2603	molly@mollydurancounseling.com	http://www.mollydurancounseling.com/

CALIFORNIA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	California	San Diego	Shawnee	Brew	Psychologist	No	Ace of Cups Wellness	Telehealth	No	No	Adults	Individual therapy	English	858-771-6860	shawnee@aceofcupswellness.org	aceofcupswellness.org
United States of America	California	San Diego	Ariane	Myers	Clinical psychologist	No	N/A	In person and Telehealth	No	No	Children, teenagers, adults	Individual therapy	English	858-367-0119	amyers@arianemyers.com	https://www.pointlomaclinic.com/ariane-myers
United States of America	California	San Diego	Julie	Myers	Psychologist = PsyD (Psychology Doctorate, Masters of Science in Clinical Psychopharmacology (MSCP)	No	Point Loma Clinic	In person: California Video: California, New York, Wisconsin	Wisconsin, New Yook, California	No	Teenagers, adults	Individual therapy	English	858-414-1079	JM@PointLomaClinic.com	https://www.pointlomaclinic.com/
United States of America	California	N/A	Stephanie	Montague	Ph.D. Psychologist	Yes	Private practice	Telehealth	California, Indiana	Yes	Children ages 12+, teenagers, adults	Individual therapy	English, French, Hebrew	317-506-1666	drstephanie.montague@gmail.com	drstephaniemontague.com

COLORADO

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Colorado	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	Yes	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Colorado	Fort Collins	SuEllen	May	Licensed Professional Counselor	Yes	May Counseling, LLC	In person / Telehealth	No	N/A	9 years old +	Individual and couples couseling	English	970-541-1291	suellenmaycounseling@gmail.com	www.semaycounseling.com
United States of America	Colorado	Statewide	Laura	Forcella Spiering	LCSW	Yes	N/A	Telehealth	Florida, Colorado, Nebraska, South Carolina, Idaho, Wyoming	N/A	Adults (18+)	Individual therapy	English	307-272-5856	laura@lcsw1.net	https://laura-forcellaspiering.lcsw1.net/
United States of America	Colorado	N/A	Rich	Gallagher	LMFT	Yes	Private practice	Telehealth	Arizona, New York, Colorado, Florida	N/A	Adults, Teens 16+	Individual therapy	English	607-227-2252	rsgassoc@gmail.com	www.anxietycamp.com
United States of America	Colorado	N/A	Amanda	Steed	LCSW, LICSW	Yes	Unfolding Collective - Therapy & Consulting, PLLC	In person / Telehealth	Texas, Colorado, Washington	No	Adults	Individual and group therapy	English	972-345-9703	amanda@amandasteed.com	amandasteed.com
United States of America	Colorado	N/A	Jane	Fuller	LPC license number 2124	No	Fuller Mind Counseling, LLC	In person, Telehealth	Colorado (virtually) and Mississippi	No	Teenagers, adults	Individual therapy	English	769.300.1888	jane.fullermindcounseling@gmail.com	https://www.psychologytoday.com/us/therapists/jane-fuller-ridgeland-ms/712127
United States of America	Colorado	Louisville	Andrea	Lockhart	Licensed Psychologist CO PSY.0004922; CA PSY17555	Yes	Andrea Lockhart Psychotherapy	Telehealth	Colorado, California	No	Adults	Individual therapy	English	720-808-0931	andrea@andrealockhartphd.com	www.andrealockhartphd.com
United States of America	Colorado	Denver	Kristen	Bredar	Licensed Professional Counselor Candidate (LPCC.0023190)	No	Kristen Bredar Therapy	Telehealth	No	No	Adults	Individual therapy	English	720-738-9205	therapy@kristenbredar.com	www.kristenbredar.com
United States of America	Colorado	N/A	Renee	Osborne	LPC-S	No	DFW Christian Counseling	Telehealth	Texas, Colorado and Virginia	Yes	Adults	Individual and group therapy	English	972-571-0000	info@dfwchristiancounseling.com	https://dfwchristiancounseling.com

COLORADO

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Colorado	N/A	Devyn	Box	Social Worker	No	Devyn Box Therapy LLC	Telehealth	Texas, Colorado, New Mexico and Massachussetts	No	Adults	Individual therapy	English	+1 972 450 9424	idevyn@devynboxtherapy.com	www.devynboxtherapy.com
United States of America	Colorado	N/A	Samuel	Babcock	Licensed Professional Counselor (LPC)	Yes	Babcock Counseling, LLC	Telehealth	Colorado and Idaho	Yes	Children, teenagers and Adults	Individual therapy	English & German	719-247-1350	babcockcounseling@gmail.com	https://www.relatedproblems.com/
United States of America	Colorado	N/A	Susanna	Huffman	Licensed Professional Counselor	Yes	D2 Counseling	In person (texas) and telehealth	Texas and colorado	Yes	Adults	Individual therapy	English	972 275 6404	susanna@d2counseling.com	https://d2counseling.com/portfolio-items/susanna-huffman/
United States of America	Colorado	Denver	Sydney	Benedick	Licensed Professional Counselor	Yes	Sydney Benedick Therapy PLLC	Telehealth	No	No	Adults	Individual therapy	English	(720) 253-0503	hello@sydneybenedick.com	www.sydneybenedick.com

CONNECTICUT

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Connecticut	Unknownn	Katie	Marrotte	LCSW	Yes	N/A	Telehealth	Florida, Massachussetts and Connecticut	N/A	Adults	Individual therapy	English	860-531-2013	katie.marrotte@gmail.com	Unknown
United States of America	Connecticut	Hamden	Elana	Raphael-Tomkins	LCSW/private practice	No	Elana Raphael-Tomkins	Telehealth	Florida and connecticut	N/A	Ages 15-80 years old	Individual therapy	English	203-623-7306	elana1.raphael@protonmail.com	https://iocdf.org/providers/raphael-tomkins-elana/
United States of America	Connecticut	N/A	Suzanne	Kaphan	MA, LCSW	Yes	Private practice	In person and Telehealth	Connecticut (telehealth only) and New York	No	Adults	Individual therapy	English	203-312-7632	info@suzannekaphan.com	www.suzannekaphan.com
United States of America	Connecticut	N/A	Alexandra	Libstag	LICSW	No	Jaye Therapeutic Alliance	In-person (Newton, Massachusetts), Telehealth (Massachusetts, Maine and Connecticut)	Massachusetts, Maine and Connecticut	No	Ages 16+	Individual therapy	English	508-492-5445	connect@heyjaye.com	www.heyjaye.com
United States of America	Connecticut	Southington	Rebecca	Wilson	LCSW	No	Rebecca Wilson LCSW (private practice)	In person and Telehealth	No	No	Teenagers and adults	Individual therapy	English	203-208-9072	lcsw@rebeccawilson.net	www.rebeccawilson.net
United States of America	Connecticut	N/A	Nathan	Siegel	Mental health counselor	Yes	Private practice of Dr. Anna Allmann	In person (limited) and telehealth	New Jersey,New York, Connecticut, Florida	No	Children, teenager, adults	Individual therapy	English	646-820-3199	nathan@annaallmannphd.com	ocdtherapy.nyc

DELAWARE

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Delaware	N/A	Roxanne	Nowak	LPC, LMFT	Yes	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Florida, Delaware	Yes	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindscounseling.com	Https://heartfullmindscounseling.com
United States of America	Delaware	N/A	Theresa	Schaffer	Social Worker	Yes	Theresa Schaffer LLC	Telehealth	No	No	Adults	Individual therapy	English	404-819-2047	theresa@theresaschaffer.com	https://theresaschaffer.com/

FLORIDA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida	Tampa	Lori	Aitken	LMHC	Yes	Co-Founder Anxiety Center of Tampa	In-person and Telehealth	Florida only	N/A	Adults and teenagers	Individual therapy	English	813-773-5807	laitken@anxietycentertampa.com	www.anxietycentertampa.com
United States of America	Florida, Maine, Massachussettes	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	Yes	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida	N/A	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	Florida	Tampa	Karan	Lamb	Florida Licensed Psychologist	No	Lamb Psychological Services	In person and Telehealth	Florida only	N/A	Adults and Children	Individual therapy	English	813 321-7800	drlamb@lambpsychservices.com	www.lambpsychservices.com
United States of America	Florida	Lakeland	Kaleigh	Ayers	Licensed Mental Health Counselor	Yes	Cygnus Counseling, Owner	Telehealth	No	N/A	Adults	Individual therapy	English	(863) 216-8895	kaleigh@cygnuscounseling.com	https://www.cygnuscounseling.com/
United States of America	Florida	State wide	Marianne	Grace Dunn	Licensed Psychologist	No	N/A	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	Florida	State wide	Ursula	Steck	LCSW, BCD	No	The Full Story Therapy	Telehealth	California (telehealth)	N/A	Teenagers (16+) and Adults	Individual therapy	English and German	415-744-4614	ursula.steck@thefullstorytherapy.com	www.thefullstorytherapy.com
United States of America	Florida	State wide	Stephanie	Davis	Licensed Psychologist	Yes	Dr. Davis Therapy	Teletherapy	California and florida (online only)	N/A	Children, teenagers and adults	Individual therapy	English	949-534-2623	stephanie@drdavistherapy.com	www.drdavistherapy.com
United States of America	Florida	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	Yes	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Florida	N/A	Katie	Jones	LCSW	Yes	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	N/A	12 years old +	Individual therapy	English	617-383-7255	KatieJJoneslcsw@gmail.com	https://www.psychologytoday.com/us/therapists/katie-jones-redondo-beach-ca/727021
United States of America	Florida	N/A	Leela	Gerhenson	LPC	Yes	Leela Gershenson Counseling	Telehealth	South Dakota, Virginia	N/A	16 years old +	Individual therapy	English	305-792-8560	leelag@acceptancelifecounseling.com	https://www.leelagcounseling.com
United States of America	Florida	N/A	Katie	Marrotte	LCSW	Yes	N/A	Telehealth	Florida, Massachussetts and Connecticut	N/A	Adults	Individual therapy	English	860-531-2013	katie.marrotte@gmail.com	Unknown

FLORIDA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida	N/A	Elana	Raphael-Tomkins	LCSW/private practice	No	Elana Raphael-Tomkins	Telehealth	Florida and connecticut	N/A	Ages 15-80 years old	Individual therapy	English	203-623-7306	elana1.raphael@protonmail.com	https://iocdf.org/providers/raphael-tomkins-elana/
United States of America	Florida	N/A	Rich	Gallagher	LMFT	Yes	Private practice	Telehealth	Arizona, New York, Colorado, Florida	N/A	Adults, Teens 16+	Individual therapy	English	607-227-2252	rsgassoc@gmail.com	www.anxietycamp.com
United States of America	Florida	Statewide	Laura	Forcella Spiering	LCSW	Yes	N/A	Telehealth	Florida, Colorado, Nebraska, South Carolina, Idaho, Wyoming	N/A	Adults (18+)	Individual therapy	English	307-272-5856	laura@lcsw1.net	https://laura-forcellaspiering.lcsw1.net/
United States of America	Florida	N/A	Lacy	Allen Watkins	LMHC, PMH-C, CAP	No	Lacy Allen Watkins Counseling Services	Telehealth	No	No	Teenagers, adults	Individual therapy	English	321-432-5119	lacestellar@hushmail.com	https://lacy-allen-watkins.clientsecure.me
United States of America	Florida	Atlanta	J. Scott	Matthews	Licensed Professional Counselor	Yes	Private practice	In person and telehealth	Florida, South Carolina, Texas and Georgia	N/A	Adults 18+	Individual therapy	English	770-747-0478	emergingselfpsychotherapy@msn.com	jscottmatthewslpc.com
United States of America	Florida	N/A	Lisa	Junck MacDonald	Clinical psychologist	No	Lisa Junck MacDonald, PsyD	In person (California) and telehealth (Florida and California)	Florida and California	N/A	Adults	Individual therapy	English	760-278-1585	lisa@drlisamacdonald.com	www.drlisamacdonald.com
United States of America	Florida	N/A	Jackie	Ward	LMSW	Yes	The And Way Therapy, PLLC	Telehealth	Texas and Florida	No	Adults	Individual therapy	English	806-607-0037	jackiewardlmsw@gmail.com	https://www.psychologytoday.com/us/therapists/jackie-ward-tyler-tx/1242484
United States of America	Florida	N/A	Gabriela	Huber	LPC	Yes	Healthy Minds Therapy	In person in Tucson, AZ. Other locations via telehealth	Florida, Maryland and Arizona	Yes	Children, teenagers, adults	Individual therapy	English and spanish	520-6836745	gabrielahlpc@healthymindstherapy.net	www.healthymindstherapy.net
United States of America	Florida	N/A	Lindsey	Benolken	LPC/LPCC	Yes	Breaking OCD	Telehealth	Arizona, Minnesota, New Mexico, Florida	No	Adults and teenagers	Individual and group therapy	English	602-342-9616	Lindsey@breakingocd.com	www.breakingocd.com
United States of America	Florida	Providence	Rachel	Simmons	PhD	No	N/A	In person and telehealth	PSYPACT states, Rhode Island, Iowa, Massachussetts, New York, Florida	Yes	Ages 16+	Individual therapy	English	401-903-0449	Dr.Simmons@NenePsychology.com	www.nenepsychology.com
United States of America	Florida	Orlando	Emily	Newberry	LPC, CPCS, CCH, SPACE	Yes	Emily H. Newberry, LPC, LLC	In person and telehealth	SPACE provider outside state lines, Georgia, Florida	Yes	Ages 9+	Individual and group therapy	English	478-787-3056	emily@ehncounseling.com	www.ehncounseling.com

FLORIDA

Country	Region / State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Floride	N/A	Roxanne	Nowak	LPC, LMFT	Yes	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Florida, Delaware	Yes	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindscounseling.com	Https://heartfullmindscounseling.com
United States of America	Florida	N/A	Lisa	Dale	LCSW	Yes	N/A	Telehealth	Georgia and Florida	N/A	Adults 18+	Individual therapy	English	678-570-8444	ldalelcsw@bellsouth.net	www.lisadaletherapist.com
United States of America	Florida	Rosemary Beach	Lauren	Neaman	Psy.D., A-CBT	No	Modern Anxiety Solutions	Telehealth	Illinois	No	Adults 18+	Individual therapy	English	872-228-6734	lauren@modernanxietysolutions.com	www.modernanxietysolutions.com
United States of America	Florida	Saint Petersburg	Lauren	Johnson	LPC	Yes	Neuroqueering Counseling Services, LLC	Telehealth	Virginia, North Carolina, South Carolina, Florida, and Vermont	No	Ages 16+	Individual therapy	English	434.515.0695	Lauren@NeuroqueeringCounseling.com	www.NeuroqueeringCounseling.com
United States of America	Florida	N/A	Leigh Anne	Clark	LCSW	No	Oakview Therapy LLC	Telehealth	Georgia, New Jersey, Pennsylvania, Florida	No	Adults	Individual therapy	English	404-692-0414	oakviewtherapy@protonmail.com	https://www.oakviewtherapy.com/
United States of America	Florida	N/A	Christina	Ennabe	Therapist	Yes	N/A	In person and telehealth	Maine and Florida	N/A	Teenagers, adults	Individual therapy	English	603-824-3836	info@christinaennabe.com	www.christinaennabe.com
United States of America	Florida	N/A	Theresa	Schaffer	Social Worker	Yes	Theresa Schaffer LLC	Telehealth	No	No	Adults	Individual therapy	English	404-819-2047	theresa@theresaschaffer.com	https://theresaschaffer.com/
United States of America	Florida	N/A	Phoebe	Manchester	Clinical Mental Health Counselor	Yes	Treadwell Counseling, PLLC	In person and telehealth	Vermont and New Hampshire	N/A	Teenagers and adults	Individual therapy	English	603-276-0721	phoebe@treadwellcounseling.com	treadwellcounseling.com
United States of America	Florida	Orlando	Ashley	Constanzo	Licensed Marriage and Family Therapist	Yes	Sunrise Trauma Therapy	In person and telehealth	Indiana and Florida	No	Adults and teenagers	Individual therapy	English & Spanish	321-222-0642	ashley@sunrisetraumatherapy.com	www.sunrisetraumatherapy.com
United States of America	Florida	N/A	Laura	Fritzsche	Licensed Professional Counselor/Mental Health Services Provider (LPC-MHSP)	Yes	Laura Fritzsche LPC	In person and telehealth	Tennessee, Kentucky, and Florida	No	Adults 18+, college students, older adults	Individual therapy	English	615.200.0134	LauraFritzscheLPC@gmail.com	LauraFritzscheLPC.com
United States of America	Florida	N/A	Jennifer	Ingram	Social Work / LCSW / Licensed Clinical Social Worker	No	Jennifer Ingram Therapy	Telehealth	Florida, Illinois, Minnesota, Missouri, North Dakota, Ohio, South Carolina, Vermont, Virginia, Indiana	No	Adults	Individual therapy	English	317-418-2855	jen@jeningramtherapy.com	https://www.jeningramtherapy.com/

FLORIDA

Country	Region / State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Floride	N/A	Shannon	Grimsley	Licensed Professional Counselor	Yes	Standpoint Counseling Services	Telehealth	Florida, Maryland, Kentucky, Pennsylvania	Yes	Adults	Individual therapy	English	(717) 276-0542	shannon@standpointcounseling.com	https://www.standpointcounseling.com
United States of America	Florida	N/A	Lisa	Germeroth	Clinical Psychologist	Yes	Mind Body Health, LLC	Telehealth	New York, Washington D.C., Virginia, Vermont, Florida	Yes	Adults	Individual therapy	English	571-328-7408 x819	lgermeroth@mindbodyva.com	https://mindbodyva.com/provider/lisa-germeroth-ph-d/
United States of America	Florida	N/A	Nathan	Siegel	Mental health counselor	Yes	Private practice of Dr. Anna Allmann	In person (limited) and telehealth	New Jersey,New York, Connecticut, Florida	No	Children, teenager, adults	Individual therapy	English	646-820-3199	nathan@annaallmannphd.com	ocdtherapy.nyc
United States of America	Florida	N/A	Sarah	Henderson	Licensed Clinical Social Worker (LCSW) Psychotherapist and Grief Counselor	Yes	The Encounter Psychotherapy and Grief Counseling	In-person (Arizona) and Telehealth	Arizona and Florida	No	Adults	Individual therapy	English	602-560-4913	sarah@encountersarah.com	www.encountersarah.com
United States of America	Florida	N/A	Nicole	Williams	LCSW	Yes	N/A	Telehealth	Florida, Texas, Virginia	No	Adults	Individual therapy	English	602-560-4913	email@nicolewilliamslcsw.com	https://nicolewilliamslcsw.com/
United States of America	Florida	Weston	Ryan	Strosser	Licensed Clinical Psychologist	Yes	Weston Family Psychology	In person and telehealth	Florida, PSYPACT states	No	Children, teenagers, adults	Individual therapy	English	(954) 384-1117	ryan.strosser@westonfamilypsychology.com intake-coordinator@westonfamilypsychology.com	https://www.westonfamilypsychology.com
United States of America	Florida	Weston	Evan	Mehlman	Licensed Clinical Psychologist	No	Weston Family Psychology	In person and telehealth	Florida, PSYPACT states	No	Children, teenagers, adults	Individual therapy	English	(954) 384-1117	evan.mehlman@westonfamilypsychology.com, intake-coordinator@westonfamilypsychology.com	https://www.westonfamilypsychology.com

GEORGIA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Georgia	Columbus	Margaret	Mccall	LPC	No	Columbus OCD Clinic	Telehealth	Georgia and Florida	YES	Ages 14+	Individual therapy	English	706-315-9510	columbusocdclinic@gmail.com	https://www.psychologytoday.com/us/therapists/margaret-vale-mccall-columbus-ga/372268
United States of America	Georgia (Central)	Macon	Emily	Newberry	LPC, CPCS, CCH, SPACE	Yes	Emily H. Newberry, LPC, LLC	Telehealth	SPACE provider outside state lines, Georgia, Florida	Yes	Ages 9+	Individual and group therapy	English	478-787-3056	emily@ehncounseling.com	www.ehncounseling.com
United States of America	Georgia	Atlanta	J. Scott	Matthews	Licensed Professional Counselor	Yes	Private practice	In person and telehealth	Florida, South Carolina, Texas and Georgia	N/A	Adults 18+	Individual therapy	English	770-747-0478	emergingselfpsychotherapy@msn.com	jscottmatthewslpc.com
United States of America	Georgia	Alpharetta	Lisa	Dale	LCSW	Yes	N/A	Telehealth	Georgia and Florida	N/A	Adults 18+	Individual therapy	English	678-570-8444	ldalelcsw@bellsouth.net	www.lisadaletherapist.com
United States of America	Georgia	N/A	Leigh Anne	Clark	LCSW	No	Oakview Therapy LLC	Telehealth	Georgia, New Jersey, Pennsylvania, Florida	No	Adults	Individual therapy	English	404-692-0414	oakviewtherapy@protonmail.com	https://www.oakviewtherapy.com/
United States of America	Georgia	N/A	Tara	Quick	LCSW	No	Tara Quick Therapy, PLLC	In person and telehealth	Georgia (online), Tennessee	No	Adults	Individual therapy	English	615-266-4062	tara@taraquicktherapy.com	https://www.taraquicktherapyservices.com/
United States of America	Georgia	Atlanta	Theresa	Schaffer	Social Worker	Yes	Theresa Schaffer LLC	Telehealth	No	No	Adults	Individual therapy	English	404-819-2047	theresa@theresaschaffer.com	https://theresaschaffer.com/
United States of America	Georgia	N/A	Elizabeth	Rennick												

IDAHO

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Idaho	N/A	Sarah	Hunter	LCSW	Yes	Wasatch Family Therapy	In person and Telehealth	Utah, Idaho, Arizona, Washington	N/A	16 years old +	Individual therapy	English	801-477-0835	SarahHunterLCSW@gmail.com	https://sarahhunterlcsw.com/ and https://wasatchfamilytherapy.com/sarah-hunter
United States of America	Idaho	N/A	Camille	Richards	LCSW	Yes	Strive to Thrive Therapy LLC	Telehealth	Utah	Yes	Teenagers and adults	Individual and group therapy	English	435-255-3050	Camille@strive2thrivetherapy.com	Strive2thrivetherapy.com
United States of America	Colorado	Statewide	Laura	Forcella Spiering	LCSW	Yes	N/A	Telehealth	Florida, Colorado, Nebraska, South Carolina, Idaho, Wyoming	N/A	Adults (18+)	Individual therapy	English	307-272-5856	laura@lcsw1.net	https://laura-forcellaspiering.lcsw1.net/
United States of America	Idaho	N/A	Claire	Breedlove	LCSW	No	Mountain Home Center for Religious and Moral OCD	Telehealth	California, Idaho, Utah, Texas, Utah and Louisiana	No	Children, teenagers, adults	Individual therapy	English	801-503-8560	claire@mountainhomeocd.com	www.mountainhomeocd.com
United States of America	Idaho	N/A	Daniel	Barnes	Psychotherapist	Yes	New Beginnings Counseling Group	Telehealth	Idaho and Utah	N/A	16 years old +	Individual therapy	English	801-477-6750	daniel.nbcgutah@gmail.com	https://nbcgutah.com/
United States of America	Idaho	N/A	Sean	Chady	CSW	Yes	Godwin Counseling	In person (in Utah) and Telehealth	Idaho and Utah	Yes	Teenagers and adults	Individual therapy	English	(801) 332-9455	sean@godwincounseling.com	godwincounseling.com
United States of America	Idaho	N/A	Samuel	Babcock	Licensed Professional Counselor (LPC)	Yes	Babcock Counseling, LLC	Telehealth	Colorado and Idaho	Yes	Children, teenagers and Adults	Individual therapy	English & German	719-247-1350	babcockcounseling@gmail.com	https://www.relatedproblems.com/

ILLINOIS

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Illinois	Peoria	Mary	Hosbrough	LCPC	Yes	Autonomy Alliance Counseling	In person and videoconferencing	Illinois only	N/A	Adults	Individual therapy	English	309.316.6440	mary@autonomyalliancecounseling.com	www.autonomyalliancecounseling.com
United States of America	Illinois	Chicago	Erin	Terada	Licensed Clinical Psychologist	No	Kokoro Psychological & Consultation Services, PLLC	Telehealth	PsyPACT passport	Yes	Teenagers and adults	Individual therapy	English	847-579-9355	Drerin@kokoropsychservices.com	www.kokoropsychservices.com
United States of America	IL, FL, OH, IN, IO, OH, and CO (local to IL)	Chicago	Ginny	Nikiforos	LCSW, BCBA, ADHD-CCSP	Yes	Guiding Behavior Counseling, PLLC	In person and telehealth	IL, FL, OH, IN, IO, OH, and CO (local to IL)	N/A	Adults 18+	Individual therapy	English	773-217-0478	gnikiforos@guidingbehavior.com	www.guidingbehavior.com
United States of America	Illinois	Chicago	Allison	Minnich	Ph.D. Licensed Psychologist	Yes	Chicago Center for Behavioral Health	In person/ Telehealth	No	N/A	Ages 14+	Individual therapy	English	224-392-2897	aminnich@chicagocbh.com	chicagocbh.com
United States of America	Illinois	Chicago	Lisa	Conway	Clinical psychologist	Yes	Exposure Therapy Chicago	Telehealth	Yes, PSYPACT	No	Adults 18+	Individual therapy	English	312/471.3910	lisa@exposuretherapychicago.com	www.exposuretherapychicago.com
United States of America	Illinois	Central	Molly	Duran	Licensed Clinical Social Worker (LCSW)	No	Molly Duran Counseling, PLLC	Illinois (in person and Telehealth) and California (telehealth)	No	N/A	Children 9 years old +, teens, adults	Individual therapy	English	224-241-2603	molly@mollydurancounseling.com	http://www.mollydurancounseling.com/
United States of America	Illinois	Buffalo Grove	Krystal	Glassman	LCPC	Yes	In Balance 365	In person and Telehealth	No	N/A	Adults 18 to 60 years old	Individual therapy	English	312-728-8574	Krystal@inbalance365.com	www.inbalance365.comm
United States of America	Illinois, Oregon	Oswego	Stephanie	Samudio	Therapist/Social Worker	No	Samudio Counseling	In person and telehealth	No	N/A	Teenagers and adults	Individual therapy	English	630-647-8282	Stephanie@SamudioCounseling.com	www.SamudioCounseling.com
United States of America	Illinois	Chicago	Kelly	Dunn	Licensed Clinical Professional Counselor	No	Chicago Psychotherapy, PLLC	Telehealth	No	N/A	Adults	Individual therapy	English	773-697-8839 ext. 5	kdunn@chicago-psychotherapy.com	https://www.chicagopsychotherapy.com
United States of America	Illinois	Chicago	Lauren	Neaman	Psy.D., A-CBT	No	Modern Anxiety Solutions	Telehealth	Florida	No	Adults 18+	Individual therapy	English	872-228-6734	lauren@modernanxietysolutions.com	www.modernanxietysolutions.com
United States of America	Illinois	Chicago	Madison	Di Silvio	LPC	Yes	Chicago Counseling Center	In person and videoconferencing	No	O	Adults 18+	Individual therapy	English	7739329597 Ex 702	Madison@chicagocounselingcenter.com	Chicagocounselingcenter.com

ILLINOIS

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Illinois	N/A	Sue	Chudy	LCSW	No	Chudy Counseling Services	In person and telehealth	California (in person and telehealth), Illinois (Telehealth)	Yes	Adults	Individual and also host a free monthly support group for adults with OCD	English	(630)631-8486	suechudylcsw@gmail.com	www.chudycounselingservices.com
United States of America	Illinois	Chicago	Eleanor	Nolan	LCSW	No	Best Therapies	In person and telehealth	No	No	Tennagers and adults	Individual therapy	English	N/A	eleanor@besttherapies.org	https://besttherapies.org/staff/eleanor-nolan/
United States of America	Illinois	Chicago	Ricky	Hedenstrom	LCPC	Yes	Perceptivity Counseling	In person and telehealth	No	No	Adults	Individuals and couples therapy	English	(312) 772 - 3459	perceptivitycounseling@gmail.com	https://www.psychologytoday.com/us/therapists/ricky-n-hedenstrom-chicago-il/998304
United States of America	Illinois	Chicago	Kelly	Wynne	LPC, Licensed Professional Counselor	Yes	Chicago Center for Behavioral Health	In person and telehealth	No	N/A	Ages 12+	Individual therapy	English	708-397-6539	kwynne@chicagocbh.com	chicagocbh.com
United States of America	Illinois	Chicago	Kyla	Kachman	LCSW	No	Focus Psychotherapy	In person / Telehealth	No	N/A	Adults	Individual therapy	English	(773) 482-3258	kkachman@focuspsychotherapy.org	https://www.psychologytoday.com/us/therapists/kyla-kachman-chicago-il/1272075
United States of America	Illinois	N/A	Jennifer	Ingram	Social Work / LCSW / Licensed Clinical Social Worker	No	Jennifer Ingram Therapy	Telehealth	Florida, Illinois, Minnesota, Missouri, North Dakota, Ohio, South Carolina, Vermont, Virginia, Indiana	No	Adults	Individual therapy	English	317-418-2855	jen@jeningramtherapy.com	https://www.jeningramtherapy.com/
United States of America	Illinois	Chicago	Anna	Martinez-Snyder	Licensed Clinical Psychologist	Yes	Dr. Anna Therapy	In person and telehealth	PSYPACT	No	Children, teenagers, adults	Individual therapy	English	(773) 694 - 4910	drannamartinezsnyder@gmail.com	https://www.drannatherapy.com/
United States of America	Illinois	Chicago	Resseka	Uy	Therapist MSW, LCSW	Yes	AMK Counseling	In person and telehealth	No	No	Children, teenagers, adults	Individual therapy	English	312-945-2355	resseka@amkcounseling.com	https://www.amkcounseling.com/
United States of America	Illinois	Arlington Heights	Leah	Swanson	LCSW	Yes	Swanson Therapeutic Services	In person and telehealth	No	No	Tennagers and adults	Individual therapy	English	(309) 220-3916	leah@swansontherapeutic.com	N/A
United States of America	Illinois	N/A	Darci	Bloss	Licensed Professional Counselor - Mental Health Services Provider	No	Fresh Hope Therapy	In person and telehealth	Pennsylvania, Tennessee & Illinois	No	Teenagers (16+), Adults	Individual therapy	English	267-482-0723	darci@freshhopetherapy.com	www.freshhopetherapy.com

ILLINOIS

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Illinois	Chicago	Milana	Pehar	LCPC, PMH-C	Yes	Chicago OCD & Trauma Therapy	In person and telehealth	No	No	Adults	Individual, group and family therapy	English	(773) 867-5985	milana@chicagoocdandtraumatherapy.com	https://www.chicagoocdandtraumatherapy.com/
United States of America	Illinois	Schaumburg	Jiill	Stevens	LCPC	No	Jill R. Stevens, LLC	Telehealth	No	No	Adults	Individual therapy	English	618-713-5672	jillrstevens@proton.me	N/A
United States of America	Illinois	N/A	Madeline	Goodwill	LCSW	Yes	The Anxiety and OCD Clinic	Telehealth	Missouri & Illinois	Yes	Adults	Individual therapy	English	314-690-7076	madeline@anxietyandocddlinic.com	https://www.anxietyandocddlinic.com/

IOWA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Iowa	Providence	Rachel	Simmons	PhD	No	N/A	In person and telehealth	PSYPACT states, Rhode Island, Iowa, Massachussetts, New York, Florida	Yes	Ages 16+	Individual therapy	English	401-903-0449	Dr.Simmons@NenePsychology.com	www.nenepsychology.com
United States of America	Iowa	Waterloo	Lisa	Heiden-Kimball	Licensed Mental Health Counselor	Yes	Lisa HK Counseling	Telehealth	Wisconsin & Iowa	No	Ages 12+	Individual therapy	English	319-214-0011	lisahklmhc@protonmail.com	https://www.lisahkcounseling.com

INDIANA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Indiana	Bloomington	Bronwyn	Shroyer	LCSW	No	Bronwyn Shroyer LLC	Telehealth	No	N/A	Children, teenagers, adults	Individual therapy	English	812-240-7442	bronwyn@bronwynshroyer.com	https://www.bronwynshroyer.com/
United States of America	Indiana	NA	Julia	Pickett	LCSW	No	FindWell Counseling, LLC	Telehealth	Kentucky, Indiana, Ohio	N/A	Adults, Teens 16+	Individual therapy	English	502-501-3646	julia@findwellcounseling.com	www.findwellcounseling.com
United States of America	Indiana	Greenwood	Alyssa	Hoffman	PsyD, HSPP	No	Freely Living OCD and Anxiety Therapy, LLC	In-person and Telehealth	No	N/A	Children, teenagers (6-17)	Individual/ Parent work	English	317-967-6829	drhoffman@freelylivingtherapy.com	www.freelylivingtherapy.com
United States of America	Indiana	N/A	Brett	Hammond	LCSW	Yes	Graven & Associates (group practice)	In person/ Telehealth	Kentucky	N/A	13 years old +	Individual therapy and couples	English	502-690-8024	bretthammondlcsw@protonmail.com	www.louisvillepsychologist.com
United States of America	Indiana	Carmel	Debbie	Warman	Clinical psychologist	No	Central Indiana Cognitive Behavioral Therapy	In person/ Telehealth	PSYPACT states	N/A	Adults	Individual therapy	English	317-758-3569	dwarman@centralindianacbt.com	https://centralindianacbt.com/
United States of America	Indiana	Indianapolis	Kelsey	Hug	LCSW	Yes	KmHug LLC	In person and telehealth	Indiana and Ohio	No	Tennagers, adults	Individual therapy	English	317-851-0512	kelsey@kmhug.com	www.kmhug.com
United States of America	Indiana	N/A	Kenley	Breckenridge	Licensed Professional Counselor (LPC) and Licensed Mental Health Counselor (LMHC)	Yes	Wellness Studio	Telehealth	Missouri, Indiana	No	Adults (18+)	Individual therapy	English	708-730-2954	wstudio@wellnessstudiotherapy.com	https://www.psychologytoday.com/us/therapists/kenley-breckenridge-chesterfield-mo/1273393
United States of America	Indiana	N/A	Ashley	Constanzo	Licensed Marriage and Family Therapist	Yes	Sunrise Trauma Therapy	In person and telehealth	Indiana and Florida	No	Adults and teenagers	Individual therapy	English & Spanish	321-222-0642	ashley@sunrisetraumatherapy.com	www.sunrisetraumatherapy.com
United States of America	Indiana	Greenwood	Jennifer	Ingram	Social Work / LCSW / Licensed Clinical Social Worker	No	Jennifer Ingram Therapy	Telehealth	Florida, Illinois, Minnesota, Missouri, North Dakota, Ohio, South Carolina, Vermont, Virginia, Indiana	No	Adults	Individual therapy	English	317-418-2855	jen@jeningramtherapy.com	https://www.jeningramtherapy.com/
United States of America	Indiana	South Bend	Randi	Irwin	Licensed Mental Health Counselor (LMHC)	No	Existential Connections LLC	In person and telehealth	No	Yes	Ages 14+	Individual therapy	English	N/A	randi@existentialconnectionsllc.com	existentialconnectionsllc.com
United States of America	Indiana	N/A	Stephanie	Montague	Ph.D. Psychologist	Yes	Private practice	Telehealth	California, Indiana	Yes	Children ages 12+, teenagers, adults	Individual therapy	English, French, Hebrew	317-506-1666	drstephanie.montague@gmail.com	drstephaniemontague.com

INDIANA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Indiana	N/A	Maggie	Duret	LPCC (Licensed Professional Clinical Counselor)	Yes	Maggie Duret | OCD and Anxiety Therapy	Telehealth	Arizona, Indiana, Minnesota	Yes	Teenagers 16+, adults	Individual and group therapy	English	(651) 243-1010	maggie@maggieduret.com	maggieduret.com

KANSAS

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Kansas	Olathe	Shauna	Meier	LSCSW	Yes	Shauna Meier, LSCSW (Private Practice)	In person and Telehealth	Kansas	N/A	Adults and Children	Individual therapy	English	316-444-0064	shaunamarie@shaunameierlscsw.com	N/A
United States of America	Kansas	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	Yes	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Kansas	Wichita	Krista	Reed	LSCSW	No	OCD And Anxiety Clinic	In person/ Telehealth	Oklahoma	N/A	Childrens 6+, teens, and adults	Individual therapy	English	316-559-3554	krista@apbwichita.com	apbwichita.com
United States of America	Kansas	Wichita	Angie	McDaniel	LSCSW (licensed specialist clinical social worker)	Yes	Private practice	In person and Telehealth	No	N/A	Children, Tennagers and adults	Individual therapy	English	316-285-0657	angie@wichitatherapy.net	https://www.wichitatherapy.net/angie-mcdaniel.html
United States of America	Kansas	Statewide	Katelyn	Aguiar	Licensed clinical psychotherapist (LCP)	Yes	Faith, Hope, and Therapy	Telehealth	No	No	Adults	Individual therapy	English	(316) 202-8036	katelyn@faithhopeandtherapyks.com	faithhopeandtherapyks.com
United States of America	Kansas	N/A	Darlene	Weldon	LPC (Missouri), LCPC (Kansas)	No	Oasis Counseling and Enrichment, LLC	Telehealth	Kansas and Missouri	No	Children, Tennagers and adults	Individual and group therapy	English	(816) 651-1868	dweldon@oasiscounseling.com	www.ocdandautism.com
United States of America	Kansas	Wichita	Adelita	Aldava	LSCSW (Licensed Specialist Clinical Social Worker)	Yes	Aldava Counseling, LLC.	In person and Telehealth	No	Yes	Children age 4+, teens, adults	Individual and group therapy	Spanish and English	316-202-0277	adelita@aldavacounseling.com	www.aldavacounseling.org

KENTUCKY

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Kentucky	Louisville	Brett	Hammond	LCSW	Yes	Graven & Associates (group practice)	In person/ Telehealth	Indiana	N/A	13 years old +	Individual therapy and couples	English	502-690-8024	bretthammondlcsw@protonmail.com	www.louisvillepsychologist.com
United States of America	Kentucky	Bowling Green	Megan	Harden	LCSW	No	The Cognitive Refinery	In person/ Telehealth	No	No	Teenagers and adults	Individual therapy	English	270-266-1188	megan@cognitiverefinery.com	www.thecognitiverefinery.com
United States of America	Indiana, Kentucky	NA	Julia	Pickett	LCSW	No	FindWell Counseling, LLC	Telehealth	Indiana, Kentucky	N/A	Adults, Teens 16+	Individual therapy	English	502-501-3646	julia@findwellcounseling.com	www.findwellcounseling.com
United States of America	Kentucky	Lexington	Linda	Combes	LCSW	Yes	N/A	In person/ Telehealth	No	No	Teenagers and adults	Individual therapy	English	859-351-7734	monarchtherapyky@gmail.com	www.lindacombeslcsw.com
United States of America	Kentucky	Louisville	Amber	Penn	Psychologist KY Licensure #263092, PSYPACT Authorized Psychologist (APIT #14892); Doctor of Psychology in Clinical Psychology (PsyD) and Certified Perinatal Mental Health Provider (PMH-C)	Yes	Penn Psychology and Consultation Services, PLLC	Telehealth	PSYPACT states	No	Adults	Individual therapy	English	502-625-5571	apenn@pennpsychology.com	www.pennpsychology.com
United States of America	Kentucky	N/A	Laura	Fritzsche	Licensed Professional Counselor/Mental Health Services Provider (LPC-MHSP)	Yes	Laura Fritzsche LPC	In person and telehealth	Tennessee, Kentucky, and Florida	No	Adults 18+, college students, older adults	Individual therapy	English	615.200.0134	LauraFritzscheLPC@gmail.com	LauraFritzscheLPC.com
United States of America	Kentucky	N/A	Shannon	Grimsley	Licensed Professional Counselor	Yes	Standpoint Counseling Services	Telehealth	Florida, Maryland, Kentucky, Pennsylvania	Yes	Adults	Individual therapy	English	(717) 276-0542	shannon@standpointcounseling.com	https://www.standpointcounseling.com

LOUISIANA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Louisiana	N/A	Claire	Breedlove	LCSW	No	Mountain Home Center for Religious and Moral OCD	Telehealth	California, Idaho, Utah, Texas, Utah and Louisiana	No	Children, teenagers, adults	Individual therapy	English	801-503-8560	claire@mountainhomeocd.com	www.mountainhomeocd.com
United States of America	Louisiana	N/A	Tracy	Koller	LCSW	Yes	Tracy Koller, LCSW	Telehealth	Louisiana, New Jersey, Utah, Nevada and South Dakota	No	Teenagers, adults	Individual therapy	English	908-324-9484	tracykollerlcsw@gmail.com	https://www.psychologytoday.com/profile/1015660
United States of America	Louisiana	Lake Charles	Taylor	Lee	Provisionally Licensed Professional Counselor (PLPC), National Certified Counselor (NCC)	No	Roots Counseling, LLC [private practice]	In person/ Telehealth	No	No	Teenagers and adults	Individual therapy	English	337-202-5205	taylorleecounseling@gmail.com	taylorleecounseling.com

MAINE

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Florida, Maine, Massachussettes	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	Yes	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida, California	N/A	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	Maine	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	Yes	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	California / Maine	Menlo Park (maine)	Lorraine	Wong	Clinical psychologist, PhD ABPP	Yes	Dr. Lorraine Wong, ABPP	In person and telehealth	California and Maine	N/A	Teens and Adults	Individual therapy	English	650-382-2064	info@drlorrainewong.com	www.drlorrainewong.com
United States of America	Maine	Portland	Lauren	Datilo	Licensed Psychologist #PS2003	Yes	Maine Therapy Collective	In person and telehealth	PSYPACT	No	Adults	Individual therapy	English	N/A	hello@maineevergreenpsychology.com	www.maineevergreenpsychology.com
United States of America	Maine	N/A	Alexandra	Libstag	LICSW	No	Jaye Therapeutic Alliance	In-person (Newton, Massachusetts), Telehealth (Massachusetts, Maine and Connecticut)	Massachusetts, Maine and Connecticut	No	Ages 16+	Individual therapy	English	508-492-5445	connect@heyjaye.com	www.heyjaye.com
United States of America	Maine	N/A	Ann	Miller	LMHC, LPCC. LCP, LCPC	Yes	Ann Miller Therapy	In person and telehealth	Maine, New Jersey, New York, Washington, California	Yes	Adults	Individual therapy	English	N/A	ann@annmillertherapy.com	annmillertherapy.com
United States of America	Maine	N/A	Christina	Ennabe	Therapist	Yes	N/A	In person and telehealth	Maine and Florida	N/A	Teenagers, adults	Individual therapy	English	603-824-3836	info@christinaennabe.com	www.christinaennabe.com

MARYLAND

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Maryland	Townson	Mike	Heady	LCPC	Yes	Co-Owner/Co-Director, Anxiety and Stress Disorders Institute	In-person and Telehealth	Mayland only	N/A	teenagers (16+) and Adults	Individual therapy	English	Unknown	MichaelHeady@AnxietyandStress.com	www.anxietyandstress.com
United States of America	Maryland	Baltimore/Towson and Westminster	Stephnie	Thomas	LCPC, NCC	Yes	Anxiety & Stress Disorders Institute and solo private practice	In person if vaccinated and Telehealth	Maryland and Pennsylvania	N/A	Children 11 years and older, teenagers, adults	Individual therapy	English	Unknown	Stephniet@stephthomas.com	www.stephthomas.com
United States of America	Maryland	Towson	Beth	S. Surbeck	Ph. D.	No	Anxiety and Stress Disorders Institute of Maryland	Telehealth	PSYPACT states	N/A	Adults 18+	Individual therapy	English	443-286-5408	bethsurbeck@anxietyandstress.com	www.anxietyandstress.com
United States of America	Maryland	Bel Air	Robin	Frutchey	LCPC, LPC	Yes	SOAR Counseling Services, LLC	In person/ Telehealth	Pennsylvania	N/A	Childrens, teens, and adults	Individual therapy	English	443-219-6239	robin@soarcounselingservices.net	https://www.soarcounselingservices.net
United States of America	Maryland	N/A	Gabriela	Huber	LPC	Yes	Healthy Minds Therapy	In person in Tucson, AZ. Other locations via telehealth	Florida, Maryland and Arizona	Yes	Children, teenagers, adults	Individual therapy	English and spanish	520-6836745	gabrielahlpc@healthymindstherapy.net	www.healthymindstherapy.net
United States of America	Maryland	College Park	Jenna	Stone	LCSW-C	Yes	Side Quest Psychotherapy	In person and Telehealth	No	Yes	Ages 10+	Individual and group therapy	English	N/A	jenna@sidequestpsychotherapy.com	https://www.sidequestpsychotherapy.com/
United States of America	Maryland	City Camp Hill	Shannon	Weise	Profession-therapist/social worker	No	The Anxiety & OCD Treatment Center of Central Pennsylvania	In person and telehealth	Maryland and South Carolina	N/A	Children, Adolescents, and Adults	Individual and group therapy	English	717-461-7933	shannon@isthisocd.com	www.isthisocd.com
United States of America	Maryland	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	No	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia, Pennsylvania	N/A	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Maryland	Timonium	Renee	Smucker	Ph.D., Licensed Psychologist	No	Maryland Parent Child Clinic, LLC	In person and telehealth	New York	N/A	All ages 2 years old +	Individual and family interventions	English	410-205-4928	info@marylandpcc.com	www.marylandpcc.com
United States of America	Maryland	Timonium	Becca	Hammonds	Ph.D., Registered Psychological Associate	No	Maryland Parent Child Clinic, LLC	In person and telehealth	No	N/A	All ages (2 - Adult)	Individual and family interventions	English	410-205-4928	info@marylandpcc.com	www.marylandpcc.com

MARYLAND

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Maryland	Bethesda	Melissa	Murphy	psychotherapist/licensed clinical social worker/LCSW-C	Yes	Bethesda Therapy LLC	Telehealth	Maryland, Washington DC, Virginia	N/A	12+	Individual therapy	English	240.389.0027	Melissa@wearebethesdatherapy.com	www.wearebethesdatherapy.com
United States of America	Maryland	Baltimore	Jillian	Ginsberg	LCSW-C	Yes	Private Practice	Telehealth	Maryland, Washington D.C., Virginia	No	Adults	Individual therapy	English	(410) 205-6125	jillian@jillianginsberglcswc.com	https://jillianginsberglcswc.com
United States of America	Maryland	Columbia and Timonium	Rebecca	Sinner	LCSW-C	No	Cedar Ridge Counseling Centers	In person and telehealth	exclusively virtual therapy in the state of Michigan through Pine Rest Christian Mental Health Services: https://www.pinerest.org/clinician/rebecca-sinner/	No	Children, teenager, young adults, adults	Individual therapy and Parent Support/Coaching for parents whose child has OCD	English	410-552-0773 ext. 1200	rebecca.sinner@cedarridgecounseling.com	https://www.psychologytoday.com/profile/1269291 and https://www.cedarridgecounseling.com/columbia/sinner-rebecca/
United States of America	Maryland	N/A	Jennifer	Oh	Psy.D, Licensed Psychologist	Yes	Relational-Cultural Counseling	Telehealth	Mayland and Virginia	N/A	Tennagers, adults, elderly	Individual therapy	English and Korean	678-544-2088	dr.jenn@ohpsychologist.com	ohpsychologist.com
United States of America	Maryland	Bethesda	Ruby	Snyder	LCPC	No	Ruby Snyder Counseling	In person and telehealth	No	No	Teenagers 14+ and adults 18+	Individual therapy	English	240-547-9916	ruby@rubysnydercounseling.com	https://www.rubysnydercounseling.com/
United States of America	Maryland	Towson	Melissa	McGrath	LCSW-C	No	Private Practice	Telehealth and in person	No	No	Teenagers, adults	Individual therapy	English	443-621-3028	melissamcgrathlcswc@gmail.com	https://www.psychologytoday.com/us/therapists/melissa-mcgrath-towson-md/1466582
United States of America	Maryland	Gaithersburg	Julia	Goolsby	Psychologist	No	Potomac Anxiety Center	Telehealth	New York, Washington, D.C., Authority to Practice Interjurisdictional Telepsychology (APIT)	Yes	Children, teenager, adults	Individual therapy	English	240-301-2551	drgoolsby@potomacanxietycenter.com	potomacanxietycenter.com
United States of America	Maryland	N/A	Shannon	Grimsley	Licensed Professional Counselor	Yes	Standpoint Counseling Services	Telehealth	Florida, Maryland, Kentucky, Pennsylvania	Yes	Adults	Individual therapy	English	(717) 276-0542	shannon@standpointcounseling.com	https://www.standpointcounseling.com
United States of America	Maryland	Baltimore	Charlotte	Jeanne	Therapist, licensed clinical professional counselor (LCPC)	Yes	Charlotte Jeanne Psychotherapy LLC	In person and telehealth	No	No	Children (4+), teenager, adults	Individual therapy	English	443-219-8434	contact@charlottejeannepsychotherapy.com	N/A

MARYLAND

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Maryland	Sykesville	Robyn	Heydari	LPC. LCPC	No	Heydari Counseling Center, LLC	Telehealth (Maryland and Oregon), in person (Maryland)	Maryland and Oregon	Yes/	Ages 11+	Individual and group therapy	English	301-200-9479	robyn.heydariLPC@gmail.com	HeydariCounselingCenter.com
United States of America	Maryland	N/A	Allison	Klein	LCPC	No	Headway	Telehealth	No	No	Ages 18+	Individual therapy	English	(410) 635-4820	therapyagk@gmail.com	https://care.headway.co/providers/allison-klein?utm_source=pem&utm_medium=direct_link&utm_campaign=92041
United States of America	Maryland	N/A	Karina	Tuohy	Clinical Psychologist (PsyD)	No	Orchid Psychological Services, LLC	Telehealth	PSYPACT, Maryland, New York	Yes	Teenagers and adults	Individual therapy	English	(240) 801-7307	karinatuohy@orchidpsychservices.com	https://www.psychologytoday.com/profile/1465961

MASSACHUSETTS

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Massachusetts	Beverly/ Statewide	Amy	Carlson-Pallazola	LMHC, LLC	Yes	Amy Carlson-Pallazola, LMHC, LLC	Telehealth and limited in person	No	N/A	Adults 18+	Individual therapy	English	978-332-1671	amy@acarlsonpallazola.com	NA
United States of America	Massachusetts	Boston	Melissa	Lile	Therapist/Licensed Clinical Social Worker	No	Beyond Borders CBT	Telehealth	Colorado, North Carolina, Ohio, Virginia, Tennessee	N/A	All ages 8+	Individual therapy	Englsih	None	hello@beyondborderscbt.com	https://beyondborderscbt.com/
United States of America	Florida, Maine, Massachussetts	Statewide	Catherine	Goldhouse	MSW, LICSW, LCSW	Yes	Catherine Goldhouse Psychotherapy	Telehealth	Maine, Massachusetts, Florida	N/A	Adults	Individual therapy	English	857-321-8816	kategoldhouse@gmail.com	https://www.catherinegoldhouse.com/
United States of America	Massachussets	N/A	Katie	Jones	LCSW	Yes	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	N/A	12 years old +	Individual therapy	English	617-383-7255	KatieJJoneslcsw@gmail.com	https://www.psychologytoday.com/us/therapists/katie-jones-redondo-beach-ca/727021
United States of America	Vermont	N/A	Phoebe	Manchester	Clinical Mental Health Counselor	Yes	Treadwell Counseling, PLLC	In person and telehealth	Vermont and New Hampshire	N/A	Teenagers and adults	Individual therapy	English	603-276-0721	phoebe@treadwellcounseling.com	treadwellcounseling.com
United States of America	Massachusetts	Newton	Francis (Fran preferred)	Kuehn	Licensed Independent Clinical Social Worker	Yes	Fran Kuehn LICSW, M.Ed. A-CBT	In person and telehealth	No	N/A	Children and adults	Individual and group therapy	English	(617) 564-3687	Frankuehn@gmail.com	www.frankuehn.com
United States of America	Massachussets	N/A	Blaire	Melius	LLC	No	Blaire Melius Counseling LLC	Telehealth	New Jersey and massachussets	N/A	Adults	Individual therapy	English	908-758-3995	blairemelius@blairemeliuscounseling.com	www.blairemeliuscounseling.com
United States of America	Massachussetts	N/A	Erica	L Pardi	Licensed Mental Health Counselor (LMHC)	Yes	Meridian Psychology Practice, PLLC	In person and Telehealth	New York	N/A	Adults	Individual therapy	English	585-201-8211	ericapardilmhc@gmail.com	https://www.meridianpractice.org/staff/ericapardi
United States of America	Massachusetts	Boston	Nancy	Nelson	Therapist	Yes	Private practice	Telehealth	No	No	Adults 18+	Individual therapy	English and cantonese	1-857-597-7509	nancynelsonlicsw@gmail.com	https://www.psychologytoday.com/us/therapists/withcouragecbt-boston-ma/1263255
United States of America	Massachussets	Amherst	Tara	Ferrante	LMHC	Yes	Tara Ferrante	Telehealth and in person	No	No	Children, teenagers, adults	Individual and group therapy	English	413-230-2452	taraferrantelmhc@gmail.com	www.taraferrantelmhc.com
United States of America	Massachussetts	N/A	Katie	Marrotte	LCSW	Yes	N/A	Telehealth	Florida, Massachussetts and Connecticut	N/A	Adults	Individual therapy	English	860-531-2013	katie.marrotte@gmail.com	Unknown
United States of America	Massachussetts	Newton	Alexandra	Libstag	LICSW	No	Jaye Therapeutic Alliance	In-person (Newton, Massachusetts), Telehealth (Massachusetts, Maine and Connecticut)	Massachusetts, Maine and Connecticut	No	Ages 16+	Individual therapy	English	508-492-5445	connect@heyjaye.com	www.heyjaye.com

MASSACHUSETTS

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Massachussetts	Providence	Rachel	Simmons	PhD	No	N/A	In person and telehealth	PSYPACT states, Rhode Island, Iowa, Massachussetts, New York, Florida	Yes	Ages 16+	Individual therapy	English	401-903-0449	Dr.Simmons@NenePsychology.com	www.nenepsychology.com
United States of America	Massachussetts	N/A	Joanna	Kaye	Clinical psychologist	Yes	Anxiety, Trauma, and OCD Center of San Diego	Telehealth	California and Massachussetts	N/A	Adults	Individual therapy	English	619-330-4010	drkaye@atocsandiego.com	atocsandiego.com
United States of America	Massachussetts	N/A	Devyn	Box	Social Worker	No	Devyn Box Therapy LLC	Telehealth	Texas, Colorado, New Mexico and Massachussetts	No	Adults	Individual therapy	English	+1 972 450 9424	idevyn@devynboxtherapy.com	www.devynboxtherapy.com
United States of America	Massachusetts	Boston	Katie	Dowd	LICSW	No	Private practice	In person and telehealth	No	Yes	Children, teenagers and adults	Individual therapy	English and Spanish	617-682-0587	katherinedowdlicsw@gmail.com	https://kdowd.clientsecure.me
United States of America	Massachusetts	Newton	Fran	Kuehn	Doctor of Social Work, Licensed Independent Clinical Social Worker, Masters of Special Education. Diplomate, Academy of Cognitive and Behavioral Therapies	Yes	Private practice	In person and telehealth	Massachusetts and Washington D.C	Yes	Teenagers and adults	Individual therapy	English	(617) 564-3687	frankuehn@gmail.com	frankuehn.com
United States of America	Massachussetts	Sudbury	Kayla	Stanke	Therapist	Yes	Clearview OCD Counseling, LLC	In person and telehealth	No	Yes	Teenagers and adults	Individual therapy	English	N/A	kayla.clearview@gmail.com	https://ocd-therapy.com/
United States of America	Massachussetts	Boston	Yvonne	Broufas	Licensed Independent Clinical Social Worker	No	Private Practice	In person and telehealth	No	Yes	Children, teenagers and adults	Individual therapy	English and Greek	617-394-1236	hello@ybcounseling.com	https://www.psychologytoday.com/us/therapists/yvonne-broufas-brookline-ma/1625759
United States of America	Massachussetts	N/A	Suzanne	Kaphan	MA, LCSW	Yes	Private practice	In person and Telehealth	Connecticut (telehealth only) and New York	No	Adults	Individual therapy	English	203-312-7632	info@suzannekaphan.com	www.suzannekaphan.com
United States of America	Massachussetts	Rhode Island	Kenzi	DeFaria	LICSW	Yes	Golden Hour therapy	In person and Telehealth	No	No	Teenagers and adults	Individual therapy	English	401-585-7968	kenzi@goldenhourtherapist.com	www.goldenhourtherapist.com

MICHIGAN

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Michigan	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	Yes	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Michigan	N/A	Krista	Gravatt	LMSW	Yes	Counseling with Compassion	Telehealth	Michigan, North Carolina, Virginia	N/A	18 years old +	Individual therapy	English	734-585-7086	info@counselingwithcompassion.com	http://www.counselingwithcompassion.com
United States of America	Michigan	N/A	Veronika	Spicer	Ph.D., Clinical psychologist	Yes	the Anxiety Treatment Center of Greater Toledo	In person (Ohio) and Telehealth (Michigan)	Telehealth in Michigan	N/A	Adults 18+	Individual therapy	English	419-931-3029	vspicer.phd@gmail.com	www.atctoledo.com
United States of America	Michigan	N/A	Rebecca	Sinner	LCSW-C	No	Cedar Ridge Counseling Centers	In person and telehealth	exclusively virtual therapy in the state of Michigan through Pine Rest Christian Mental Health Services: https://www.pinerest.org/clinician/rebecca-sinner/	No	Children, teenager, young adults, adults	Individual therapy and Parent Support/Coaching for parents whose child has OCD	English	410-552-0773 ext. 1200	rebecca.sinner@cedarridgecounseling.com	https://www.psychologytoday.com/profile/1269291 and https://www.cedarridgecounseling.com/columbia/sinner-rebecca/
United States of America	Michigan	City Ann Arbor	Laurie	Krauth	MA, LLP	Yes	Krauth, MA, PLC	In person and telehealth	No	Yes	Adults	Individual therapy	English	734-649-8357	LKrauth@comcast.net	www.LaurieKrauth.com
United States of America	Michigan	Traverse city	Kristen	Ryder	Therapist/Certified School Psychologist and Limited License Clinical Social Worker/SSP and LLMSW-C	No	Stillness and Strength Therapeutics, PLLC	In person	No	No	Young adults, adults	Individual therapy	English	N/A	kristen@sstherapeutics.com	www.stillnessandstrengthyoga.com
United States of America	Michigan	Kalamazoo	Susan	Hall	LPC, NCC	No	Whole Life Counseling	In person and telehealth	No	No	Ages 8+	Individual therapy	English	269-353-7607	susan@wholelifecounselingllc.org	wholelifecounselingllc.org

MINNESOTA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Minnesota	Minneapolis	Lucy	Grantz	Licensed Marriage and Family Therapist	Yes	Pivot Psychotherapy	In person and telehealth	No	N/A	Teenagers 16+, Adults	Individual therapy	English	612-805-1410	Lucy@pivotpsychmn.com	https://www.pivotpsychmn.com/
United States of America	Minnesota	Minneapolis	Tracy	Lewis	Licensed Independent Clinical Social Worker	No	Together Anxiety and OCD Treatment	In person and telehealth	No	N/A	Children,, Adults	Individual therapy	English	612-599-3407	tracylewis@togethertreatment.com	www.togethertreatment.com
United States of America	Minnesota	Saint Paul	Jayme	Kolbo	MA, LPCC	No	OCD & Anxiety Wellness Collective	In person and telehealth	No	N/A	Ages 6+	Individual therapy	English	612-234-2205	jayme@ocdanxietywellnessco.com	www.ocdanxietywellnessco.com
United States of America	Minnesota	Minneapolis	Courtney	Sellberg	LPCC	No	Mind Matters Collective	Telehealth	Wisconsin	No	Ages 13+	Individual therapy	English	763-249-5031	c.sellberg@mindmatterscollective.com	https://www.mindmatterscollective.com/
United States of America	Minnesota	N/A	Lindsey	Benolken	LPC/LPCC	Yes	Breaking OCD	Telehealth	Arizona, Minnesota, New Mexico, Florida	No	Adults and teenagers	Individual and group therapy	English	602-342-9616	Lindsey@breakingocd.com	www.breakingocd.com
United States of America	Minnesota	Saint Paul	Maggie	Duret	LPCC (Licensed Professional Clinical Counselor)	Yes	Maggie Duret | OCD and Anxiety Therapy	In person and Telehealth	Arizona, Indiana, Minnesota	Yes	Teenagers 16+, adults	Individual and group therapy	English	(651) 243-1010	maggie@maggieduret.com	maggieduret.com
United States of America	Minnesota	N/A	Jennifer	Ingram	Social Work / LCSW / Licensed Clinical Social Worker	No	Jennifer Ingram Therapy	Telehealth	Florida, Illinois, Minnesota, Missouri, North Dakota, Ohio, South Carolina, Vermont, Virginia, Indiana	No	Adults	Individual therapy	English	317-418-2855	jen@jeningramtherapy.com	https://www.jeningramtherapy.com/
United States of America	Minnesota	Chanhassen	Catherine	Beringer	Mental Health Therapist	Yes	Collaborative Counseling	In person and Telehealth	No	No	Children, Tennagers and adults	Individual therapy	English	763-762-5712	Catberinger@collaborative-counseling.com	www.collaborativemn.com
United States of America	Minnesota	Minneapolis	Megan	King	Mental Health Professional, Licensed Graduate Social Worker	No	Novo Behavioral Health	In person and Telehealth	No	Yes	Adults and teenagers	Individual therapy	English	952-522-3433	mking@novobehavioralhealth.com	https://www.novobehavioralhealth.com/megan-king

MISSISSIPPI

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Mississippi	Ridgeland	Jane	Fuller	LPC license number 2124	No	Fuller Mind Counseling, LLC	In person, Telehealth	Colorado (virtually) and Mississippi	No	Teenagers, adults	Individual therapy	English	769.300.1888	jane.fullermindcounseling@gmail.com	https://www.psychologytoday.com/us/therapists/jane-fuller-ridgeland-ms/712127

MISSOURI

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Missouri	St. Louis	Jeremy	Shuman	PsyD, Licensed Psychologist	No	The Center for Mindfulness and CBT	In person if vaccinated and Telehealth	Missouri only	N/A	Adults (17+)	Individual therapy	English	Unknown	jeremyshumanpsych@gmail.com	https://mindfulstl.com/providers/jeremy-shuman-psy-d/
United States of America	Missouri	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	Yes	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Missouri	St. Louis	Kara	Friedman	LPC	No	Private Practice	In person and Telehealth	Missouri only	N/A	Ages 12+	Individual therapy	English	N/A	Kara@karafriedmancounseling.com	www.karafriedmancounseling.com
United States of America	Missouri	St. Louis	Andrea	Gutiérrez-Glik	LCSW	No	Andrea Gutiérrez-Glik, LCSW LLC	In person and Telehealth	New-York	No	Adults	Individual therapy	English	(314) 742-7330	andreaglik@gmail.com	www.andreaglik.com
United States of America	Missouri	N/A	Darlene	Weldon	LPC (Missouri), LCPC (Kansas)	No	Oasis Counseling and Enrichment, LLC	Telehealth	Kansas and Missouri	No	Children, Tennagers and adults	Individual and group therapy	English	(816) 651-1868	dweldon@oasiscounseling.com	www.ocdandautism.com
United States of America	Missouri	N/A	Kenley	Breckenridge	Licensed Professional Counselor (LPC) and Licensed Mental Health Counselor (LMHC)	Yes	Wellness Studio	Telehealth	Missouri, Indiana	No	Adults (18+)	Individual therapy	English	708-730-2954	wstudio@wellnessstudiotherapy.com	https://www.psychologytoday.com/us/therapists/kenley-breckenridge-chesterfield-mo/1273393
United States of America	Missouri	St-Louis	Sarah	Kertz	Licensed Clinical Psychologist, PhD	Yes	Anxiety Specialists of ST. Louis	Telehealth	PSYPAT states	No	Adults	Group therapy	English	314-462-2965	sarahkertz@anxietyspecialistsofstl.com	https://anxietyspecialistsofstl.com/2025_ocd-services/
United States of America	Missouri	St-Louis	Jasmin	Hallowell	MSW, LMSW	No	The Anxiety Therapists	In person and Telehealth	No	N/A	Adults	Individual therapy	English	314-742-8644	jasmin@anxietytherapists.org	https://www.anxietytherapists.org/about-jasmin-hallowell or https://www.psychologytoday.com/us/therapists/jasmin-hallowell-kirkwood-mo/1369133
United States of America	Missouri	N/A	Jennifer	Ingram	Social Work / LCSW / Licensed Clinical Social Worker	No	Jennifer Ingram Therapy	Telehealth	Florida, Illinois, Minnesota, Missouri, North Dakota, Ohio, South Carolina, Vermont, Virginia, Indiana	No	Adults	Individual therapy	English	317-418-2855	jen@jeningramtherapy.com	https://www.jeningramtherapy.com/

MISSOURI

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Missouri	Springfield	Rachael	Herrington Roldan	Clinical Psychologist	Yes	417 Psych	In person and telehealth	Missouri & PSYPACT	No	Children, teenagers, adults	Individual therapy	English	417-413-1724	dr.rachael@417psych.com	www.417psych.com
United States of America	Missouri	St. Louis	Elim	Allee	Psychotherapist	No	Elim Allee LPC LLC	In person and telehealth	No	No	Adults	Individual and couples therapy	English	314-315-4441	elim@elimalleelpc.com	www.elimalleelpc.com
United States of America	Missouri	Springfield	Melody	Merritt	M.A. LPC	No	Valore Counseling Services Phone Number	In person and telehealth	No	No	Adults	Individual therapy	English	417-419-8828	valorecounselingservices@gmail.com	valorecounselingse.wixsite.com/info
United States of America	Missouri	St. Louis	Madeline	Goodwill	LCSW	Yes	The Anxiety and OCD Clinic	Telehealth	Missouri & Illinois	Yes	Adults	Individual therapy	English	314-690-7076	madeline@anxietyandocdclinic.com	https://www.anxietyandocdclinic.com/

MONTANA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Montana	Helena	Kyrie	Russ	LCPC	No	Mount Helena Counseling	In-person and Telehealth	Montana only	N/A	Ages 16+	Individual therapy	English	406-438-6439	kruss@mounthelenacounseling.com	Unknown
United States of America	Montana	Great Falls	Kelli	Smith	LLC	No	Big Sky Counseling, LLC	In-person and Telehealth	Montana only	Yes	Ages 14 +	Individual therapy	English	406-642-0676	Ksmith@bigskycounselingllc.com	www.kellismithlcpc.com
United States of America	Montana	N/A	Samantha	White	licensed psychologist (PsyD)	No	Resolve Psychotherapy	Telehealth	California, Montana	No	Adults 18+	Individual therapy	English	406-551-6385	resolvepsychotherapypllc@gmail.com	https://www.samwhitetherapy.com
United States of America	Montana	N/A	Aimee	Horn	Licensed Mental Health Counselor	Yes	Aimee Horn Counseling and Consultation, PLLC	Telehealth	California, Montana, Washington	No	Adults	Individual therapy	English	425-341-3618	aimeehornlmhc@gmail.com	www.aimeehorntherapy.com

NEBRASKA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Nebraska	N/A	Amanda	Petrik-Gardner	LCPC, LPC, LIMHP	Yes	Private practice	Telehealth	Kansas, Colorado, Nebraska, Missouri, Michigan, Maine and Florida	N/A	All ages	Individual therapy	English	785-477-9117	info@amandalcpc.com	www.amandalcpc.com
United States of America	Nebraska	Statewide	Laura	Forcella Spiering	LCSW	Yes	N/A	Telehealth	Florida, Colorado., Nebraska, South Carolina, Idaho, Wyoming	N/A	Adults (18+)	Individual therapy	English	307-272-5856	laura@lcsw1.net	https://laura-forcellaspiering.lcsw1.net/

NEVADA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Nevada	N/A	Tracy	Koller	LCSW	Yes	Tracy Koller, LCSW	Telehealth	Louisiana, New Jersey, Utah, Nevada and South Dakota	No	Teenagers, adults	Individual therapy	English	908-324-9484	tracykollerlcsw@gmail.com	https://www.psychologytoday.com/profile/1015660

NEW HAMPSHIRE

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Hampshire	Portsmouth	Christina	Ennabe	Therapist	Yes	N/A	In person and telehealth	Maine and Florida	N/A	Teenagers, adults	Individual therapy	English	603-824-3836	info@christinaennabe.com	www.christinaennabe.com
United States of America	New Hampshire	Hanover	Phoebe	Manchester	Clinical Mental Health Counselor	Yes	Treadwell Counseling, PLLC	In person and telehealth	Vermont and Massachussetts	N/A	Teenagers and adults	Individual therapy	English	603-276-0721	phoebe@treadwellcounseling.com	treadwellcounseling.com
United States of America	New Hampshire	Statewide	Caitlyn	Woodhouse	Licensed Professional Counselor CA and NH	No	N/A	Telehealth	California & New Hampshire	No	Adults	Individual therapy	English	408-202-3918	Porell13@gmail.com	N/A

NEW JERSEY

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Jersey	Cherry Hill	Hamish	Gunn	LCP, Ph.D.	Yes	The Center for Emotional Health of Greater Philadelphia	Telehealth	Pennsylvania and PSYPACT states	No	Adults, Teens	Individual therapy	English	856-220-9672	gunn@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com/staff/dr-hamish-gunn/
United States of America	New Jersey	Cranford	Craig	Springer	Licensed Psychologist, PsyPact, TEAM-CBT Level 3	Yes	Good Life Center for Mental Health	Telehealth	New York and PSYPACT states	N/A	Adults 18+	Individual therapy	English	908-956-7979	craigspringer@goodlifecenternj.com	www.goodlifecenternj.com
United States of America	New Jersey	River Vale	Marianne	Grace Dunn	Licensed Psychologist	No	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	New Jersey	Morristown	Tamara	D'Alessio	LPC	Yes	Northern Counseling and Wellness	In person and Telehealth	No	N/A	Adolescents and adults	Individual therapy	English	973-913-4769	tamara@northerncounselor.com	www.northerncounselor.com
United States of America	New Jersey	Princeton	Cara	Genbauffe	Psychologist	Yes	The Center for Emotional Health of Greater Philadelphia	In person in New Jersey and Telehealth	New York and PSYPACT states	N/A	Teenagers and adults	Individual therapy	English	(856) 220-9672	genbauffe@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com
United States of America	New Jersey	Teaneck	Shmaya	Krinsky	Licensed Psychologist, PsyD	No	Anxiety and Behavioral Health Psychotherapy	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider	N/A	Adults and teenagers	Individual therapy	English	201-564-5319	skrinsky@anxietybhp.com	www.anxietybhp.com
United States of America	New Jersey	N/A	Blaire	Melius	LLC	No	Blaire Melius Counseling LLC	Telehealth	New Jersey and massachussets	N/A	Adults	Individual therapy	English	908-758-3995	blairemelius@blairemeliuscounseling.com	www.blairemeliuscounseling.com
United States of America	New Jersey	N/A	Leigh Anne	Clark	LCSW	No	Oakview Therapy LLC	Telehealth	Georgia, New Jersey, Pennsylvania, Florida	No	Adults	Individual therapy	English	404-692-0414	oakviewtherapy@protonmail.com	https://www.oakviewtherapy.com/
United States of America	New Jersey	N/A	Ann	Miller	LMHC, LPCC. LCP, LCPC	Yes	Ann Miller Therapy	In person and telehealth	Maine, New Jersey, New York, Washington, California	Yes	Adults	Individual therapy	English	N/A	ann@annmillertherapy.com	annmillertherapy.com
United States of America	New Jersey	N/A	Idil	Ozturk	LCSW	Yes	Idil Ozturk Psychotherapy LCSW, PLLC	Telehealth	New York, New Jersey	No	Adults	Individual therapy	English	908 376 6715	idil@ozturklcsw.com	https://www.idilozturkpsychotherapy.com/

NEW JERSEY

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Jersey	N/A	Tracy	Koller	LCSW	Yes	Tracy Koller, LCSW	Telehealth	Louisiana, New Jersey, Utah, Nevada and South Dakota	No	Teenagers, adults	Individual therapy	English	908-324-9484	tracykollerlcsw@gmail.com	https://www.psychologytoday.com/profile/1015660
United States of America	New Jersey	N/A	Cynthia	Radnitz	PhD (Psychologist)	No	CBT specialists	In person and telehealth	California, New Jersey and New York	Yes	Ages 11+	Individual therapy	English	805-393-7608	cynthia.radintz@cbt-specialists.com	http://cbt-specialists.com
United States of America	New Jersey	Short Hills	Silvina	Falcon Levine	LCSW, MSW. TEAM CBT Level # 3	Yes	Good Life Center for Mental Health	In person and telehealth	New Jersey and New York (Telehealth)	Yes	Adults	Individual therapy	Spanish	(908) 484 4644	Silvinalevine@goodlifecenternj.com	N/A
United States of America	New Jersey	N/A	Nathan	Siegel	Mental health counselor	Yes	Private practice of Dr. Anna Allmann	In person (limited) and telehealth	New Jersey,New York, Connecticut, Florida	No	Children, teenager, adults	Individual therapy	English	646-820-3199	nathan@annaallmannphd.com	ocdtherapy.nyc

NEW MEXICO

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New Mexico	Albuquerque	Cynthia	Keeran	Psychologist	Yes	Dr. Cynthia Keeran, Ph.D., Inc.	In person and Telehealth	No	No	All person 14 years old +	Individual therapy	English	505-249-1374	Drkeeran1@gmail.com	None
United States of America	New Mexico	N/A	Lindsey	Benolken	LPC/LPCC	Yes	Breaking OCD	Telehealth	Arizona, Minnesota, New Mexico, Florida	No	Adults and teenagers	Individual and group therapy	English	602-342-9616	Lindsey@breakingocd.com	www.breakingocd.com
United States of America	New Mexico	N/A	Devyn	Box	Social Worker	No	Devyn Box Therapy LLC	Telehealth	Texas, Colorado, New Mexico and Massachussetts	No	Adults	Individual therapy	English	+1 972 450 9424	idevyn@devynboxtherapy.com	www.devynboxtherapy.com
United States of America	New Mexico	Rio Rancho	Shana	Pava	LMSW/Social Worker	Yes	Valued Healing, LLC	In person and Telehealth	No	No	Adults and teenagers	Individual therapy	English	505-225-8196	shana@valuedhealing.com	https://valuedhealing.com

NEW YORK

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New York	Katonah	Susan	Wagner	Ph.D.	Yes	N/A	In person and Telehealth	Unknown	N/A	Children (7+), Teenagers, adults	Individual therapy	English	914-760-7091	susan@wagnerphd.com	www.wagnerphd.com
United States of America	Licensed in New York and New Jersey	Physical officie River Vale, NJ	Marianne	Grace Dunn	Licensed Psychologist	No	N/A	In person and Telehealth	Licensed in New York & New Jersey; PSYPACT Provider; Florida Telehelath Provider	N/A	Adolescents & Adults; Families & Parents	Individual therapy	English	201-994-9969	Marianne@drmariannedunn.com	www.drmariannedunn.com
United States of America	New York	Schenectady	Klara Natalia	Granger	LCSW	No	N/A	In person and Telehealth	No	N/A	Adults, emphasis on LGBTQ population	Individual therapy	English	646 780 9322	socialworkgranger@gmail.com	www.mosaicmentalhealthcenter.com
United States of America	New York	NA	Renee	Smucker	Ph.D., Licensed Psychologist	No	Maryland Parent Child Clinic, LLC	Telehealth	Maryland	N/A	All ages 2 years old +	Individual and family interventions	English	410-205-4928	info@marylandpcc.com	www.marylandpcc.com
United States of America	New York	Suffren	Rebecca	Holczer	Licensed Psychologist, PsyD	No	Center for Anxiety	In person and Telehealth	Psypact state	N/A	Adults	Individual therapy	English	845-533-2791	rholczer@centerforanxiety.org	www.centerforanxiety.org
United States of America	New Jersey	Princeton	Cara	Genbauffe	Psychologist	Yes	The Center for Emotional Health of Greater Philadelphia	In person in New Jersey and Telehealth	New York and PSYPACT states	N/A	Teenagers and adults	Individual therapy	English	(856) 220-9672	genbauffe@thecenterforemotionalhealth.com	https://thecenterforemotionalhealth.com
United States of America	New York	NA	Shmaya	Krinsky	Licensed Psychologist, PsyD	No	Anxiety and Behavioral Health Psychotherapy	Telehealth	Licensed in New York & New Jersey; PSYPACT Provider	N/A	Adults and teenagers	Individual therapy	English	201-564-5319	skrinsky@anxietybhp.com	www.anxietybhp.com
United States of America	New York	Rochester	Erica	L Pardi	Licensed Mental Health Counselor (LMHC)	Yes	Meridian Psychology Practice, PLLC	In person and Telehealth	Massachussetts	N/A	Adults	Individual therapy	English	585-201-8211	ericapardilmhc@gmail.com	https://www.meridianpractice.org/staff/ericapardi
United States of America	New York	N/A	Andrea	Gutiérrez-Glik	LCSW	No	Andrea Gutiérrez-Glik, LCSW LLC	Telehealth	Missouri and New-York	No	Adults	Individual therapy	English	(314) 742-7330	andreaglik@gmail.com	www.andreaglik.com
United States of America	New York	N/A	Madeline	Moersch	LCSW	Yes	Westside OCD & Anxiety Center	In Person(LA) or Telehealth	California (Los Angeles)	Yes	Teenagers and adults	Individual therapy	English	(213) 461-0978	madeline@westsideocd.com	www.westsideocd.com
United States of America	New York	N/A	Sheri	Orr	Psychotherapist /LMHC/LPC	Yes	Integrative Psychotherapy, LLC	Telehealth	Arizona	No	Adults	Individual therapy	English	602-935-4445	SheriOrr@sheriorr.com	www.sheriorr.com
United States of America	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	[illegible]	Northern [illegible]	In person and [illegible]	[illegible]	[illegible]	Adolescents and [illegible]	Individual [illegible]	[illegible]	[illegible]	tamara@northerncounselor.c[illegible]	www.northerncoun[illegible]

NEW YORK

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New York	N/A	Rich	Gallagher	LMFT	Yes	Private practice	Telehealth	Arizona, New York, Colorado, Florida	N/A	Adults, Teens 16+	Individual therapy	English	607-227-2252	rsgassoc@gmail.com	www.anxietycamp.com
United States of America	New York	Statewide	Michelle	Gomez-Salazar	LCSW	No	N/A	Telehealth	California and New York	No	Adults	Individual therapy	English, Spanish	(949) 779-5029	hello@michellegomezsalazar.com	www.michellegomezsalazar.com
United States of America	New York	Armonk	Suzanne	Kaphan	MA, LCSW	Yes	Private practice	In person and Telehealth	Connecticut (telehealth only) and New York	No	Adults	Individual therapy	English	203-312-7632	info@suzannekaphan.com	www.suzannekaphan.com
United States of America	New York	N/A	Lynette	Miller-Volel	LCSW, therapist	Yes	Path of Compassion Therapy	Telehealth	No	No	Adults	Individual therapy	English	N/A	Lynette@pathofcompassiontherapy.com	https://www.pathofcompassiontherapy.com/
United States of America	New York	Providence	Rachel	Simmons	PhD	No	N/A	In person and telehealth	PSYPACT states, Rhode Island, Iowa, Massachussetts, New York, Florida	Yes	Ages 16+	Individual therapy	English	401-903-0449	Dr.Simmons@NenePsychology.com	www.nenepsychology.com
United States of America	New York	N/A	Ann	Miller	LMHC, LPCC. LCP, LCPC	Yes	Ann Miller Therapy	In person and telehealth	Maine, New Jersey, New York, Washington, California	Yes	Adults	Individual therapy	English	N/A	ann@annmillertherapy.com	annmillertherapy.com
United States of America	New York	New York	Idil	Ozturk	LCSW	Yes	Idil Ozturk Psychotherapy LCSW, PLLC	In person and telehealth	New York, New Jersey	No	Adults	Individual therapy	English	908 376 6715	idil@ozturklcsw.com	https://www.idilozturkpsychotherapy.com/
United States of America	New York	N/A	Julia	Goolsby	Psychologist	No	Potomac Anxiety Center	Telehealth	New York, Washington, D.C., Authority to Practice Interjurisdictional Telepsychology (APIT)	Yes	Children, teenager, adults	Individual therapy	English	240-301-2551	drgoolsby@potomacanxietycenter.com	potomacanxietycenter.com
United States of America	New York	N/A	Cynthia	Radnitz	PhD (Psychologist)	No	CBT specialists	In person and telehealth	California, New Jersey and New York	Yes	Ages 11+	Individual therapy	English	805-393-7608	cynthia.radintz@cbt-specialists.com	http://cbt-specialists.com
United States of America	New York	Morristown	Silvina	Falcon Levine	LCSW, MSW. TEAM CBT Level # 3	Yes	Good Life Center for Mental Health	Telehealth	New Jersey (In person and telehealth) and New York (Telehealth)	Yes	Adults	Individual therapy	Spanish	(908) 484 4644	Silvinalevine@goodlifecenternj.com	N/A
United States of America	New York	Lake Placid	Lisa	Germeroth	Clinical Psychologist	Yes	Mind Body Health, LLC	Telehealth	New York, Washington D.C., Virginia, Vermont, Florida	Yes	Adults	Individual therapy	English	571-328-7408 x819	lgermeroth@mindbodyva.com	https://mindbodyva.com/provider/lisa-germeroth-ph-d/
United States of America	New York	New York	Nathan	Siegel	Mental health counselor	Yes	Private practice of Dr. Anna Allmann	In person (limited) and telehealth	New Jersey,New York, Connecticut, Florida	No	Children, teenager, adults	Individual therapy	English	646-820-3199	nathan@annaallmannphd.com	ocdtherapy.nyc

NEW YORK

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	New York	N/A	Julie	Myers	Psychologist = PsyD (Psychology Doctorate, Masters of Science in Clinical Psychopharmacology (MSCP)	No	Point Loma Clinic	In person: California Video: California, New York, Wisconsin	Wisconsin, New Yook, California	No	Teenagers, adults	Individual therapy	English	858-414-1079	JM@PointLomaClinic.com	https://www.pointlomaclinic.com/
United States of America	New York	N/A	Lisa	Benson	LCSW	Yes	Private practice	Telehealth	No	Yes	Children (ages10+), teenagers, adults	Individual therapy	English	845-305-0309	lisabensonlcsw@proton.me	labpsychotherapy.com
United States of America	New York	Brooklyn	Maggie	Schweppe	LMHC	Yes	Good Therapy NYC	Telehealth and in person	No	Yes	Adults	Individual therapy	English	347-841-6741	maggie.schweppe@goodtherapynyc.com	https://www.psychologytoday.com/profile/1308536
United States of America	New York	N/A	Karina	Tuohy	Clinical Psychologist (PsyD)	No	Orchid Psychological Services, LLC	Telehealth	PSYPACT, Maryland, New York	Yes	Teenagers and adults	Individual therapy	English	(240) 801-7307	karinatuohy@orchidpsychservices.com	https://www.psychologytoday.com/profile/1465961
United States of America	New York	Brooklyn	Margaret	Stevens	Social Worker, LCSW	Yes	Margaret Stevens	Telehealth and in person	No	No	Adults	Individual therapy	English	(646) 603-1641	mstevenstherapy@protonmail.com	https://www.margaretstevenslcsw.com/
United States of America	New York	Brooklyn	Kornelia	Harari	Clinical Psychologist	Yes	New Heights CBT	Telehealth and in person	No	No	Adults	Individual therapy	English	718-551-5127	nellie@newheightscbt.com	https://www.newheightscbt.com

NORTH CAROLINA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	North Carolina	N/A	Katie	Jones	LCSW	Yes	N/A	Video for all states. limited in person in Redondo beach	Massachussets, Florida, North Carolina	N/A	12 years old +	Individual therapy	English	617-383-7255	KatieJJoneslcsw@gmail.com	https://www.psychologytoday.com/us/therapists/katie-jones-redondo-beach-ca/727021
United States of America	North Carolina	Fayetteville	Kari	Carr Cadmus	LCMHC, LCAS	Yes	DILTS Counseling & Consulting, PLLC	Telehealth	No	No	Adults 18+	Individual therapy	English	910-227-9292	kari@diltscounselingandconsulting.com	https://diltscounselingandconsulting.com/
United States of America	North Carolina	Matthews	Leah	Barnes	LCMHCS	Yes	Ridgeline Counseling and Supervision, PLLC	Telehealth	South Carolina	N/A	Late teenagers and adults	Individual therapy	English	704-776-1632	Leah@RidgelineCAS.com	https://www.ridgelinecas.com/
United States of America	North Carolina	Winston-Salem	Leslie	Dempsey	LCMHC, LCAS	No	Salem Counseling and Consulting	Telehealth	Vermont and South Carolina	No	Adults (18 to 65 years old)	Individual therapy	English	336-290-5005	leslie@salemcounselingandconsulting.com	www.salemcounselingandconsulting.com
United States of America	North Carolina	Raleigh	Megan	Lanier	LCMHCA	No	Aspire Counseling Group	In person and Telehealth	No	No	Ages 15+	Individual therapy	English	919-864-2114	megan@aspiregroupnc.com	https://www.psychologytoday.com/us/therapists/megan-lanier-raleigh-nc/1227187
United States of America	North Carolina	Mooresville	Julia	Lites	Outpatient Mental Health Therapist / Licensed Clinical Social Worker / MSS, LCSW	No	Work for Thrive Counseling And Wellness	Telehealth	North Carolina and South Carolina	No	Adults	Individual therapy	English	704-659-3465	julialites@gmail.com	https://www.psychologytoday.com/us/therapists/julia-lites-mooresville-nc/372052
United States of America	North Carolina	Greensboro	Cal	Salemi	Licensed Clinical Mental Health Counselor Associate	No	Project Yes, PLLC	Telehealth	No	No	Adults 18+	Individual therapy	English	(919) 355-5633	cat@theprojectyes.com	https://theprojectyes.com/cat-salemi/
United States of America	North Carolina	N/A	Krista	Gravatt	LMSW	Yes	Counseling with Compassion	Telehealth	Michigan, North Carolina, Virginia	N/A	18 years old +	Individual therapy	English	734-585-7086	info@counselingwithcompassion.com	http://www.counselingwithcompassion.com
United States of America	North Carolina	N/A	Jennifer	Ingram	Social Work / LCSW / Licensed Clinical Social Worker	No	Jennifer Ingram Therapy	Telehealth	Florida, Illinois, Minnesota, Missouri, North Dakota, Ohio, South Carolina, Vermont, Virginia, Indiana	No	Adults	Individual therapy	English	317-418-2855	jen@jeningramtherapy.com	https://www.jeningramtherapy.com/

NORTH CAROLINA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	North Carolina	High Point	Isabelle	Gaffney	Clinical Mental Health Counselor/LCMHC/Ph.D.	No	A Heapful of Hope	Telehealth	No	Yes	Children, teenagers and adults	Individual and group therapy	English and Mandarin	+65 8080-5170	isabelle@aheapfulofhope.com	https://aheapfulofhope.com
United States of America	North Carolina	Cary	Jacob	Hoyt	MSW, LCSW	No	Magnolia Psychiatry & Mental Wellness	In person and Telehealth	No	No	Ages 15-35	Individual therapy	English	919-307-7985	jacob@magnoliapmw.com	https://www.magnoliapmw.com/
United States of America	North Carolina	Greensboro	Amelia	Britt-Spencer	Licensed Clinical Mental Health Counselor Associate (LCMHCA)	No	Live Oak Counseling & Consulting, PLLC	In person and Telehealth	No	No	Adults	Individual therapy	English	336-828-6279	amelia@liveoakcounselinggso.com	https://www.liveoakcounselinggso.com/.
United States of America	North Carolina	Charlotte	Kimber	Nanna	LCMHC-A	No	Presbyterian Psychological Services	In person and Telehealth	No	No	Adults	Individual therapy	English	704-554-9900, ext. 335	kimbernanna@gmail.com	https://www.psychologytoday.com/profile/1394080

OHIO

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Ohio and Virginia	Cincinnati	Mandy	Schweinfest	M.Ed., MS, LPCC	Yes	Upward You Counseling	Telehealth	Virginia and Ohio	N/A	Adults, Teens 15+	Individual therapy	English	513-440-5005	MandyMedMSLPCC@gmail.com	www.upwardYouCounseling.com
United States of America	Ohio	Mayfield Village	Teresa	Rogers	PhD, IMFT-S, LPCC-S	No	The Relationship Center of NE Ohio	In person and Telehealth	No	N/A	Adults 18+	Individual therapy	English	330-497-2452	teresa@therelationshipcenterofneohio.com	www.therelationshipcenterofneohio.com
United States of America	Ohio	Cleveland	Jinger	Kinner	MFT, LPCC	Yes	Jinger Kinner, MFT, LPCC	Telehealth	No	No	Adults	Individual therapy	English	330-964-2168	info@jingerkinner.com	www.jingerkinner.com
United States of America	Ohio	Perrysburg	Veronika	Spicer	Ph.D., Clinical psychologist	Yes	the Anxiety Treatment Center of Greater Toledo	In person and Telehealth	Telehealth in Michigan	N/A	Adults 18+	Individual therapy	English	419-931-3029	vspicer.phd@gmail.com	www.atctoledo.com
United States of America	Ohio	NA	Julia	Pickett	LCSW	No	FindWell Counseling, LLC	Telehealth	Kentucky, Indiana, Ohio	N/A	Adults, Teens 16+	Individual therapy	English	502-501-3646	julia@findwellcounseling.com	www.findwellcounseling.com
United States of America	Ohio	N/A	Jennifer	Ingram	Social Work / LCSW / Licensed Clinical Social Worker	No	Jennifer Ingram Therapy	Telehealth	Florida, Illinois, Minnesota, Missouri, North Dakota, Ohio, South Carolina, Vermont, Virginia, Indiana	No	Adults	Individual therapy	English	317-418-2855	jen@jeningramtherapy.com	https://www.jeningramtherapy.com/
United States of America	Ohio	N/A	Kelsey	Hug	LCSW	Yes	KmHug LLC	In person (Indiana) and telehealth	Indiana and Ohio	No	Teenagers, adults	Individual therapy	English	317-851-0512	kelsey@kmhug.com	www.kmhug.com
United States of America	Ohio	Columbus	Paul	Kitzmiller	Licensed Professional Clinical Counselor (LPCC)	No	Columbus OCD and Anxiety Clinic	Telehealth	No	No	Teenagers, adults	Individual therapy	English	(614) 706-0504	paulkitzmiller@columbusanxiety.com	columbusanxiety.com / https://www.psychologytoday.com/us/therapists/paul-kitzmiller-columbus-oh/795392
United States of America	Ohio	Columbus	Lisa	Halley	Social worker	Yes	Milestone Counseling LLC	In person and Telehealth	No	No	Children (ages 5+), teenagers, adults	Individual therapy	English	614-594-3915	info@milestonecounselinggroup.com	www.milestonecounselinggroup.com

OKLAHOMA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Oklahoma	Oklahoma City	Thai-An	Truong	LPC, LADC	Yes	Lasting Change Therapy	Telehealth	Oklahoma only	N/A	Adults	Individual therapy	English	405-237-5782	thaian@lastingchangetherapy.com	www.lastingchangetherapy.com
United States of America	Oklahoma	N/A	Krista	Reed	LSCSW	No	OCD and Anxiety Clinic	In person/ Telehealth	Oklahoma	Yes	Ages 6+	Individual therapy	English	316-559-3554	krista@apbwichita.com	apbwichita.com

OREGON

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Oregon	Portland	Amy	Baker	LPC, LMFT	Yes	Portland Therapy Services, LLC	In person / Telehealth	No	No	Children (10+), Teens, Adults, Families	Individual and Family therapy	English	503-897-0411	portlandtherapyservices@gmail.com	www.portlandtherapyservices.com
United States of America	Oregon	Portland	Sarah	Weber	LMHC, LPC, AT-P	Yes	Say With Sarah PLLC	Telehealth	Yes, washington	N/A	12+ (adolescents, teens, adults)	Individual and group therapy	English	971-394-3433	saywithsarah@protonmail.com	https://sarah-weber.org/
United States of America	Oregon	Salem	Heather	Chase	LPC	No	Salem Trauma Therapy	Telehealth	Oregon and Washington	No	Adults	Individual therapy	English	N/A	info@salemtraumatherapy.com	www.salemtraumatherapy.com
United States of America	Oregon	Tigard	Allie	Labrousse	LPC	Yes	Allison Labrousse Counseling dba Willamette Anxiety Clinic	In person / Telehealth	No	No	Adults	Individual therapy	English	(503) 462-1763	allie@willametteanxietyclinic.com	willametteanxietyclinic.com
United States of America	Oregon	N/A	Bianca	Marino	Mental Health Therapist (LCSW)	No	Private Practice	Telehealth	Oregon, Washington, Texas	No	Adults	Individual therapy	English	+1(541) 325-8314	bianca.marino.g@gmail.com	https://secure.helloalma.com/providers/bianca-marino//
United States of America	Oregon	N/A	Robyn	Heydari	LPC. LCPC	No	Heydari Counseling Center, LLC	Telehealth (Maryland and Oregon), in person (Maryland)	Maryland and Oregon	Yes/	Ages 11+	Individual and group therapy	English	301-200-9479	robyn.heydariLPC@gmail.com	HeydariCounselingCenter.com
United States of America	Oregon	Tigard	Jenny	Dowhaniuk	LPC	No	Willamette Anxiety Clinic	Telehealth	No	No	Ages 18+	Individual therapy	English	503-825-0234	jenny@willametteanxietyclinic.com	https://www.willametteanxietyclinic.com/

PENSYLVANIA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Pennsylvania	City Camp Hill	Shannon	Weise	Profession-therapist/social worker	No	The Anxiety & OCD Treatment Center of Central Pennsylvania	In person and telehealth	Maryland and south carolina	N/A	Children, Adolescents, and Adults	Individual and group therapy	English	717-461-7933	shannon@isthisocd.com	www.isthisocd.com
United States of America	Pennsylvania	Pittsburgh	Libreta	Turner	LPC, NCC	Yes	Heart & Mind Counseling	In person and telehealth	West Virginia	Yes	Children and adults	Individual therapy	English	724-307-8022	lpcturner@gmail.com	https://heartandmindpgh.com/
United States of America	Pennsylvania	Pittsburgh	Liz	Vecenie	LCSW	No	Allegheny Mental Health Associates	In person and telehealth	No	N/A	Teenagers and adults	Individual therapy	English	412-967-5660 x870	Liz.vecenie@amha.hush.com	N/A
United States of America	Pennsylvania	Pittsburgh	Nicholas	R. Flower	Psychologist	No	OCD Spectrum	In person and telehealth	Yes PSYPACT states	N/A	Children and adults	Individual and group therapy	English	412 444-8776	info@ocdpittsburgh.com	www.ocdpittsburgh.com
United States of America	Rhode Island and Pennsylvania	N/A	Kelly	Fallon	LMHC, LPC	Yes	Rivers and Rhodes Counseling, LLC	Telehealth	Rhode Island and Pennsylvania	N/A	Adults	Individual therapy	English	Contact by email only	kellyf@riversandrhodes.org	N/A
United States of America	Pennsylvania	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	No	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia, Pennsylvania	N/A	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Pennsylvania	Pittsburgh	Amy	DeMario	LCSW	No	Allegheny Mental Health Associates (AMHA)	In person and telehealth	No	Yes	Teenagers and adults	Individual therapy	English	412-967-5660 ext. 854	amydemario@amha.hush.com	www.amha4u.com
United States of America	Pennsylvania	Pittsburgh	Michael	Parker	LCSW	YES	Mike Parker, LCSW, LLC Henr	In person and telehealth	Yes	No	Adults	Individual therapy	English	412-775-1085	mike@pittsburghtherapyocd.com	https://pittsburghtherapyocd.com
United States of America	Pennsylvania	N/A	Leigh Anne	Clark	LCSW	No	Oakview Therapy LLC	Telehealth	Georgia, New Jersey, Pennsylvania, Florida	No	Adults	Individual therapy	English	404-692-0414	oakviewtherapy@protonmail.com	https://www.oakviewtherapy.com/
United States of America	Pennsylvania	Bala Cynwyd	Margaret (Peggy)	Latsios	LCSW	No	Anxiety and Agoraphobia Treatment Center	In person and Telehealth	No	Yes	Ages 11+	Individual therapy	English	(610) 667-6490 ext 16	platsios@aatcphila.com	aatcphila.com
United States of America	Pennsylvania	Ardmore	Melissa	Rogel	LMFT	No	Cooperative Path	In person and Telehealth	Pennsylvania and Vermont	Yes	Adults	Individual therapy	English	1-610-465-1375	info@cooperativepath.com	http://www.cooperativepath.com
United States of America	Pennsylvania	Irwin	Ashley	Montrenes	LCSW	Yes	OCD & Anxiety Specialist LLC	In person and Telehealth	No	Yes	All ages	Individual therapy	English	724-201-1975	ashley@ocdanxietytreatment.com	www.ocdandanxietytreatment.com

PENSYLVANIA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Pennsylvania	Pittsburgh	Caryn	Jooste	LPC	No	Rooted & Rising therapy	In person and telehealth	No	No	Teenagers and adults	Individual therapy	English	+1 412-228-8489	caryn@rootedandrisingtherapy.com	https://rootedandrisingtherapy.com/
United States of America	Pennsylvania	N/A	Shannon	Grimsley	Licensed Professional Counselor	Yes	Standpoint Counseling Services	Telehealth	Florida, Maryland, Kentucky, Pennsylvania	Yes	Adults	Individual therapy	English	(717) 276-0542	shannon@standpointcounseling.com	https://www.standpointcounseling.com
United States of America	Pennsylvania	Pittsburgh	Amy	Boyles	Clinical Social Worker	Yes	Alma	Telehealth	No	No	Adults	Individual therapy	English	412-699-1522	amy.boyles.lcsw@outlook.com	https://secure.helloalma.com/providers/amy-boyles/
United States of America	Pennsylvania	N/A	Darci	Bloss	Licensed Professional Counselor - Mental Health Services Provider	No	Fresh Hope Therapy	In person and telehealth	Pennsylvania, Tennessee & Illinois	No	Teenagers (16+), Adults	Individual therapy	English	267-482-0723	darci@freshhopetherapy.com	www.freshhopetherapy.com
United States of America	Pennsylvania	King of Prussia	Anna	Sheedy	Psychologist	No	Center for Valued Change, PLLC	In person and telehealth	PSYPACT states	No	Ages 14+	Individual therapy	English	215-823-9155	dr.sheedy@cfvchange.com	https://centerforvaluedchange.com/

RHODE ISLAND

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Rhode Island and Pennsylvania	N/A	Kelly	Fallon	LMHC, LPC	Yes	Rivers and Rhodes Counseling, LLC	Telehealth	Rhode Island and Pennsylvania	N/A	Adults	Individual therapy	English	Contact by email only	kellyf@riversandrhodes.org	N/A
United States of America	Rhode Island	Providence	Rachel	Simmons	PhD	No	N/A	In person and telehealth	PSYPACT states, Rhode Island, Iowa, Massachussetts, New York, Florida	Yes	Ages 16+	Individual therapy	English	401-903-0449	Dr.Simmons@NenePsychology.com	www.nenepsychology.com
United States of America	Rhode Island	Narragansett	Celine	Harper	Licensed Clinical Social Worker (LCSW), MSW	Yes	Embodied Living Counseling	In person and telehealth	No	Yes	Adults	Individual therapy	English	(401) 250-2731	celine@embodiedllc.org	https://www.embodiedlivingllc.org/

SOUTH CAROLINA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	South Carolina	City Camp Hill	Shannon	Weise	Profession-therapist/social worker	No	The Anxiety & OCD Treatment Center of Central Pennsylvania	In person and telehealth	Maryland and Pennsylvania	N/A	Children, Adolescents, and Adults	Individual and group therapy	English	717-461-7933	shannon@isthisocd.com	www.isthisocd.com
United States of America	South Carolina	Statewide	Laura	Forcella Spiering	LCSW	Yes	N/A	Telehealth	Florida, Colorado, Nebraska, South Carolina, Idaho, Wyoming	N/A	Adults (18+)	Individual therapy	English	307-272-5856	laura@lcsw1.net	https://laura-forcellaspiering.lcsw1.net/
United States of America	South Carolina	N/A	Lauren	Johnson	LPC	Yes	Neuroqueering Counseling Services, LLC	Telehealth	Virginia, North Carolina, South Carolina, Florida, and Vermont	No	Ages 16+	Individual therapy	English	434.515.0695	Lauren@NeuroqueeringCounseling.com	www.NeuroqueeringCounseling.com
United States of America	South Carolina	Atlanta	J. Scott	Matthews	Licensed Professional Counselor	Yes	Private practice	In person and telehealth	Florida, South Carolina, Texas and Georgia	N/A	Adults 18+	Individual therapy	English	770-747-0478	emergingselfpsychotherapy@msn.com	jscottmatthewslpc.com
United States of America	South Carolina	N/A	Julia	Lites	Outpatient Mental Health Therapist / Licensed Clinical Social Worker / MSS, LCSW	No	Work for Thrive Counseling And Wellness	Telehealth	North Carolina and South Carolina	No	Adults	Individual therapy	English	704-659-3465	julialites@gmail.com	https://www.psychologytoday.com/us/therapists/julia-lites-mooresville-nc/372052
United States of America	South Carolina	N/A	Jennifer	Ingram	Social Work / LCSW / Licensed Clinical Social Worker	No	Jennifer Ingram Therapy	Telehealth	Florida, Illinois, Minnesota, Missouri, North Dakota, Ohio, South Carolina, Vermont, Virginia, Indiana	No	Adults	Individual therapy	English	317-418-2855	jen@jeningramtherapy.com	https://www.jeningramtherapy.com/
United States of America	South Carolina	Charleston	Kari	Saul	Licensed Professional Counselor	Yes	Blue Sky Counseling	In person	No	Yes	Adults	Individual therapy	English	843-730-4613	kariwarrensaul@gmail.com	www.kariwarrensaul.com

SOUTH DAKOTA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	South Dakota	N/A	Leela	Gerhenson	LPC	Yes	Leela Gershenson Counseling	Telehealth	Florida, Virginia	N/A	16 years old +	Individual therapy	English	305-792-8560	leelag@acceptancelifecounseling.com	https://www.leelagcounseling.com
United States of America	South Dakota	N/A	Tracy	Koller	LCSW	Yes	Tracy Koller, LCSW	Telehealth	Louisiana, New Jersey, Utah, Nevada and South Dakota	No	Teenagers, adults	Individual therapy	English	908-324-9484	tracykollerlcsw@gmail.com	https://www.psychologytoday.com/profile/1015660

TENNESSEE

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Tennessee	Nashville	Kiesa	Kelly	Psychologist	Yes	ScienceWorks Behavioral Healthcare	Telehealth	Yes	No	Teenagers, Adults	Individual therapy	English	931-223-1095	kiesa.kelly@scienceworkshealth.com	www.scienceworkshealth.com
United States of America	Tennessee	Smyrna	Carrie	Bock	LPC-MHSP	Yes	By The Well Counseling	In person and telehealth	No	No	Teenagers, Adults	Individual and group therapy	English	615-933-8232	hello@carriebock.com	www.bythewellcounseling.com
United States of America	Tennessee	Memphis	Sonia	Torrey	LPC-MHSP	Yes	Limitless Living, LLC	In person and telehealth	No	Yes	Ages 18+	Individual therapy	English	404-913-4786	soniatorreylpcmhsp@gmail.com	https://www.psychologytoday.com/us/therapists/sonia-torrey-cordova-tn/1103814
United States of America	Tennessee	Knoxville	Laura	Eddlemon	LCSW	Yes	Laura Eddlemon LCSW	In person and telehealth	No	Yes	Ages 16+	Individual therapy	English	8652063623	lauraeddlemonlcsw@hushmail.com	https://www.psychologytoday.com/us/therapists/laura-catherine-eddlemon-knoxville-tn/281496
United States of America	Tennessee	Nashville	Tara	Quick	LCSW	No	Tara Quick Therapy, PLLC	In person and telehealth	Georgia (online), Tennessee	No	Adults	Individual therapy	English	615-266-4062	tara@taraquicktherapy.com	https://www.taraquicktherapyservices.com/
United States of America	Tennessee	Nashville	Laura	Fritzsche	Licensed Professional Counselor/Mental Health Services Provider (LPC-MHSP)	Yes	Laura Fritzsche LPC	In person and telehealth	Tennessee, Kentucky, and Florida	No	Adults 18+, college students, older adults	Individual therapy	English	615.200.0134	LauraFritzscheLPC@gmail.com	LauraFritzscheLPC.com
United States of America	Tennessee	Nashville	Ryan	Robertson	LPC-MHSP, NCC	No	ScienceWorks Behavioral Healthcare	Telehealth	No	Yes	Teenagers, Adults	Individual therapy	English	931-783-1482	ryan.robertson@scienceworkshealth.com	www.scienceworkshealth.com
United States of America	Tennessee	Nashville	Maranda	Carney	LPC-MHSP	No	Bright Beginnings Counseling	Telehealth	No	No	Adults	Individual therapy	English	(615) 553-0972	marandacarneylpc@proton.me	Bright Beginnings Counseling | therapist
United States of America	Tennessee	Murfreesboro	Darci	Bloss	Licensed Professional Counselor - Mental Health Services Provider	No	Fresh Hope Therapy	In person and telehealth	Pennsylvania, Tennessee & Illinois	No	Teenagers (16+), Adults	Individual therapy	English	267-482-0723	darci@freshhopetherapy.com	www.freshhopetherapy.com

TEXAS

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Texas	N/A	Roxanne	Nowak	LPC, LMFT	Yes	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Florida, Delaware	Yes	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindscounseling.com	Https://heartfullmindscounseling.com
United States of America	Texas	N/A	Lisa	Wright	LCSW, MSW, MAT	No	Heart of Texas Therapy Services PLLC	Telehealth	No	N/A	Ages 12-100	Individual therapy	English	979-406-5808	Lisa@heartoftxtherapy.com	www.heartoftxtherapy.com
United States of America	Texas	San Antonio	Brittany	Hudson	PhD, LPC	Yes	Levity Counseling	In person and telehealth	No	No	Adults	Individual and group therapy	English	N/A	hello@levitycounseling.com	https://www.levitycounseling.com
United States of America	Texas	Denton and Flower Mound	Adam	Sandlin	LPC, BTTI and certified biblical counselor	No	Covenant Christian Counseling	In person and telehealth	No	No	Adults	Individual and couple therapy	English	(469) 635-2200 or (940) 268-4909	adam@covenantbiblicalcounseling.com	https://covenantbiblicalcounseling.com/
United States of America	Texas	Lewisville	Kallie	Norred	LPC	Yes	Kallie Norred Counseling, PLLC	In person and telehealth	No	N/A	Ages 16+	Individual therapy	English	469-702-1342	kallie@kallienorredcounseling.com	www.kallienorredcounseling.com
United States of America	Colorado	N/A	Amanda	Steed	LCSW, LICSW	Yes	Unfolding Collective - Therapy & Consulting, PLLC	In person / Telehealth	Texas, Colorado, Washington	No	Adults	Individual and group therapy	English	972-345-9703	amanda@amandasteed.com	amandasteed.com
United States of America	Texas	Atlanta	J. Scott	Matthews	Licensed Professional Counselor	Yes	Private practice	In person and telehealth	Florida, South Carolina, Texas and Georgia	N/A	Adults 18+	Individual therapy	English	770-747-0478	emergingselfpsychotherapy@msn.com	jscottmatthewslpc.com
United States of America	Texas	N/A	Jackie	Ward	LMSW	Yes	The And Way Therapy, PLLC	Telehealth	Texas and Florida	No	Adults	Individual therapy	English	806-607-0037	jackiewardlmsw@gmail.com	https://www.psychologytoday.com/us/therapists/jackie-ward-tyler-tx/1242484
United States of America	Texas	Austin	Alina	Khomenko	Psychologist, PsyD	Yes	Empowered Minds OCD and Anxiety Care, PLLC	In person and telehealth	PSYPACT and Texas	No	Ages 18+	Individual therapy	English	512-222-8737	DrK@EmpoweredMindsATX.com	https://www.empoweredmindsatx.com/
United States of America	Texas	Austin	Seanna	Crosbie	LCSW	Yes	Seanna Crosbie Counseling, PLLC	In person and telehealth	Texas and California	No	Ages 7+	Individual and group therapy	English	512.762.2550	Therapy@SeannaCrosbie.com	www.SeannaCrosbie.com
United States of America	Texas	Lewisville	Renee	Osborne	LPC-S	No	DFW Christian Counseling	In person and telehealth	Texas, Colorado and Virginia	Yes	Adults	Individual and group therapy	English	972-571-0000	info@dfwchristiancounseling.com	https://dfwchristiancounseling.com
United States of America	Texas	N/A	Claire	Breedlove	LCSW	No	Mountain Home Center for Religious and Moral OCD	Telehealth	California, Idaho, Utah, Texas, Utah and Louisiana	No	Children, teenagers, adults	Individual therapy	English	801-503-8560	claire@mountainhomeocd.com	www.mountainhomeocd.com

TEXAS

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Texas	San Angelo	Tara	Joiner	LPC	Yes	Concho Valley Counseling, PLLC	Telehealth	No	No	Adults 18+	Individual therapy	English	325-221-0871	joinerlpc@gmail.com	https://www.psychologytoday.com/us/therapists/concho-valley-counseling-pllc-san-angelo-tx/381411
United States of America	Texas	N/A	Devyn	Box	Social Worker	No	Devyn Box Therapy LLC	Telehealth	Texas, Colorado, New Mexico and Massachussetts	No	Adults	Individual therapy	English	+1 972 450 9424	idevyn@devynboxtherapy.com	www.devynboxtherapy.com
United States of America	Texas	El Paso	Bianca	Marino	Mental Health Therapist (LCSW)	No	Private Practice	Telehealth	Oregon, Washington, Texas	No	Adults	Individual therapy	English	+1(541) 325-8314	bianca.marino.g@gmail.com	https://secure.helloalma.com/providers/bianca-marino//
United States of America	Texas	Dallas	Susanna	Huffman	Licensed Professional Counselor	Yes	D2 Counseling	In person and telehealth	Texas and colorado	Yes	Adults	Individual therapy	English	972 275 6404	susanna@d2counseling.com	https://d2counseling.com/portfolio-items/susanna-huffman/
United States of America	Texas	N/A	Nicole	Williams	LCSW	Yes	N/A	Telehealth	Florida, Texas, Virginia	No	Adults	Individual therapy	English	602-560-4913	email@nicolewilliamslcsw.com	https://nicolewilliamslcsw.com/

UTAH

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Utah	N/A	Sarah	Hunter	LCSW	Yes	Wasatch Family Therapy	In person and Telehealth	Utah, Idaho, Arizona, Washington	N/A	16 years old +	Individual therapy	English	801-477-0835	SarahHunterLCSW@gmail.com	https://sarahhunterlcsw.com/ and https://wasatchfamilytherapy.com/sarah-hunter
United States of America	Utah	Provo	Daniel	Barnes	Psychotherapist	Yes	New Beginnings Counseling Group	In person and Telehealth	Idaho and Utah	N/A	16 years old +	Individual therapy	English	801-477-6750	daniel.nbcgutah@gmail.com	https://nbcgutah.com/
United States of America	Utah	Centerville	Kathryn	Meiners	LCSW, CFLE	Yes	Bright Paths Therapy	In person and Telehealth	New York and Utah	No	Teenagers and adults	Individual therapy	English	801-923-4049	office@brightpathstherapy.com	https://www.brightpathstherapy.com/
United States of America	Utah	N/A	Camille	Richards	LCSW	Yes	Strive to Thrive Therapy LLC	Telehealth	Idaho	Yes	Teenagers and adults	Individual and group therapy	English	435-255-3050	Camille@strive2thrivetherapy.com	Strive2thrivetherapy.com
United States of America	Utah	Salt Lake City and Provo	Claire	Breedlove	LCSW	No	Mountain Home Center for Religious and Moral OCD	Telehealth	California, Idaho, Utah, Texas and Louisiana	No	Children, teenagers, adults	Individual therapy	English	801-503-8560	claire@mountainhomeocd.com	www.mountainhomeocd.com
United States of America	Utah	Holladay	Sean	Chady	CSW	Yes	Godwin Counseling	In person (in Utah) and Telehealth	Idaho and Utah	Yes	Teenagers and adults	Individual therapy	English	(801) 332-9455	sean@godwincounseling.com	godwincounseling.com
United States of America	Utah	N/A	Tracy	Koller	LCSW	Yes	Tracy Koller, LCSW	Telehealth	Louisiana, New Jersey, Utah, Nevada and South Dakota	No	Teenagers, adults	Individual therapy	English	908-324-9484	tracykollerlcsw@gmail.com	https://www.psychologytoday.com/profile/1015660

VERMONT

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Vermont	N/A	Phoebe	Manchester	Clinical Mental Health Counselor	Yes	Treadwell Counseling, PLLC	In person and telehealth	Massachussetts and New Hampshire	N/A	Teenagers and adults	Individual therapy	English	603-276-0721	phoebe@treadwellcounseling.com	treadwellcounseling.com
United States of America	Vermont	N/A	Roxanne	Nowak	LPC, LMFT	Yes	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Florida, Delaware	Yes	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindscounseling.com	Https://heartfullmindscounseling.com
United States of America	Vermont	N/A	Lauren	Johnson	LPC	Yes	Neuroqueering Counseling Services, LLC	Telehealth	Virginia, North Carolina, South Carolina, Florida, and Vermont	No	Ages 16+	Individual therapy	English	434.515.0695	Lauren@NeuroqueeringCounseling.com	www.NeuroqueeringCounseling.com
United States of America	Vermont	N/A	Melissa	Rogel	LMFT	No	Cooperative Path	In person and Telehealth	Pennsylvania and Vermont	Yes	Adults	Individual therapy	English	1-610-465-1375	info@cooperativepath.com	http://www.cooperativepath.com
United States of America	Vermont	N/A	Jennifer	Ingram	Social Work / LCSW / Licensed Clinical Social Worker	No	Jennifer Ingram Therapy	Telehealth	Florida, Illinois, Minnesota, Missouri, North Dakota, Ohio, South Carolina, Vermont, Virginia, Indiana	No	Adults	Individual therapy	English	317-418-2855	jen@jeningramtherapy.com	https://www.jeningramtherapy.com/
United States of America	Vermont	N/A	Lisa	Germeroth	Clinical Psychologist	Yes	Mind Body Health, LLC	Telehealth	New York, Washington D.C., Virginia, Vermont, Florida	Yes	Adults	Individual therapy	English	571-328-7408 x819	lgermeroth@mindbodyva.com	https://mindbodyva.com/provider/lisa-germeroth-ph-d/

VIRGINIA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Virginia	Charlottesville	Leela	Gerhenson	LPC	Yes	Leela Gershenson Counseling	Telehealth	South Dakota, Florida	N/A	16 years old +	Individual therapy	English	305-792-8560	leelag@acceptancelifecounseling.com	https://www.leelagcounseling.com
United States of America	Virginia	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	No	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia	N/A	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Virginia	Bethesda	Melissa	Murphy	psychotherapist/licensed clinical social worker/LCSW-C	Yes	Bethesda Therapy LLC	Telehealth	Maryland, Washington DC, Virginia	N/A	12+	Individual therapy	English	240.389.0027	Melissa@wearebethesdatherapy.com	www.wearebethesdatherapy.com
United States of America	Virginia	N/A	Jennifer	Oh	Psy.D, Licensed Psychologist	Yes	Relational-Cultural Counseling	Telehealth	Mayland and Virginia	N/A	Tennagers, adults, elderly	Individual therapy	English and Korean	678-544-2088	dr.jenn@ohpsychologist.com	ohpsychologist.com
United States of America	Virginia	Harrisonburg	Crystal	Horning	LPC	No	Crystal Horning, LPC, PLLC	In person	No	No	Adults	Individual therapy	English	540-315-1890	Crystal.lpc@crystalhorning.com	Http://Crystalhorning.com
United States of America	Virginia	N/A	Krista	Gravatt	LMSW	Yes	Counseling with Compassion	Telehealth	Michigan, North Carolina, Virginia	N/A	18 years old +	Individual therapy	English	734-585-7086	info@counselingwithcompassion.com	http://www.counselingwithcompassion.com
United States of America	Virginia	Reston	Dan	Dinsmoor	Licensed psychologist	Yes	Family Compass	In person and telehealth	No	No	Teenagers and adults	Individual therapy	English	(703) 966-1693 (Email strongly preferred)	Ddinsm@gmail.com	https://familycompass.com/
United States of America	Virginia	Lynchburg	Lauren	Johnson	LPC	Yes	Neuroqueering Counseling Services, LLC	Telehealth	Virginia, North Carolina, South Carolina, Florida, and Vermont	No	Ages 16+	Individual therapy	English	434.515.0695	Lauren@NeuroqueeringCounseling.com	www.NeuroqueeringCounseling.com
United States of America	Virginia	N/A	Renee	Osborne	LPC-S	No	DFW Christian Counseling	Telehealth	Texas, Colorado and Virginia	Yes	Adults	Individual and group therapy	English	972-571-0000	info@dfwchristiancounseling.com	https://dfwchristiancounseling.com
United States of America	Virginia	Alexandria	Caroline	Roberts	MD	No	None	In person and telehealth	Virginia & Washington	No	Adults	Individual therapy	English	703-219-8887	carolinerobertsmd@gmail.com	carolinerobertsmd.com

VIRGINIA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Virginia	N/A	Jennifer	Ingram	Social Work / LCSW / Licensed Clinical Social Worker	No	Jennifer Ingram Therapy	Telehealth	Florida, Illinois, Minnesota, Missouri, North Dakota, Ohio, South Carolina, Vermont, Virginia, Indiana	No	Adults	Individual therapy	English	317-418-2855	jen@jeningramtherapy.com	https://www.jeningramtherapy.com/
United States of America	Virginia	N/A	Lisa	Germeroth	Clinical Psychologist	Yes	Mind Body Health, LLC	Telehealth	New York, Washington D.C., Virginia, Vermont, Florida	Yes	Adults	Individual therapy	English	571-328-7408 x819	lgermeroth@mindbodyva.com	https://mindbodyva.com/provider/lisa-germeroth-ph-d/
United States of America	Virginia	N/A	Mandy	Schweinfest	M.Ed., MS, LPCC	Yes	Upward You Counseling	Telehealth	Virginia and Ohio	N/A	Adults, Teens 15+	Individual therapy	English	513-440-5005	MandyMedMSLPCC@gmail.com	www.upwardYouCounseling.com
United States of America	Virginia	N/A	Amy	Nylund	Social Worker (LCSW)	No	Amy Nylund Psychotherapy	Telehealth	No	No	Ages 11+	Individual therapy	English	(703)-592-6759	hello@amynylundlcsw.com	https://amynylundlcsw.com/#dm
United States of America	Virginia	N/A	Nicole	Williams	LCSW	Yes	N/A	Telehealth	Florida, Texas, Virginia	No	Adults	Individual therapy	English	602-560-4913	email@nicolewilliamslcsw.com	https://nicolewilliamslcsw.com/
United States of America	Virginia	N/A	Jillian	Ginsberg	LCSW-C	Yes	Private Practice	Telehealth	Maryland, Washington D.C., Virginia	No	Adults	Individual therapy	English	(410) 205-6125	jillian@jillianginsberglcswc.com	https://jillianginsberglcswc.com

WASHINGTON

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Washington	Statewide	Michele	Loewy	MS, LMFT	No	Eastside Modern Family Therapy	Telehealth	Washington state	Yes	Children, Teenagers, adults and families	Individual therapy	English	425-202-5985	therapy@eastsidemodernfamily.com	www.eastsidemodernfamily.com
United States of America	Washington	Statewide	Theresa	C.	MSSW, LICSW	Yes	Olympic OCD Services	Telehealth	Washington and Pennsylvania	N/A	Adults	Individual therapy	English	360-565-6216	Theresa@OlympicOCD.com	www.OlympicOCD.com
United States of America	Washington	Tacoma	Quyen	B. Nguyen	Licensed Psychologist	Yes	PNW Happy Healthy, PLLC	In person and telehealth	Hawaii and PSYPACT states	No	Adults 18+	Individual therapy	English	(253)785-9367	admin@heydrq.com	https://www.heydrq.com
United States of America	Washington and Texas	Gig Harbor, WA, Harker Heights, TX	Lauren	Spencer	Licensed Marriage and Family Therapist	Yes	Hope Rekindled Counselin	Telehealth	Washington and Texas	N/A	College age up individuals, and couples	Individual therapy	English	(206)552-9280	lauren@hoperekindledcounseling.com	https://www.hoperekindledcounseling.com/
United States of America	Washington	Spokane	Sarah	Weber	LMHC, LPC, AT-P	Yes	Say With Sarah PLLC	Telehealth	Yes, washington	N/A	12+ (adolescents, teens, adults)	Individual and group therapy	English	971-394-3433	saywithsarah@protonmail.com	https://sarah-weber.org/
United States of America	Washington	N/A	Stephanie	Woodrow	LPC, LCPC, NCC	No	National Anxiety and OCD Treatment Center	Washington DC (in person and virtually), Maryland (virtually), Virginia (virtually)	Washington, Maryland, Virginia	N/A	Adults	Individual therapy	English	202-249-7389	swoodrow@nationalanxietyocd.com	www.nationalanxietyocd.com
United States of America	Winthrop	Tacoma	Sarah	Beck	Mariage and Family therapist	Yes	Balanced Roots Therapy	In-person and Telehealth	No	N/A	Children, Teenagers and adults	Individual, family and group therapy	English	(253) 888-5617	info@balancedrootstherapy.com	https://www.balancedrootstherapy.com
United States of America	Washington	N§A	Heather	Chase	LPC	No	Salem Trauma Therapy	Telehealth	Oregon and Washington	No	Adults	Individual therapy	English	N§A	info@salemtraumatherapy.com	www.salemtraumatherapy.com
United States of America	Washington	N/A	Ann	Miller	LMHC, LPCC. LCP, LCPC	Yes	Ann Miller Therapy	In person and telehealth	Maine, New Jersey, New York, Washington, California	Yes	Adults	Individual therapy	English	N/A	ann@annmillertherapy.com	annmillertherapy.com
United States of America	Washington	N/A	Caroline	Roberts	MD	No	None	In person and telehealth	Virginia & Washington	No	Adults	Individual therapy	English	703-219-8887	carolinerobertsmd@gmail.com	carolinerobertsmd.com

WASHINGTON

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Washington	Bethesda	Melissa	Murphy	psychotherapist /licensed clinical social worker/LCSW-C	Yes	Bethesda Therapy LLC	Telehealth	Maryland, Washington DC, Virginia	N/A	12+	Individual therapy	English	240.389.0027	Melissa@wearebethesdatherapy.com	www.wearebethesdatherapy.com
United States of America	Washington	Tacoma	Jennifer	Huntting	MA, LMHC	Yes	The Mountain Is Out Therapy PLLC	Telehealth	No	N/A	Adults	Individual therapy	English	253-265-4338	hello@themountainisoutthera py.com	www.themountainisoutherapy.com
United States of America	Washington	Seattle	Brittany	King	Psychotherapist : Psy.D. LMHC	No	Brittany King EMDR and Counseling Services	In-person and Telehealth	No	Yes	Children, teenager, adults	Individual and group therapy	English	Na	brittanychristineking@gmail.com	https://secure.helloalma.com/account/public
United States of America	Washington	Mercer Island	Aude	Geltzer	MA, LMHC (Licenced Mental Health Counseling)	No	Aude Geltzer Therapy	Telehealth	No	No	Adults	Individual therapy	French and English	206-612-1719	Audegeltzer@therapyemail.com	www.Audegeltzertherapy.com
United States of America	Washington	Kirkland	Kristi	Content	Licensed Mental Health Counselor Associate	No	Content Counseling Services	In-person and Telehealth	No	Yes	Children, teenager, adults	Individual therapy	English	425-954-6702	kristi@contentcounselingservices.com	www.contentcounselingservices.com
United States of America	Washington	Seattle	Brandi	Carey	Licensed Mental Health Counselor (LMHC)	Yes	Brandi Carey Therapy	Telehealth	No	Yes	Ages 13+	Individual, and supplemental family therapy requested	English	1-253-245-1382	bcarey@bcareytherapy.org	https://www.psychologytoday.com/us/therapists/brandi-carey-seattle-wa/1115142
United States of America	Colorado	N/A	Amanda	Steed	LCSW, LICSW	Yes	Unfolding Collective - Therapy & Consulting, PLLC	In person / Telehealth	Texas, Colorado, Washington	No	Adults	Individual and group therapy	English	972-345-9703	amanda@amandasteed.com	amandasteed.com
United States of America	Washington	Poulsbo	Allison	Ramsey	LMFT	No	Allison Ramsey Therapy	Telehealth (california), in person (Washington)	California and Washington	No	Adults	Individual therapy	English	(323) 739-8984	allie@allisonramseytherapy.com	allisonramseytherapy.com
United States of America	Washington	Seattle	Victoria	Lopez	LMHC	Yes	March Forth Therapy PLLC	In-person and Telehealth	No	No	Children, teenager, adults	Individual therapy	English	(206) 565-1173	info@marchforththerapy.com	marchforththerapy.com

WASHINGTON

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Washington	N/A	Bianca	Marino	Mental Health Therapist (LCSW)	No	Private Practice	Telehealth	Oregon, Washington, Texas	No	Adults	Individual therapy	English	+1(541) 325-8314	bianca.marino.g@gmail.com	https://secure.helloalma.com/providers/bianca-marino//
United States of America	Washington	N/A	Aimee	Horn	Licensed Mental Health Counselor	Yes	Aimee Horn Counseling and Consultation, PLLC	Telehealth	California, Montana, Washington	No	Adults	Individual therapy	English	425-341-3618	aimeehornlmhc@gmail.com	www.aimeehorntherapy.com
United States of America	Washington	N/A	Sarah	Hunter	LCSW	Yes	Wasatch Family Therapy	In person and Telehealth	Utah, Idaho, Arizona, Washington	N/A	16 years old +	Individual therapy	English	801-477-0835	SarahHunterLCSW@gmail.com	https://sarahhunterlcsw.com/ and https://wasatchfamilytherapy.com/sarah-hunter

WASHINGTON D.C.

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Washington D.C.	N/A	Julia	Goolsby	Psychologist	No	Potomac Anxiety Center	Telehealth	New York, Washington, D.C., Authority to Practice Interjurisdictional Telepsychology (APIT)	Yes	Children, teenager, adults	Individual therapy	English	240-301-2551	drgoolsby@potomacanxietycenter.com	United States of America
United States of America	Washington D.C.	Newton	Fran	Kuehn	Doctor of Social Work, Licensed Independent Clinical Social Worker, Masters of Special Education. Diplomate, Academy of Cognitive and Behavioral Therapies	Yes	Private practice	In person and telehealth	Massachusetts and Washington D.C	Yes	Teenagers and adults	Individual therapy	English	(617) 564-3687	frankuehn@gmail.com	frankuehn.com
United States of America	Washington D.C.	N/A	Lisa	Germeroth	Clinical Psychologist	Yes	Mind Body Health, LLC	Telehealth	New York, Washington D.C., Virginia, Vermont, Florida	Yes	Adults	Individual therapy	English	571-328-7408 x819	lgermeroth@mindbodyva.com	https://mindbodyva.com/provider/lisa-germeroth-ph-d/
United States of America	Washington D.C.	N/A	Jillian	Ginsberg	LCSW-C	Yes	Private Practice	Telehealth	Maryland, Washington D.C.	No	Adults	Individual therapy	English	(410) 205-6125	jillian@jillianginsberglcswc.com	https://jillianginsberglcswc.com
United States of America	Washington D.C.	N/A	Hannah	Ehrenzeller	LPC	Yes	Exploring Compassion	Telehealth	No	No	Adults	Individual therapy	English	202-748-1442	h.ehrenzeller@exploringcompassion.com	www.hannahehrenzeller.com
United States of America	Washington D.C.	Washington	Nadia	Alsamadi	Clinical Psychologist	No	Beyond the Binary Psychotherapy and Consulting, PLLC	Telehealth	PSYPACT states	No	Adults	Individual therapy	English	703-495-3045	dr.nadia@beyondthebinarypsych.com	https://www.beyondthebinarypsych.com/

WEST VIRGINIA

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	West Virginia	N/A	Libreta	Turner	LPC, NCC	Yes	Heart & Mind Counseling	In person and telehealth	Pennsylvania	Yes	Children and adults	Individual therapy	English	724-307-8022	lpcturner@gmail.com	https://heartandmindpgh.com/

WISCONSIN

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Wisconsin	N/A	Roxanne	Nowak	LPC, LMFT	Yes	Heart-Full Minds Counseling LLC	Telehealth	Texas, Wisconsin, Vermont, Florida, Delaware	Yes	Adults	Individual therapy	English	Please text or leave vm - 715-255-0530	RoxanneNowak@heartfullmindscounseling.com	Https://heartfullmindscounseling.com
United States of America	Wisconsin	Milwaukee	Carrie	Torres	MS, LPC	No	Inside Out Counseling LLC	Telehealth	No	Yes	Teenagers and adults	Individual therapy	English	414/-01-3315	ctorres@iocounseling.com	iocounseling.com
United States of America	Wisconsin	Madison	Elizabeth	Well	Psychotherapist , Licensed Professional Counselor, MS, LPC	Yes	Edelweiss Behavioral Health	In person and telehealth	No	No	Older teenagers and adults	Individual and group therapy	English	(608) 205-4450	beth@edelweissbehavioralhealth.com	http://www.edelweissbehavioralhealth.com
United States of America	Wisconsin	N/A	Lisa	Heiden-Kimball	Licensed Mental Health Counselor	Yes	Lisa HK Counseling	Telehealth	Wisconsin & Iowa	No	Ages 12+	Individual therapy	English	319-214-0011	lisahklmhc@protonmail.com	https://www.lisahkcounseling.com
United States of America	Wisconsin	N/A	Julie	Myers	Psychologist = PsyD (Psychology Doctorate, Masters of Science in Clinical Psychopharmacology (MSCP)	No	Point Loma Clinic	In person: California Video: California, New York, Wisconsin	Wisconsin, New Yook, California	No	Teenagers, adults	Individual therapy	English	858-414-1079	JM@PointLomaClinic.com	https://www.pointlomaclinic.com/

WYOMING

Country	Region/ State	City	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided outside of state/province	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United States of America	Wyoming	Statewide	Laura	Forcella Spiering	LCSW	Yes	N/A	Telehealth	Florida, Colorado, Nebraska, South Carolina, Idaho, Wyoming	N/A	Adults (18+)	Individual therapy	English	307-272-5856	laura@lcsw1.net	https://laura-forcellaspiering.lcsw1.net/

INTERNATIONAL REFERENCES

Countrys	Region/ States	Cities	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided Internationally	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
United Kingdom	Oxfordshire	Oxford	Claire	Vickers	Cognitive behavioural therapist (BACP, BABCP accredited)	Yes	Private practice	In person and telehealth	All europeans countries	Yes	Adults	Individual therapy	English	N/A	clairevickerscbt@gmail.com	clairevickerscbt.co.uk/
United Kingdom	Wales	Near Cardiff and Swansea	Andrea	Prevett	Clinical psychologist	Yes	Vale Coast Psychology	In person and telehealth	Yes, online only	N/A	Adults	Individual therapy	English	+44 7789915114	andrea@valecoast.co.uk	www.valecoast.co.uk
United States of America	Massachusetts	Newton	Francis (Fran preferred)	Kuehn	Licensed Independent Clinical Social Worker	Yes	Fran Kuehn LICSW, M.Ed. A-CBT	In person and telehealth	Yes, by arrangments only Canada and Israel	N/A	Children and adults	Individual and group therapy	English	(617) 564-3687	Frankuehn@gmail.com	www.frankuehn.com
Lebanon	Beirut	Hadath	Lea Mia	Asfour	Licensed Clinical Psychologist	Yes	N/A	In person and Telehealth (worldwide)	Yes, internationally online	N/A	Late teens and adults	Individual therapy	English,Arabic	+961 71817051	lma@leamiaasfour.com	leamiaasfour.com
Australia	All states, online provider	All capital cities	Shane	Curley	Clinical Psychologist	Yes	Flexible Psychology	Telehealth only	Yes, all countries except USA and Canada	N/A	Adults (18+)	Individual therapy	English	+61425408538	shane@flexiblepsychology.com	www.flexiblepsychology.com
United Kingdom	City of Bristol	Bristol	Andy	Persson	FDA Counselling, MBACP	No	Private practice	In person and telehealth	Yes, internationally	No	Adults	Individual therapy	English	+44 7828660855	andyperssoncounselling@gmail.com	www.talkandwalk.co.uk
Netherlands	Noord Holland	Amsterdam	Hester	Hoette	Psychologist MSc NIP / IBA / I-CBT-therapist / ACT therapist	No	Hester Hoette	Telehealth	Yes, internationally	No	Adults	Individual therapy	Dutch	N/A	hester.hoette@gmail.com	N/A
New Zealand	N/A	N/A	Stacy	Bonds	Licensed Psychologist / PhD	Yes	Grounded Therapy	Telehealth	Yes, USA (California) & New Zealand	No	Adults	Individual therapy	English	858-367-7274	Stacy.Bonds@GroundedTherapy.org	groundedtherapy.org
United States of America	California	San Diego	Julie	Myers	Psychologist = PsyD (Psychology Doctorate, Masters of Science in Clinical Psychopharmacology (MSCP)	No	Point Loma Clinic	In person: California Video: California, New York, Wisconsin	Yes, internationally	No	Teenagers, adults	Individual therapy	English	858-414-1079	JM@PointLomaClinic.com	https://www.pointlomaclinic.com/

INTERNATIONAL REFERENCES

Countrys	Region/ States	Cities	First Name	Last Name	Profession	Member of the Association for inference-based CBT (AICBT)	Organization Name	Delivery: in person/ teleconferencing	Treatment provided Internationally	Offering treatment for body dysmorphic disorder (BDD)	Clientele	Individual And/or group therapy	Languages	Phone	Email	Website
France	Paris	Paris	Rahma	Tribak	Clinical psychologist	Yes	N/A	Telehealth	France, Morocco, Switzerland, Belgium, French-speaking Africa	No	Teenagers, Adults	Individual therapy	French, Arabic (Moroccan Dialect)	+33 7 67 37 66 39	rahmatribak@hotmail.com	N/A